

1 **Sewage sludge to landfill: Some pertinent engineering properties**

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21 **ABSTRACT:**

23 More stringent controls on the quality of wastewater discharges are giving rise to
24 increasing volumes of sewage sludge for disposal, principally to land, using either land-
25 spreading or sludge-to-landfill operations. Current sludge-to-landfill methods generally
26 involve mixing the concentrated sludge with other solid waste in municipal landfills.
27 However, stricter waste disposal legislation and higher landfill taxes are forcing the
28 water industry to look for more efficient disposal strategies. Landfill operators are also
29 increasingly reluctant to accept liquid sludge due to construction difficulties and the
30 potential for instability of the landfill slopes.

The engineering and drying properties of sewage sludge are presented and applied, in particular, to the design, construction and performance of sewage sludge monofills. Sludge handling and landfill construction are most effectively conducted typically within the water content range of 85% water content, the optimum water content for standard proctor compaction, and 95% water content, the sticky limit of the sludge material. Standard proctor compaction of the sludge within this water content range also achieves the maximum dry density of about 0.56 tonne/m³ which maximizes the storage capacity and hence the operational life of the landfill site. Undrained shear strength-water content data (pertinent to the stability of the landfill body during construction) and effective stress strength parameters, which take into account the landfill age and the effects of ongoing sludge digestion, are presented. Landfill subsidence which occurs principally due to creep and decomposition of the sludge particles is significant and continues indefinitely but at progressively slower rates.

IMPLICATIONS:

Stricter waste disposal legislation, higher landfill taxes and reluctance on behalf of landfill operators to accept liquid sludge are forcing the water industry to look for more efficient disposal strategies for ever increasing volumes of sewage sludge. The paper advocates dedicated sludge-to-landfill operations which involve placing and compacting the dewatered sludge in layers to achieve the maximum dry density, thereby maximizing the operational life of the landfill. Potential environmental hazards, including slope instability and large volumes of leachate associated with current practice in which the liquid sludge is usually mixed with solid waste at municipal landfills, are minimized using the design and construction recommendations presented.

INTRODUCTION

Sewage sludge is the slurry residue derived from wastewater treatment processes. More stringent controls on the quality of wastewater discharges are giving rise to greater

64 volumes of the sludge for disposal. Principal disposal routes include agricultural
65 recycling and land restoration or sludge to landfill operations, either co-disposal at
66 municipal solid waste landfills or mono-disposal at dedicated sites. The sludge must be
67 adequately dried or dewatered to engineer, for example, the efficient handling and
68 trafficability by machine plant, optimum compaction and an adequate factor of safety
69 against slope instability for the sludge to landfill route. The dewatered sludge is a soil-
70 like material, and as such, its performance in the landfill can be modeled using soil
71 mechanics theory and knowledge of the drying, shear strength and consolidation
72 properties of the compacted material. Geotechnical properties are presented which,
73 when applied to the design of a sludge landfill, will help minimize potential
74 environmental hazards by increasing landfill stability and controlling leachate and
75 biogas generation. In the process, these procedures will maximize the storage capacity
76 and hence the operational life of a given sludge disposal site. The landfill design must
77 take account of the effects of digestion on the engineering properties of the sludge
78 material when determining the long-term factor of safety against instability of the
79 landfill slopes.

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82 The current level of knowledge of the engineering and drying properties of sewage
83 sludge is limited.¹ The focus of this investigation was to determine the engineering and
84 drying properties of sewage sludge of various consistencies using standard soil
85 laboratory tests. Soil index tests, which characterize to some extent the engineering
86 behavior of the sludge material; compaction; shear strength and consolidation tests,
87 were conducted. Full descriptions of the laboratory tests are given by Head.^{2,3,4}
88 Biologically active and neutralized samples were tested to study the effects of the initial
89 level of treatment at the wastewater plant and ongoing sludge digestion in the landfill
90 body.

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93 Sludge samples were obtained from Tullamore Municipal Wastewater Treatment Plant,
94 Ireland, which serves an urban population of approximately 12,000. Treatment at the
95 plant involves anaerobic, activated digestion of the thickened sludge which has the

96 effect of reducing the sludge dry mass and produces a more stable, homogeneous
 97 sludge.⁵ Polyelectrolyte dosing of the digested sludge facilitated sludge dewatering to
 98 approximately 720% water content using a belt filter press. Water content (WC) is
 99 defined as the ratio of the mass of pore water to the mass of solid particles, expressed as
 100 a percentage. In water treatment literature, sludge consistency is usually quantified in
 101 terms of the solids content (SC), defined as the ratio of the mass of the solid phase to the
 102 bulk sludge mass, also expressed as a percentage. Based on these definitions, water
 103 content and solids content are related using Eq. 1.

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$$105 \quad SC = \frac{100}{1 + \left(\frac{WC}{100} \right)} \quad [\%] \quad (1)$$

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108 **PHYSICAL PROPERTIES**

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110 The plasticity characteristics, particle size distribution, specific gravity of solids and
 111 loss on ignition values for sewage sludge direct from the treatment plant are
 112 summarized in Table 1. The plasticity characteristics were evaluated based on the
 113 results of Atterberg limit tests which yielded a liquid limit of 315% water content and a
 114 plastic limit of 55% water content. The plasticity index of 260% is the difference
 115 between the liquid limit and plastic limit values. Approximately 90% of the sludge dry
 116 mass passed the 425µm sieve size when the sludge material was washed through that
 117 sieve. Material retained on the sieve comprised grit and silt particles, organic fibers and
 118 shredded plastic. The specific gravity of solids value of 1.55 was measured using the
 119 pycnometer method. The loss on ignition (LOI) value, an indirect and reasonably
 120 accurate measure of the soil organic content, was 70% dry mass for an ignition
 121 temperature of 440°C. The linear shrinkage value, defined as the reduction in the length
 122 of a bar of sludge material when dried from the liquid limit condition, expressed as a
 123 percentage of the initial bar length, was 32%.

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126 The sieve analysis and LOI value indicate that the sewage sludge largely comprised
127 organic clay-sized particles. Soil classification using the Plasticity Classification Chart⁶
128 indicates organic clay of high plasticity. The LOI value measured for the sludge
129 material from the wastewater treatment plant indicates that it was initially only
130 moderately digested. Strongly digested sewage sludge typically has an LOI value of
131 between 45% and 55%.⁷ The specific gravity of solids value is low, although similar to
132 values reported for peats.⁸ Most soils typically have a specific gravity value in the range
133 2.5 to 2.7.

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136 Further tests were conducted on bulk samples of the sludge which were stored outside in
137 drums and allowed to digest naturally at ambient temperature. Ongoing sludge digestion
138 breaks down the remaining volatile organic solids, generating biogas and additional
139 pore water as by-products. Two and a half years after treatment at the wastewater plant,
140 the specific gravity of the sludge had increased from 1.55 to 1.63 while the LOI value
141 had decreased significantly from 70% to 58% (Figure 1). Ongoing digestion causes the
142 proportion of the denser inert particles present in the sludge to increase; hence, the
143 specific gravity of solids value gradually increases over time. The sludge also became
144 slightly more acidic with time with the pH reducing from its initial value of 8.0 to
145 between 7.6 and 7.8 for the different samples tested.

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148 Samples of moderately digested sludge, typically of 2.5 liters volume, were also
149 digested further in the laboratory by heating at 35°C (the optimum temperature for
150 mesophilic digestion) over 21 days. Strongly digested sludge with specific gravity of
151 solids and LOI values of 1.72 and 55%, respectively, (point A, Figure 1) was produced
152 in this manner. Biogas evolved from these samples at a fairly steady rate of
153 approximately 0.3 liters biogas/day/kg sludge. The sample volume was reduced by
154 typically 1.3 liters, a reduction of approximately 50% of the initial dry mass of the
155 sludge material.

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158 **DRYING AND COMPACTION**

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160 Layers of sewage sludge dried slowly at ambient temperatures of between 5°C and
161 15°C. The drying periods were varied to control the initial water content of the test
162 material. Figure 2 shows bulk density and dry density versus water content data
163 achieved for drying and compaction processes. Density values are low, but in line with
164 the low specific gravity of solids values measured. A zero air voids curve included in
165 Figure 2 indicates the upper limit for the dry density that can be achieved for the sludge
166 material.

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168

169 Sludge densities produced by natural evaporation alone were determined from regular
170 mass and volume measurements of cylindrical samples, initially 38mm diameter by
171 76mm high, which were slowly air-dried from the liquid limit condition over a 30 day
172 period (heavier curves, Figure 2). This density data is pertinent, for example, to the air-
173 drying of liquid sludge in drying beds.

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176 Laboratory compaction tests were conducted on partially dried sludge using standard
177 proctor compactive effort. The dry density-water content curve for compaction alone
178 (lower light curve, Figure 2) is relatively flat. At low values of water content, below
179 85% water content, the sludge material is stiff and is difficult to compact. As the water
180 content is increased the sludge becomes more workable, facilitating compaction and
181 higher dry densities are achieved. At higher water contents, however, the dry density
182 decreases with increasing water content, with an increasing proportion of the sludge
183 volume being occupied by water. Optimum compaction is achieved at approximately
184 85% water content and produces a maximum dry density of 0.56 tonne/m³. Slightly
185 higher dry density values are obtained over the water content range for greater levels of
186 sludge digestion since the specific gravity of solids increases with higher levels of
187 sludge digestion (Figure 1). The test data is used to control, for example, the density of
188 sewage sludge disposed to landfill site. The storage capacity of the landfill is optimized
189 by compacting the sludge material to achieve the maximum insitu dry density which

190 extends the operational life of the landfill. Proctor compactive effort causes some
191 overcompaction of the sludge material which results in swelling and some softening of
192 the compacted material. A lighter compactive effort, also suggested by Loll⁹, is
193 recommended for field compaction operations. The sludge compacted poorly.

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196 Further tests were conducted to determine the densities that are achieved by air drying
197 sludge which had been compacted under optimum conditions. This data is pertinent to
198 the natural drying of sludge material compacted in the landfill. Test specimens were
199 prepared from samples that had been compacted at approximately 85% water content
200 using standard proctor compactive effort. These specimens were air dried, with regular
201 measurements of the sample mass and volume. Significantly higher bulk and dry
202 density values (similar to those values achieved by natural evaporation alone) are
203 achieved in this manner.

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206 The volumetric shrinkage, re-hydration and adhesion properties of the sludge material
207 were also measured. The shrinkage ratio, defined as the ratio of the change in volume of
208 the sludge material to the change in water content, is typically 1.34 for digested sludge.
209 The sludge material ceases to contract on drying at 10% water content, usually referred
210 to as the shrinkage limit. Free swell tests¹⁰ indicated that dry sludge material has the
211 potential to approximately double in volume on re-hydration. This is pertinent, for
212 example, to the swelling behavior of thermally dried sludge pellets disposed to landfill.
213 However, re-hydration of the soil generally occurs very slowly. The lowest water
214 content at which the sludge material adheres to metal tools, often referred to as the
215 sticky limit, was determined as 95% water content. Handling operations and landfill
216 construction may prove difficult above approximately 95% water content due to the
217 tendency of the sludge to stick to machine plant.

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220 **SHEAR STRENGTH**

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222 The shear strength properties of the sludge were measured. Short-term shear strength,
223 usually referred to as the undrained shear strength, is pertinent to engineering efficient
224 handling, trafficability and providing an adequate factor of safety against slope
225 instability during landfill construction. The effective stress strength properties, which
226 consider the effects of sludge digestion and equilibrium pore pressures, are used to
227 determine the long-term factor of safety against instability of the landfill slopes.

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230 **Undrained Shear Strength Properties**

231

232 The undrained shear strength properties were determined using laboratory vane shear
233 tests, with a cruciform vane 12.7mm wide by 12.7mm long, and triaxial compression
234 tests on samples nominally 38mm diameter by 76mm long. The test specimens, which
235 ranged from liquid to very stiff consistencies were sheared quickly. Specimens drier
236 than the optimum water content for compaction (85% water content) were obtained by
237 air drying samples that had been compacted at a water content slightly above the
238 optimum water content value. The undrained shear strength of these specimens is
239 representative of the strength values obtained in practice where the sludge is allowed to
240 dry and consolidate naturally after field compaction near the optimum water content
241 value. The air void content was approximately 5% for all these test specimens.

242

243

244 Figure 3 shows the undrained shear strength-water content data measured. The
245 undrained shear strength increases exponentially with reducing water content. The rapid
246 increase in shear strength is largely due to the high organic content and colloidal activity
247 (defined as the plasticity index to clay fraction ratio) of the sludge material. High
248 colloidal activity indicates that the constituent particles have extremely high surface
249 area relative to their mass. High organic content enhances inter-particle bonding.¹¹
250 Hence, large cohesion can be mobilized between the solid particles.

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252

253 Good agreement was obtained between the shear strength data measured using the
254 different test methods: the undrained shear strength in triaxial compression is only
255 marginally lower than that measured using the vane shear apparatus. Hence, in practice,
256 the vane shear apparatus can provide a quick and accurate measure of the sludge
257 consistency and can be used to determine whether the sludge material is adequately
258 dewatered prior to landfill disposal.

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261 **Effective Stress Strength Properties**

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263 The effective stress strength properties of the sludge material were determined using
264 triaxial compression tests and with measurement of the pore pressure response. The
265 tests were conducted on specimens, 38mm diameter by 76mm long, of moderately and
266 strongly digested sludge. The specimens were prepared from sludge cakes which had
267 been consolidated from the liquid state using a large hydraulic consolidation cell.⁴ The
268 sludge cakes were pasteurized so that the triaxial specimens would remain in a saturated
269 state, thereby facilitating accurate measurement of the pore pressure response during the
270 sample shearing stage. The hydraulic consolidation cell containing the sludge cake was
271 gradually heated to 70°C, maintained at this temperature for three hours before dropping
272 back to room temperature. The sludge cakes were allowed to swell inside the hydraulic
273 consolidation cell but without drainage of leachate during this stage. The triaxial
274 specimens were consolidated isotropically before shearing the samples. The specimens
275 were sheared very slowly, without drainage of the samples, at an axial compression rate
276 of 0.002% strain/minute which was sufficiently slow to allow all pore pressures to
277 equilibrate throughout the sample. The test results for the moderately and strongly
278 digested sludge were analyzed using the Mohr circle of effective stress analysis and the
279 Mohr-Coulomb failure envelope. The analysis for the moderately digested sludge is
280 presented in Figure 4.

281

282

283 Sludge digestion causes the effective angle of internal friction (ϕ') value to increase
284 from 32° for moderate digestion (LOI=70%), to 37° for strong digestion (LOI=55%).

285 The value of the effective cohesion for the sludge remains zero, irrespective of the level
286 of digestion, and is characteristic of normally consolidated soil. These values, which are
287 similar to values reported for peat¹², are for biologically neutralized sludge.

288

289

290 In practice, slope stability analysis of dedicated sludge landfills should be performed
291 using the effective angle of internal friction value for both moderate and strong levels of
292 sludge digestion. Values of other engineering properties used in the analysis must relate
293 to the appropriate level of sludge digestion. The factor of safety against slope instability
294 for the intermediate and long-term conditions is given by the lower of the factor of
295 safety values calculated in this manner. Such analyses assume that provisions are
296 included in the landfill to allow leachate and biogas to readily escape. Biogas which
297 remains trapped in the landfill body can cause significant build up of pore air and pore
298 water pressure, which if left unchecked, causes swelling and can ultimately lead to slope
299 instability. For example, the landslide which occurred at the sewage sludge monofill
300 near Deighton, England, was largely attributed to the build up of pore pressure caused
301 by ongoing sludge digestion.¹³

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303

304 **DEWATERING AND CONSOLIDATION**

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306 Under a sustained load, for example, the overburden of the landfill material, the sludge
307 will undergo a volume reduction due to the extrusion of leachate. As the water content
308 decreases, the solids content of the sludge increases, the landfill subsides, and the shear
309 strength of the sludge increases. Test specimens of moderately and strongly digested
310 sludge of different consistencies, including compacted test specimens, were
311 consolidated one-dimensionally. In practice, additional treatment of the sewage sludge
312 can effectively prevent further digestion from occurring. Sludge digestion can be
313 hindered, for example, by the presence of heavy metals from industrial wastes which
314 may become mixed with the sewage sludge. Hence, pasteurized test specimens, which
315 were prepared in the laboratory, were also consolidated.

316

317

318 The consolidation properties were studied using the consolidometer apparatus and the
319 hydraulic consolidation cell.^{3,4} Consolidation stages are usually of 24 hours duration.
320 However, for this test program, consolidation stages greater than 48 hours duration were
321 used to facilitate assessment, for example, of the long-term subsidence of sewage sludge
322 monofills. The rate at which pore pressure can build up due to the evolution of biogas
323 which may become trapped within the landfill body due to inadequate biogas and
324 leachate drainage systems was also studied.

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326

327 Figure 5 shows the cumulative strain-time plots recorded from maintained load
328 consolidation tests on a moderately digested sludge specimen (75.1mm diameter and
329 initially 19.2mm high). The test specimen was prepared from a sample compacted at
330 130% water content using standard proctor compactive effort to a dry density of 0.50
331 tonne/m^3 . It is customary to plot the consolidation-time data using a logarithm time
332 scale.

333

334

335 Figure 6 shows strain-time plots recorded for samples of moderately and strongly
336 digested sludge which were consolidated from the liquid state using the hydraulic
337 consolidation cell. The samples were 254mm diameter and were initially approximately
338 45mm high with a water content of 720%. The degree of consolidation (dissipation of
339 the excess pore water pressure) is also plotted for the strongly digested sludge sample.

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341

342 The sewage sludge is highly compressible with large compressive strains developing at
343 a fairly steady rate under an applied load. However, in general, the strain contributions
344 due to primary consolidation and secondary compression process cannot be easily
345 distinguished using standard strain-time curve fitting techniques. Primary consolidation
346 refers to the compression phase during which drainage and hence dissipation of the
347 excess pore pressure occurs. Secondary compression occurs due to creep and
348 decomposition of the soil structure after the excess pore pressure has virtually

349 dissipated. Secondary compression continues indefinitely but occurs progressively
350 slower with reducing water content.
351
352
353 The rapid dissipation of excess pore pressure measured during the hydraulic
354 consolidation test (dashed curve, Figure 6) indicates that primary consolidation occurs
355 very quickly. Furthermore, based on the shapes of the early portion of the sample strain
356 versus logarithm time curves recorded during the consolidation tests (see for example,
357 Figure 5), it is concluded that primary consolidation generally constitutes only a minor
358 part of the overall settlement for the partially digested sludge. Hence, secondary
359 compression is by far the dominant mechanism producing settlement. The rates of
360 secondary compression, given by the axial strain of the sample that occurs over one log
361 cycle of time (Figure 5), are very high in comparison with typical values for inorganic
362 soil. The consolidation behavior described is consistent with the high organic content
363 and colloidal activity of the sludge which are responsible for trapping surface and
364 interstitial water within the constituent flocs of clay-sized particles. Similar
365 consolidation behavior was reported by Hobbs¹⁴ for peats.
366
367
368 The permeability of moderately digested sewage sludge in the liquid state is very low,
369 estimated of the order of 10^{-9} m/s using Terzaghi theory of consolidation.¹⁵ In general,
370 the consolidated sludge is practically impermeable. However, it is evident from Figure 6
371 that consolidation of the sludge occurs more readily with increasing levels of sludge
372 digestion. The shape of the strain-time curve for the strongly digested sludge is
373 characteristic of the more rapid consolidation behavior traditionally associated with
374 inorganic soil. Primary consolidation accounts for a larger proportion of the overall
375 settlement and the coefficient of secondary compression value reduces significantly
376 with increasing levels of sludge digestion.
377
378
379 Applied pressure-strain-time relationships from consolidation tests are traditionally
380 summarized using void ratio-logarithm applied pressure (e-log p) plots (Figure 7). Void

ratio is defined as the ratio of the volume of the void space to the volume of the solid particles. Applied consolidation pressures ranged from as little as 3kPa to 400kPa during the tests depending on the consistency of the sludge specimens. The slope of the e -log p curve, defined as the compression index (C_c), relates directly to the compressibility of the sludge material and is used to estimate the total consolidation settlement that will occur in the field. Also, the rate of expulsion of leachate from the pore voids equals the rate of reduction in the sludge volume. The compression index is stress level dependent, with typical values of $C_c=7.0$ for consolidation of the sludge to the liquid limit condition, and approximately $C_c=0.7$ for consolidation of the compacted sludge material. Significant swelling of the consolidated material is likely to occur if the applied load is removed. The swell index (C_s) is defined as the slope of the rebound portion of the e -log p curve (Figure 7).

Another aspect of the consolidation tests was to measure the swell pressures which may develop if biogas and leachate were to remain trapped within the landfill body. Samples of moderately digested sludge, typically of 2.5 liters volume, were confined under undrained sample conditions inside the hydraulic consolidation cell at 21°C. The swell pressure induced due to ongoing sludge digestion was found to increase at approximately 40kPa/day under the conditions described. Furthermore, the rate of biogas production, and hence sludge digestion, was found to be independent of the swell pressure induced.

SUMMARY AND CONCLUSIONS

Stricter controls on the quality of wastewater discharges are giving rise to increasing volumes of sewage sludge which are being principally disposed to land, using either land-spreading or sludge-to-landfill operations. The engineering and drying properties of sewage sludge are presented and applied, in particular, to the design, construction and performance aspects of dedicated sludge monofill operations.

413 The engineering properties of sewage sludge, a concentrated slurry of organic clay-sized
414 particles, change with the level of sludge digestion. Typical organic contents are 70%
415 and 55% dry mass for moderate and strong levels of sludge digestion, respectively.
416 Corresponding specific gravity of solids values are 1.55 and 1.72, respectively.
417 Handling operations and landfill construction are most effectively conducted over the
418 sludge water content range of 85% to 95% water content, which correspond to the
419 optimum water content for field compaction and the sticky limit of the sludge material,
420 respectively. The maximum dry density of typically 0.56 tonne/m^3 is achieved for
421 standard proctor compaction within this water content range. Natural drying of the
422 compacted sludge material should also be facilitated since significant shrinkage occurs
423 which would extend the operational life of the landfill site even further.

424
425 Undrained shear strength-water content data (pertinent to engineering slope stability
426 during landfill construction) and effective stress strength parameters, which take
427 account of the landfill age and the effects of ongoing sludge digestion, are presented.
428 The stability of the landfill slopes for the intermediate and long-term conditions would
429 be analyzed using the effective angle of internal friction value (typically 32° for
430 moderate sludge digestion and 37° for strong digestion). The analysis must consider the
431 pore pressure response due to the biogas and leachate produced as a result of ongoing
432 sludge digestion.

433
434 Sewage sludge is highly compressible yet practically impermeable. For example, the
435 permeability of moderately digested sludge in the liquid state is only of the order of 10^{-9}
436 m/s . The consolidation properties of the sludge are improved for greater levels of
437 sludge digestion. Landfill subsidence, which principally occurs due to creep settlements
438 and decomposition of the solid particles, continues indefinitely but at progressively
439 slower rates.

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441

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443

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446 paper.

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Table 1. Physical properties of moderately digested sewage sludge.

Property	Value
Liquid limit	315%
Plastic limit	55%
Shrinkage limit	10%
Plasticity index	260%
Particle size	90% passing 425µm sieve
Specific gravity	1.55
Loss on ignition	70%
pH	8.0
Linear shrinkage	32%

3

Figure 1. Specific gravity of solids vs. loss on ignition.

Figure 2. Density vs. water content relationships for compaction and drying processes.

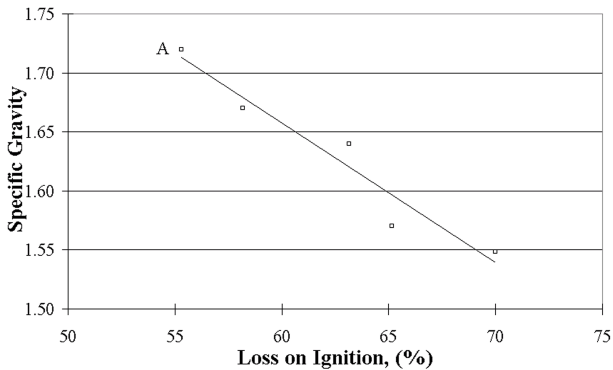
Figure 3. Undrained shear strength vs. water content.

Figure 4. Mohr circle analysis and failure envelope for moderately digested sludge.

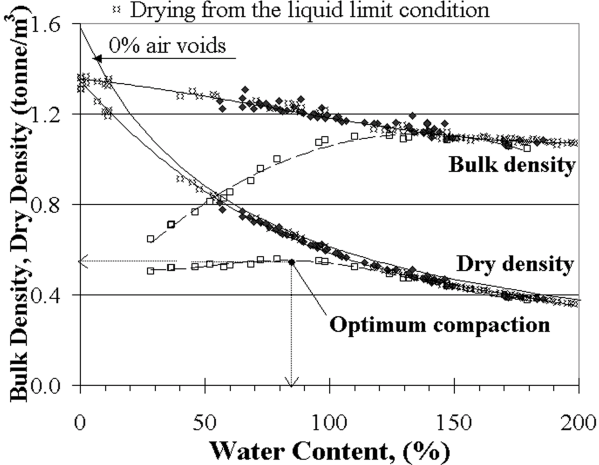
Figure 5. Cumulative strain vs. time plots from consolidation tests on compacted, moderately digested sludge.

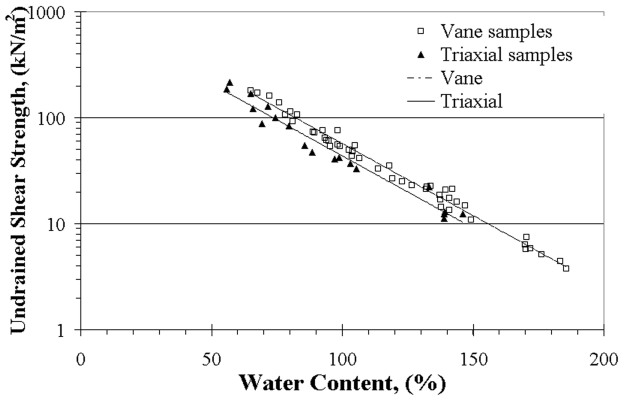
Figure 6. Strain vs. time plots from consolidation tests on moderately and strongly digested sewage sludge.

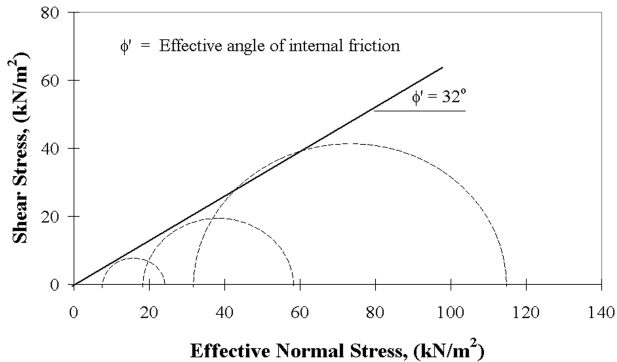
Figure 7. Void ratio vs. logarithm applied pressure.

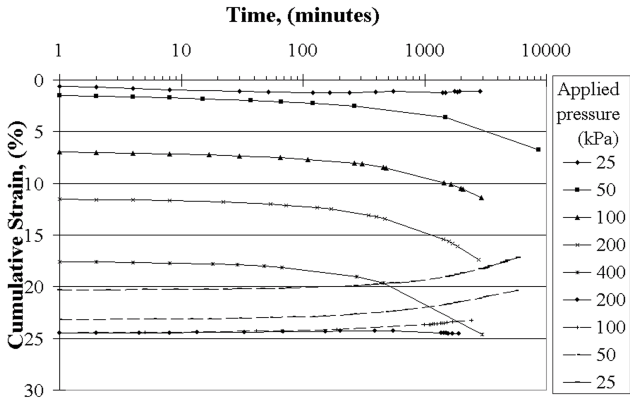


- ◆ Drying after compaction slightly wet of OMC
- Standard proctor compaction only
- ⋈ Drying from the liquid limit condition









Time, (minutes)

Degree of Consolidation, (%)

