INSECT POLLINATION IMPROVES YIELD OF SHEA (*VITELLARIA PARADOXA* SUBSP. *PARADOXA*) IN THE AGROFORESTRY PARKLANDS OF WEST AFRICA

Jane C. Stout^{1*}, Issa Nombre², Bernd de Bruijn³, Aoife Delaney¹, Dzigbodi Adzo Doke⁴, Thomas Gyimah⁵, Francois Kamano⁶, Ruth Kelly¹, Peter Lovett⁷, Elaine Marshall⁶, Adama Nana⁸, Latif Iddrisu Nasare⁴, Japheth Roberts⁵, Prudence Tankoano⁸, Cath Tayleur^{6,9}, David Thomas⁶, Juliet Vickery^{9,10}, Peter Kwapong¹¹

¹School of Natural Sciences, Trinity College Dublin, Dublin, Republic of Ireland

²Laboratoire de Biologie et Ecologie Végétales, Université Ouaga I Pr Joseph KI-ZERBO, Institut des sciences, 01 BP 1757 Ouagadougou 01, Burkina Faso

³Vogelbescherming Nederland - BirdLife in The Netherlands, P.O. Box 925, 3700 AX Zeist, The Netherlands

⁴Faculty of Natural Resources and Environment, University for Development Studies, Tamale, Ghana

⁵Ghana Wildlife Society, P.O. Box 13252, Accra, Ghana

⁶BirdLife International, David Attenborough Building, Pembroke Street, Cambridge, CB2 392, UK

⁷Form International, Bevrijdingsweg 3, 8051 EN Hattem, The Netherlands

⁸Naturama, 01 B.P. 6133, 01, Ouagadougou, Burkina Faso

⁹RSPB Centre for Conservation Science, The Royal Society for the Protection of Birds, The Lodge, Sandy, Bedfordshire SG19 2DL, UK

¹⁰University of Cambridge, David Attenborough Building, Pembroke Street, Cambridge, CB2 39Z, UK

¹¹Department of Conservation Biology and Entomology, University of Cape Coast and International Stingless Bee Centre, Cape Coast, Ghana

Abstract—Pollinator decline, driven primarily by habitat degradation, has the potential to reduce the quantity and quality of pollinator-dependent crops produced across the world. *Vitellaria paradoxa*, a socio-economically important tree which grows across the sub-Saharan drylands of Africa, produces seeds from which shea butter is extracted. However, the habitats in which this tree grows are threatened with degradation, potentially impacting its ability to attract sufficient pollinators and to produce seeds. The flowers of *V. paradoxa* are insect-pollinated, and we investigated flower visitors in six sites in southern Burkina Faso and northern Ghana and tested whether plants were capable of fruit set in the absence of pollinators. We found that the majority of flower visitors (88%) were bees, most frequently small social stingless bees (*Hypotrigona gribodoi*), but native honey bees (*Apis mellifera adansonii*) were also common visitors to flowers early in the morning. The number of fruit produced per inflorescence was significantly lower when insects were excluded during flowering by bagging, but any fruits and seeds that were produced in bagged treatments were of similar weight to un-bagged ones. We conclude that conservation of habitat to protect social bees is important to maintain pollination services to *V. paradoxa* and other fruit-bearing trees and cultivated crops on which local livelihoods depend.

Keywords: Bees, Tree pollination, Fruit set, Livelihoods, Stingless bees, Tropical crops

INTRODUCTION

Pollinator decline, driven by agricultural intensification causing the fragmentation, degradation and loss of habitat, as well as climate change, parasites/disease and other factors (Goulson et al. 2015), can reduce pollination success and thus yield in many crop and wild plant species (Klein et al. 2007; Ollerton et al. 2011). Both the quantity and quality of yield can be affected via a reduction in the number and/or weight of fruits/seeds produced and the nutritional or commercial value of fruits, nuts and oils (Bommarco et al. 2012; Brittain et al. 2014). Conversely, an increased number and/or diversity of pollinators can improve yields (Garibaldi et al. 2016). Many studies investigating the role of pollinators in crop production have focussed on herbaceous temperate food crops (but see Klein et al. 2003; Macias-Macias et al. 2009, Kudom and Kwapong 2010 etc.), and the role of pollinators in the production of tropical tree crops has been comparatively understudied (Kwapong et al. 2014, but see Carvalheiro et al. 2010; Freitas et al. 2014), particularly in Africa (Rodger et al. 2004).

In the sub-Saharan drylands of Africa, some trees are deliberately maintained in a landscape which is also used for the cultivation of crops and/or animals in agroforestry parkland systems (Boffa 1999). These systems have been maintained by the practice of shifting cultivation, where

Received 25 November 2017, accepted 10 January 2018 *Corresponding author: stoutj@tcd.ie

cropping and grazing have alternated with fallow periods, for thousands of years (Gallagher et al. 2016). However, the semiarid sub-Saharan drylands are a rapidly degrading habitat, under pressure from agricultural intensification, fuelwood demand and climate change (Bodart et al. 2013; Kandji et al. 2006). Reduced habitat diversity has been linked with insect pollinator decline worldwide (Kennedy et al. 2013), and degraded agroforestry parklands, which contain fewer species of tree and other vegetation due to reduced periods of fallow, may not be able to maintain the pollinator richness required for pollination of insect-dependent species (Tornyie and Kwapong 2015). Since 94% of tropical plant species are animal pollinated (Ollerton et al. 2011), this has implications for the reproduction of the majority of both crop and wild species in these habitats. Quantification and documentation of pollination deficits has been recognised as a priority issue for these areas (Gemmill-Herren et al. 2014). Although several native tree species in these agroforestry parklands produce edible or medicinal fruits, including Parkia biglobosa (African Locust bean), Adansonia digitata (Baobab) and Tamarindus indica (Tamarind), one of the most financially important to local communities is Vitellaria paradoxa (Shea/Karité).

Vitellaria paradoxa (Sapotaceae) grows in 21 sub-Saharan countries, with V. paradoxa paradoxa in West Africa and V. paradoxa nilotica in East Africa (Naughton et al. 2015), and "shea butter", extracted from the seeds of both subspecies, is the primary edible oil for 80 million people, and is growing in economic importance as a major export product, worth an estimated US\$120 million annually (Naughton et al. 2015). In addition, the wood from this tree has a range of local uses (fuel as firewood or charcoal, building poles, making local utensils etc.), and the fruit pulp provides food for local communities during the "hungry season". The vast majority of shea butter production, from collection of the fruits to production of the oil, is carried out by women, and local trade in shea butter provides income to support education and diet in 18.4 million families (Pouliot 2012; Schreckenberg et al. 2006). Vitellaria paradoxa trees are usually not planted or sown, but naturally regenerate and, once established, certain saplings are selected and protected from damage by agricultural practices because of the value of the shea fruit. However, permanent cultivation and/or grazing, with reduced or non-existent fallow periods, prevents naturally regenerating shea seedlings attaining a size at which farmers will select for protection and recruitment into the parkland populations. In addition, a lack of tree planting, increased intensification and mechanisation of cropping, uncontrolled tree felling for fuel, and increased urbanisation greatly reduce habitat diversity and contribute to degradation of shea parklands (Boffa 2015; Elias 2013; Lovett & Haq 2000).

Vitellaria paradoxa flowers are hermaphrodite, predominantly outcrossing, and insect pollination has been noted to result in modest increases in fruit set (Klein et al. 2007; Okullo et al. 2003). Recent studies in a village in southern Burkina Faso have suggested that *Apis mellifera* (honey bees) are the primary pollinating species, and showed increases in pollination success when *A. mellifera* hives were nearby (Lassen et al. 2016). At least four taxa of smaller stingless and solitary bees are thought to compensate for *A.*

mellifera in their absence (Lassen et al. 2016). However, there is a higher diversity of potential pollinator species in these habitats, including other bees, Diptera, Lepidoptera and Coleoptera, as well as several species of bird, and it is not clear which taxa visit shea flowers in addition to A. mellifera across the region. Furthermore, given geographic variation in genetic structure, microclimatic conditions, agricultural intensification and yields among sites (Boffa 2015; Gaisberger et al. 2017; Lovett & Haq 2000; Naughton et al. 2015), and the lack of applied pollination studies in this part of the world (Rodger et al. 2004), further study is required to confirm the findings of Lassen et al. (2016). In addition, it is not clear whether pollination is limiting fruit/seed set and weight, i.e. whether increased pollination could result in improved yields, particularly given the differences in yields recorded in different land-uses (Lamien et al. 2004). Pollinator limitation is common in many plant species (Burd 1994), caused by either insufficient pollinator visitation resulting in suboptimal pollen export and import, or caused by inappropriate pollen deposition (self or heterospecific).

To address these knowledge gaps, the current study tested the following hypotheses:

- 1. Flowers are predominantly visited by a small proportion of the available pollinating fauna, principally by honey bees and other wild social and solitary bees.
- 2. Shea yields (in terms of number of fruit set per inflorescence, fruit weight and seed weight) are
 - i. lower when pollinators are excluded from flowers compared with open pollinated flowers i.e. flowers are dependent on animal-pollination, and
 - ii. higher with pollen supplementation by hand compared with open pollinated flowers i.e. flowers are pollen limited.

MATERIALS AND METHODS

Study species

The flowers of *V. paradoxa* are produced during the dry season (December to April, depending on geographic location) in dense inflorescences at the end of usually leafless branches (Fig. I). Inflorescences bear variable numbers of flowers (mean 31.9 \pm 22.4 SD per inflorescence, N = 330from 44 trees, authors' personal observations). Flowers are actinomorphic, approximately 15mm in diameter, have 8-10 creamy-white petals, and are protogynous, with the style (occasionally two styles) and fertile stigmas protruding from the buds before petals open (Hall et al. 1996) (Fig. I). Nectar is produced at the base of the flower and is protected by petaloid staminodes which open early in the morning to allow access to flower visitors (Lassen 2016). Low volumes of nectar are produced, and small nectar standing crops have been recorded (mean 0.25 μ l ± 0.58 SD per flower, N = 20 from 4 trees, authors' personal observations). After flowering, the ovary develops into a fruit containing one (occasionally two) seeds. Each inflorescence typically produces a small number of fruits (typically 2-3, rarely > 10, personal observations).



FIGURE I: *V. paradoxa* inflorescence, open male-stage flowers (with dehiscing anthers), and female-stage buds (with protruding stigmas, marked with the dashed circle).

Study sites

Six sites in northern Ghana (Kanfaiyili, Damongo, Zini I and Zini 2) and southern Burkina Faso (Torem I and Torem 2) were selected opportunistically in consultation with local communities (Fig. 2, Tab. I). In each site, 8-10 mature, flowering *V. paradoxa* subsp. *paradoxa* trees, 10-50 m apart, were selected within an area of ≤ 0.5 km² as focal trees.

Insect surveys

In all sites, insects visiting *V. paradoxa* flowers were captured via hand-netting (Fig. 3a). Ten minutes was spent at each tree and all individuals seen to visit flowers were captured using long-handled nets. Netting was conducted early (06:00-07:30 hrs GMT), during the middle (II:30-I2:30) and late (16:30-I8:00) in the day in order to maximise the chances of capturing all insect species visiting flowers. Netting was conducted on eight separate days in each of the Zini sites, on two days in each of Kanfaiyili and Damongo, and Torem I, and on four days in Torem 2.

In four sites (Kanfaiyili, Damongo, Torem I and Torem 2), insects were also sampled using pan traps to survey the flower visitor fauna present in the sites (Westphal et al. 2008). Each trap consisted of three I.2 m plastic pipes (60 mm diameter) driven 200mm into the soil, Im apart from each other in a triangular pattern (Fig. 3b). Small plastic cups (35 mm deep, 70 mm diameter), painted with fluorescent white, yellow or blue paint (which have previously been shown to attract a range of insect taxa), were set into the top of each pipe and half-filled with water and a drop of detergent to break the surface tension (Droege et al. 2010). Traps were left open for 24 hours, and then the contents of each cup were strained and insects were stored in 70% alcohol until they could be identified. This was conducted four times in Kanfaiyili and Damongo and five times in each of the Torem sites.

In two sites (Zini I and Zini 2), direct observations of flower visitation were conducted to quantify visitation rates.



FIGURE 2: The Vitellaria paradoxa (shea) zone in West Africa (Naughton et al. 2015) (main map,) and sampling sites (inset). Protected areas are shaded on inset map. For details see Tab. 1.

Country	Site Name	Location	Site Description	Insect surv		Pollination experiments			
		(Grid Reference)		Pan trapping	Hand netting	Insect visitation rates	open	bagged	Supple- mental hand pollinatio n
Ghana	Kanfaiyili, Tamale	9.50688, -0.90753	Agricultural land I 3km from centre of Tamale, little natural vegetation, 73km from Mole National Park	\checkmark	\checkmark		V	\checkmark	\checkmark
	Damongo	9.09127, -1.82695	Former fallow, beside school on edge of town, some natural vegetation, 8.6km from Mole National Park	\checkmark	\checkmark		V	\checkmark	\checkmark
	Zini I	10.833333, -2.382556	Agricultural land located approx. 2 km away from dwellings, with some natural vegetation in the adjacent fallow land, 50km from Gbele Game Production Reserve		\checkmark	\checkmark		\checkmark	
	Zini 2	10.870583, -2.413556	Agricultural land located approx. I km away from dwellings with little natural vegetation, 55km from Gbele Game Production Reserve		V	\checkmark	V	V	
Burkina Faso	Torem I	11.2170731, -1.1897331	Agricultural land within savannah landscape, 4.5km from Kaboré Tambi National Park, and 2km to Pô, chief town of Nahouri Province.	\checkmark	V			\checkmark	\checkmark
	Torem 2	11.206331, -1.1892506	As above, 5.5km from Kaboré Tambi National Park	\checkmark	\checkmark			\checkmark	\checkmark

 TABLE I:
 Study sites and data collected at each site.

Five inflorescences were observed over 10 minutes on each tree. Observations were conducted early (06:00-07:30), during the middle (11:30-12:30) and late (16:30-18:00) in the day in order to determine when visitors were most active. Observations were made on seven separate days in each site at approximately weekly intervals during February and March.

All insects were identified to order, except bees, which were identified to species.

Pollination treatments

On each tree, three pollination treatments were applied to entire inflorescences (N = 3 per treatment per tree) which were marked with coloured tape. These treatments were:

- I. Open pollination ("open") no manipulation of flowers
- 2. Pollinator exclusion ("bagged") inflorescences were bagged whilst still in bud using bridal veil material (mesh



FIGURE 3: Insect trapping methods a) hand netting using long-handled nets to sample insects directly from flowers, b) pan trapping using plastic cups painted with fluorescent yellow, white and blue, half-filled with water.

size $\sim I \text{ mm})$ – any buds with already protruding styles were removed before bagging and bags were removed when flowering was completed.

3. Supplemental hand pollination ("hand pollination") – pollen was applied to protruding stigmas directly from the anthers of flowers from different trees.

Treatments were applied during January/February 2016 when trees started to flower and fruit formation was monitored until maturity in June 2016. Due to logistical constraints, hand pollination was only performed on each inflorescence once during flowering, and any untreated flowers were removed from inflorescences. Fruits from all treatments were counted in the middle of May 2016 before fruit dehiscence, immediately weighed, and then pulp was removed and seeds counted and weighed.

Data analysis

Differences in 'fruit number' (number of fruit per inflorescence), 'fruit weight' (mean fruit weight per inflorescence) and 'seed weight' (mean seed weight per inflorescence) between "bagged", "open" and "hand pollinated" treatments were assessed using Generalized Linear Mixed Models (GLMMs). Thus, we compared both the quantity (fruit number) and quality of fruit (fruit and seed weight) in the presence and absence of pollinators ('open' vs. 'bagged' treatments). The comparison between 'open' and 'hand pollinated' treatments was used to assess the role of pollen limitation in determining fruit quantity and quality in the field, with differences between open and hand pollinated treatments representing the shortfall between current productivity and the potential maximum productivity with no pollen limitation. In some cases it was not possible to weigh fruits or seeds as fruit had already fallen from the trees prior to the return site visits, hence for fruit number N = 464, whilst for fruit weight N = 137 and for seed weight N = 134. For each response variable ('fruit number', 'fruit weight' and 'seed weight') a separate GLMM was constructed with treatment as a predictor variable (fixed factor) and 'Tree ID' nested within 'Site' as a nested random factor to account for correlation between measures both within trees and sites. GLMMs were initially fitted with a Gaussian response distribution and residuals were assessed for normality using a Shapiro-Wilk test. In all three cases, model residuals were not normally distributed, therefore models were recalculated using alternative response distributions. 'Fruit number' models were first refitted using a Poisson distribution with a log link function appropriate for count data, but model residuals showed over-dispersion and therefore the model was refitted using a negative binomial model with a log link function. 'Fruit weight' and 'seed weight' models were refitted using a 'gamma' distribution with a log link function suitable for nonnegative continuous data. GLMMs were fitted using the package 'glmmADMB' in R 3.3.3 (Fournier et al. 2012; R Core Team 2017). Where GLMMs indicated significant differences between treatments, post-host analysis of the pairwise differences between treatment combinations (i.e. open vs. bagged, open vs. hand pollinated and bagged vs. hand pollinated) were calculated using the Tukey Honest Significant Difference test in the package 'multcomp' (Hothorn et al. 2008).

RESULTS

Insect surveys

Over a total of 26 ten-minute hand-netting periods, a total of 280 insects were captured whilst foraging on shea flowers (Tab. 2); 247 (88.2%) individuals were bees, from six species (*Apis mellifera adansonii, Ceratina moerenhouti, Compsomelissa nigrinervis, Hypotrigona gribodoi, Meliponula ferruginea* and *Meliponula beccari*). *Hypotrigona gribodoi* were most frequently captured (182 individuals), followed by *Apis mellifera adansonii* (48 individuals). The Zini sites had the greatest diversity of bees (five species), whilst no bees were captured on flowers at Torem I.

TABLE 2:	Insects captured at each site using Pan trapping and Hand netting (K = Kanfaiyili, D = Damongo, T1 = Torem 1, T2 = Torem 2
Z = Zini - both	sites combined).

		Pan trapping			Hand netting				
Site	К	D	ΤI	T2	К	D	ΤI	T2	Ζ
Number of trapping sessions	4	4	5	5	2	2	2	4	16
Bees									
Apis mellifera adansonii	0	Ι	0	0	ΙI	6	0	Ι	26
Hypotrigona gribodoi	2	7	8	3	6	2	0	I	173
Meliponula ferruginea	0	0	0	0	2	2	0	0	2
Meliponula beccari	0	0	0	0	0	0	0	Ι	4
Compsomelissa	0	0	Ι	3	0	0	0	0	2
Xylocopa olivacea	Ι	0	0	0	0	0	0	0	0
Amegilla calens	2	2	8	4	0	0	0	0	0
Lassioglossum duponti	0	4	Ι	Ι	0	0	0	0	0
Lipotriches natalensis	0	0	3	3	0	0	0	0	0
Pseudoanthidium truncatum	0	0	0	Ι	0	0	0	0	0
Ceratina moerenhouti	0	0	0	0	0	0	0	Ι	0
Bees total	9	22	27	16	19	10	3	4	207
Wasps	5	13	7	5	0	I	I	3	3
Flies	24	65	26	8	Ι	0	0	6	0
Beetles	4	12	10	10	0	2	Ι	0	0
Ants	0	5	2	Ι	0	0	0	0	4
Bugs	0	8	Ι	3	2	0	0	Ι	0
others	ΙI	15	14	18	Ι	I	4	2	0
All insects total	53	140	87	61	23	I4	9	16	214
Insects per trapping session	13	35	17	12	11.5	7	4.5	4	13.4
number of bee spp	3	4	5	6	3	3	0	4	5
% bees	17	16	31	26	83	71	33	25	97

TABLE 3: Shea flower visitation in the two sites in Zini by *Apis mellifera adansonii* and other bees early (06.00-07.30), during the middle (11.30-12.30) and late (16.30-18.00) in the day.

		Total number of bees ob	served	Average number of visits per
		Apis mellifera	Other bees	inflorescence per hour
ZiniI				
	Early	79	223	0.014
	Middle	0	37	0.0017
	Late	8	122	0.0060
Zini2				
	Early	56	151	0.0096
	Middle	0	21	0.00097
	Late	5	82	0.0041

A total of 341 insects were captured in pan traps over the four sites (Tab. 2). Seventy-four (21.7%) individuals were bees, from eight species (*Amegilla calens, Apis mellifera adansonii, Compsomelissa nigrinervis, Hypotrigona gribodoi, Lassioglossum duponti, Lipotriches natalensis, Pseudoanthidium truncatum* and *Xylocopa olivacea*). Other insects were only identified to Order, including Hymenoptera (wasps and ants), Diptera (flies), Coleoptera (beetles), Hemiptera (bugs) and other unidentified specimens (Tab. 2). The highest abundance of insects was captured at Damongo, but Torem 2 had the greatest species richness of bees (six species), whilst Kanfaiyili had only three bee species.

TABLE 4: Fruit set (number of fruits per inflorescence), fruit weight (mean per inflorescence) and seed weight (mean per inflorescence) following pollination treatments ("Bagged" = pollinator exclusion; "Open"= no manipulation; "Hand pollinated" = supplemental hand pollination; N = number of inflorescences, fruits and seeds respectively).

Site	Treatment		Fruit number			Fruit weight (g)			Seed weight (g)		
		N	Mean	Range	N	Mean	Range	N	Mean	Range	
Damongo	Bagged	30	0.27	0 - 2	Ι	9.96	9.96 - 9.96	Ι	0.32	0.32 - 0.32	
_	Open	29	1.21	0 - 6	6	21.31	10.66 - 28.24	6	7.74	3.87 - 9.86	
	Hand pollinated	30	I.40	0 - 6	9	16.63	8.17 - 25.64	9	6.56	3.38 - 10.37	
Kanfiayili	Bagged	30	0.93	0 - 4	8	11.27	3.93 - 17.32	8	5.09	1.04 - 8.43	
	Open	30	3.17	0 - 16	9	10.47	5.24 - 16.22	9	5.32	2.72 - 8.16	
	Hand pollinated	28	2.25	0 - 12	10	9.37	3.37 - 23.98	10	5.63	2.31 - 16.90	
Torem I	Bagged	30	0.50	0 - 3	5	23.2	14.75 - 36.82	5	7.56	5.77 - 8.98	
	Open	30	1.37	0 - 11	3	20.32	16.40 - 22.47	3	8.2	7.83 - 8.68	
	Hand pollinated	30	2.53	0 - 10	8	20.85	14.54 - 40.71	8	7.82	4.25 - 14.60	
Torem 2	Bagged	30	2.20	0 - 6	3	13.41	10.96 - 16.78	3	6.55	6.31 - 6.93	
	Open	30	2.47	0 - 6	12	18.02	11.04 - 34.46	12	7.36	4.56 - 11.35	
	Hand pollinated	29	3.72	0 - 14	I4	19.24	9.29 - 27.19	I4	7.13	4.07 - 10.55	
ZiniI	Bagged	27	0.48	0 - 3	9	16.58	0.70 - 31.75	6	8.13	5.90 - 9.70	
	Open	27	2.00	0 - 7	20	25.56	16.10 - 40.00	20	8.15	2.80 - 11.60	
Zini2	Bagged	27	0.19	0 - I	5	21.5	14.30 - 27.20	5	5.98	2.30 - 8.10	
	Open	27	0.85	0 - 3	15	24.24	13.90 - 38.00	15	8.42	2.30 - 14.10	

Observations of visitation rates at the two Zini sites confirmed that bees were the most frequent visitors to flowers. During a total of 71.5 hours of observations, 784 flower visitors were recorded: 148 *A. mellifera* and 636 other bees (Tab. 3). *A. mellifera* were mainly active early in the day (06:00-07:30), were never seen on flowers in the middle of the day, and rarely seen later in the day. Other bees were also most active early in the day, less active in the middle of the day, but were also reasonably active later in the day. Total visitation rates (bees per inflorescence per hour) were more than twice as frequent in the morning compared to the afternoon (0.059 visitors per hour in the morning vs. 0.025 visitors per hour in the afternoon).

Pollination treatments

On average, across all sites, open pollinated inflorescences produced 1.86 \pm 0.18 (mean \pm s.e.) fruits per inflorescence, whilst pollinator exclusion (bagged inflorescences) produced 0.78 \pm 0.09 fruits. Fruit set was marginally higher with supplemental hand pollination, with 2.47 \pm 0.26 fruits per inflorescence (Tab. 4).

Fruit number was significantly higher in 'open' and 'hand pollinated' treatments than in 'bagged' treatments ($\beta = 0.936 \pm 0.129$, P < 0.001; and $\beta = 1.107 \pm 0.139$, P < 0.001respectively). There was no significant difference in fruit number between 'open' and 'hand pollinated' treatments ($\beta = -0.135 \pm 0.176$, P = 0.717) (Fig. 4a). Fruit weight and seed weight did not differ significantly between treatments ($\chi = 3.864$, P = 0.145 and $\chi = 1.144$, P = 0.564) (Fig. 4b & 4c). Some variation was observed among sites, with bagged flowers at Torem I and open flowers at Kanfiayili producing relatively more fruit than the same treatments in other sites (Appendix I).

DISCUSSION

Visitors to V. paradoxa flowers during our study were primarily bees, despite the presence of other flower-visiting insects in the shea parklands during the flowering season. Unlike Lassen et al. (2016), we did not observe sunbirds visiting shea flowers, nor the flowers of the hemi-parasitic plants that grow on shea trees (Zwarts 2015), during observation periods. It is possible that the phenology, nectar chemistry or structure of the flowers place constraints on which insects can forage on V. paradoxa flowers. Those insects active later in the day, or with a proboscis which is too short to access the nectaries, may be prevented from utilising shea as a forage resource, and thus not be frequent visitors or effective pollinators (Nienhuis & Stout 2009; Stang et al. 2006). In addition, the nectar chemistry, and secondary compounds present in the nectar (Meda et al. 2005), may also affect which species visit flowers (Adler 2000; Tiedeken et al. 2016).

Honey bees (*Apis mellifera adansonii*) and six species of stingless bee were recorded as the most frequent visitors, and like Lassen et al. (2016), we found that honey bees preferred to visit early in the morning, whilst temperatures were lower. Very little nectar was found in flowers, even though we sampled shortly after dawn. Later in the day, the very low nectar volumes available in flowers, as well as higher temperatures, might explain the absence of honey bees. However, without further understanding of patterns of nectar secretion, visual and olfactory floral traits, or quality of nectar



FIGURE 4: Fitted mean \pm 95% of confidence intervals based on GLMM outputs for a) fruit set, b) fruit weight and c) seed weight from bagged, open and hand-pollinated shea flowers.

and pollen rewards, in both shea and other co-flowering species, it is not possible to speculate on what is driving visitor behaviour. We did not assess the behaviour or relative pollination efficiency of the different bee visitors in this study. However, some assessment of the ability of different species to pick-up and deposit pollen appropriately (spatially and temporally), in addition to the frequency of their visits, would be important to determine which pollinators are the most effective (Kasina et al. 2013). It is possible that the stingless *Hypotrigona gribodoi* bees, whilst more frequent visitors than honey bees, are less efficient as pollinators of behaviour of different species would held to determine how pollination service varies spatially within trees and within populations (Kwapong et al. 2014).

We confirmed that V. paradoxa flowers require insect visits for fruit production (Lassen et al. 2016; Yidana 2004). Fruit set per inflorescence more than doubled in the open compared with bagged treatments. Fruit can fall to the ground or be taken by birds/bats and so it is possible that our fruit counts for this treatment are under-representative of actual fruit set. Some fruit were produced from the bagged treatments, particularly in Torem I, and we assume that this was due to within-bag pollen movement facilitated by wind or animals, pollen entering through the mesh of the bags, stigmas extruding outside of bags, or due to incomplete protogyny (Silva & Goring 2001). Flowers do appear to be strongly protogynous though, with the stigma becoming receptive before anthers dehisce, making within-flower self-fertilization unlikely. However, on a single inflorescence there can be many closely-packed flowers at different stages of maturity (Fig. I). Thus within-inflorescence selfing can occur. Indeed, within a single tree, insect pollination can facilitate geitonogamy (within-plant selfing) - this might be particularly common on

trees with an abundance of flowers, or on trees isolated from neighbours.

Although hand pollination was associated with higher mean fruit set in the Torem sites and at Damongo, the same was not true at Kanfaiyili where open flowers produced more fruit per inflorescence than at the other sites, and overall there was no statistical difference in fruit set between and hand and open pollinated inflorescences. This could be an artefact of the methods used: hand pollination was performed on each tree only once during flowering and we removed non-treated flowers, thus potentially reducing the total number of flowers on hand-pollinated inflorescences. It may have been better to mark treated flowers and repeat treatments throughout the flowering season so that all flowers on an inflorescence were treated with outcross pollen. Also it is possible that we treated non-receptive stigmas, as 27.5% of hand-pollinated inflorescences produced zero fruit (data not shown). Alternatively, we may have just failed to detect pollen limitation because hand pollinations were not done at the scale of the whole tree (Wesselingh 2007). Furthermore, fruit set may be limited by other biotic and abiotic resources, which vary greatly from site to site, including soil, nutrients, water availability, pesticide use, and pest and pollinator density. Given the variation between sites and the methodological limitations, and potential other constraints on fruit production, it would be worth repeating these tests for pollen limitation.

Since we found no evidence for reduced fruit or seed weight as a result of pollinator exclusion, we could also be tempted to conclude that whilst pollinator visitation influences yield quantity, it has no impact on quality. However, we did not perform germination tests to determine biological "quality", nor did we examine the oil content of the seeds to determine economic quality according to treatment. These are questions that require further investigation. The lack of bees captured on flowers at Torem I may simply have been due to low sampling effort (only two netting sessions were conducted). Bees were captured at this site in pan traps, and given fruits were produced from the open pollination treatments at this site, we can assume that flowers were visited at some point. More comprehensive surveying of visitors, including potential nocturnal pollinators, would be beneficial, although logistically difficult.

All six sites used in this study were within actively cultivated systems, except the one on the edge of the small town of Damongo, which was an old fallow - the current shea tree distribution at this site shows that these were once-farmed parklands. This site was also within IOkm of the largest protected area in Ghana (Mole National Park), and in an area which has experienced a decline in farming due to recent economic focus on timber extraction. These factors may explain the elevated number of insects captured in pan-traps at this site. However, we did not see an increase in the number of flower visitors, or in fruit set, at Damongo. Although previous studies have shown that proximity to protected areas can increase pollination services to tropical trees (e.g. Freitas et al. 2014), our study design did not allow us to test this here. While three sites (Damongo, and the two Zini sites) were located relatively near to protected areas, and these areas may provide resources for bees, small stingless bees are unlikely to travel this far to forage (Araújo et al. 2004). Honey bees can travel over large distances to forage, and so the spatial pattern of resources at a landscape scale may influence visitation and pollination of shea. The proximity to urban centres, habitat structure and land- use (including fallow periods, ploughing methods, tree density, pesticide use etc.) could all influence bee abundance and deserve further consideration. Furthermore, how the pollinators of V. paradoxa respond to other flowering plants in the parklands, and what limits their populations (natural enemies and response to environmental fluctuations, as well as anthropogenic activity) should all be addressed in order to improve management recommendations for maximising pollination services in the shea parklands.

In conclusion, we have demonstrated that bees are very important for the pollination and fruit set of V. paradoxa across several sites in the agroforestry parklands of West Africa. Continued clearing of natural habitat and less regeneration via fallows could potentially damage bee populations (Tornyie & Kwapong 2015). Beekeeping, with both honey bees and stingless bees, as well as enhancing plant diversity in the parkland as a food source for bees, could therefore present a win-win opportunity for local communities, enhancing both pollination services to V. paradoxa and other useful fruit-bearing trees and other crops (Kudom & Kwapong 2010; Kasina et al. 2013; Kiatoko et al. 2014), and providing honey to supplement household incomes. Furthermore, increased semi-natural habitat may have wider biodiversity benefits, for example in supporting nesting and foraging sites for resident and migrant birds (Zwarts 2015). However, more research is needed to understand the pollination ecology of these sub-Saharan ecosystems, including both cultivated and wild plant species, as well as community-level interactions (Rodger et al. 2004; Gemmill-Herren et al. 2014).

ACKNOWLEDGEMENTS

This work was funded by BirdLife International and Vogelbescherming Nederland (BirdLife in The Netherlands) and the RSPB, and was part of a project investigating socio-economic and ornithological characteristics of the Shea parkland. We are grateful to Abukari Andani, James Braimah and Gnané Frank and their families for access to sites and for their assistance with field work at Kanfiayilli, Damongo and Torem respectively.

APPENDICES

Additional supporting information may be found in the online version of this article:

APPENDIX I. Fruit set per treatment per site

REFERENCES

- Adler LS (2000) The ecological significance of toxic nectar. Oikos 91:409-420.
- Araújo ED, Costa M, Chaud-Netto J, Fowler HG (2004) Body size and flight distance in stingless bees (Hymenoptera: Meliponini): inference of flight range and possible ecological implications. Brazilian Journal of Biology 64:563-568.
- Bodart C, Brink A, Donnay F, Lupi A, Mayaux P, Achard F (2013) Continental estimates of forest cover and forest cover changes in the dry ecosystems of Africa between 1990 and 2000. Journal of Biogeography 40:1036-1047.
- Boffa J-M (1999) Agroforestry parklands in sub-Saharan Africa. Food and Agriculture Organization of the United Nations, Rome.
- Boffa J-M (2015) Opportunities and challenges in the improvement of the shea (*Vitellaria paradoxa*) resource and its management. World Agroforestry Centre Occasional paper 24, Nairobi.
- Bommarco R, Marini L, Vaissière B (2012) Insect pollination enhances seed yield, quality, and market value in oilseed rape. Oecologia 169:1025-1032.
- Brittain C, Kremen C, Garber A, Klein A-M (2014) Pollination and Plant Resources Change the Nutritional Quality of Almonds for Human Health. PLoS ONE 9:e90082. doi: 10.1371/journal.pone.0090082.
- Burd M (1994) Bateman principle and plant reproduction the role of pollen limitation in fruit and seed set. Botanical Review 60:83-139.
- Carvalheiro LG, Seymour CL, Veldtman R, Nicolson SW (2010) Pollination services decline with distance from natural habitat even in biodiversity-rich areas. Journal of Applied Ecology 47:810-820.
- Droege SAM, Tepedino VJ, Lebuhn G, Link W, Minckley RL, Chen Q, Conrad C (2010) Spatial patterns of bee captures in North American bowl trapping surveys. Insect Conservation and Diversity 3:15-23.
- Elias M (2013) Influence of agroforestry practices on the structure and spatiality of shea trees (*Vitellaria paradoxa* C.F. Gaertn.) in central-west Burkina Faso. Agroforestry Systems 87:203-216. doi: 10.1007/s10457-012-9536-2.
- Fournier D, Skaug H, Ancheta J, Ianelli J, Magnusson A, Maunder M, Nielsen A, Sibert J (2012) AD Model Builder: using automatic differentiation for statistical inference of highly parameterized complex nonlinear models. Optimization Methods and Software 27:233-249.
- Freitas BM, Pacheco Filho AJS, Andrade PB, Lemos CQ, Rocha EEM, Pereira NO, Bezerra ADM, Nogueira DS, Alencar RL, Rocha RF, Mendonça KS (2014) Forest remnants enhance wild pollinator visits to cashew flowers and mitigate pollination deficit in NE Brazil. Journal of Pollination Ecology 12(4): 22-30.

- Gaisberger H, Kindt R, Loo J, Schmidt M, Bognounou F, Da SS, Diallo OB, Ganaba SS, Gnoumou A, Lompo D, Lykke AM, Mbayngone E, Nacoulma BMI, Ouedraogo M, Ouédraogo O, Parkouda C, Porembski S, Savadogo P, Thiombiano A, Zerbo G, Vinceti B (2017) Spatially explicit multi-threat assessment of food tree species in Burkina Faso: A fine-scale approach. PLOS ONE 12:e0184457. doi: 10.1371/journal.pone.0184457.
- Gallagher DE, Dueppen SA, Walsh R (2016) The archaeology of shea butter (*Vitellaria paradoxa*) in Burkina Faso, West Africa. Journal of Ethnobiology 36:150-171.
- Garibaldi LA, Vaissière BE, Gemmill-Herren B, Hipólito J, Freitas BM, Ngo HT, Azzu N, Sáez A, Åström J, An J, Blochtein B, Buchori D, García FJC, Oliveira da Silva F, Devkota K, Ribeiro MdF, Freitas L, Gaglianone MC, Goss M, Irshad M, Kasina M, Filho AJSP, Kiill LHP, Kwapong P, Parra GN, Pires C, Pires V, Rawal RS, Rizali A, Saraiva AM, Veldtman R, Viana BF, Witter S, Zhang H (2016) Mutually beneficial pollinator diversity and crop yield outcomes in small and large farms. Science 351:388-391.
- Gemmill-Herren B, Kwapong PK, Aidoo K, Martins D, Kinuthia W, Gikungu M, Eardley CD (2014) Priorities for research and development in the management of pollination services for agricultural development in Africa. Journal of Pollination Ecology 12:40-51..
- Goulson D, Nicholls E, Botías C, Rotheray EL (2015) Bee declines driven by combined stress from parasites, pesticides, and lack of flowers. Science 347:1255957.
- Hall JB, Aebischer DP, Tomlinson HF, Osei-Amaning E, Hindle JR (1996) *Vitellaria paradoxa*: a monograph School of Agricultural and Forest Sciences publication, no. 8., University of Wales, Bangor, UK.
- Hothorn T, Bretz F, Westfall P (2008) Simultaneous Inference in General Parametric Models. Biometrical Journal 50:346-363.
- Kandji S, Verchot L, Mackensen J (2006) Climate change and variability in the Sahel region: impacts and adaptation strategies in the agricultural sector. World Agroforestry Centre (ICRAF), Nairobi (Kenya)
- Kasina M, Kraemer M, Nderitu J, Martius C, Wittmann D (2013) The importance of African honey bees (*Apis mellifera* L.) as pollinators of high value crops in Kenya: A case of Butternut Squash (*Cucurbita Moschata* Duchesne ex Poir.) pollination. East African Journal of Agriculture and Forestry 79:143-149.
- Kennedy CM et al. (2013) A global quantitative synthesis of local and landscape effects on wild bee pollinators in agroecosystems. Ecology Letters 16:584-599.
- Kiatoko N, Raina SK, Muli E, Mueke J (2014) Enhancement of fruit quality in *Capsicum annum* through pollination by *Hypotrigona gribodoi* in Kakamega, Western Kenya. Entomological Science 17:106-110.
- Klein A-M, Steffan-Dewenter I, Tscharntke T (2003) Fruit set of highland coffee increases with the diversity of pollinating bees. Proceedings of the Royal Society B: Biological Sciences 270:955-961.
- Klein AM, Vaissière BE, Cane JH, Steffan-Dewenter I, Cunningham SA, Kremen C, Tscharntke T (2007) Importance of pollinators in changing landscapes for world crops. Proceedings of the Royal Society Series B - Biological Sciences 274:303-313.
- Kudom AA, Kwapong PK (2010) Floral visitors of *Ananas comosus* in Ghana: A preliminary assessment. Journal of Pollination Ecology 2:27-32.
- Kwapong PK, Frimpong-Anin K, Ahedor B (2014) Pollination and yield dynamics of cocoa tree. Research and Reviews in Biosciences 8:337-342.

- Lamien N, Ouédraogo SJ, Boukary DO, Guinko S (2004) Productivité fruitière du karité (*Vitellaria paradoxa* Gaertn. C. F., Sapotaceae) dans les parcs agroforestiers traditionnels au Burkina Faso. Fruits 59:1-7.
- Lassen KM (2016) Pollination strategies to increase productivity of the African fruit trees *Vitellaria paradoxa* subsp. *paradoxa* and *Parkia biglobosa*. PhD, University of Copenhagen.
- Lassen KM, Nielsen LR, Lompo D, Dupont YL, Kjær ED (2016) Honey bees are essential for pollination of *Vitellaria paradoxa* subsp. *paradoxa* (Sapotaceae) in Burkina Faso. Agroforestry Systems:I-I2.
- Lovett PN, Haq N (2000) Evidence for anthropic selection of the Sheanut tree (*Vitellaria paradoxa*). Agroforestry Systems 48:273-288.
- Macias-Macias O, Chuc J, Ancona-Xiu P, Cauich O, Quezada-Euán JJG (2009) Contribution of native bees and Africanized honey bees (Hymenoptera:Apoidea) to Solanaceae crop pollination in tropical México. Journal of Applied Entomology 133:456-465.
- Meda A, Lamien CE, Romito M, Millogo J, Nacoulma OG (2005) Determination of the total phenolic, flavonoid and proline contents in Burkina Fasan honey, as well as their radical scavenging activity. Food Chemistry 91:571-577.
- Naughton C, Lovett P, Mihelcic J (2015) Land suitability modeling of shea (*Vitellaria paradoxa*) distribution across sub-Saharan Africa. Applied Geography 58:217-227.
- Nienhuis CM, Stout JC (2009) Effectiveness of native bumblebees as pollinators of the alien invasive plant *Impatiens glandulifera* (Balsiminaceae) in Ireland. Journal of Pollination Ecology 1:1-11.
- Okullo JB, Hall JB, Masters E (2003) Reproductive biology and breeding systems of *Vitellaria paradoxa*. In: Teklehaimanot Z (ed) Improved Management of Agroforestry Parkland Systems in Sub-Saharan Africa. EU/INCO Project Contract IC18-CT98-0261, Final Report, University of Wales Bangor, UK, pp 66-84.
- Ollerton J, Winfree R, Tarrant S (2011) How many flowering plants are pollinated by animals? Oikos 120:321-326.
- Pouliot M (2012) Contribution of "Women's Gold" to West African Livelihoods: The Case of Shea (*Vitellaria paradoxa*) in Burkina Faso. Economic Botany 66:237-248.
- R Core Team (2017) R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria.
- Rodger JG, Balkwill K, Gemmill B (2004) African pollination studies: where are the gaps? International Journal of Tropical Insect Science 24:5-28.
- Schreckenberg K, Awono A, Degrande A, Mbosso C, Ndoye O, Tchoundjeu Z (2006) Domesticating indigenous fruit trees as a contribution to poverty reduction. 16:35-51.
- Silva NF, Goring DR (2001) Mechanisms of self-incompatibility in flowering plants. Cell. Mol. Life Sci. 58:1988-2007.
- Stang M, Klinkhamer PGL, van der Meijden E (2006) Size constraints and flower abundance determine the number of interactions in a plant-flower visitor web. Oikos 112:111-121.
- Tiedeken EJ et al. (2016) Nectar chemistry modulates the impact of an invasive plant on native pollinators. Functional Ecology 30:885-893.
- Tornyie F, Kwapong PK (2015) Nesting ecology of stingless bees and potential threats to their survival within selected landscapes in the northern Volta region of Ghana. African Journal of Ecology 53:398-405.
- Wesselingh RA (2007) Pollen limitation meets resource allocation: towards a comprehensive methodology. New Phytologist 174 26-37.

- Westphal C et al. (2008) Measuring bee diversity in different European habitats and biogeographical regions. Ecological Monographs 78:653-671.
- Yidana JA (2004) Progress in developing technologies to domesticate the cultivation of shea tree (*Vitellaria paradoxa* L.) in

(c) BY This work is licensed under a Creative Commons Attribution 3.0 License.

Ghana. Agricultural and Food Science Journal of Ghana 3:249-267.

Zwarts L (2015) Tree preference of insectivorous birds in the *Vitellaria* zone, West Africa. A&W-report 2152, Feanwâlden, The Netherlands