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AN INVESTIGATION

INTO THE IMPLICATIONS OF IRVIN YALOM'S

EXISTENTIAL PSYCHOTHERAPY

FOR ADOLESCENT COUNSELLING IN IRELAND

Volume 2
AN INVESTIGATION
INTO THE IMPLICATIONS OF IRVIN YALOM'S
EXISTENTIAL PSYCHOTHERAPY
FOR ADOLESCENT COUNSELLING IN IRELAND

TWO VOLUMES: VOLUME TWO

by

FIONA GALWAY

A thesis submitted to the School of Education at Trinity College, Dublin, in fulfilment of the requirements of the award of the Degree of Doctor in Philosophy.

October 2003
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APPENDIX 1

Irvin Yalom’s Email to Author
Dear Ms Galway - it seems that i have become a favorite topic for dissertations recently and over the recent couple of years have gotten a great many requests similar to yours. I have managed to write a great deal while attending to many other demands - an academic career, students, a full practice, family with four children - and the method i have used is always to put the writing first - I'm afraid that adage is still in place and it is not possible to respond fully to all requests I get. I am appending a curriculum vita - that will answer some of your questions - i was in treatment on a number of occasions - sometimes for personal reasons - sometime for a mixture of personal and professional - the best way to learn about a therapeutic approach is to enter into a course of treatment of that discipline - No I believe in no God or any other supernatural entities - i consider they are all invented to assuage existential dread - no i have not treated children

Attachment converted: FionaGalwaymail:CUR-VIT.DOC (BINA/MSWD) (00000031)
Attachment converted: FionaGalwaymail:BIOG (BINA/mdos) (00000032)

Dr. Irvin Yalom
idy@leland.stanford.edu
APPENDIX 2

“Biographical Sketch” by Irvin Yalom
Biographical Sketch

I was born in Wash. D.C. in 1931 of parents who immigrated from Russia (a small village, named Celtz near the Polish border) shortly after the first world war. Home was the inner city of Washington - a small apartment atop my parents' grocery store on First and Rhode Island Avenue. Herbert Gold's novel/memoir Fathers spoke deeply to me for I was that boy who accompanied his father to the produce markets at five am, and that boy who so resented working afternoons and Saturdays in the store.

During my childhood Washington was a segregated city and I lived in the midst of a poor, black neighborhood. It was often perilous outside. Indoor reading was my refuge and twice a week I made the hazardous bicycle trek to the central library at seventh and K streets to stock up on supplies. No counseling or direction was available: my parents had virtually no education, never read books and were entirely immersed in a struggle for economic survival. My book choices were capricious, directed in part by the library architecture; the large centrally placed bookcase on biography caught my attention early and I spent an entire year going through that bookcase from A (John Adams) to Z (Zoroaster). But it was mainly fiction in which I found a refuge, an alternate more satisfying world, a source of inspiration and wisdom. Sometime early in life I developed the notion - one which I have never relinquished - that writing a novel is the very finest thing a person can do.

To the ghetto mentality of my day, career choices were limited or perceived as limited. Young men either went into medical school or into business with their father. Medical school seemed closer to Tolstoy and Dostoevsky and I entered upon my medical training already having decided to go into psychiatry. Psychiatry proved (and proves to this day) endlessly intriguing and I have invariably approached each patient with the aim of sharing the story they have to tell. I've always agreed with Jung that a different therapy must be constructed for each patient because each patient has a unique story. As the years pass, this attitude moves me farther and farther from the center of professional psychiatry, which is being fiercely driven by economic forces in precisely opposite directions - namely accurate de-individualizing (symptom-based) diagnosis and uniform controlled, brief therapy for all.

My first writings were scientific contributions to professional journals. My first book, The Theory and Practice of Group Psychotherapy (widely influential, translated into twelve languages, a half million copies, now in its fourth edition) was sufficiently
empirically based to be selected by training programs but, I suspect, owes its success to story-telling - to a stream of brief human vignettes running throughout the text. For twenty years I have heard students tell me that it reads like a novel. Other books include Encounter Groups: First Facts (with Morton Lieberman and Mathew Miles - a scientific monograph which reports on a large empirical investigation of the process and outcome of experiential groups - still remains the largest, most ambitious, and best controlled small group experiment), Everyday Gets a Little Closer, (A book written together with a patient in which we both report on the same therapy hours from our own perspective), A Concise guide to Group Therapy (with Sophia Vinogradav), Existential Psychotherapy (an ambitious work which occupied me for several years - the first and still the most comprehensive text in existential therapy - has had a wide reading audience of both professionals and lay persons), In-patient Group Therapy (the first text in this field), Love's Executioner (on the New York Times best seller list for several months) and my novel, When Nietzsche Wept (which won the Commonwealth Club gold medal award for best fiction of 1993. All these books were published by Basic Books. I am currently working on a novel about psychotherapy, Lying on the Couch.

At 23, after a vigorous eight year courtship, I married Marilyn Yalom who has had a fine career as a University Professor, administrator, and author. Her current book, Blood Sisters, is enjoying considerable public and critical success. Our four children, Eve, Reid, Victor, and Ben all reside in the Bay area.
APPENDIX 3

“Curriculum Vitae” by Irvin Yalom
CURRICULUM VITAE - IRVIN D. YALOM, M.D.

951 Matadero
Palo Alto, California 94305
(415) 493-7083 (home)    (415) 493-1751 (work)
Social Security Number - 579-36-9602

EDUCATION

George Washington University, Washington, D.C.
Boston University School of Medicine
Mount Sinai Hospital, New York
Phipps Clinic, Johns Hopkins Hospital

Degree    Year
BA        1952
MD        1956
Internship 1957
Residency 1960

LICENSE CERTIFICATION

Licensed to practice medicine in Hawaii and California (G6165)
Diplomate American Board of Psychiatry and Neurology, Certified Psychiatry, 1964

HONORS

Phi Beta Kappa, 1952
Edward Strecker Award for significant contribution to the field of psychiatry patient care - presented by the Institute of the Pennsylvania Hospital, 1974
Foundation's Fund Award for research in psychiatry, American Psychiatric Association, 1976
Fellowship Award - The Center for Advanced Study in the Behavioral Sciences, Palo Alto, California, 1977
Fellowship Award - Rockefeller Foundation, Bilagio, Italy, 1988

PROFESSIONAL EXPERIENCE

1994 Emeritus Professor of Psychiatry - Stanford University School of Medicine
1984-1994: Professor of Psychiatry - Consultant Psychiatric Inpatient and Outpatient Units, Stanford University Medical Center
1981-1984: Medical Director, Stanford University Hospital Psychiatric Inpatient Unit
1977-1978: Fellow at The Center for Advanced Study in the Behavioral Sciences, Palo Alto, California
1973-present: Professor of Psychiatry, Stanford University School of Medicine
1968-1973: Associate Professor of Psychiatry, with tenure, Stanford University School of Medicine
1973-1988: Assistant Director, Adult Psychiatry Clinic, Stanford University School of Medicine
1963-1968: Assistant Professor of Psychiatry, with tenure, Stanford University School of Medicine
1962-1963: Instructor in Psychiatry, Stanford University School of Medicine
1960-1962: Captain, U.S. Army Tripler General Hospital, Honolulu, Hawaii
1959-1960: Consultant, The Patuxent Institution, Jessup, Maryland
1957-1960: Psychiatric Residency, Henry Phipps Psychiatric Clinic, Johns Hopkins Hospital, Baltimore, Maryland
1956-1957: Rotating Internship, Mount Sinai Hospital, New York, New York

Books


Video Tape

Yalom, I.D., *Understanding Group therapy.* Five Volume Videotape (two volumes - outpatient groups; tow volumes inpatient groups; one volume interview. Brooks Cole Publishing Pacific Grove, Ca. Distributed by Victor Yalom 415- 9562226

Monographs


Edited Works


Articles, Chapters


61. Metzl and Yalom article on group therapy in Textbook ed by Bruce Bonger

62. Ballenger and Yalom


APPENDIX 4

A matter of life and death -
The Salon Interview with Irvin Yalom
To live life fully, one must accept that it ends, says the existential psychoanalyst. But Yalom, too, knows the demons of 4 a.m.

A matter of life and death

By FRED BRANFMAN | Photo by Reid Yalom

"Of all the world’s wonders, which is the most wonderful? That no man, though he sees others dying all around him, believes that he himself will die." -- Yudhishtara answers Dharma, from “The Mahabharata”

It is not just love that we look for in all the wrong places.
If Irvin Yalom is right, it is life itself. By denying death, the psychoanalyst suggests, we misdirect our search for happiness. The true meaning of life, his work suggests, lies in engaging what we most fear.

Yalom has the credentials to make such a claim. He is the author of the highly regarded 1980 textbook, "Existential Psychotherapy" and his best-selling work "Love's Executioner" shows how such neuroses as eating disorders can be alleviated by bringing patients' death-anxieties to the surface. His novel "When Nietzsche Wept" is a thought-provoking exploration of how psychology might have fared had it been invented by the Ur-existential thinker Nietzsche rather than Freud. His new novel, "Lying On The Couch," which will be published next month.

I spoke with Dr. Yalom in the office he has built next to his comfortable home on a peaceful street in Palo Alto. A quiet man, he exudes an air of mild anxiety oddly appropriate to the existential realities -- death, freedom, isolation, meaninglessness -- of which he writes. He becomes passionate mainly when affirming his strong belief in science and his skepticism about non-material or spiritual understandings of life.

Most striking was the contrast between Yalom's brilliantly successful career and the place he has reached now, at age 65. This lifelong academic has abandoned teaching and now writes novels instead. This professor who worked so extraordinarily hard at his career now urges a focus on what is important beyond work. Irvin Yalom is fascinating not only because of what he says but also because of how he lives.

Most of us feel we do not want to think about death. But you assert that confronting death is a key to living a full, authentic, happy life. I wonder if you could describe in personal terms what living authentically means to you?

Certainly as I've grown older, I've been thinking a lot more about the end of my life, which may not be too far away. My father and his brothers all died relatively young because of heart conditions.

So I think, Well, life is finite. I don't have unlimited years left, and I want to know what is more central to me and my life right now. Above all, I don't want to do anything that feels repetitious.
And I tell myself that I don't want to belong to anymore committees or teach anymore, because the field is becoming drugs, pharmacotherapy. The next generation of therapists isn't going to be trained for psychotherapy because the insurance companies aren't going to be paying for it any longer.

What feels most central for me is being creative and looking at the way in which I have creative talents and gifts that I haven't used. I basically see myself as a storyteller engaged in ideas that have to do with an existential, deeper approach to life. I feel very uncomfortable with the idea of these gifts being unused.

I also really enjoy looking at those bonsai [points to trees outside his window]. I love the garden that I have out here. I turn down lunch invitations from a lot of people that I just don't want to be with. The few people I see talk about the kinds of issues and concerns that I really like.

And I feel extremely tender towards my wife. Every time I see her, I'm filled with pleasure. There's a real sense of poignancy about my relationship and feelings toward her. I'm very concerned that I do whatever I can to make her happy.

And I don't take myself very seriously. There's an old Italian proverb that sticks in my mind a lot: "When the chess game is over, the pawns, rooks, kings and queens all go back into the same box." Somehow I find that quite an important comment.

"The primitive dread of death resides in the unconscious -- a dread that is part of the fabric of being, that is formed early in life before the development of precise, conceptual formulation, a dread that is chilling, uncanny, and inchoate, a dread that exists prior to and outside of language and image." -- "Existential Psychotherapy"

You've written that "a denial of death at any level is a denial of one's basic nature." How do most of us deny death?

We -- in the unconscious portion of the mind that protects us from overwhelming anxiety -- split off or disassociate from the terror of death. But though it is invisible to us, we
can know it's in our subconscious because of those rare but real episodes when the machinery of denial fails and death anxiety breaks through in full force -- such as when a loved one dies, or when we have nightmares. As I wrote in "Existential Psychotherapy," a nightmare is a failed dream, a dream that, by not "handling" anxiety, has failed in its role as the guardian of sleep. Though nightmares differ in manifest content, their underlying process is the same: Raw death anxiety has escaped its keepers and exploded into consciousness.

We simply put it out of mind by immersing ourselves in what Becker calls "immortality projects," or by using other techniques to deny our creature-deaths, like the idea of a supreme "ultimate rescuer" and the idea of "specialness," that somehow you yourself are immune to natural biological law. This often translates into some kind of belief in the supernatural, a para-reality in us that is going to transcend reality as it is.

After reading your and Becker's work, I assumed that there would be a huge debate within the psychology community on the importance of helping people confront their fears of death. But the subject, by and large, seems to have been ignored. Why is that?

Psychotherapists and psychologists are themselves in denial of death. They are not really very different in this regard than the general population.

"A real confrontation with death usually causes one to question with real seriousness the goals and conduct of one's life up to then. So also with those who confront death through a fatal illness. How many people have lamented: 'What a pity I had to wait till now, when my body is riddled with cancer, to know how to live!'" -- "Love's Executioner"

How might the knowledge of death enrich our lives?

What comes to mind right now is a friend of mine who's so caught up in the rat race for success in his field that he's never taken a sabbatical. The university is willing to give him a year off and he has not taken it. It's insane.

In talking with him, I've pushed him to look at the fact that he is not going to have his children at home forever, and to
think about what an experience like a sabbatical would mean for him and them. I mean, I've been at Stanford all these years, and I can't remember one year from the next -- they all sort of blur together. But I spent a year in London, another year at Oxford and another year in Paris. And every day of those years stands out for me and was very rich for my children.

But what if your friend said he enjoyed his work, that working hard is his core?

You know, I've never heard anyone near death say -- and I've never heard of anyone who's ever known anyone near death say -- "I wish I had spent more time at work."

Nobody ever says this. Everybody, everybody, says, "God, I wish I'd spent time doing the things I wanted to do -- reading more, writing more, traveling, seeing all these places, being closer to people, to my children." Everybody says things like that. So that means something.

Do you also believe it would be useful for people in their 20s and 30s to break through their denial of death?

Well, based on the patients I've worked with, I think that's true. Adolescents, by and large, have a pretty keen awareness of these issues. They tend to have less denial operating for them than perhaps we do at most other ages of life. But when they finally get thrown out into the world, other needs -- needs for economic success, or raising a family -- begin to press in. And to satisfy these needs, their fear of death gets pushed into obscurity or the unconscious.

If people in their 20s had more death awareness, would that in fact temper their ambition or drive? My hunch is yes. It would certainly do something for those who are most ruthless, who tend to make others most miserable. Some sort of greater awareness of their own finiteness and what their time on earth really is, and what they really want to do with their lives, could help improve them.

I asked a young guy the other day how he felt and he said, "Terrific! I'm enjoying my work. I just started dating a woman. Life is great!" Now, it seems to me that he wasn't engaging his primal death anxieties. Would you recommend that he consider doing so?

Hmm. Well, the first thought that occurs to me concerns his
relationship. My sense is that if he were to engage his unconscious existential concerns, the relationship might be much richer, more tolerant, more loving. When we see the other person as a fellow creature in the same type of life situation, we often have a greater appreciation. There might be less of a chance of him using or being used by her, and more of a possibility that he would be looking for some sort of deeper communion.

How might his work be affected by engaging death?

That's a much more problematic issue for me. I've always had a sense that engaging the fear of death can be quite injurious to work for many people. If one doesn't have the option of changing a job one does not like, a heightened awareness of death could increase dissatisfaction.

But if one does have the luxury of changing distasteful work, the confrontation with death might be a wake-up call. He or she might see how the repetitious quality of the work is deadening and might think, "I'll do whatever I can, move, get to another part of the country, do something to change my work."

What is the mechanism whereby engaging death leads to a more authentic life?

Well, one way to describe it is through a disidentification exercise we have conducted with cancer patients. People answer the question "Who am I?" on cards and then arrange them by priority. They then start letting go of the less important cards, for example,"I am someone who is very concerned about whether people love or like me."

And they have to let go of their bodies, because their bodies are riddled with cancer. But then they often discover that there is something beyond the body, other things that are more important. It kind of gives you more courage. It doesn't make any difference anymore if people like you or not.

Heidegger makes the distinction between being absorbed in the way things are in the world and being aware that things are in the world. And if you do the latter, you're not so worried about the everyday trivialities of life, for example, petty concerns about secrecy or privacy.

Another way of saying it is that death cures psychoneurosis.
In a sense all these neurotic concerns -- fear of rejection, interpersonal concerns -- seem to melt away, and people get another perspective on their lives. The important things are really important, and the trivia of life is trivialized.

In a study we did of bereavement, we found that rather impressive numbers of widows and widowers had not simply gone back to their pre-loss functioning, but grown. This was due to a kind of increased existential awareness that resulted from this confrontation with the death of another. And I think it brought them in touch with their own death, so they began to experience a kind of preciousness to life that comes with an experience of its transiency.

"[There is] a juncture to which full awareness inevitably leads. One stands before the abyss and decides how to face the pitiless existential facts of life. Of course, there are no solutions. One has a choice only to be 'resolute', 'engaged', courageously defiant, stoically accepting or to, in awe of mystery, place one's trust in the providence of the divine." -- "Love's Executioner"

As you sit here now, would you say you are in denial of your death or engaging it?

I'll be 65 in 8 days or so. So I'm at that time. I'm filled with ideas about death, and my nights and dreams and certainly dream-thoughts are filled with that kind of imagery.

What does it feel like?

Well, it's different in the middle of the night and in a waking state. In the middle of the night, actually, it's kind of attenuated terror. There are times when the anxiety rather overtakes me. I've never imagined getting to a point where that won't happen. I feel like it's too intrinsic to us.

If it gets to be particularly anxious, I like to think of Lucretius's doctrine "Where death is, I am not; where I am, death is not." The two are never coexistent in a sense. I find that, in a strange way, a very comforting thought.

Sam Keen has described waking up at night feeling incredible terror at his death. And he wants to push it away,
but doesn't because all his training has taught him to stay with it. And his terror is then followed by a tremendous joy at being alive, as he leans over and embraces his wife. What is it like for you?

I do not have that kind of experience at night. It's harder for me to dispel the anxiety at night. Whereas when I think about it later on, when I wake up in the morning, or later on during the day, then I do experience real joy. I can't switch from one mode to the other at night.

As you stand before the abyss, where are you -- resolute, engaged, courageously defiant, stoically accepting or in awe before the mystery, placing your trust in the divine?

Stoically accepting, I guess.

And what about feeling awe before the mystery?

Well, you can say "awe" in the sense that I am in awe at the elegance and complexity of the way that our brains happen to have evolved. *Happen* to have evolved. You know, not designed, but happen to have evolved. I can say "awe" there. But I'm separating that from a kind of supernatural religious belief.

It seems to me that "awe" argues against belief. Awe leads to no belief, to "don't know."

Yes, I have some awe of mystery. But it's sort of tempered by a belief that ultimately we'll be able to comprehend it all. I'm more of a scientific positivist in that regard.

Last night I was reading Sam Keen's famous deathbed interview of Ernest Becker. You know, Becker did not give much credence to the reality of religious belief-systems in "Denial of Death"...

Oh, sure, I agree with every word he said --

-- But at the very end of Becker's life Keen asked him about the possibility of a transcendence of death. And Becker said, "I would have to agree that the transcendence of death, symbolically or from the point of view of the whole universe, *may be very real.*" He left the door open for a transcendent reality.

Well, I think at that point he may have been quite
frightened, and the wish for continued persistence may have been very strong.

And if I on my deathbed embrace that wish I don't consider that proof of anything, except that I am frightened.

I find the idea of dying, of not existing for the next 5 billion years and beyond, chilling. It takes my breath away. Can you offer any comfort?

Well, did the last 5 billion years bother you? I mean, it seems to me that what happens after we die is not really the problem. It is a kind of peace. The challenge for us is how we live between now and then, whether we have the courage to stop denying it and use our anxieties to live more authentic, meaning-filled and purposeful lives.

Fred Branfman is a veteran political activist and commentator. He is a regular contributor to Salon.

Are you living in denial of your own death? Join the Table Talk discussion.
APPENDIX 5

Questionnaire for Irish Guidance Counsellors (pilot)

Thank you for taking the time to answer this questionnaire.

Please answer the questions in the order they appear.

Answer only in relation to Irish secondary school pupils/students, aged 12-18. If, for certain items, you feel this age-bracket is too wide, please say so either beside the items if there is room, or in the space provided for comments at the end, indicating clearly which items you are referring to and how you would break up this age-bracket into smaller groups (eg. 12/13, 14/15, 16/18) for each item. Likewise, if, for certain items, you feel different answers are appropriate for girls and boys, please state beside the relevant items or at the end (and supply both answers).

Please tick the appropriate boxes or fill in the blanks:

1. Your age group: 22-29 30-39 40-49 50-65
   - [ ]

2. Your gender: male female
   - [ ]

3. Number of years spent working as a guidance counsellor ____________

4. Do you work with: boys only girls only boys and girls
   - [ ]

5. From what type of background are the adolescents you work with?
   Please tick one box:
   a mixture of different backgrounds mainly middle-class mainly working-class mainly disadvantaged
   - [ ]

6. From what type of area are the adolescents you work with?
   Please tick one box:
   mainly urban a mixture of urban and rural mainly rural
   - [ ]
7 In what year did you qualify as a Guidance Counsellor? ________________

8 Approximately how much of your counselling training course was spent on each of the following approaches? Please choose one of these options for each approach, and write the appropriate letters in the spaces provided:
   a) all; b) almost all; c) about three quarters; d) about two thirds; e) about a half; f) about a third; g) about a quarter; h) very little; i) none.
   humanistic (e.g. Rogerian/client-centred) approach ________________
   behavioural/cognitive behavioural approach ________________
   psychoanalytic approach ________________

9 If it arose at all, approximately how much of your counselling training course was spent on an existential approach or discussing existential issues (i.e. issues related to human existence itself, such as human freedom and responsibility for oneself, mortality, isolation, the meaning or purpose of life) in counselling? Please choose one of these options:
   a) all; b) almost all; c) about three quarters; d) about two thirds; e) about a half; f) about a third; g) about a quarter; h) very little; i) none.

10 Which one type of therapeutic approach do you find most useful in your work with Irish adolescents? (for example - humanistic, cognitive-behavioural, systemic, existential, Reality Therapy, psychoanalytic, family therapy, Rogerian, eclectic etc.)

11 How important do you consider existential issues to be in your work with Irish adolescents? Please tick one box:
   very important [ ] fairly important [ ] not important [ ]

12 How often have you referred a student/adolescent client for further help (e.g. from a clinical psychologist or a psychiatrist) because of problems he/she was experiencing with existential issues? Please tick one box:
   often [ ] several times [ ] once [ ] never [ ]
13 If you answered “often,” “several times,” or “once” to question 12, please outline briefly the nature of the problem or problems. (Continue on back if necessary.)


14 Does the issue of death awareness or fear of death arise in your work with Irish adolescents? Please tick one box:

- [ ] often
- [ ] sometimes
- [ ] never

15 If you answered “often” or “sometimes” to Q. 14, how frequently does the issue of death awareness/fear arise following a bereavement? Please tick one box:

- [ ] always
- [ ] often
- [ ] sometimes
- [ ] never

16 How many of the adolescents you work with have difficulty in accepting responsibility for themselves, their choices, and their actions? Please choose one of these options:

- a) all;  
- b) almost all;  
- c) about three quarters;  
- d) about two thirds;  
- e) about a half;  
- f) about a third;  
- g) about a quarter;  
- h) very few;  
- i) none.

17 How many of the adolescents you work with find it easy to accept responsibility for themselves, their choices, and their actions? Please choose one of these options:

- a) all;  
- b) almost all;  
- c) about three quarters;  
- d) about two thirds;  
- e) about a half;  
- f) about a third;  
- g) about a quarter;  
- h) very few;  
- i) none.
18 How many of the adolescents you work with have difficulty coping with the increase in autonomy that accompanies growing up?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

19 How many of the adolescents you work with accept increasing autonomy eagerly and with ease?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

20 When faced with a problem and knowing what to do to solve it, how many of the adolescents you work with have difficulty in motivating themselves to change?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

21 When faced with a problem and knowing what to do to solve it, how many of the adolescents you work with find it easy to motivate themselves to change?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

22 How many of the adolescents you work with feel isolated (i.e. cut off from and unable to communicate with or relate to family and/or peers)?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.
23 When adolescents feel isolated, what are the most frequent causes of their isolation? Please rank the following suggested causes according to their significance i.e. 1 = most common cause, 2 = next most common, etc., and add any other causes (up to four) which you feel are relevant and include them in your rank order too. Put the appropriate numbers (1-12) in the spaces after each cause.

lack of parental support/interest

family problems e.g. broken/unhappy home

recent bereavement

failure at school

no friends

boredom/lack of interests or hobbies

lack of religious faith

problems with peers

________

________

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________

How many of the adolescents you work with lack a sense of meaning or purpose in their lives?
Please choose one of these options: a) all; b) almost all; c) about three quarters; d) about two thirds; e) about a half; f) about a third; g) about a quarter; h) very few; i) none.

________
25 When adolescents lack a sense of meaning or purpose in their lives, what are the most common causes of this? Please rank the following suggested causes according to their significance i.e. 1 = most common cause, 2 = next most common, etc., and add any other causes (up to four) which you feel are relevant and include them in your rank order too. Put the appropriate numbers (1-15) in the spaces after each cause.

lack of parental support/interest

family problems e.g. broken/unhappy home

recent bereavement

failure at school

no friends

boredom/lack of interests or hobbies

lack of religious faith

uncertainty about future/career

confusion regarding values

substance abuse

nihilistic pop culture

26 When adolescents come to talk to you in school (ostensibly to discuss career guidance or a personal problem), to what extent (if at all) do you think they really come just to talk and have someone to listen to them? Please tick one box:

always  often  sometimes  never
27 How important do you consider the relationship between counsellor and client in the school setting to be?
Please tick one box:

very important  
fairly important  
not important

28 How many of the adolescents you see/counsel in school require referral to a psychologist or psychiatrist for further help (because of a clinical condition such as, for example, depression or an eating disorder)?
Please tick one box:

many  
some  
very few  
none

29 Based on your experience, which of the following four issues/areas are most significant in causing adolescent problems?
Please rank according to significance i.e. 1 = most significant, 2 = next most significant etc., and place the numbers in the spaces provided.

autonomy/responsibility for oneself

meaninglessness

isolation

awareness/fear of death

30 How many of the adolescents you work with confide or admit to having considered committing suicide (either momentarily or more seriously)?
Please tick one box:

almost all  
many  
some  
very few  
none

31 How many of the adolescents you work with have attempted suicide?
Please tick one box:

a few  
one  
none

32 How many of the adolescents you have worked with have actually committed suicide?
Please tick one box:

a few  
one  
none
When adolescents consider or attempt suicide, what do you think are the most common causes?
Please enter up to five causes in rank order according to 1 = most common cause of suicide, 2 = next most common etc.

1 ____________________________

2 ____________________________

3 ____________________________

4 ____________________________

5 ____________________________

Any further comments on questionnaire or on existential issues and adolescence:

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

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APPENDIX 6
PILOT GUIDANCE COUNSELLOR QUESTIONNAIRE
RESPONSES TO OPEN QUESTIONS AND RESPONDENTS' COMMENTS

Q'aire Q. no.     no.     Response/Comment

1  10  Eclectic

13  Suicidal thoughts
    Self-harm
    Attempted suicide

16  (g) - (depending on age)

23  [added to list] - bullying
    - addictions

25  [added to list] - bullying

33  1. Lack of someone to talk to
    2. Isolation/feeling different
    3. Feeling misunderstood
    4. Lack of parental care
    5. Too many problems to cope with

34  It must be difficult in a large school where the G.C. is mainly busy with
career choices etc. to know the answers to questions 12-25.
Obviously someone should be involved in this area, but I'm not sure if
it is always the Guidance Counsellor.

Time spent: 22 minutes.

2  10  Reality Therapy/ eclectic

12  This option not clear: often/several times - what is the difference?

13  Severe depression which was causing sleep disturbance and
    obvious not going to be able to cope without medication.

22  (g) - (mostly males)

23  [added to list] - low self-esteem
Q'aire Q. no. Response/Comment
(2) 33 1. Feel a failure 2. Feel unloved 3. Pregnant 4. In debt due to drug habit 5. Rejection by lover

34 May be more appropriate for counsellors dealing with students in 3rd level, as many teenagers are still only concerned with earning money to enjoy life.

Time spent: 12 minutes.

3 10 Cognitive-behavioural for behavioural problems Rogerian for broader existential type issues

13 • Psychiatric type difficulties eg. emergence of psychotic type symptoms indicative of schizophrenia or endogenous type depression
• ADHD • Conduct disorder

23 [added to list] - poor self esteem - learning difficulties

33 1. Depression 2. Isolation 3. Meaninglessness/Lack of purpose 4. Serious home and family issues ie. physical or sexual abuse 5. Lack of support

34 I found the questionnaire to be clear and well constructed. I had no difficulties completing it. The total time involved was approximately 25 minutes.

4 10 Reality Therapy

13 Isolation - no friends, poor relationships with parents + teachers


Time spent: 20 minutes.
Questionnaire for Irish Guidance Counsellors on Existential Issues and Adolescence

Thank you for taking the time to answer this questionnaire.

Please answer the questions in the order they appear.

Answer only in relation to Irish secondary school pupils/students, aged 12-18. If, for certain items, you feel this age-bracket is too wide, please say so either beside the items if there is room, or in the space provided for comments at the end, indicating clearly which items you are referring to and how you would break up this age-bracket into smaller groups (eg. 12/13, 14/15, 16/18) for each item. Likewise, if, for certain items, you feel different answers are appropriate for girls and boys, please state beside the relevant items or at the end (and supply both answers).

Please tick the appropriate boxes or fill in the blanks:

1. Your age group:  
   - [ ] 22-29  
   - [ ] 30-39  
   - [ ] 40-49  
   - [ ] 50-65

2. Your gender:  
   - [ ] male  
   - [ ] female

3. Number of years spent working as a guidance counsellor  
   ____________________

4. Do you work with:  
   - [ ] boys only  
   - [ ] girls only  
   - [ ] boys and girls

5. From what type of background are the adolescents you work with? Please tick one box:  
   - [ ] a mixture of different backgrounds  
   - [ ] mainly middle-class  
   - [ ] mainly working-class  
   - [ ] mainly disadvantaged

6. From what type of area are the adolescents you work with? Please tick one box:  
   - [ ] mainly urban  
   - [ ] a mixture of urban and rural  
   - [ ] mainly rural
In what year did you qualify as a Guidance Counsellor? ________________

Approximately how much of your counselling training course was spent on each of the following approaches? Please choose one of these options for each approach, and write the appropriate letters in the spaces provided:

a) all; b) almost all; c) about three quarters; d) about two thirds; e) about a half; f) about a third; g) about a quarter; h) very little; i) none.

humanistic (e.g. Rogerian/client-centred) approach ________________

behavioural/cognitive behavioural approach ________________

psychoanalytic approach ________________

If it arose at all, approximately how much of your counselling training course was spent on an existential approach or discussing existential issues (i.e. issues related to human existence itself, such as human freedom and responsibility for oneself, mortality, isolation, the meaning or purpose of life) in counselling? Please choose one of these options:

a) all; b) almost all; c) about three quarters; d) about two thirds; e) about a half; f) about a third; g) about a quarter; h) very little; i) none.

Which one type of therapeutic approach do you find most useful in your work with Irish adolescents? (for example - humanistic, cognitive-behavioural, systemic, existential, Reality Therapy, psychoanalytic, family therapy, Rogerian, eclectic etc.)

How important do you consider existential issues to be in your work with Irish adolescents? Please tick one box:

very important  
fairly important  
not important  

How often have you referred a student/adolescent client for further help (e.g. from a clinical psychologist or a psychiatrist) because of problems he/she was experiencing with existential issues (as explained above in Q. 9)? Please tick one box:

often  
several times  
once  
ever
If you answered “often,” “several times,” or “once” to question 12, please outline briefly the nature of the problem or problems. (Continue on back if necessary.)


14 Does the issue of death awareness or fear of death arise in your work with Irish adolescents?
Please tick one box:

- often
- sometimes
- never

15 If you answered “often” or “sometimes” to Q. 14, how frequently does the issue of death awareness/fear arise following a bereavement?
Please tick one box:

- always
- often
- sometimes
- never

16 How many of the adolescents you work with have difficulty in accepting responsibility for themselves, their choices, and their actions?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;  
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

17 How many of the adolescents you work with find it easy to accept responsibility for themselves, their choices, and their actions?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;  
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

18 How many of the adolescents you work with have difficulty coping with the increase in autonomy that accompanies growing up?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;  
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.
19 How many of the adolescents you work with accept increasing autonomy eagerly and with ease?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

20 When faced with a problem and knowing what to do to solve it, how many of the adolescents you work with have difficulty in motivating themselves to change?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

21 When faced with a problem and knowing what to do to solve it, how many of the adolescents you work with find it easy to motivate themselves to change?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

22 How many of the adolescents you work with feel isolated in the sense of being aware that they are ultimately alone in the world as independent, individual human beings, who must take full responsibility for their own lives?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

23 How many of the adolescents you work with feel isolated from other people, i.e. cut off from and unable to communicate with or relate to family and/or peers?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.
When adolescents feel isolated, what are the most frequent causes of their isolation?

Please rank the following suggested causes according to their significance i.e. 1 = most common cause, 2 = next most common, etc., and add any other causes (up to three) which you feel are relevant and include them in your rank order too. Put the appropriate numbers (1-15) in the spaces after each cause.

lack of parental support/interest

family problems e.g. broken/unhappy home/abuse

recent bereavement

failure at school

no friends

low self-esteem

bullying

boredom/lack of interests or hobbies

problems with peers

psychiatric illness

lack of religious faith

substance abuse/addictions

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
25 How many of the adolescents you work with lack a sense of meaning or purpose in their lives?
Please choose one of these options:
a) all;  b) almost all;  c) about three quarters;  d) about two thirds;
e) about a half;  f) about a third;  g) about a quarter;  h) very few;  i) none.

26 When adolescents lack a sense of meaning or purpose in their lives, what are the most common causes of this?
Please rank the following suggested causes according to their significance i.e. 1 = most common cause, 2 = next most common, etc., and add any other causes (up to three) which you feel are relevant and include them in your rank order too. Put the appropriate numbers (1-16) in the spaces after each cause.

lack of parental support/interest  
family problems e.g. broken/unhappy home/abuse  
recent bereavement  
failure at school  
no friends  
boredom/lack of interests or hobbies  
lack of religious faith  
uncertainty about future/career  
confusion regarding values  
substance abuse/addictions  
nihilistic pop culture  
psychiatric illness  
bullying
27 Based on your experience, which of the following four issues/areas are most significant in causing adolescent problems? Please rank according to significance i.e. 1 = most significant, 2 = next most significant etc., and place the numbers in the spaces provided.

awareness/fear of death
autonomy/responsibility for oneself
isolation
meaninglessness

28 When adolescents come to talk to you in school (ostensibly to discuss career guidance or a personal problem), to what extent (if at all) do you think they really come just to talk and have someone to listen to them? Please tick one box:
always often sometimes never

29 How important do you consider the relationship between counsellor and client in the school setting to be? Please tick one box:
very important fairly important not important

30 How many of the adolescents you work with confide or admit to having considered committing suicide (either momentarily or more seriously)? Please tick one box:
almost all many some very few none

31 How many of the adolescents you work with have attempted suicide? Please tick one box:
a few one none

32 How many of the adolescents you have worked with have actually committed suicide? Please tick one box:
a few one none
When adolescents consider or attempt suicide, what do you think are the most common causes? Please enter up to five causes in rank order according to 1 = most common cause of suicide, 2 = next most common etc.

1. 

2. 

3. 

4. 

5. 

Any further comments on questionnaire or on existential issues and adolescence:

________________________________________________________________________

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APPENDIX 8


Dear Colleague,

I am a secondary teacher and guidance counsellor, and am presently doing research at Trinity College, Dublin, where I am investigating the relevance of existential issues for adolescent counselling in Irish second-level schools. Existential issues can play a part in suicide, and since suicide among young people, especially young males, is of great concern in Ireland today, my research considers also the incidence and causes of Irish adolescent suicide.

I am conducting a survey of Irish guidance counsellors to help me establish to what extent existential issues play a part in adolescent problems in Ireland. I would be very grateful if you could spare the time (about 20 minutes) to complete the enclosed questionnaire and return it to me in the envelope provided (preferably within the next two weeks or so). The responses of fellow guidance counsellors are essential in order to make my study meaningful.

My sample consists of half the qualified and chartered members of the Institute of Guidance Counsellors, and your name has been randomly selected. The returned questionnaires will be processed by myself, and replies will be treated with complete confidentiality. Respondents' identities will not be revealed at any stage of my work. The survey results will be made available to guidance counsellors on completion of the study.

Many thanks for your help.

Yours sincerely,

Fiona Galway.
Dear Fellow Guidance Counsellor,

I am a secondary teacher and guidance counsellor, and am presently carrying out research at the School of Education, Trinity College, Dublin, where I am investigating the relevance of existential issues for adolescent counselling in Irish second-level schools. Existential issues can play a part in suicide, and since suicide among young people, especially young males, is of great concern in Ireland today, my research considers this serious problem also.

I am conducting a survey of Irish guidance counsellors to help me establish to what extent existential issues play a part in adolescent problems in Ireland today. I recently sent copies of the enclosed questionnaire to guidance counsellors, and while the initial response was encouraging, more completed questionnaires are needed in order to make the study valid. I would be grateful if you would complete the questionnaire and return it to me in the envelope provided (within the next week or so if possible). Your response will make an important contribution to the study. If you have already returned a questionnaire, then please ignore this letter, and thank you very much.

The survey sample consists of half the members of the Institute of Guidance Counsellors, whose names have been randomly selected. The returned questionnaires will be processed by myself, and replies will be treated with complete confidentiality. Respondents' identities (or that of their schools) will not be revealed at any stage of the work. The return envelopes are numbered merely so that I may keep a record of returns. The general survey results will be made available to guidance counsellors on completion of the study.

Many thanks for your help.

Yours sincerely,

Fiona Galway.
Dear Fellow Guidance Counsellor,

I am a secondary teacher and guidance counsellor, and am presently carrying out research at the School of Education, Trinity College, Dublin, where I am investigating the relevance of existential issues for adolescent counselling in Irish second-level schools. Existential issues can play a part in suicide, and since suicide among young people, especially young males, is of great concern in Ireland today, my research considers this serious problem also.

I am conducting a survey of Irish guidance counsellors to help me establish to what extent existential issues play a part in adolescent problems in Ireland today. I recently sent copies of the enclosed questionnaire to guidance counsellors, but do not believe yours has been returned yet. I would be very grateful if you would complete the questionnaire and return it to me in the envelope provided (before the end of May if possible). Each response makes a valuable contribution to the study, and yours is eagerly awaited. If you have already returned a questionnaire, then please ignore this letter, and thank you very much.

The survey sample consists of half the members of the Institute of Guidance Counsellors, whose names have been randomly selected. The returned questionnaires will be processed by myself, and replies will be treated with complete confidentiality. Respondents’ identities (or that of their schools) will not be revealed at any stage of the work. The return envelopes are numbered merely so that I may keep a record of returns. The general survey results will be made available to guidance counsellors on completion of the study.

Many thanks for your help.

Yours sincerely,

Fiona Galway.
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>death + meaningfulness + other</td>
<td>• Where students would have very low self-esteem - issues of mortality, why bother with life - are high on the agenda for these students and need to be addressed.</td>
</tr>
<tr>
<td>freedom/responsibility</td>
<td>• Responsibility for oneself is a very broad term and covers the personal developmental stages in eg. study behaviour, diet, drink etc. - these areas where pers. responsibility is the key goes right through my work.</td>
</tr>
<tr>
<td></td>
<td>• inability to take responsibility for oneself</td>
</tr>
<tr>
<td></td>
<td>• He had little sense of his personal responsibility.</td>
</tr>
<tr>
<td></td>
<td>• A major problem for many if not all adolescents is taking ownership of their own lives. They also need to come to terms with the loneliness of personal responsibility. These issues underpin a lot of adolescents' problems.</td>
</tr>
<tr>
<td></td>
<td>• Responsibility for oneself - frequently. Isolation - unfrequently.</td>
</tr>
<tr>
<td>freedom/responsibility + isolation + meaninglessness</td>
<td>• Student experiencing isolation, or seeing life as meaningless or refusing to take responsibility for self.</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>---------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>freedom/responsibility +</strong></td>
<td>• Taking responsibility for one's life. Difficulty finding a meaning for life. Difficulties with how to manage freedom.</td>
</tr>
<tr>
<td><strong>meaninglessness</strong></td>
<td></td>
</tr>
<tr>
<td><strong>freedom/responsibility +</strong></td>
<td>• Young person did not seem to fully comprehend that his actions could have consequences - issue of responsibility for self - but also linked in with poor self-esteem. Not sure if this fits!</td>
</tr>
<tr>
<td><strong>other</strong></td>
<td></td>
</tr>
<tr>
<td><strong>isolation +</strong></td>
<td>• isolation is the prime one</td>
</tr>
<tr>
<td><strong>meaninglessness</strong></td>
<td>• Extreme feelings of isolation due to a number of factors - moving to new school, new country (parents returned immigrants) - 4th yr. student - school refusal, physically ill in a.m. etc.</td>
</tr>
<tr>
<td></td>
<td>• Referred due to feelings of isolation + inability to mix + make friends.</td>
</tr>
<tr>
<td></td>
<td>• Social isolation felt where parents had moved, moved, moved, separated, drink problems - so sense of [not] belonging anywhere.</td>
</tr>
<tr>
<td><strong>depressed + isolated at home, could see no meaning or purpose in life</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• (A) A student who was being seriously bullied and who was setting himself apart from the rest of his class was experiencing isolation + revelling in it - but couldn't understand that it was a contributing part of his problem.</td>
</tr>
<tr>
<td></td>
<td>(B) Three students experiencing the same problem because they had homosexual inclinations.</td>
</tr>
<tr>
<td></td>
<td>(C) A student whose father died suddenly (he was an only child) + who couldn't see any purpose in life for about two years afterwards.</td>
</tr>
</tbody>
</table>
Code heading
(isolation + meaninglessness)

Original responses included under code heading

- Problems of isolation, meaning of life, purpose of it all - these problems frequently masked initially by other more "practical" problems ie. fighting at home, drug abuse, inappropriate sexual behaviour etc. Adolescence seemed to highlight existential issues and problems from this. Depression was the presenting factor in these cases, but many just "grew out of it" by age 17/18.

- Depression - isolation/lack of friendship. Suicide - what's the point in life.

- Not seeing any meaning in the client's life. Sometimes leading to suicidal ideation/attempts. Severely disconnected from other people.

- Depression/despair/isolation resulting from perceived lack of self-worth or purpose in life.

- Isolation

Suicidal tendencies

- The student was a 3rd yr. boy. I referred him to our Educ'l Psychologist in the Dept. of E & S. He was suffering from school phobia and isolation - was unable to face his friends in school. He did not mind adults. The problem stemmed from N-school where he had been bullied. For a yr. he managed to come to school fairly regularly and I met him once or maybe sometimes twice a week to help him cope. He would be in L. Cert. this yr. but he has failed to turn up this yr. I rang his parents and they have agreed that he is not able to cope socially so he has finished school.

- learning disability + social problems
Code heading
(isolation + other)

Original responses included under code heading

- Difficulties in coping socially in school; depressed states; lack of groundedness in reality; grief resulting from suicide/accidental deaths of friends; isolation in the school setting.

- (1) isolation - history of adoption - poor communication/mixer - difficulty controlling anger.
- (2) sexual orientation - confusion - problem with pornography known as "The King Porn" gay or not?
- (3) social exclusion - a no. of students from 12-18 stand out as being totally excluded - chosen or not due to being different or quirky!

- The psychiatric paediatrician consulted me regarding a student who was manifesting isolation + psychotic tendencies.

- one student cut her wrist, was taking drugs and seemed to be involved in occult - referred to psychologist and psychiatrist
- one student (alcoholic) referred to psychologist
- Isolation
- one student referred to psychiatrist due to family problems + depression

meaninglessness

- Suicidal thoughts or inclinations -> no purpose in life, no hope for the future, depressed + agitated.

- Three years ago I referred a 16 year old student for further help. She was suicidal and constantly referred to how meaningless life was.

- issues concerning the meaning of life - usually following a bereavement/suicide

- A student saw no point in school, had no interest in status or wealth or achievements + suffered from depression.
Original responses included under code heading

- Depression usually. Students were experiencing a sense of lostness, lack of direction, didn’t know why they felt depressed. In one case it was due to school phobia.

- Who am I? (Adoption) (Broken home) (Meaning of life)

- In 2 cases of adoption - both male (17/18) - both questioning the meaning of their existence + identity issues.

- Suicidal tendencies - questioning about purpose of life etc.

- Both cases were related to depression - both were girls - and at times could see little purpose in life.

- sexual problems
  meaning of life
  depression

- An adopted girl with considerable problems relative to adoptive parents + others. The problems manifested themselves in anti-social behaviour.

- depression, self-mutilation, suicidal tendencies

- suicide
  anorexia
  bulimia

- student whose parents were separating - another student was in foster care + had run away

- Dark side -> depression

- Low self-esteem due to trauma in the past. Dysfunctional family background.
Code heading (other)

Original responses included under code heading

- Depression
  - Suicide
  - Self-mutilation

- a student had severe behavioural problems could not cope in school

- problems part of a general depressed state

- Referrals mainly to private educational psychologists + child guidance clinics

- Where a student is exhibiting self-harming behaviour, or where suicide ideation is strong.

- using drugs, depression

- Difficulties in coping with school, family problems, attempted suicide.

- abusive behaviour by parent/other on client
  - eating disorders
  - school avoidance

- Eating disorders
  - Abuse
  - Family therapy

- An asthmatic student (aged 14) developed agoraphobia following a severe attack in school and subsequently indicated suicidal tendencies - underlying cause was repressed grief over father's death.
  - 2nd student developed severe depression due to mixing alcohol and drugs (age 16)

- Abuse, Self-confidence, Sexuality, Fear of the future + Bereavement.

- Was having problems at home - nobody liked him after his "Gran" died - had major difficulties in school.
Original responses included under code heading

- Behavioural sometimes - usually poor home background. Mainly depression.

- Dyslexia or deep behavioural problems.

- Nature of problem could vary from serious behavioural problems, eating disorders, parent separation.

- exhibitionism - explosive behaviour
  family dysfunctionism etc.
  (problems with father/mother)
  suicidal tendency

- Abuse (child, sexual)
  Family problems
  Bereavement
  Sexual identity

- Eating disorders, depression, ADD

- Referrals were made when the issue of suicide arose.

- eg. Leaving Certificate student both of whose parents died within a year of each other when student was 14 years old. Student very unbalanced, irrational, compulsive.

- Severe disruption
  Suicidal

- Family situation father committed suicide; very difficult family breakdown, eating disorder worked alongside dietician, suicidal both male/female students.

- Poor self-image
  Threat of committing suicide
  Bullying
Original responses included under code heading

- Signs of depression, anxiety attacks, eating disorders, pre-exam stress, poor self-image - all/some of these being the product of students' personal concerns.

- Addiction/Eating disorders/Depression

- Because of the number of students I work with and the little time available, I always refer students if I think long-term counselling may be needed.

- Drugs.
  Anxiety due to specific learning difficulties.
  Extreme behavioural difficulties.

- Suicide
  Anorexia nervosa

- Bereavement.
  Family dysfunction.
  Separation.

- children coming from dysfunctional families

- I find the question, the area, broad, + in truth would consider most if not all counselling issues to be ultimately Existential. Typically the problems are of low self-esteem, resentment leading to behavioural problems of an excessive, recurring nature. There was one suicide.

- Family bereavement - death, separation.
  Drug problems.
  Inability to cope - depression.

- A boy who appeared depressed, unable to reach grades which his ability should have let him get, unable to get a grip on life.

- psychotic behaviour
  self-damage
Original responses included under code heading

- Depression
  - Students have been referred by me via their GP to other services. GCs have no referral rights to outside agencies. All referrals must be with parental consent - not always available. Education psychologist in Dept. also used for referral purposes.

- Psychiatric problems
  - Depression

- Threat of suicide
  - depression/family-based problems
  - high anxiety levels
  - where necessary

- A female student was once so unhappy with people in society that she said she wanted only to work with dead people. I referred her on.

- Severe depression
  - Educational difficulties
  - Suicidal thoughts
  - Sexual abuse

- suicidal depression
  - clinical problems
  - anorexia
  - violence (experience of)
  - rape

- Behavioural problems as a result of attention deficit syndrome.

- Suicidal tendencies.
  - Depression.

- suicidal tendencies
  - behavioural problems
  - sexual abuse
  - separated parents

- fear of suicide
Original responses included under code heading

- Strong suicidal ideation and self-mutilation

- Suicide attempts
  Child abuse
  Eating disorder
  Alcohol

- depression
  anxiety
  phobia

- Anorexia
  Bereavement
  Parental separation
  Parental alcoholism

- classmates of suicide victim - coming to terms with same trying to encourage positivity into their lives bullying

- Inability to cope; lethargic - demotivated.

- The student was in counselling (for “attempting” to seduce a younger boy) but wanted to talk to “me” as a counsellor and I had to act as a go-between.

- Students with severe ongoing depression or anxiety who needed more than the counselling support that I could possibly offer ie. in danger of breakdown.
### QUESTION 33 - DATA REDUCTION CODE

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>abuse</td>
<td>• abuse</td>
</tr>
<tr>
<td></td>
<td>• abuse - physical/mental</td>
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<tr>
<td></td>
<td>• abuse - sexual</td>
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<tr>
<td></td>
<td>• abuse - sexual, physical etc.</td>
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<tr>
<td></td>
<td>• abuse/neglect as a child</td>
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<tr>
<td></td>
<td>• problems of abuse</td>
</tr>
<tr>
<td></td>
<td>• sexual abuse</td>
</tr>
<tr>
<td>adoption-related</td>
<td>• if they find out they are adopted</td>
</tr>
<tr>
<td></td>
<td>• some vacuum in the past eg. adoption</td>
</tr>
<tr>
<td></td>
<td>discovery, need to be loved, cherished</td>
</tr>
<tr>
<td>alcohol/drugs</td>
<td>• abuse of alcohol</td>
</tr>
<tr>
<td></td>
<td>• addiction (drugs or alcohol)</td>
</tr>
<tr>
<td></td>
<td>• addiction especially alcohol or even heavy</td>
</tr>
<tr>
<td></td>
<td>social drinking</td>
</tr>
<tr>
<td></td>
<td>• alcohol and drug abuse</td>
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<tr>
<td></td>
<td>• alcohol and substance abuse</td>
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<td>• alcohol/drug abuse</td>
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<td></td>
<td>• alcohol/drugs</td>
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<tr>
<td></td>
<td>• alcoholism/drugs</td>
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<tr>
<td></td>
<td>• alcohol/substance abuse/overuse</td>
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<tr>
<td></td>
<td>• dabbling with drugs</td>
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<tr>
<td></td>
<td>• depression from substance abuse</td>
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<tr>
<td></td>
<td>• drink - drugs</td>
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<tr>
<td></td>
<td>• drink - drugs - peer pressure</td>
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<tr>
<td></td>
<td>• drug abuse</td>
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<tr>
<td></td>
<td>• drug/alcohol abuse</td>
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<tr>
<td></td>
<td>• drug/drink abuse</td>
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<tr>
<td></td>
<td>• drug related</td>
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<tr>
<td></td>
<td>• drugs</td>
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<tr>
<td></td>
<td>• drugs and alcohol</td>
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<tr>
<td></td>
<td>• mind-altering drugs</td>
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<tr>
<td></td>
<td>• mood-altering drugs (including alcohol)</td>
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<tr>
<td></td>
<td>• substance abuse</td>
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<tr>
<td></td>
<td>• substance abuse - mainly alcohol</td>
</tr>
<tr>
<td></td>
<td>• substance abuse or addictions</td>
</tr>
<tr>
<td></td>
<td>• substance misuse including alcohol</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>------------------------------</td>
<td>----------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| bereavement                  | • bereavement  
• grief/loss  
• loss  
• someone belonging to them has died                                                                 |
| bullying                     | • being bullied  
• being bullied by peers  
• bullying  
• bullying (in school or by a parent)  
• bullying (severe)                                                                 |
| copycat                      | • “copycat” - especially thoughts of suicide, if a peer attempts it  
• “copycat” mentality  
• following example of others who were successful - this is evident in pockets of the country  
• peer pressure - if friends have tried it  
• seeing someone they know or are close to attempting suicide                                                                 |
| crisis/trauma                | • crisis  
• difficulty dealing with a decision eg. recent abortion  
• panic  
• traumatic event                                                                 |
| cry for help/attention-seeking| • a cry for help  
• attention  
• attention-seeking  
• attention-seeking as a cry for help due to some serious cause (abuse)  
• attention-seeking - but unable to ask for help in a better way  
• attention-seeking to highlight what’s “wrong” eg. in home (a cry for help)  
• cry for help  
• cry for help gone wrong (attempt which wasn’t supposed to work but did)  
• needing attention from parents or other  
• seeking help/attention  
• take notice of me                                                                 |
| death preoccupation          | • awareness/fear of death  
• desire to die                                                                 |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (death preoccupation)| • glorification/glamourisation of death in pop culture, teenage movies etc.  
                                 • preoccupation with death in music and art |
| depression           | • caught in a rut  
                                 • clinical depression  
                                 • deep depression  
                                 • depressed  
                                 • depression  
                                 • depression and frustration at the same time  
                                 • depression arising from various situations where they experience powerlessness  
                                 • depressive illness  
                                 • depression/psychache  
                                 • depression/psychiatric |
| emotional/psychological problems | • anger  
                                 • anxiety  
                                 • confusion  
                                 • deep, unresolved anger  
                                 • emotional inexpressiveness  
                                 • frustration  
                                 • frustration/agitation  
                                 • frustration about many issues - cannot tolerate what is  
                                 • insecurity  
                                 • intense feelings  
                                 • personal problems (eg. psychological)  
                                 • unmet needs - where do you begin/end? |
| escapism             | • a way out of the pain of living  
                                 • escapism  
                                 • solve all their problems  
                                 • they believe it is the best/only solution to the situation as they see it |
| failure              | • can't live up to others' expectations of them, particularly family/parents  
                                 • failure  
                                 • failure at school  
                                 • failure/parental pressure  
                                 • failure to live up to parents' expectations  
                                 • failure to meet cherished goal |
Code heading
(failure)

Original responses included under code heading

- failure to meet parents/or own academic expectations
- falling short of unreasonably high standards/expectations set by themselves
- fear of failure
- impulsive attempt to deal with failure in general
- lack of educational success
- non-achieving
- unable to cope with failure of any kind

family/home problems

- anger with parents
- breakdown in communication in family
- complete breakdown of relationship with parents
- difficult home
- difficulties at home/lack of support
- difficulties with relationships with parents
- disputes with parents
- domestic/home problems
- dysfunctional families
- family abusive situations
- family background (separation)
- family breakdown
- family breakdown/emotional trauma
- family breakdown - lack of stability in their lives
- family break-up
- family circumstances where there are no boundaries
- family disruption
- family history
- family issues
- family problems
- family problems - alcohol big factor here
- family problems - broken, unhappy homes
- family relationship/anger
- family trauma
- home environment
- home problems
- home/family problems
- impulsive attempt to deal with overbearing parents
- lack of family communication and support
- lack of family support
- lack of interest from parents
Code heading
(family/home problems)

Original responses included under code heading

- lack of love at home
- lack of parental support
- lack of parental support or interest
- lack of support/parents
- love/understanding not shown by parents
- marriage break-up
- one parent too strict - a bullying parent
- parental conflict
- parental dysfunction
- parental problems (aloneness)
- parental rejection
- parental separation
- poor communication with parents
- poor family support
- problems in the home
- problems with family
- rejection at home
- severe family problems
- too little parental control
- too much parental control
- unable to communicate with parents
- very poor parental care and support

fear

- fear
- fear of not forming significant relationships
- feelings of fear

fear of future

- fear: life after 18 years!!
- fear of future/failure
- fear of the future
- fear of the future/future seeming bleak
- uncertainty about their future

financial problems

- money worries
- unemployment and financial problems

freedom/responsibility issues

- autonomy/responsibility for oneself
- fear of independence - of being unable to cope alone
- inability to face future - make decisions, leave home
- lack of/excessive autonomy
- the notion of individual choice
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(freedom/responsibility issues)</td>
<td>• too much autonomy in decision-making at a young age</td>
</tr>
<tr>
<td>hopelessness/despair</td>
<td>• an inability to see any solution to their problems</td>
</tr>
<tr>
<td></td>
<td>• bleak future</td>
</tr>
<tr>
<td></td>
<td>• can see no solution to problems</td>
</tr>
<tr>
<td></td>
<td>• despair</td>
</tr>
<tr>
<td></td>
<td>• difficulties with no solution</td>
</tr>
<tr>
<td></td>
<td>• difficulty seeing a way forward from a problem</td>
</tr>
<tr>
<td></td>
<td>• don’t see a solution to their problems</td>
</tr>
<tr>
<td></td>
<td>• feelings of despair and “what’s it all for?”</td>
</tr>
<tr>
<td></td>
<td>• feeling of hopelessness</td>
</tr>
<tr>
<td></td>
<td>• have lost hope</td>
</tr>
<tr>
<td></td>
<td>• hopelessness</td>
</tr>
<tr>
<td></td>
<td>• hopelessness/despair</td>
</tr>
<tr>
<td></td>
<td>• hopelessness - little meaning or purpose to their lives</td>
</tr>
<tr>
<td></td>
<td>• hopelessness - see no way forward</td>
</tr>
<tr>
<td></td>
<td>• inability to see chances</td>
</tr>
<tr>
<td></td>
<td>• lack of good positive vibes for the future</td>
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<td></td>
<td>• lack of hope about their own life</td>
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<tr>
<td></td>
<td>• no chance of ever achieving</td>
</tr>
<tr>
<td></td>
<td>• no solution to their problem</td>
</tr>
<tr>
<td></td>
<td>• no way out of a situation</td>
</tr>
<tr>
<td></td>
<td>• see no future/hope - no way out of problems</td>
</tr>
<tr>
<td></td>
<td>• sense of hopelessness</td>
</tr>
<tr>
<td>inability to cope</td>
<td>• being overwhelmed by inability to cope</td>
</tr>
<tr>
<td></td>
<td>• cannot cope - with either home, school, or growing up</td>
</tr>
<tr>
<td></td>
<td>• feelings of can’t cope with life</td>
</tr>
<tr>
<td></td>
<td>• helplessness (learned or otherwise)</td>
</tr>
<tr>
<td></td>
<td>• inability to cope</td>
</tr>
<tr>
<td></td>
<td>• inability to cope - desperation</td>
</tr>
<tr>
<td></td>
<td>• inability to cope - socially, at work, college etc.</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with an issue eg. abuse, exams</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with life</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with modern life’s demands</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with pressure of life</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with problems</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with schoolwork</td>
</tr>
<tr>
<td></td>
<td>• inability to cope with setbacks of sometimes minor nature</td>
</tr>
</tbody>
</table>
Code heading

(inability to cope)

Original responses included under code heading

- inability to think abstractly in crisis and depression
- lack of problem-solving abilities
- losing the ability to cope
- not able to cope with life
- not able to cope with problems and not seeing a way out
- not able to cope with school
- overwhelmed by range of problems
- personal problems - we will never really know why
- poor coping skills
- powerlessness
- seeing no other option in dealing with their problems
- things on top of them
- unable to cope with problems
- unable to cope with their personal problems
- unable to find the “middle ground,” accept the ups and downs

isolation

- alienation
- exclusion/isolation
- failure to communicate
- feel isolated
- feeling alone
- feeling different to others
- feeling isolated
- feeling of isolation
- feelings of loneliness and isolation
- feelings of not being understood
- feelings of rejection leading to isolation
- feeling unloved/unlovable
- feel unsupported/uncared for
- feeling unwanted
- feels no-one cares about them
- inability to communicate
- isolation
- isolation/aloneness
- isolation (can’t communicate with family/friends)
- isolation - can’t tune in
- isolation/confusion
- isolation - depression
- isolation - feel alone
Code heading
(isolation)

Original responses included under code heading

- isolation from family/peers
- isolation - issues become enlarged and unbearable
- isolation/lack of friends
- isolation/loneliness
- isolation - nobody to talk to
- isolation - no-one to talk to - who will understand
- isolation - no support at home/no friends
- isolation/pain of being alone
- isolation (poor family support and communication skills)
- isolation - self-imposed - from others
- lack of a close confidant(e) in their lives
- lack of connection/relationship
- lack of friends
- lack of friends (loneliness)
- lack of friendships - close and extended circle
- lack of love/support
- lack of peer/parental support
- lack of real love in their lives
- lack of relationship or isolation
- lack of sense of belonging and part of a group (peer)
- lack of support
- loneliness
- nobody cares about them
- “nobody told me lately that they loved me”
- nobody eg. parents in particular reached out in a meaningful personal way
- no friends
- no-one cares
- “no-one cares” (lack of support)
- no-one to listen to
- no-one to talk to
- no-one to whom they feel they can talk
- no person to whom they can turn
- no significant others in their lives
- not able to communicate
- not being sure where they “fit in”
- not “fitting in” in various contexts
- over-awareness of the solitary nature of human existence
- perceived isolation
Code heading Original responses included under code heading

(isolation) • poor communication
• powerlessness or alienation - feeling isolated
• rejection
• sense of being misunderstood (by parents/teachers)
• sense of isolation - feeling disconnected from those around them
• sense of not belonging
• sense that no-one cares or understands me
• severe isolation (family and friends)
• social failure
• “they wouldn’t believe me”
• unable to confide in someone

lack of religious faith/spirituality • faithlessness
• lack of faith
• lack of inner spiritual resources and problem-solving skills
• lack of religious belief
• lack of religious faith
• lack of religious focus
• lack/loss of spiritual reality
• no faith in God
• no religious faith - one cannot accept a loving God, if one has not experienced a loving parent
• no religious fallback procedures

lack of values • confusion regarding values
• decline of religious values
• lack of anchors (values, religion)
• lack of value of life
• no sense of values
• values

low self-esteem • bad self-image
• believing their lives are of little value and nobody will miss them
• extremely low self-esteem
• fall-off in confidence
• feel a failure
• feeling inadequate - not doing as well as rest of family in study/career
• feeling of failure
(low self-esteem)

- feeling worthless
- feelings of failure
- feelings of worthlessness
- feel of no value in self
- they feel they are failures
- "I'm fat, thick, and stupid"
- inability to believe that they are worthwhile
- lack of confidence
- lack of self-esteem
- lack of self-confidence
- lack of self-worth
- lack of sense of pride in achievement and good self-esteem
- low self-esteem
- low self-esteem - confidence
- low self-image and self-esteem
- low or no self-esteem
- low self-worth/esteem
- no self-esteem
- perceived lack of success
- poor self-esteem
- poor self-esteem - particularly in ability to relate (perceived or actual)
- see themselves as a failure
- self-esteem problems - various reasons - sexuality issues loom largely for boys
- self-hatred
- sense of failure
- sense of worthlessness
- unsure of themselves and who they are
- want to kill something in themselves they hate
- meaninglessness/lack of purpose

- anomie
- can find no reason to go on
- cannot see any purpose in life
- fall-off in meaningfulness of existence
- future (futility)
- lack of any sense of purpose
- lack of meaning
- lack of purpose
- lack of reason to live
- lack of sense of purpose in life
- lack of worthwhile interests
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
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</thead>
</table>
| (meaninglessness/lack of purpose) | • life has no purpose - so it's best to end it  
• life is meaningless  
• life is meaningless - lack of purpose  
• loss of meaning and purpose in life  
• meaningless life, future  
• meaninglessness  
• meaninglessness/hopelessness  
• meaninglessness of life  
• nihilism  
• no focus for future  
• no goals  
• no goal to aim towards  
• no meaning to life - no future plans  
• no purpose in life  
• no purpose to life  
• no sense of purpose  
• nothing to live for  
• see no reason to live - goal-less  
• seeing no purpose in living  
• sense of futility about life  
• uselessness of their lives  
• "what's the point of going on?" |
| peer problems | • difficulties with peer relationships  
• difficulty with making friends  
• feeling isolated from peers  
• loss of friends  
• not being accepted by peers  
• peer difficulties  
• peer pressure  
• peer problems  
• problems with friends  
• problems with peers  
• problems with peers/bullying  
• some immediate problem with peers |
| poor support structures | • failure of community to identify those at risk  
• lack of awareness of support systems  
• lack of community help stations  
• no known support groups |
| pressure/stress | • academic pressure  
• exam pressure |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (pressure/stress)            | • exam pressures caused by parental expectation  
• exam/job pressures  
• exam stress the final straw  
• family/peer pressures  
• parental pressure  
• parental pressure ie. exams etc.  
• pressure  
• pressure - family/exams  
• pressure from parents  
• pressure from self - high expectations - unable to reach them  
• stress  
• stress - feelings of “I cannot take it anymore” - family/school etc.  
• stress - lack of coping skills  
• stress over exams - fear of not reaching their own or others’ expectations  
• study/exam pressure  
• too much pressure - exam/peer pressure  

| psychiatric illness         | • genetic link  
• hereditary factors and environment combined  
• illness: eating disorders/psychiatric  
• mental illness  
• psychiatric disorders  
• psychiatric illness  
• psychiatric illness/depression  
• psychiatric illness with family history of disorder  
• underlying psychiatric condition  

| relationship problems       | • boyfriend/girlfriend problems  
• breakdown in relationships  
• breaking up a relationship  
• break-up of boy/girl relationship  
• break-up of relationship  
• broken relationship  
• broken relationships  
• difficulty with a boy/girl relationship  
• failed relationships  
• impulsive attempt to deal with a relationship breakdown  
• love problems girl/boyfriends  
• relationship break-up  
• relationship broken up  

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (relationship problems)         | • relationship failures: family/peer/love  
• relationships going wrong  
• relationship problems  
• relationships  
• sexual relations |
| sexuality issues                | • confusion regarding sexual orientation  
(epecially boys)  
• depression caused by the fact that a girl was, and is, a lesbian  
• sexual confusion  
• sexual identity  
• sexual identity issues  
• sexual orientation  
• sexual orientation problems  
• sexuality |
| unhappiness                     | • acute emotional pain  
• mental pain  
• planned ending to a life of unbearable misery  
• sadness  
• unhappiness at home or at school  
• unhappiness caused by conflict |
| other                          | • health worries  
• impulse  
• impulsive attempt to “revenge” [avenge] someone who has let them down  
• lack of initiative  
• trouble with the law |
Q'aire Q. no.  Comment

5 34 Low self-esteem and problems with communicating and sharing innermost fears and inadequacies seems to me to be the key issue. Learning basic coping and problem-solving strategies may be of help irrespective of the technique employed. The training received by guidance counsellors is pathetic in regard to counselling suicidal students and needs to be urgently revised in light of the numbers of young males dying by their own hand.

6 34 It is really only in the senior cycle that students are able to articulate existential problems well.

8 34 Suicide is a fairly regular occurrence in this isolated very rural community. Sometimes there is a psychiatric reason or a link to family psychiatric history. None of the suicides (1980-2000) were of school-goers, but almost all were past pupils. There is community awareness about suicide but more programmes of a preventive nature would help. It is very difficult to identify those at risk in advance of the suicide attempt. I feel the school network is supportive while young people are at school; dramatic changes occur when students leave this secure environment.

21 34 Parents male and female do not have the necessary parenting skills eg. good communication skills. Parents should be talking in a meaningful way with their children all the time. Too many parents have their own personal and emotional problems and are rather selfish. Children spend too much time on their own - they are home alone until 7 p.m. - they are home alone during the summer and they wander aimlessly from house to house, from fags to cans etc. Men are a disaster in the communications area - they talk sport. Their sons have other needs. During my teenagers' (two boys) education in second level they never got the opportunity to chat/talk about their emotions, their feelings, their desires, their sexuality etc. Those who run/ran boys' second level schools have to take responsibility for the high rate of suicide among young men.
Statistics show that in boys' schools, sex education if any is taught by female teachers. Male teachers are still skipping "the pages" in R. E. books and biology books.

Questions 18-23 inclusive: My experience is that adolescents are in transition so today they fear autonomy and tomorrow they seek it and at some later date they fear it again. I consider this state of transition is relevant in all questions 18-23. In question 24 I would regard low self esteem and psychiatric illness, substance abuse and addiction as consequences of feeling isolated in many cases.

Best of luck, Fiona, with your work. It has taken me 40 minutes! - to fill in questionnaire.
Fiona - This is personal! I find it very difficult to see the verb "commit" used in relation to suicide. I think it connotes such moral overtones for me. I have known many personally who have been bereaved by suicide in their family and when I chat with them they all have had difficulty with the use of this word. They experience it as harsh, and judgemental, when they need to hear a message of hope for their loved ones. Thank you.

- Unpredictability of future - family, job/career.
- Influence of mass media.
- Poverty traps/cycles.
- Confusion re values.

Very comprehensive questionnaire. Good luck with your research.

The school system does not really encourage discussions on the meaning of life. A lot depends on the personality of the Religion teacher who may generate interesting discussions. P.S. Your last questionnaire got buried in a mountain of paperwork - apologies!

The "never" option in question 12 arose from the fact that such issues, articulate or inarticulate, were quite often part of the overall context of counselling.

Would be more often if there were more time for counselling.

Too much overlap and demands for differentiation!
Their lives are too busy between school, work, social affairs and struggling to “achieve” in various areas of their lives that such important issues as are raised in this questionnaire have literally no space to come into conscious awareness and motivate to work through in their own way, in their own time or in contexts conducive to the exploration of these issues.

In suicidal cases there are usually so many intertwined causes that ranking is difficult.
I have rarely looked to existential issues in my counselling. I shall focus more on this area in the future.
Good luck in your research.

There is a schools liaison teacher in this school who deals with students who have different problems, temporary difficulties. My time is spent with Leaving Cert. generally.

I answered the survey based on my dealings with the whole school body of 420 students. Sorry for delay in returning questionnaire!
Good luck with study.

Our adolescents have been indoctrinated with “soap” culture from a very early age (6 yrs.+). They now hold traditional values of Australian teen culture.

It has made me realise how much I have moved away from an existential model and towards a psychoanalytic model of interpreting the problems I encounter. I think there is a great deal of interdependence. Oedipal crises, when unsatisfactorily resolved, sensitise the adolescent to existential issues and both need to be addressed because once one experiences meaninglessness, whatever the cause, it will continue to exist in the mind. You cannot un-know meaninglessness, once known you can only learn to cope with it. Yes, I think meaninglessness underlies a great deal of adolescent problems but we live in a culture which regards the pursuit of happiness as more important than the pursuit of meaning.

1) Majority of middle-class students and parents are interested and motivated.
2) Stress of country children leaving home for college underestimated.
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| (80)        | (34) | 3) Suicide rates among boys can be alarming - often hard to spot it coming.  
               4) Points race very stressful - so many are being grinded outside school - more pressure.  
               5) Children and teenagers mainly happy in school and quite like it. |
| 84          | 26  | Impossible to answer - the causes keep changing. For example, “uncertainty about future/career” was far more an issue up to about five years ago. |
| 34          |     | This is a very difficult questionnaire for me to answer. In my experience, young people change over their six years in school, can go through temporary bad patches, feel despair about exams., loss of boyfriends, parental separation etc. etc. Formerly, where there was woeful poverty in my school, issues were different. If you have the privilege of getting to know someone for six years of her life, you are always aware of ups and downs in their lives but in general, most of the pupils are happy and not too concerned about mortality etc. A sixth-year [student] of 1999 was killed and this occasioned great trauma among her peers. |
| 86          | 34  | The group I have based most of my responses on are a group of young people who have left mainstream second-level education. Good luck with your research. |
| 88          | 34  | A practical survey e.g. interview with a cross-section of counsellors plus statistical data would be more convincing than making judgements or comments on a form-filling-in exercise. Counselling is multi-faceted and not conducive to statistics - only in a limited way - to record facts - not as a diagnostic tool to determine counselling practices i.e. therapeutic. This survey is confusing - it is trying to analyse cause and remedy in one questionnaire. |
| 91          | 34  | I hate filling in questionnaires! |
| 92          | 34  | Having spent 25 years as a Guidance Counsellor in a variety of school settings, I feel the role of Counsellor as opposed to Career Guidance is misunderstood. The difficulties facing Counsellors in schools - suicide, para-suicide, students |
Qaire Q. no. Comments

(92) (34) presenting with depression, sexual abuse/physical abuse etc. are part of the day/day problems facing Counsellors in a situation where the support service are sometimes quite inadequate and the task for the Counsellor may be quite daunting. I also feel the Diploma in Career Guidance and Counselling does not adequately prepare someone who may be faced with these problems. A background in Applied Psychology is of some help - however I still love the job! Good luck in your research.

93 9 Very difficult to quantify. Such issues were part of ongoing discussions.

16 Impossible to quantify: It changes over the course of counselling. It depends on the issue.

17 (a) in some situations; (i) in other situations.

23 It depends on the level of communication/relationship you are talking about. Very few would experience total isolation, most would have some sense of superficial communication with peers or family. The deeper you go, the smaller the number.

25 Most have their own meaning and purpose.

34 The questionnaire was problematic for me - trying to quantify the issues seemed impossible without a specific research method to do it!

Is counselling an existential art? All we have is the being/non-being in the moment and the meaning therein. That's what we work with, even if the adolescent has no conscious awareness of or words to express his existential reality.

Best of luck with the research.

97 34 I don't generally find any morbid fears of death among students.

Alcohol abuse is becoming an increasing problem.

100 34 Nowadays, it seems to me that there is less respect out there for schooling in general. While schools are frantically trying to hold on to and develop the concept of holism in relation to education, much less support is coming from parents in support of this idea. This shows itself in frequent absenteeism, lack of
Q'aire Q. no. Comments

(100) (34) punctuality, inappropriate and aggressive use of language and a general air of casualness. This approach leads to lack of consistency for the young person, fragmentation, and a lack of structures. As a result, young people are sometimes left bereft, and without a feeling that they have a foothold in the world.

105 34 In general it is difficult to categorise causes of problems and methods used in counselling them into the order as you have asked for. Often there are a few presenting problems with a few approaches in dealing with them e.g. when one fails try another line.

108 24 This [lack of religious faith] does not apply to young adolescents in any meaningful way usually.

27 Mine don’t operate at such a level.

109 34 Some of the existential issues mentioned in the questionnaire are factors in young people’s difficulties, though not the presenting issue. Often, in the guidance counselling situation, the lack of time and an appropriate safe space make deeper work difficult. I have also a postgraduate counselling diploma and... personal work done in the counselling area. I feel without this my work would be impoverished, and I’d welcome lots more in-service training and support. Referral is not satisfactory - there's not enough humanistic support available.

113 9 Emerged through various stages, but indirectly.

11 As philosophy permeating practical steps to recovery.

12 They usually present in a more immediate form.

14 Indirectly when speaking of bereavement or loss of family/friend. Never as fear only concerning themselves. Death rarely presented as issue concerning individual student. Rarely speak of fear of own death.

22 (b) but are not incapacitated by the thought/feeling.

29 Others fill this role informally.

34 People at this stage seem like older versions. The existential
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<tr>
<td>(113) (34)</td>
<td>problems beset “adults” and adolescents in much the same way; a smaller number seem to have a heightened awareness of their “human condition” while the majority get on with “acting”/behaving/doing.</td>
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<tr>
<td>115</td>
<td>Sincere apologies for not dealing with this when requested. Good luck with the correlation of material.</td>
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<tr>
<td>117 20</td>
<td>Boys especially. Won’t study due to part-time work/girlfriends.</td>
</tr>
<tr>
<td>22</td>
<td>I haven’t come across teenagers who think like this!</td>
</tr>
<tr>
<td>24</td>
<td>I would see this [lack of religious faith] as a significant cause of a pupil not being able to weather a crisis - no strong roots. They would not see lack of faith as a cause.</td>
</tr>
<tr>
<td>26</td>
<td>I find it hard to rate both of these [“lack of religious faith” and “nihilistic pop culture”]. I would see both having an influence in a small number of students. I had two male students this year who worried me re their “pop” backgrounds. One wanted a career in making horror videos, another had the morbidity of heavy metal music.</td>
</tr>
<tr>
<td>34</td>
<td>The phrasing of some of your questions made it difficult to answer them (e.g. 8).</td>
</tr>
<tr>
<td>120 33</td>
<td>We will never really know why.</td>
</tr>
<tr>
<td>124 34</td>
<td>Confusing with what is portrayed on TV and what is reality. TV has taken up a lot of the “social side” of a student’s life. Even in rural areas the TV culture is great and has deeply influenced their concept of “reality.”</td>
</tr>
<tr>
<td>125 18</td>
<td>I think they have difficulty - they often don’t.</td>
</tr>
<tr>
<td>27</td>
<td>I would not list any of these as the biggest cause of problems, but of the four you have given, I will answer.</td>
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| 34           | Yes - with the changing nature of the school, especially the huge increase in Post Leaving Cert. courses, the time demand on one is rapidly becoming more and more guidance orientated. I have less and less contact with the Junior School, so I find that my relationships with students are not built up over
Q’aire Q.
no.     no.

Comments

(125) (34) years as they were in the past. I also find that I am now very often referring cases to outside agencies as I have less time to work with individual students. I do believe that there are major existential issues which need dealing with - we do the best we can by running small group sessions with the help of . . . Counselling Centre. I don’t think it is anywhere near adequate.

132 24 I think this [substance abuse/addictions] becomes the escape or comfort.

34 I believe the breakdown of Church, Family, and State Institutions as role models and providers of values leaves many adolescents without supports in times of crisis. I think this is further exacerbated by their exposure through TV of a questioning of and ridicule of all accepted values. This, in my opinion, forces adolescents to establish their own values at an age when they are not equipped - emotionally, socially, or experientially to do so.

134 34 - Parental interest, in adolescent’s life, very important.
- Family involvement and communication with parents is vital to happiness in teenage years.
- Sense of identity with peer group as well as feeling of being valued and accepted in the home is very important.
- Too much criticism and negativity from school and home is very damaging to young person and results in alienation from adults who should have significant influence in young person’s life.

140 18 I would say that everyone experiences some level of difficulty, but one quarter of students come to the attention of teachers and would benefit from counselling if the resources were available.

25 I expect that most people experience such feelings more/less frequently throughout their lives. Relatively few would feel that way constantly.

33 I really do not know. But I suspect that a problem which is not sorted out to some degree of satisfaction may grow and develop, may lead the student into difficulties in other areas of life. Eventually the magnitude of the rejection/neg. feedback
Q'aire Q. no. no. Comments

(140) (33) that (s)he receives is such that (s)he can see no other solution. Any attempt to answer this question would be pure speculation and therefore likely to contaminate the opinions of informed practitioners in this area.

34 I strongly believe that a commitment to a religion or religious values/human values or to acting conscientiously is essential to human happiness.

143 16 (d) generally the younger ones up to 14 sometimes 15.

17 At L.C. level (b), at 1st, 2nd yr. (h).

18 (d) again up to 16, generally quite good. Varies with home setup as well. Need to learn how to use autonomy.

19 (f) young, older (c).

21 (g) especially in behaviour terms - other areas, more.

22 (e) but (g) it really affects.

23 (e) from family, (f) from peers - this affects them most.

34 Can be very much caught in the present and need answers, solutions now. Do not want to work at something or wait. Immediate gratification.

145 34 None - a fairly comprehensive questionnaire.

149 34 I do 99% of my work here in the careers and general guidance area, rather than specific counselling. Therefore, I am not the most suitable person to answer a survey of this type. Good luck with your efforts and hope this reply is of some help to you.

151 [PLC so not included in survey but comments relevant]

13 Meaning and purpose of life (more intellectual/academic students).

27 Students I work with now in PLC less concerned with these issues [death, autonomy/responsibility, isolation, meaninglessness] than second-level students I worked with in
I work with students who follow courses in Leisure Mgt., Tourism Mgt., Social Stud., Business and Legal Stud., Computer Stud., Art, Drama, Stage Craft, Childcare and Nursing Stud. Their problems seem to be very much day to day - managing time i.e. paid work, work exp., attending lectures and getting their projects in on time - navigating the city's drastic traffic, coping with long travel - accommodation has become so difficult to find and so expensive many choose to spend hours on buses and trains. My non-EU students encounter ghastly accommodation problems, racist attacks.

Each individual different and different set of circumstances.

Every person is different and theoretically any of causes Q. 26.

Best of luck with your work.

Suggested causes are good but I am not happy with the order in which I have placed them, as this will depend on the circumstances of each adolescent.

This question not answered because I feel that ranking in a certain order would not be meaningful because individual circumstances will vary so much.

Very long.

Good luck with research, Fiona.

I would like to discuss these issues raised in an existential format with my students. I am not fully acquainted with the methodology.

Hard to answer using these options.

The referral problem may be defined as "social skills problems" but the underlying issue may be the profound personal loneliness of a child who receives little affection.

I believe that this type of loneliness is there but most teenagers would be aware of its pain but not of what it is.
The truth is that adult society's failure to recognise the birth of a new society in its adolescents is the primary cause of adolescents' problems (in my opinion).

A philosophical analysis of people's problems cannot be divorced from the more practical issues of psycho-social well-being, life skills and so on. Teenagers huddle together in the sub-culture of their peers as they make the transition from children of one generation to owners of the next. Nobody could be more existential in the sense of "being out of." If we increase our sensitivity to the loneliness that accompanies this journey then we will be better able to encourage the development and skills they need.

It's very hard to separate them out as so often they are interlinked and it's hard to tell the cause/effect.

In places I have put two answers - the first is in relation to the whole school and the second is in relation to the students in the school that I see on a one-to-one basis. I do not see as many as I would like to see or as often as I would like to see them. But obviously for those I do see the %s will be skewed upwards. Best of luck with your studies and the collation of all this info. I've been there and know just what hard work it is!

Family breakdown is a major issue for young people - in particular the circumstances of the breakdown - teenagers caught between warring parents - forced to choose who to live with. Teenagers are also deeply hurt if one parent then loses contact or if a parent proves unreliable in their contacts. This issue dominates in my opinion all other aspects of their lives.

A quarter would be 270 students! There is a big gap between 270 and "very few."

I do not have experience of this issue to comment on the causes.

I work in a school in an extremely disadvantaged area. The main thrust of my work is to help support students to stay at school. The questions in the questionnaire seem very cerebral.
Q'aire Q. no. no. Comments

231 34 Apologies for delay - questions required intense concentration to complete. Good luck in your study.

236 23 (g) - these not all the time but in certain circumstances yes.
25 (g) - but not all the time.
27 I would be tempted to rank these [perceived isolation and meaninglessness] equally.
34 I found 24 and 26 difficult as many of the causes I would rank equally. I was comfortable ranking the top 4/5, the others would be pretty much equal. Good luck with the research. I look forward to the results.

237 16 (c/d) at the beginning of counselling. This sense of self-responsibility becomes much better with counselling.
17 With counselling, client-students become more aware of their self-responsibility.
18 With counselling, their autonomy increases with increased self-worth and self-acceptance.
19 With counselling, such acceptance grows significantly from (f) to (b).
20 Again with counselling over a period of time personal motivation increases from (g) to (b).
21 Depends on length of time the student has been in counselling.
22 (g) - students realise the significance of appropriate other-person support as well as self-support through counselling.
23 (e) - again ability to communicate or realisation that parents may not be supportive and that the individual student needs to trust her own self-awareness increase with counselling.
34 The extent to which adolescents suffer anxiety/stress and may become depressed is not adequately observed by parents, teachers, or guidance counsellors.
Q'aire Q.
no. no. Comments

(237) (34) The whole issue of teenage depression is not coherently dealt with. It is avoided and/or minimalised. The debate on medication/counselling and therapy needs to be held and explored and normalised. It is fundamental to adolescent health and certainly more significant than academic progress. Thanks.

238 34 Fiona, I found some questions a little confusing. Hope this is of some help to you.

245 11 “Very important” - as part of Reality Therapy (responsibility for oneself).

246 34 It was extremely difficult to give precise indications.

250 28 Girls more so than boys!

34 In a number of suicides that I reflected on, the above issues were relevant but all seemed to have some element of “strain” in family relationships or isolation of some kind deeply within. Please excuse delay in returning this. I have been out sick and just received it yesterday. Best wishes with the thesis!

257 11 “Not important” - under 13/14.
“Fairly important” - 15/16.
“Very important” - 17/18.
Becoming more important as they get older.

26 “No friends” - this can be the outcome, not the cause. Sometimes it is difficult to establish the causes - very difficult to put an order here. I have made an order but I don’t think it’s valid.

34 Difficult to rank reasons/causes. It is rarely just the one thing but a whole constellation of factors (e.g. no. 24,26). Sometimes the cause could be the outcome e.g. Q. no. 26 (no friends), boredom?
I filled this in very quickly - I hope that it is of use to you. Good luck with your research. I will be interested in the findings.

259 Fiona, Well done on your questionnaire. Is there any chance you could send me your results, as I am very interested. My
Q'aire Q.
no.    no.  Comments

(259)  name is . . . . If it's confidential, I understand. Thanks.

34  Not everyone feels isolated and lonely.
Is there anywhere, where help can be got for attempted suicide cases? Is there a family support system for parents/friends of suicide victims? Existential therapy is difficult for students with poor communication skills. They may not be able to verbalise emotions.
Adolescents don't like being asked "how do you feel?"
Existential conflicts do exist for all teenagers, but I don't think "fear of death" is a real issue, unless dealing with suicide.
Can this therapy be used on early school leavers?

265 24  Not sure about this [lack of religious faith] - as adolescents are spiritual but so few of them today belong to any church - which is a pity because a definite religious focus would help them.

34  Families in trouble, parents unable to cope - parents giving too much freedom to teenagers and not showing enough interest in them; giving them too much. Material things and not enough time/love.
Parenting is the important role in life and there is no preparation for it! Parenting courses should be available in all maternity hospitals - it's too late when the children come to school.

272 34  Hope I'm not too late sending this back.
Good luck with the venture.

277 34  In my opinion a lot of adolescents are too intent with living rather than heading off into unanswerable questions. In groups they rarely acknowledge it unless some tragedy happens. It is the "thinking" student or the student to whom life has dealt a more unfair hand who have taken to thinking more deeply about life. Therefore the students I see are the exception rather than the norm. There are 450 in my school and if I saw 30 of them (add in maybe another 30) therefore 390 are more "typically" adolescent.

279 34  Sorry for delay in response - I did not get a chance to fill this until now.
My two past pupils who committed suicide never appeared to give any signs to me at any case.
Q'aire Q.
no.   no.  Comments

(279) (34) Two pupils who unsuccessfully attempted it thought they were in a hopeless situation. There is only two hrs per week allowed for individual counselling in my school.

285  17-18 (e) + (g) I regard Q. 17 and Q. 18 as requiring clearcut answers - there are others who fall in between both.

20-21 (h) + (e) - the others need some extra work, but long term no great difficulty arises.

22 I have difficulty with this Q. - it appears too complex for a statistical answer.

34 1. Some of the questions are very complex, sometimes presenting issues which might best be dealt with in subsections. 
2. I believe there is too great a gap from a response involving a quarter to a few - I would have preferred - 75%+, 75%, 50%+, 50%, 50%-,. 25%+, 25%, 25%-, 10%, 10%-. I feel a response of 10% or 1 in 10 has more significance than the word "a few."
Best of luck with the research!

288 34 School size 200 pupils.
8 hours allocated for guidance and counselling to include career guidance. Experience therefore limited.

291 Good luck, Fiona. Have been away for a while and missed your letter. Am now involved in Suicide Bereavement Counselling and having been so long in guidance, I feel the relationship bond is the most important.

34 My school was upper middle-class mixed. There were plenty of sporting interests and hobbies available to the students and good interaction between pupils and teachers and parents. A close network was always there so that pupils who had problems were spotted and helped. Outside interests - extra-curricular was always advocated and encouraged. Play-time was as important as school-time and relationship development was the key-note for behaviour.

292 34 During my 22 years in an all boys school of almost 800, I have
Q'aire Q.

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<td>experienced four known suicides. All students were past pupils at the time. One was an early school leaver who had returned from England and left during pre L.C. year. He drank parquat. One was in 3rd medicine and took an overdose. Another shot himself after a relationship breakdown. The fourth hung himself leaving a girlfriend and baby of 2 yrs. I like to feel we have a good pastoral care structure in the school. We listen and care. We try. Fortunately, none of the suicides happened while the students were still at school. I wish you well in your research and apologies for the delay in replying.</td>
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| 304 | 24-26 | Too difficult to rank. |
| 33 | Suicide too complicated an issue to explain. |
| 34 | I feel that some of the questions are too detailed and require a lot of time and thought. Good luck. |

| 305 | 27 | None of them [death, autonomy/responsibility for oneself, isolation, meaninglessness] would rank in my list. I think: 1 - inability to control behaviour. 2 - peer difficulties. 3 - home/family difficulties. 4 - learning difficulties. |
| 34 | The reality is that few such issues get discussed. Occasionally a student will say “I’ve lost my faith, what can I hold on to now?” Talk of death is pretty well always linked to an imminent or recent bereavement, or fear of a parent becoming ill or dying very seldom about student’s own possible death. After suicide attempts, students usually feel very relieved to be alive and are looking forward more or less hopefully. |

| 306 | 16 | (b) - Human condition! - we all have on occasion. |
| 17 | (b) - when problem is addressed. |
| 18 | (b) - at some point during their adolescence. |
| 24 | [Re “psychiatric illness] illness is illness - particularly depression of self or parent, |
Q'aire Q.
no. no. Comments

(306) (24) especially mother, has isolating effect and is seen as lack of support. I suggest it differs from other factors listed. [Re "recent bereavement"]
Often helps student to feel less isolated as additional school and friend supports are available. [Re "substance abuse/addictions"]
Tends to be an effect rather than a cause.

34 Thank you for the opportunity to comment and good luck with your research.
The response or the impact of the guidance counsellor's or school's intervention when suicide occurs outside the school's jurisdiction is also extremely important. My experience indicates that immediate small (5-6) group intervention is important - should I say vital. This intervention can be done by either the guidance counsellor, local priest, or suitably qualified person or even another sympathetic teacher.

317 34 Dear Fiona,
I found this questionnaire very difficult to fill in (hence the delay). Quantifying my guidance contact in the manner requested was, at best, "guesswork." . . .
Good luck with your research.

318 34 It is very difficult to answer some of these questions without statistics. I fear that to answer some of them would be conjecture on my part without proper back-up, particularly in relation to suicide.

320 24 I find it difficult to put these in order.
In a group-class, many students say they lack meaning in their lives; but it is difficult to find the reasons for this. I also find it difficult to grasp "adolescent culture."

34 I feel that many of the students in most need of help due to personal problems e.g. family/home, drink and drugs, and relationships do not come to me or school for help. Because of my increased workload I have not been able to identify the reasons for this.

327 34 I found that the tone at times in the questions did not really pick up on the experiences which I have had in counselling. Most students I see have anxiety in and around their
relationships with parents and difficulties in school (often behavioural) - both of which seem to be related in many instances.
Most students who have been suicidal in the school in which I work have been responding to exam and parental pressures (often interlinked).

Comments

(327) (34) Good luck.
I would be most interested to hear more.

I have difficulty with the wording of this question. One of the core beliefs in Christianity is that we are not ultimately alone in the world and that we are not abandoned, we believe in a loving God or a Holy Spirit who guides.
I fully accept we are failing to convey the core message in a convincing way and many of our young people do feel isolated, alone, and abandoned, and faith is mostly/often at the bottom of their agenda.
As a Christian Guidance Counsellor I take the opportunity, when appropriate, to introduce the idea of a personal God to whom one can turn for guidance, wisdom, strength etc. I have witnessed young people forgiving their parents and parents being reconciled with their children.

Young people today live in an atmosphere of confused values.
They lack moral reference points in their lives.
Parents are often ineffectual in dealing with adolescents because their existential pathways more often diverge rather than converge and tensions fill the vacuum.

I am from a school where we had eight suicides over my 16 years there (actually the suicides were all in the past 12 years) - seven boys and one girl. In each case isolation was a key factor although not immediately obvious to the onlookers. The boys were just disconnected from any key supporting family member (parent, grandparents etc.).
Drug abuse or sexual abuse were involved in two of the cases at least.
The value system, family breakdown, lack of role models and lack of "a significant other" would seem to be major factors in the suicide decisions.
I wish you well with this worthwhile work.
We have a culture that says "no" to smoking but yet is ambivalent when it comes to drink. This confuses young people.

- Boys much more reluctant to receive any kind of counselling either in or outside school.
- Boys find it more difficult to express their feelings esp. on a one-to-one.
- Adolescents can be extremely cruel to one another - the one that's "different" gets a hard time.
- Boys esp. have a big "thing" about being "gay" - a lot of "slagging" and even bullying around this issue, which of course in turn leads to isolation on the part of some students.

Good luck Fiona!

Good luck with your research; I look forward to reading your completed work.

Two ex-students committed suicide R.I.P after leaving school at approx. 18 yrs. of age.
Poor self esteem.
Loner.

Adolescents are overall finding it difficult to cope with the demands of the educational curriculum and points for third level entry. Having to work to support bereaved or separated parents puts pressure on them. Having affluence brings them into contact with activities beyond their mental and physical development. As the sole guidance counsellor I cater for 680 boys - an onerous task I feel!!

Good luck Fiona.
Very good questionnaire.

A good questionnaire.
Well done.
Best of luck.

Many adolescents don't talk to anyone about their existential issues. At times they talk to themselves in terms of poetry or diaries, but unfortunately they keep their ideas secret until perhaps they
(361) (34) are discovered later.
The suicide victims of this school (two so far) gave no indication of the worries or concerns or issues that led to it. It was a bolt out of the blue in both cases. The attempted ones did have existential concerns, but mainly it was pain (magnified by drink) that led them to do it.
Good luck with the research.

402 11 "Very important" for some.
"Not important" for the less intelligent.

20 (f) - peer pressure has a huge influence on students.

34 Students are often too young at L. Cert. level - very immature and insecure. Often very afraid of leaving secondary school - facing decisions - very dependent on friends - often lonely and unable to make new friends. I feel they get so much too easy that when difficulties come their way, they are unable to face the tide and just crumble.
Parents give them everything they have but not what they want - THEIR TIME and a listening ear.
Please excuse me - I lost the envelope or mislaid it I should say and I must get this in the post.

404 1 I don't understand this question.. I deal with 12-19 year olds - 450 students in all.

408 16-23 Q. 16-23 - too difficult to quantify.

34 Very difficult to respond accurately to this questionnaire. In many questions the answers were too difficult to quantify. Too broad in cases. Too specific in others - e.g. to differentiate between lack of parental support/family problems. Very much my own opinion as opposed to my own experience of adolescents.
Excuse me erasing number on envelope but I would prefer anonymity.

412 15 "Sometimes" - living on the coast almost once a year a student drowns either from fishing or accidental.

18 (h) - they eventually manage after a few weeks at college.
APPENDIX 14

Questionnaire for Second-Level Students on School Guidance Counselling (pilot)

Thank you for answering this questionnaire.

Please answer the questions in order, starting with number 1, and working through to number 40. Read each question carefully, and then answer.

This questionnaire is anonymous, and your answers will be treated confidentially. They will not be seen by anyone you know.

1. What age are you?

2. Are you male or female?
   Please tick one box:
   - male (boy)
   - female (girl)

3. What nationality are you?

4. What type of area do you live in?
   Please tick one box:
   - urban (city/town)
   - rural (in the country)

5. What type of school do you go to?
   Please tick one box:
   - vocational
   - community
   - secondary (free)
   - secondary (private/fee-paying)

6. Does your father work?
   Please tick one box:
   - he works
   - he is unemployed/stays at home

7. If your father works, what is his occupation/job?
8. Does your mother work?
   Please tick one box:
   - she works
   - she is unemployed/stays at home

9. If your mother works, what is her occupation/job?

10. Are you ever late for school?
    Please tick one box:
    - often
    - sometimes
    - never

11. If you are late for school, what would the reason usually be?
    Please choose one reason and write its letter in the box:
    a) you didn't wake up on time;
    b) your parents didn't call you on time;
    c) you couldn't remember where you left your bag or books;
    d) the traffic was bad;
    e) you couldn't be bothered to be on time.

12. Do you ever do things by mistake (like break a window or lose someone else's book or pen) and try to blame other people instead of yourself?
    Please tick one box:
    - often
    - sometimes
    - never

13. Imagine you threw something in the classroom (like a pen) and it hit someone by accident. The teacher is going to keep whoever threw the pen in at break, and threatens to keep the whole class in if no-one owns up. But you were already in trouble last week, and if you own up you could be reported to your Form Tutor or even the Deputy Principal. What would you do?
   Please tick one box:
   - you'd own up and say it was you
   - you'd say nothing and hope no-one saw you
14 Do you have enough freedom, or do you think your parents/guardians should trust you more and give you more freedom?
Please tick one box:
I have enough freedom  I would like more freedom  not sure

15 Do you feel you get too much freedom?
Please tick one box:
yes  no  not sure

16 Would you like to be completely free in the world and able to do exactly what you want?
Please tick one box:
yes  no  not sure  not yet (but yes, when I'm older)

17 Would you like to be entirely responsible for your own life and decisions?
Please tick one box:
yes  no  not sure  not yet (but yes, when I'm older)

18 If you were getting bad marks in a school subject, but knew that if you worked harder your marks would improve, would you bother to work harder?
Please tick one box:
yes  maybe  no

19 If you had a special talent, for example, for a particular sport, or playing a musical instrument, or for a special hobby, and you were told that if you worked really hard, you could win competitions or prizes, or even become professional, would you put in the extra effort?
Please tick one box:
yes  maybe  no
20 Do you ever feel alone in the world? Please tick one box:
always often sometimes never

21 Do you ever feel no-one else understands you? Please tick one box:
always often sometimes never

22 Do you ever think of death? Please tick one box:
often sometimes never

23 Write down what you think of when you think of death:


24 Has a member of your family or a close friend of yours ever died? Please tick one box:
yes no

25 If a family member or close friend of yours has died, please say who it was - mother, father, brother, sister, close friend, or someone else:


26 Does the thought of dying scare you? Please tick one box:
yes no not sure
27 Do you believe in life after death?
Please tick one box: 
yes  no  not sure

28 Do you believe in God?
Please tick one box: 
yes  no  not sure

29 Read the following list carefully and, using the numbers 1-12, put the items in order according to their importance to you. Put the number 1 in the space after the item you think is most important, number 2 in the space after the second most important item, and so on.

helping others
being good at a sport or a hobby
the happiness of my family and friends
being allowed to stay out as long as I want at night
being good at schoolwork
enjoying myself
my religion/believing in God
having lots of friends
being in good health
having a boyfriend/girlfriend
having enough money to buy what I want
being allowed to go where I want in my free time

30 Is there anything else, not listed in question 29, which is very important to you? If so, what is it?
Read the following list carefully and, using the numbers 1-16, put the items in order according to how much they would upset or bother you. Put the number 1 in the space after the item which would upset you the most, 2 in the space after the item which would upset you next, and so on.

<table>
<thead>
<tr>
<th>Item</th>
<th>Number</th>
</tr>
</thead>
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<tr>
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<td></td>
</tr>
<tr>
<td>having no friends</td>
<td></td>
</tr>
<tr>
<td>not being liked by others</td>
<td></td>
</tr>
<tr>
<td>problems at home</td>
<td></td>
</tr>
<tr>
<td>not having enough freedom to do what I want</td>
<td></td>
</tr>
<tr>
<td>finding life boring</td>
<td></td>
</tr>
<tr>
<td>feeling alone in the world</td>
<td></td>
</tr>
<tr>
<td>being bullied</td>
<td></td>
</tr>
<tr>
<td>feeling that other people are better than me</td>
<td></td>
</tr>
<tr>
<td>wanting to change myself but not being able</td>
<td></td>
</tr>
<tr>
<td>having no religion/not believing in God</td>
<td></td>
</tr>
<tr>
<td>the thought of dying</td>
<td></td>
</tr>
<tr>
<td>the thought of being responsible for myself and expected to make all my decisions on my own</td>
<td></td>
</tr>
<tr>
<td>having nothing to look forward to</td>
<td></td>
</tr>
<tr>
<td>wanting to change my life but not being able</td>
<td></td>
</tr>
<tr>
<td>being addicted to cigarettes or other drugs/alcohol</td>
<td></td>
</tr>
</tbody>
</table>

Is there anything else, not listed in question 31, which really upsets or bothers you? If so, what is it?
33 Do you ever do things you don't really want to, in order to be popular or to please other people?  
Please tick one box:  
always  often  sometimes  never

34 Do you ever feel you can't really be yourself, because of what other people expect of you or might think of you?  
Please tick one box:  
always  often  sometimes  never

35 Have you ever gone to see your school guidance counsellor because of a personal problem you had (something which had nothing to do with career information)?  
Please tick one box:  
yes  no

36 If you answered "yes" to question 35, please say what the problem was (remember, this questionnaire is anonymous, and your answer will not be shown or told to anyone else):

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

37 Have you ever gone to see your school guidance counsellor because you were lonely, and had no-one else to talk to?  
Please tick one box:  
yes  no
What do you think are the most important qualities of a good school guidance counsellor? Please read the following list, and using the numbers 1-5, put the items in order according to their importance. Put number 1 in the space after the most important quality, 2 in the space after the next most important quality, and so on.

- a good listener
- friendly
- doesn’t criticise people
- understands people’s problems
- always knows what to do

Is there any other quality, not listed in question 38, which you think is very important for a good guidance counsellor? If so, what is it?

What are your main hopes, ambitions, or dreams for the future? List the five that are most important to you in their order of importance e.g. 1 = most important, 2 = next most important etc.

1
2
3
4
5

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APPENDIX 15

Questionnaire for Second-Level Students on School Guidance Counselling

Thank you for answering this questionnaire.

Please answer the questions in order, starting with number 1, and working through to number 40. Read each question carefully, and then answer.

Make sure you answer all questions.

This questionnaire is anonymous, and you cannot be identified by the researcher. Your answers will be treated confidentially, and they will not be seen by anyone you know. (Do not write your name.)

1  What age are you?

2  Are you male or female?
   Please tick one box:
   male (boy)  female (girl)
   [ ]       [ ]

3  What is your nationality?

4  What type of area do you live in?
   Please tick one box:
   urban (city/town)  rural (in the country)
   [ ]       [ ]

5  What type of school do you go to?
   Please tick one box:
   vocational  community  secondary (free)  secondary (private/fee-paying)
   [ ]       [ ]       [ ]       [ ]
6 Please fill in your parents' occupations. If one of your parents is unemployed, or stays at home to look after the family, please say so.

a) father's occupation:

b) mother's occupation:

7 What are the five most important things in your life? (Your answer may include things and/or people.)

1

2

3

4

5

8 What five things are you most afraid of?

1

2

3

4

5

9 What is the worst thing that has ever happened to you?
10 Do you have enough freedom, or do you think your parents/guardians should trust you more and give you more freedom?
Please tick one box:
I have enough freedom I would like more freedom not sure

11 Do you feel you get too much freedom?
Please tick one box:
yes no not sure

12 Would you like to be completely free in the world and able to do exactly what you want?
Please tick one box:
yes no not sure not yet (but yes, when I’m older)

13 Would you like to be entirely responsible for your own life and decisions?
Please tick one box:
yes no not sure not yet (but yes, when I’m older)

14 Do you ever do things by mistake (like break a window or lose someone else’s book or pen) and try to blame other people instead of yourself?
Please tick one box:
often sometimes never

15 Imagine you threw something in the classroom (like a pen) and it hit someone by accident. The teacher is going to keep whoever threw the pen in at break, and threatens to keep the whole class in if no-one owns up. But you were already in trouble last week, and if you own up you could be in much more serious trouble. What would you do?
Please tick one box:
you’d own up and say it was you you’d say nothing and hope no-one saw you
16 If you were getting bad marks in a school subject, but were told that if you worked harder your marks would improve, would you bother to work harder? Please tick one box:

- [ ] yes
- [ ] maybe
- [ ] no

17 If you had a special talent, for example, for a particular sport, or playing a musical instrument, or for a special hobby, and you were told that if you worked really hard, you could win competitions or prizes, or even become professional, would you put in the extra effort? Please tick one box:

- [ ] yes
- [ ] maybe
- [ ] no

18 Do you ever do things you don’t really want to, in order to be popular or to please other people? Please tick one box:

- [ ] always
- [ ] often
- [ ] sometimes
- [ ] never

19 Do you ever feel you can’t really be yourself, because of what other people expect of you or might think of you? Please tick one box:

- [ ] always
- [ ] often
- [ ] sometimes
- [ ] never

20 Do you ever feel alone in the world? Please tick one box:

- [ ] always
- [ ] often
- [ ] sometimes
- [ ] never

21 Do you ever feel no-one else understands you? Please tick one box:

- [ ] always
- [ ] often
- [ ] sometimes
- [ ] never
22 Do you ever think of death?
Please tick one box:

- often
- sometimes
- never

23 Write down what you think of when you think of death:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

24 Has a member of your family or a close friend of yours ever died?
Please tick one box:

- yes
- no

25 If a family member or close friend of yours has died, please say who it was - e.g. mother, father, brother, sister, close friend, or someone else:

________________________________________________________________________

26 Does the thought of dying scare you?
Please tick one box:

- yes
- no
- not sure

27 Do you believe in life after death?
Please tick one box:

- yes
- no
- not sure

28 Do you believe in God?
Please tick one box:

- yes
- no
- not sure
29 Do you ever wonder what the meaning or point of life is?
Please tick one box:
always          often          sometimes          never

30 Do you ever feel that life is meaningless?
Please tick one box:
always          often          sometimes          never

31 Read the following list carefully and, using the numbers from 1 to 10, put the items in order according to their importance to you. Put the number 1 in the space after the item which is most important to you, number 2 in the space after the second most important item, and so on. (You may use each number once only.)

my favourite hobby or pastime
my family
my friends
having enough money to buy what I want
being allowed to do what I want in my free time
enjoying myself
my health
my home
my education
being successful

32 Is there anything else, not listed in question 31, which is very important to you? If so, what is it?
33 Read the following list carefully and, using the numbers from 1 to 6, put the items in order according to how much they upset or scare you. Put the number 1 in the space after the item which upsets you the most, 2 in the space after the item which upsets you next, and so on. (You may use each number once only.)

the thought of dying
finding life boring
feeling alone in the world
the thought of a family member or friend dying
the thought of being responsible for myself and expected to make all my decisions on my own
having no plans for the future

34 Is there anything else, not listed in question 33, which really upsets or scares you? If so, what is it?

________________________________________________________________________

35 Have you ever gone to see your school guidance counsellor because of a personal problem you had (something which had nothing to do with career information)? Please tick one box:

yes [ ] 
no [ ]

36 If you answered "yes" to question 35, please say what the problem was (remember, this questionnaire is anonymous, and your answer cannot be linked to you):

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
37. Have you ever gone to see your school guidance counsellor because you were lonely, and had no-one else to talk to? Please tick one box:

- yes
- no

38. What do you think are the most important qualities of a good school guidance counsellor? Please read the following list, and using the numbers from 1 to 6, put the items in order according to their importance. Put number 1 in the space after the most important quality, 2 in the space after the next most important quality, and so on. (You may use each number once only.)

- a good listener
- helpful/gives good advice
- friendly
- understands people's problems
- kind
- confidential/keeps what you say private

39. Is there any other quality, not listed in question 38, which you think is very important for a good guidance counsellor? If so, what is it?

________________________________________________________________________

40. What are your main hopes, ambitions, or dreams for the future?

1. __________________________________________
2. __________________________________________
3. __________________________________________
4. __________________________________________
5. __________________________________________

Please check that you have answered all questions, on all eight pages. Thank you very much for your participation.

© F. Galway 2000.
Dear _____,

I am a teacher and guidance counsellor at _______ School, and am presently doing research in guidance and counselling at Trinity College, Dublin. I am investigating the role of the four issues of freedom/responsibility, isolation, meaninglessness, and death in adolescent problems in Ireland today.

I wish to carry out a survey, by means of a questionnaire, of a random sample of students in the seven second-level schools in _______, and I am seeking your permission to include students from your school. My sample will include boys and girls of all ages from 12 to 18, and all ability ranges. I anticipate including between one tenth and one twentieth of the population of each school.

The questionnaire takes about 15 minutes to complete, and could be answered during school hours or at home. Students respond anonymously, and individual students and schools will not be identified at any stage of the research. I enclose a specimen copy of the questionnaire for you to look at.

I will telephone you at the beginning of next term (the first week of May) to discuss the logistics of administering the questionnaire to some of your students, and to answer any queries you may have. I hope to conduct the survey during the second and third weeks of May.

Many thanks for your time.

Yours sincerely,

Fiona Galway.
APPENDIX 17

ADOLESCENT QUESTIONNAIRE
QUESTION 7 - DATA REDUCTION CODE

Responses are reproduced with their original spelling.

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<td>• to own a Subaru Impreza when I’m older</td>
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<td>• my girlfriend when I have one</td>
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<td>• education and sport and fitness</td>
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| (education/school)      | • school/future  
• schoolwork  
• shcool  
• stay in school for the 6 years  
• studing  
• studying                                                                                                                                                                                                 |
| enjoying life           | • been able to enjoy life  
• comedy  
• disco  
• disco’s  
• easy going life  
• enjoying life  
• enjoying myself  
• enjoyment  
• enjoyment and social life/girls etc.  
• enjoyment (going out)  
• entertainment (night life)  
• fun  
• going out  
• going out/having a good time  
• going out on the beer and to disco’s  
• going out on the town  
• going out partying  
• going out to disco’s  
• good time  
• having fun  
• having a good time  
• havin a laugh  
• having a laugh  
• holidays  
• laughter  
• leisure  
• leisure time/eg. going out at the weekend  
• my free time  
• my fun  
• nights out - social life  
• other entertainment (cinema, sport)  
• other hobbies ie. going out  
• parties  
• social life  
• social life  
• social-life/life  
• socialising |
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<th>Code heading</th>
<th>Original responses included under code heading</th>
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<tr>
<td>family/family member(s)</td>
<td>• a good family &lt;br&gt; • Adam (nefu) &lt;br&gt; • all my relatives &lt;br&gt; • all of my family &lt;br&gt; • brother &lt;br&gt; • brother + sister &lt;br&gt; • brothers &lt;br&gt; • brothers and sister &lt;br&gt; • brothers/sisters &lt;br&gt; • close family relationship &lt;br&gt; • cousins &lt;br&gt; • cousins and aunties and uncles &lt;br&gt; • Dad &lt;br&gt; • family &lt;br&gt; • family (including dog) &lt;br&gt; • family (including relatives) &lt;br&gt; • father &lt;br&gt; • father and mother &lt;br&gt; • father + mother family &lt;br&gt; • Granny &lt;br&gt; • Grany &lt;br&gt; • Mam &lt;br&gt; • Mam and Dad &lt;br&gt; • Mam + Dad &lt;br&gt; • Mam + Dad (family) &lt;br&gt; • Mam and my family &lt;br&gt; • Mam + my family &lt;br&gt; • mother &lt;br&gt; • mother + father (family) &lt;br&gt; • mother + father, rest of my relatives &lt;br&gt; • Mum &lt;br&gt; • my aunties and uncles &lt;br&gt; • my big brother &lt;br&gt; • my brother and sister &lt;br&gt; • my brothers and sister &lt;br&gt; • my brothers and sisters</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>-----------------------------------------------------------------------------</td>
<td>-------------------------------------------------</td>
</tr>
<tr>
<td>(family/family member(s))</td>
<td>• my 5 brothers</td>
</tr>
<tr>
<td></td>
<td>• my cousins</td>
</tr>
<tr>
<td></td>
<td>• my Dad</td>
</tr>
<tr>
<td></td>
<td>• my extended family</td>
</tr>
<tr>
<td></td>
<td>• my famalie</td>
</tr>
<tr>
<td></td>
<td>• my familly</td>
</tr>
<tr>
<td></td>
<td>• my family</td>
</tr>
<tr>
<td></td>
<td>• my famliy</td>
</tr>
<tr>
<td></td>
<td>• my family again</td>
</tr>
<tr>
<td></td>
<td>• my family + other friends</td>
</tr>
<tr>
<td></td>
<td>• my family (Mam and brothers)</td>
</tr>
<tr>
<td></td>
<td>• my father</td>
</tr>
<tr>
<td></td>
<td>• my ganny</td>
</tr>
<tr>
<td></td>
<td>• my Grandad</td>
</tr>
<tr>
<td></td>
<td>• my grandmother</td>
</tr>
<tr>
<td></td>
<td>• my littel cusin Rosie</td>
</tr>
<tr>
<td></td>
<td>• my little nices</td>
</tr>
<tr>
<td></td>
<td>• my Mam</td>
</tr>
<tr>
<td></td>
<td>• my mam + dad</td>
</tr>
<tr>
<td></td>
<td>• my mam + dad + brother + sister</td>
</tr>
<tr>
<td></td>
<td>• my mam/family</td>
</tr>
<tr>
<td></td>
<td>• my mother</td>
</tr>
<tr>
<td></td>
<td>• my mother and father</td>
</tr>
<tr>
<td></td>
<td>• my Mum</td>
</tr>
<tr>
<td></td>
<td>• my Mum + my Dad</td>
</tr>
<tr>
<td></td>
<td>• my Nana's</td>
</tr>
<tr>
<td></td>
<td>• my nanny</td>
</tr>
<tr>
<td></td>
<td>• my nephew</td>
</tr>
<tr>
<td></td>
<td>• my nephews</td>
</tr>
<tr>
<td></td>
<td>• my niece and nephew</td>
</tr>
<tr>
<td></td>
<td>• my niece</td>
</tr>
<tr>
<td></td>
<td>• my parent</td>
</tr>
<tr>
<td></td>
<td>• my parents</td>
</tr>
<tr>
<td></td>
<td>• my parents + Grandad</td>
</tr>
<tr>
<td></td>
<td>• my sister, nephew, + father</td>
</tr>
<tr>
<td></td>
<td>• my sisters</td>
</tr>
<tr>
<td></td>
<td>• my 1 sister</td>
</tr>
<tr>
<td></td>
<td>• my uncles and aunts</td>
</tr>
<tr>
<td></td>
<td>• Nan</td>
</tr>
<tr>
<td></td>
<td>• Nanny</td>
</tr>
<tr>
<td></td>
<td>• new brother</td>
</tr>
<tr>
<td></td>
<td>• parants</td>
</tr>
<tr>
<td></td>
<td>• parents</td>
</tr>
<tr>
<td></td>
<td>• parents/family</td>
</tr>
</tbody>
</table>
Code heading

(family/family member(s))
- ralishons
- relations
- relatives
- Ruairi (my brother)
- Sean (brother)
- sister
- sisters
- spend time with family
- the comfort of myself and my family
- uncles and cousins

food
- food
- (food)
- Polo's
- sweets

freedom/responsibility
- freedom
- independence
- looking after myself
- my freedom
- responsibility
- the choices I make in life
- to live my own life

friends/best friend
- a female friend
- always having lots of friends to talk to
- being liked by likeable people
- best friend
- best friends
- boyfriend Paddy [written by a boy who also named a girlfriend]
- boyfriends + friends
- Daniel (my best friend)
- firends
- freind
- freinds
- freinds
- friend
- friends
- friend's
- friends/boyfriend
- friends/brother + sister etc.
- friends + school
- friendship
Code heading
(friends/best friend)

Original responses included under code heading

• getting on with other people
• having friends
• mates
• me friends
• my best friend
• my best friends
• my best firend Amy + my firends
• my freinds
• my friends
• my 5 closest friends
• my two best friends
• my school/friends
• Nicola my best friend
• people around me
• relationships
• Sarah McG
• school friend
• spend time with friends
• the boys I like + my friends
• work mates

happiness

• being happy
• hapiness
• happiness
• happyness
• happy life
• my happiness
• my own happiness
• to be happy

happiness/well-being of others

• how to get along and treat people in life
• knowing they are all safe and well
• taking care of other people
• to look after my sick grandad

health

• being able to walk
• fitness
• fitness/health
• fitness
• good health
• have good health
• health
• heath
Code heading | Original responses included under code heading
---|---
(health) | • health
• hygiene
• my health
• my hygiene
• my own health
• strength
• swimming + health
• the gym
• [to be] healthy
• to live a healthy life
• to stay healthy
hobbies/interests | • art
• books
• chairs
• drama
• fishing
• guns
• history
• hobbies
• my hobbies
• my interests (hobbies)
• nature
• photography
• pigeons racing
• travelling
• writing
house/home | • a good home
• having somewhere nice to live
• home
• house
• my home
• my house
• my house/home
• nice house
• roof over my head
• roof over my head + food
• shelter
• somewhere to live
• to get a house
job/work | • job
• getting a job
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(job/work)</td>
<td>• my job</td>
</tr>
<tr>
<td></td>
<td>• my work</td>
</tr>
<tr>
<td></td>
<td>• work</td>
</tr>
<tr>
<td></td>
<td>• working</td>
</tr>
<tr>
<td>life</td>
<td>• life</td>
</tr>
<tr>
<td></td>
<td>• my life</td>
</tr>
<tr>
<td></td>
<td>• survival</td>
</tr>
<tr>
<td>love</td>
<td>• being in love/feeling loved</td>
</tr>
<tr>
<td></td>
<td>• care</td>
</tr>
<tr>
<td></td>
<td>• good future companionship</td>
</tr>
<tr>
<td></td>
<td>• love</td>
</tr>
<tr>
<td></td>
<td>• to be loved + cared for</td>
</tr>
<tr>
<td>marriage/children</td>
<td>• get married and have kids</td>
</tr>
<tr>
<td></td>
<td>• getting married</td>
</tr>
<tr>
<td></td>
<td>• having a family</td>
</tr>
<tr>
<td></td>
<td>• having a nice family in a couple of yrs.</td>
</tr>
<tr>
<td></td>
<td>• to have a family</td>
</tr>
<tr>
<td>material possession(s)</td>
<td>• jewelery</td>
</tr>
<tr>
<td></td>
<td>• mobile phone</td>
</tr>
<tr>
<td></td>
<td>• my belonging (ie jewelery)</td>
</tr>
<tr>
<td></td>
<td>• my belongings</td>
</tr>
<tr>
<td></td>
<td>• my chain with the cross from my father</td>
</tr>
<tr>
<td></td>
<td>• my jewerely</td>
</tr>
<tr>
<td></td>
<td>• my posetions</td>
</tr>
<tr>
<td></td>
<td>• my watch</td>
</tr>
<tr>
<td></td>
<td>• old things I've had for a long time</td>
</tr>
<tr>
<td></td>
<td>• possessions</td>
</tr>
<tr>
<td></td>
<td>• silver locket</td>
</tr>
<tr>
<td></td>
<td>• the icon of Christ from my father</td>
</tr>
<tr>
<td></td>
<td>• thing that have gone through my family</td>
</tr>
<tr>
<td>money/wealth</td>
<td>• be wealthy</td>
</tr>
<tr>
<td></td>
<td>• getting money</td>
</tr>
<tr>
<td></td>
<td>• money</td>
</tr>
<tr>
<td></td>
<td>• money and clothes</td>
</tr>
<tr>
<td></td>
<td>• money + clothes</td>
</tr>
<tr>
<td></td>
<td>• money + wealth</td>
</tr>
<tr>
<td></td>
<td>• to be finacilly supported</td>
</tr>
<tr>
<td></td>
<td>• wealth</td>
</tr>
</tbody>
</table>
Code heading | Original responses included under code heading
--- | ---
music/music-related | • dancing  
• guitar and music  
• Irish dancing  
• listening to music  
• my dancing  
• music  
• music gun’s n’ roses  
• music - mine + other peoples  
• music - singing  
• my CDs and raido  
• my guitar  
• my guitar/band  
• my sterieo  
• playing the keyboard  
• Rock n' Roll  
• singing

opposite sex | • a woman  
• boyfriends  
• boys  
• boys (sex)  
• fellas  
• girl freneds  
• girlfriends  
• girls  
• me bitches  
• m’ bitches  
• men  
• my bitches  
• opposite sex  
• the people I like (girls)  
• woman  
• women

peace | • internal peace  
• peace  
• uneventful life  
• world peace

pet/animal(s) | • animals  
• cat  
• dog  
• dogs  
• horses
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(pet/animal(s))</td>
<td>• my animals</td>
</tr>
<tr>
<td></td>
<td>• my cat</td>
</tr>
<tr>
<td></td>
<td>• my dog</td>
</tr>
<tr>
<td></td>
<td>• my pets</td>
</tr>
<tr>
<td></td>
<td>• my pets and all animals</td>
</tr>
<tr>
<td></td>
<td>• my pets + bestest friend</td>
</tr>
<tr>
<td></td>
<td>• pets</td>
</tr>
<tr>
<td>place/area</td>
<td>• my neighbourhood</td>
</tr>
<tr>
<td></td>
<td>• Waterford</td>
</tr>
<tr>
<td>privacy/solitude</td>
<td>• be alone</td>
</tr>
<tr>
<td></td>
<td>• my own space</td>
</tr>
<tr>
<td></td>
<td>• personal thought</td>
</tr>
<tr>
<td></td>
<td>• privite time/time to think</td>
</tr>
<tr>
<td>relaxation</td>
<td>• bed</td>
</tr>
<tr>
<td></td>
<td>• my bed + piano</td>
</tr>
<tr>
<td></td>
<td>• rest</td>
</tr>
<tr>
<td>religion/God</td>
<td>• God</td>
</tr>
<tr>
<td></td>
<td>• my religion</td>
</tr>
<tr>
<td></td>
<td>• religion</td>
</tr>
<tr>
<td></td>
<td>• religion ie. God</td>
</tr>
<tr>
<td></td>
<td>• religion (not as a school subject)</td>
</tr>
<tr>
<td>security</td>
<td>• defence</td>
</tr>
<tr>
<td></td>
<td>• safety + security, in environments I live in</td>
</tr>
<tr>
<td></td>
<td>• security</td>
</tr>
<tr>
<td></td>
<td>• to feel secure</td>
</tr>
<tr>
<td>self/image/reputation</td>
<td>• being a good person</td>
</tr>
<tr>
<td></td>
<td>• being important</td>
</tr>
<tr>
<td></td>
<td>• being noticed</td>
</tr>
<tr>
<td></td>
<td>• being respected</td>
</tr>
<tr>
<td></td>
<td>• having a good relationship with my teachers when I leave school, and leaving behind a good reputation</td>
</tr>
<tr>
<td></td>
<td>• honesty</td>
</tr>
<tr>
<td></td>
<td>• how I look</td>
</tr>
<tr>
<td></td>
<td>• how I put myself across 2 other people</td>
</tr>
<tr>
<td></td>
<td>• makeup/hair</td>
</tr>
<tr>
<td></td>
<td>• me</td>
</tr>
<tr>
<td></td>
<td>• me (myself)</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>--------------</td>
<td>-----------------------------------------------</td>
</tr>
</tbody>
</table>
| (self/image/reputation) | - myself  
- my beliefs  
- my hair  
- my legs  
- my needs  
- my opinion  
- my personal life  
- my rights  
- my weight  
- personal life  
- power  
- reputation  
- respectful  
- revenge  
- self-esteem  
- what I believe in  
- what I do |
| sex-related | - lesbians  
- licking pussy  
- masterbation  
- my bits AKA penis and testiqells  
- my genetals  
- my genitles (balls + penis)  
- sex |
| sport | - BMX  
- boxing  
- football  
- football (Gaelic & soccer)  
- football (soccer, Gaeilic)  
- G.A.A.  
- gaelic  
- gaelic football  
- golf  
- hunting  
- hurling (winning the [County where survey took place] Senior Championship)  
- karate  
- Mt Biking  
- play sports  
- playing sports  
- racing |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(sport)</td>
<td>• Roy Keane</td>
</tr>
<tr>
<td></td>
<td>• rugby</td>
</tr>
<tr>
<td></td>
<td>• scrambling</td>
</tr>
<tr>
<td></td>
<td>• skateboarding</td>
</tr>
<tr>
<td></td>
<td>• soccer</td>
</tr>
<tr>
<td></td>
<td>• soccer Man U.</td>
</tr>
<tr>
<td></td>
<td>• soccer and gaelic</td>
</tr>
<tr>
<td></td>
<td>• sport</td>
</tr>
<tr>
<td></td>
<td>• sport - i.e. football</td>
</tr>
<tr>
<td></td>
<td>• sport in general</td>
</tr>
<tr>
<td></td>
<td>• sports</td>
</tr>
<tr>
<td></td>
<td>• sports life</td>
</tr>
<tr>
<td></td>
<td>• tennis</td>
</tr>
<tr>
<td></td>
<td>• [town where survey took place]Utd.</td>
</tr>
<tr>
<td></td>
<td>• training</td>
</tr>
<tr>
<td>success</td>
<td>• a good successful future</td>
</tr>
<tr>
<td></td>
<td>• at the moment: studying and succeeding in the leaving cert.</td>
</tr>
<tr>
<td></td>
<td>• be able to get a good job when I am older</td>
</tr>
<tr>
<td></td>
<td>• being successful</td>
</tr>
<tr>
<td></td>
<td>• being successful in life</td>
</tr>
<tr>
<td></td>
<td>• doing well at school</td>
</tr>
<tr>
<td></td>
<td>• doing well in life</td>
</tr>
<tr>
<td></td>
<td>• doing well in school</td>
</tr>
<tr>
<td></td>
<td>• doing well in the future</td>
</tr>
<tr>
<td></td>
<td>• get a good job</td>
</tr>
<tr>
<td></td>
<td>• geting on in life</td>
</tr>
<tr>
<td></td>
<td>• getting a good job</td>
</tr>
<tr>
<td></td>
<td>• getting a good job after school</td>
</tr>
<tr>
<td></td>
<td>• good grade</td>
</tr>
<tr>
<td></td>
<td>• good job</td>
</tr>
<tr>
<td></td>
<td>• good occupation (able to support)</td>
</tr>
<tr>
<td></td>
<td>• good results</td>
</tr>
<tr>
<td></td>
<td>• how I do in life</td>
</tr>
<tr>
<td></td>
<td>• not dissapointing my family</td>
</tr>
<tr>
<td></td>
<td>• success</td>
</tr>
<tr>
<td></td>
<td>• success in business</td>
</tr>
<tr>
<td></td>
<td>• successful career</td>
</tr>
<tr>
<td></td>
<td>• to do well in life</td>
</tr>
<tr>
<td>television</td>
<td>• tele</td>
</tr>
<tr>
<td></td>
<td>• television</td>
</tr>
<tr>
<td></td>
<td>• TV</td>
</tr>
</tbody>
</table>
Code heading
(television)
water
other
(responses which each appear once only, and do not fit under any headings listed above)

Original responses included under code heading

- T.V.
- water
- dreams
- I would love to be a vampire
- national pride
- smoking
APPENDIX 18

ADOLESCENT QUESTIONNAIRE

QUESTION 8 - DATA REDUCTION CODE

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>abuse</td>
<td>• abuse</td>
</tr>
<tr>
<td></td>
<td>• being abused</td>
</tr>
<tr>
<td></td>
<td>• getting abused</td>
</tr>
<tr>
<td>accident/injury</td>
<td>• accsidents</td>
</tr>
<tr>
<td></td>
<td>• afraid of falling</td>
</tr>
<tr>
<td></td>
<td>• be in an accident</td>
</tr>
<tr>
<td></td>
<td>• being crippled/deformed</td>
</tr>
<tr>
<td></td>
<td>• being in a car crash</td>
</tr>
<tr>
<td></td>
<td>• being in a crash</td>
</tr>
<tr>
<td></td>
<td>• being in a motorbike crash</td>
</tr>
<tr>
<td></td>
<td>• being in an car accident</td>
</tr>
<tr>
<td></td>
<td>• being seriously injured</td>
</tr>
<tr>
<td></td>
<td>• braking bones</td>
</tr>
<tr>
<td></td>
<td>• breaking a bone in my body</td>
</tr>
<tr>
<td></td>
<td>• breaking my back</td>
</tr>
<tr>
<td></td>
<td>• breaking my legs</td>
</tr>
<tr>
<td></td>
<td>• car crash</td>
</tr>
<tr>
<td></td>
<td>• car crashes</td>
</tr>
<tr>
<td></td>
<td>• crashes</td>
</tr>
<tr>
<td></td>
<td>• crashing the car</td>
</tr>
<tr>
<td></td>
<td>• cuts</td>
</tr>
<tr>
<td></td>
<td>• falling off my bike</td>
</tr>
<tr>
<td></td>
<td>• falling out of car (again)</td>
</tr>
<tr>
<td></td>
<td>• falling (physically)</td>
</tr>
<tr>
<td></td>
<td>• getting hurt eg. a injury during football</td>
</tr>
<tr>
<td></td>
<td>• getting knocked down</td>
</tr>
<tr>
<td></td>
<td>• having another car crash</td>
</tr>
<tr>
<td></td>
<td>• injuries</td>
</tr>
<tr>
<td></td>
<td>• injury</td>
</tr>
<tr>
<td></td>
<td>• injurys</td>
</tr>
<tr>
<td></td>
<td>• loosing my legs</td>
</tr>
<tr>
<td></td>
<td>• losing any part of my body</td>
</tr>
<tr>
<td></td>
<td>• losing limbs</td>
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<td></td>
<td>• run over by a bus</td>
</tr>
<tr>
<td></td>
<td>• serious injury</td>
</tr>
<tr>
<td></td>
<td>• to be ran over</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>------------------</td>
<td>-------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>aliens/UFOs</td>
<td>• aliens</td>
</tr>
<tr>
<td></td>
<td>• U.F.O.'s</td>
</tr>
<tr>
<td>animals</td>
<td>• animals e.g bears</td>
</tr>
<tr>
<td></td>
<td>• any other animals beside dogs + cat</td>
</tr>
<tr>
<td></td>
<td>• bats</td>
</tr>
<tr>
<td></td>
<td>• bears</td>
</tr>
<tr>
<td></td>
<td>• big dogs</td>
</tr>
<tr>
<td></td>
<td>• birds</td>
</tr>
<tr>
<td></td>
<td>• cats</td>
</tr>
<tr>
<td></td>
<td>• cows</td>
</tr>
<tr>
<td></td>
<td>• crocodile</td>
</tr>
<tr>
<td></td>
<td>• dangerous animals</td>
</tr>
<tr>
<td></td>
<td>• dangerous animals + people</td>
</tr>
<tr>
<td></td>
<td>• dogs</td>
</tr>
<tr>
<td></td>
<td>• dogs (some)</td>
</tr>
<tr>
<td></td>
<td>• jelly fish</td>
</tr>
<tr>
<td></td>
<td>• lions</td>
</tr>
<tr>
<td></td>
<td>• mice</td>
</tr>
<tr>
<td></td>
<td>• mice/rats</td>
</tr>
<tr>
<td></td>
<td>• rats</td>
</tr>
<tr>
<td></td>
<td>• rats + mice</td>
</tr>
<tr>
<td></td>
<td>• rodents</td>
</tr>
<tr>
<td></td>
<td>• scary dogs</td>
</tr>
<tr>
<td></td>
<td>• sharks</td>
</tr>
<tr>
<td></td>
<td>• snake</td>
</tr>
<tr>
<td></td>
<td>• snakes</td>
</tr>
<tr>
<td></td>
<td>• snakes &amp; bats</td>
</tr>
<tr>
<td></td>
<td>• some dogs</td>
</tr>
<tr>
<td></td>
<td>• tigers</td>
</tr>
<tr>
<td></td>
<td>• worms</td>
</tr>
<tr>
<td>blood</td>
<td>• blood</td>
</tr>
<tr>
<td></td>
<td>• blood and gore</td>
</tr>
<tr>
<td></td>
<td>• blud</td>
</tr>
<tr>
<td></td>
<td>• other people’s blood</td>
</tr>
<tr>
<td>boredom</td>
<td>• being bored</td>
</tr>
<tr>
<td></td>
<td>• find life boring</td>
</tr>
<tr>
<td>bullying</td>
<td>• being bullied</td>
</tr>
<tr>
<td></td>
<td>• being bullied</td>
</tr>
<tr>
<td></td>
<td>• bullies</td>
</tr>
<tr>
<td></td>
<td>• bully</td>
</tr>
</tbody>
</table>
Code heading | Original responses included under code heading
--- | ---
(bullying) | • harassment  
 • people bigger than me  
 • people bigger than me & stronger  
 • people bigger/tougher than me  
 • tough people starting on me
confined spaces | • afraid of lifts  
 • being stuck in a pipe  
 • being trapped in small spaces  
 • being trapped in tight spaces  
 • being trapped or in a small space  
 • closed spaces (tight)  
 • clostrofobic  
 • confined spaces  
 • getting trapped in tight space  
 • I’m clostrophoblic  
 • small spaces
crime/being attacked | • attacked  
 • beaten up  
 • beaten up by boyfriend  
 • being attacked or raped  
 • being beaten up badly  
 • being kidnapped  
 • being mugged  
 • being murdered/kidnapped  
 • being raped  
 • being robbed  
 • being shot  
 • being stabbed with a knife  
 • burgalurs  
 • crime  
 • dangerous people  
 • dark alley: attacked by group of people  
 • disturbing a burglar  
 • ever been raped  
 • evil looking men  
 • getting attacked  
 • getting beat up  
 • getting bet up  
 • getting kidnapped  
 • getting raped  
 • getting robbed  
 • getting sexualy assaulted
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (crime/being attacked)          | - getting shot  
- getting stabbed  
- kidnapped  
- killers  
- not to get beating up  
- rape  
- rapiest  
- rapists or murderers  
- that some day down town somebody moor me  
- that some day down town somebody violate  
- thieves  
- to be shot  
- walking by myself down alleyways                                                                                                                                 |
| darkness/night                  | - being on my own at night  
- being out at night alone  
- dark  
- dark alleys  
- dark at night walking on my own  
- dark long roads  
- dark streets  
- going out late at night  
- home at night on  
- the dark  
- walk out a night                                                                                                                                 |
| death/type of death             | - a painful death  
- afraid of death  
- be dead  
- be killed  
- being buried alive  
- being burned, drowned or suffercated  
- being killed  
- being murdered  
- being smothered  
- being suffercated  
- bleeding to death  
- bruning  
- burned alive  
- death  
- death and what manner of death ie/burning  
- death - disease etc  
- death (in general)  
- deaths |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(death/type of death)</td>
<td>• die</td>
</tr>
<tr>
<td></td>
<td>• died</td>
</tr>
<tr>
<td></td>
<td>• dieding</td>
</tr>
<tr>
<td></td>
<td>• dieing</td>
</tr>
<tr>
<td></td>
<td>• dieing young</td>
</tr>
<tr>
<td></td>
<td>• diing young</td>
</tr>
<tr>
<td></td>
<td>• diying</td>
</tr>
<tr>
<td></td>
<td>• drounding</td>
</tr>
<tr>
<td></td>
<td>• drowng</td>
</tr>
<tr>
<td></td>
<td>• drownding</td>
</tr>
<tr>
<td></td>
<td>• drowning</td>
</tr>
<tr>
<td></td>
<td>• drowning out at sea</td>
</tr>
<tr>
<td></td>
<td>• dyeing</td>
</tr>
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<td></td>
<td>• dying</td>
</tr>
<tr>
<td></td>
<td>• dying - death in general</td>
</tr>
<tr>
<td></td>
<td>• dying (me)</td>
</tr>
<tr>
<td></td>
<td>• dying old and lonely</td>
</tr>
<tr>
<td></td>
<td>• dying young</td>
</tr>
<tr>
<td></td>
<td>• get burnt alive</td>
</tr>
<tr>
<td></td>
<td>• getting kill</td>
</tr>
<tr>
<td></td>
<td>• getting killed painfully</td>
</tr>
<tr>
<td></td>
<td>• lam afraid of dieing young</td>
</tr>
<tr>
<td></td>
<td>• Im afraid of dieing alone somewhere</td>
</tr>
<tr>
<td></td>
<td>• Im afraid the drown</td>
</tr>
<tr>
<td></td>
<td>• Im afraid to die in a fire</td>
</tr>
<tr>
<td></td>
<td>• left to die alone</td>
</tr>
<tr>
<td></td>
<td>• loseing my life</td>
</tr>
<tr>
<td></td>
<td>• me dying</td>
</tr>
<tr>
<td></td>
<td>• (me) dying</td>
</tr>
<tr>
<td></td>
<td>• my death</td>
</tr>
<tr>
<td></td>
<td>• my own death</td>
</tr>
<tr>
<td></td>
<td>• myself dying</td>
</tr>
<tr>
<td></td>
<td>• sufficating</td>
</tr>
<tr>
<td></td>
<td>• that I will live a healthy life that I won’t get sick and die young</td>
</tr>
<tr>
<td></td>
<td>• the thought of dying</td>
</tr>
<tr>
<td></td>
<td>• to die</td>
</tr>
<tr>
<td></td>
<td>• to die myself</td>
</tr>
<tr>
<td></td>
<td>• to die slowly and in pain</td>
</tr>
<tr>
<td></td>
<td>• way of dying</td>
</tr>
<tr>
<td></td>
<td>• will i die in a car crash</td>
</tr>
<tr>
<td>death of family member(s)</td>
<td>• a death in my family</td>
</tr>
<tr>
<td></td>
<td>• a member of my family dieing</td>
</tr>
</tbody>
</table>
Code heading  
(death of family member(s))  

Original responses included under code heading  

- a member of my family dying  
- afraid of losing my family  
- afraid of someone dies who is close to me  
- all family being killed  
- any family dying  
- any of my brothers or sisters dying  
- any of my family dying  
- anyone I know dieing  
- anyone out of my family dying  
- death/accident in my family  
- death in my family  
- death of a loved member  
- death of a parent  
- death of brother/sister  
- death of close member of family or one of my friends  
- death of family  
- death of family/friends  
- death of family member  
- death of family member/friend  
- death of family members  
- death of loved one  
- death of loved ones  
- dying/family  
- family dieing  
- family drying  
- family dying  
- family/friends dieing  
- family/friends dying  
- family member dying  
- family members dieing  
- family members dying  
- family or close friend dying  
- family or friends dying  
- family’s death  
- family’s or friend’s death  
- finding my family killed  
- for my parents/relations to die a slow painful death  
- grandad dying  
- Granny’s death  
- if anyone dies close to me  
- loosing a family member
Code heading: (death of family member(s))

Original responses included under code heading:

- loosing a realitive
- loosing another family relative or close friend
- loosing any member of my family especially my Mam or Dad or Bro's or Sis's
- loosing anyone close 2 me
- loosing family
- loosing family members
- loosing my Mother or sister
- loosing my parents
- loosing my parents + friends
- loseing a close family member
- loseing family
- losen someone
- losing a family member
- losing a loved one
- losing a loved one, friend, family
- losing a member of my family
- losing a member of my family (including relatives)
- losing either of my parents
- losing family members
- losing family
- losing loved ones
- losing members of family
- losing my family
- losing my family + friends
- losing my family or friends
- losing my mam or my dad or my brother
- losing my parents
- losing relation
- losing someone close
- losing someone close to me
- losing someone I love
- loss of family
- loss of family (ondly sister)
- lost of family
- mother dieing
- Mum, Dad or sister or any part of family dying
- my family dieing
- my family dying
- my family or friends dieing
- my family or friends dying
- my Mam or Dad dying (before me)
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(death of family member(s))</td>
<td>- my mother dying</td>
</tr>
<tr>
<td></td>
<td>- my parents dieing</td>
</tr>
<tr>
<td></td>
<td>- my parents dying</td>
</tr>
<tr>
<td></td>
<td>- my parents and sister dieing</td>
</tr>
<tr>
<td></td>
<td>- one of my family dying</td>
</tr>
<tr>
<td></td>
<td>- one of my family/friends dying</td>
</tr>
<tr>
<td></td>
<td>- one of my family members dying</td>
</tr>
<tr>
<td></td>
<td>- one of my parents dying</td>
</tr>
<tr>
<td></td>
<td>- parents being hurt or dying</td>
</tr>
<tr>
<td></td>
<td>- parents dying</td>
</tr>
<tr>
<td></td>
<td>- parents or brothers dying</td>
</tr>
<tr>
<td></td>
<td>- parents or siblings dying</td>
</tr>
<tr>
<td></td>
<td>- people close to me dying</td>
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<tr>
<td></td>
<td>- people dying in my family</td>
</tr>
<tr>
<td></td>
<td>- people dying who I love</td>
</tr>
<tr>
<td></td>
<td>- people that I do not die</td>
</tr>
<tr>
<td></td>
<td>- scared of someone dying</td>
</tr>
<tr>
<td></td>
<td>- some dying</td>
</tr>
<tr>
<td></td>
<td>- someone close to me dieing</td>
</tr>
<tr>
<td></td>
<td>- someone close to me dying</td>
</tr>
<tr>
<td></td>
<td>- someone I know being killed</td>
</tr>
<tr>
<td></td>
<td>- someone in the family dying</td>
</tr>
<tr>
<td></td>
<td>- someone very close to me dying</td>
</tr>
<tr>
<td></td>
<td>- the death of my mother</td>
</tr>
<tr>
<td></td>
<td>- though of someone near to me dying</td>
</tr>
<tr>
<td>death of friend(s)</td>
<td>- anyone of my friends dying</td>
</tr>
<tr>
<td></td>
<td>- death of a friend</td>
</tr>
<tr>
<td></td>
<td>- death of a friend or family member</td>
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<tr>
<td></td>
<td>- death of friend</td>
</tr>
<tr>
<td></td>
<td>- friend or relative dying</td>
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<tr>
<td></td>
<td>- friends dieing</td>
</tr>
<tr>
<td></td>
<td>- friends dying</td>
</tr>
<tr>
<td></td>
<td>- friends or family dying</td>
</tr>
<tr>
<td></td>
<td>- my best friend dieing</td>
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<td>- my best friends dying</td>
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<td>- my friends dieing</td>
</tr>
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<td></td>
<td>- my friends dying</td>
</tr>
<tr>
<td></td>
<td>- 1 of my friend dies</td>
</tr>
<tr>
<td></td>
<td>- one of my friend family dying</td>
</tr>
<tr>
<td></td>
<td>- one of my friends dying</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>--------------------------------------</td>
<td>---------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| death of/injury to pet               | • losing a pet/injury toward pets  
• losing my horses  
• losing my pets  
• my dog dying                                                    |
| death-related/afterlife/ supernatural | • black doom  
• block off of sunlight  
• end of the world  
• eternity (living forever)  
• evil  
• evil spirits (ghosts) etc.  
• ghost storys  
• ghosts  
• ghosts + spirits (the Devil) if he exists - (the myth)  
• going to hell  
• going to limbo  
• gosts  
• graveyards  
• grost stories  
• having no life after death  
• hell  
• Satan  
• spirits  
• spirits (ghosts)  
• spirtual world (the Devil etc)  
• that the world might end  
• the grim reaper  
• the sky falling on my head  
• the supernatural (ghosts)  
• witches  
• wondering if I'll go to heaven                                      |
| drugs/addiction                      | • addiction  
• addictions  
• alcohol dependency  
• drugs  
• drugs  
• getting caught up in drugs  
• getting involved in drugs or trouble  
• overdose  
• taking an overdose                                                      |
Code heading

failure

Original responses included under code heading

- a loser
- bad grades
- becoming a bum
- been a failure
- being a failure
- being a nobody
- being unemployed
- being unemployed when I'm older
- being unsuccessful
- being unsuccessful in the future
- disappointing parents
- disappointing people
- do bad in a soccer season
- do bad in school
- doing bad in exams
- doing bad in school (fail Junior)
- doing bad in the leaving
- doing badly at school
- doing badly in L.C.
- doing badly in State exams
- doing badly out of life
- exams
- exams. (in case I fail)
- failing
- failing all my tests
- failing an important exam
- failing at school
- failing exams
- failing (exams)
- failing exams especially junior cert + leaving cert
- failing in life
- failing in school
- failing in school + not getting a good job
- failing Junior Cert
- failing Junior/Leaving Cert
- failing Leaving Cert.
- failing my exams
- failing my Juinuir + Leaving Cert
- failing my Junior Cert
- failing my Junior/Leaving Cert
- failing my leaving
- failing my Leaving Cert
- failing my leaving cert
Code heading
(failure)

Original responses included under code heading

- failing tests
- failing the Leaving
- failing the Leaving Cert
- failing to achieve what I want in life
- failing to reach ambitions
- failure
- failure in business
- failure in education
- failure in life
- failure in school
- failure (in work, play, school, life)
- getting fired
- going nowhere in life
- having a bad job
- having no job in the future
- I won't get to do the job I want to do
- if my life is a disaster
- Junior Cert
- Leaving Cert
- losing my dreams
- losing my job
- losing my place on the [county where survey took place] team
- low grades
- making nothing of my life
- my junior and leaving cert
- my state exam
- my test and the end of the year
- no getting a good job
- no job
- not achieving well in my Leaving
- not achieving my goals
- not be able to look after your children in the future
- not being able to perform my best (at school, at work e.t.c)
- not being able to support a family
- not being successful
- not being successful in what I want to do
- not doing well at school
- not doing well in life
- not doing well in my Leaving
- not doing well in my Leaving Cert
- not doing well in school
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(failure)</td>
<td>• not fulfilling my dreams</td>
</tr>
<tr>
<td></td>
<td>• not getting a career</td>
</tr>
<tr>
<td></td>
<td>• not getting a good job</td>
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<tr>
<td></td>
<td>• not getting a good job after I leave school</td>
</tr>
<tr>
<td></td>
<td>• not getting a job</td>
</tr>
<tr>
<td></td>
<td>• not getting anywhere in life</td>
</tr>
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<td></td>
<td>• not getting excepted into collage</td>
</tr>
<tr>
<td></td>
<td>• not getting into college</td>
</tr>
<tr>
<td></td>
<td>• not getting on in life</td>
</tr>
<tr>
<td></td>
<td>• not getting the career I want</td>
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<tr>
<td></td>
<td>• not getting the course I want</td>
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<tr>
<td></td>
<td>• not having a good job</td>
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<td></td>
<td>• not having a good job when I leave school</td>
</tr>
<tr>
<td></td>
<td>• not having a steady job</td>
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<tr>
<td></td>
<td>• not living up to my own aspirations: succeeding in life</td>
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<tr>
<td></td>
<td>• not passing my exams</td>
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<td></td>
<td>• not passing my Leaven</td>
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<td></td>
<td>• not passing leaving cert</td>
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<tr>
<td></td>
<td>• not succeeding</td>
</tr>
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<td></td>
<td>• not to get a job</td>
</tr>
<tr>
<td></td>
<td>• not winning</td>
</tr>
<tr>
<td></td>
<td>• results</td>
</tr>
<tr>
<td></td>
<td>• tests</td>
</tr>
<tr>
<td></td>
<td>• the Leaving Cert.</td>
</tr>
<tr>
<td></td>
<td>• to leave school and not get a job</td>
</tr>
<tr>
<td></td>
<td>• underachieving in exams</td>
</tr>
<tr>
<td>family member(s)</td>
<td>• brother</td>
</tr>
<tr>
<td></td>
<td>• father</td>
</tr>
<tr>
<td></td>
<td>• getting hit by my father</td>
</tr>
<tr>
<td></td>
<td>• mother</td>
</tr>
<tr>
<td></td>
<td>• my brother</td>
</tr>
<tr>
<td></td>
<td>• my father</td>
</tr>
<tr>
<td></td>
<td>• my Mam</td>
</tr>
<tr>
<td></td>
<td>• my step father's mood</td>
</tr>
<tr>
<td></td>
<td>• parents</td>
</tr>
<tr>
<td>family problems/parents</td>
<td></td>
</tr>
<tr>
<td>separating</td>
<td>• falling out with family</td>
</tr>
<tr>
<td></td>
<td>• my Dad to win in the divorce case</td>
</tr>
<tr>
<td></td>
<td>• my parents splitting up</td>
</tr>
<tr>
<td></td>
<td>• parents divorcing</td>
</tr>
</tbody>
</table>
(family problems/parents separating)

fear

- people knowing about my parents
- anything scary
- fear
- fright

fire

- bunson burners
- fire
- fire engines (phobia of fires) d’ont like to hear the sirens
- house fires
- house to go on fire and me in it

flying

- aerplane’s
- airplanes
- being in an aeroplane and something goes wrong
- crashing on a plane whilst working
- flying
- my plane crashin’
- travelling on a plan

food types

- cabbages
- eating out
- my father’s cooking
- small dinners

freedom/responsibility/separation

- going away to college
- growing up
- leaving my family
- leaving school
- leaving school + going into the real world
- leaving school/looking for a job
- leaving secure surroundings
- making decisions

future/career issues

- after college
- finding a suitable career
- going out to work
- having no future
- having no plans for the future
- having nothing to do after school
Code heading | Original responses included under code heading
--- | ---
(future/career issues) | • having nothing to look forward to  
• having to start a new job  
• if I could get a job  
• not knowing what will happen  
• the future  
• whether I’ll have a good life or not
getting into trouble/punishment | • being accused in the wrong  
• being caught out  
• being caught smoking  
• caught smoking  
• getting caught by parents  
• getting caught drunk  
• getting cot not doing what I am ament to do  
• getting expelled  
• getting in serious trouble  
• getting in trouble  
• getting into trouble  
• getting kicked out of school  
• getting stopped for ID at the over 21s
harm to family/friends | • accidents happening to friends/family  
• anyone close to me suffering  
• anyone in my family getting really sick  
• anyone of my family being hurt  
• bad things happening to my family  
• family being hurt  
• friends being hurt  
• harm to friends + family  
• hurting my family + friends  
• my brother not finishing his pilot training  
• my dad’s being sick  
• my mother not finishing her course  
• someone hurting a family member  
• something happening to my family  
• something happens to my family  
• that something would happen to my parents  
• that something would happen to the people I named above
heights | • falling from a height  
• falling of a very big building  
• falling off a building
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(heights)</td>
<td>• going up a ladder</td>
</tr>
<tr>
<td></td>
<td>• heights</td>
</tr>
<tr>
<td></td>
<td>• height</td>
</tr>
<tr>
<td></td>
<td>• heights</td>
</tr>
<tr>
<td></td>
<td>• heights (sometimes)</td>
</tr>
<tr>
<td></td>
<td>• high rollercoasters</td>
</tr>
<tr>
<td></td>
<td>• heights</td>
</tr>
<tr>
<td></td>
<td>• heights only really high</td>
</tr>
<tr>
<td>homelessness/losing house</td>
<td>• been homeless</td>
</tr>
<tr>
<td></td>
<td>• being homeless</td>
</tr>
<tr>
<td></td>
<td>• having no home to go to if I ever need it</td>
</tr>
<tr>
<td></td>
<td>• homeless</td>
</tr>
<tr>
<td></td>
<td>• house being burned to ground</td>
</tr>
<tr>
<td></td>
<td>• house burned down</td>
</tr>
<tr>
<td></td>
<td>• if I lose my house</td>
</tr>
<tr>
<td></td>
<td>• living on streets</td>
</tr>
<tr>
<td></td>
<td>• loosing my home</td>
</tr>
<tr>
<td></td>
<td>• losing my house</td>
</tr>
<tr>
<td></td>
<td>• to be homeless</td>
</tr>
<tr>
<td>horror films</td>
<td>• horror films</td>
</tr>
<tr>
<td></td>
<td>• horror movie</td>
</tr>
<tr>
<td></td>
<td>• horror movies</td>
</tr>
<tr>
<td></td>
<td>• movie with unpleasant scences</td>
</tr>
<tr>
<td></td>
<td>• scary films</td>
</tr>
<tr>
<td></td>
<td>• skerried films</td>
</tr>
<tr>
<td>illness/disability</td>
<td>• Aids</td>
</tr>
<tr>
<td></td>
<td>• bad health</td>
</tr>
<tr>
<td></td>
<td>• be handicap</td>
</tr>
<tr>
<td></td>
<td>• be handicaped</td>
</tr>
<tr>
<td></td>
<td>• be paralised</td>
</tr>
<tr>
<td></td>
<td>• becoming depressed</td>
</tr>
<tr>
<td></td>
<td>• becoming seriously ill</td>
</tr>
<tr>
<td></td>
<td>• becoming very ill</td>
</tr>
<tr>
<td></td>
<td>• been sick</td>
</tr>
<tr>
<td></td>
<td>• being a paraplegic or quadroplegic</td>
</tr>
<tr>
<td></td>
<td>• being ill</td>
</tr>
<tr>
<td></td>
<td>• being paralised</td>
</tr>
<tr>
<td></td>
<td>• being sick</td>
</tr>
<tr>
<td></td>
<td>• cancer</td>
</tr>
<tr>
<td></td>
<td>• developing a terminal illness</td>
</tr>
</tbody>
</table>
Code heading | Original responses included under code heading
--- | ---
(illness/disability) | • disability
• disease
• diseases
• ending up in a wheelchair
• getting a deadly illness that would kill me
• getting a disease
• getting cancer
• getting heart diseases from smoking
• getting ill
• getting sick
• getting sick (hospital wise)
• going blind
• going deaf
• having some disease
• health problems
• health [problems]
• ill health
• illness
• I’m afraid of getting cancer
• losing my sight
• mental illness
• not being able to walk
• paralysed
• paralysed
• serious illness
• serious illnesses
• sickness
• sickness (major)
• smoking related illnesses
• terminal disease
• will I have cancer when older

imprisonment | • false imprisonment
• prision

insects | • bees
• big/large flying insects
• caterpillars
• certain insects
• flies
• insects
• small insects
• wasps
Code heading

isolation/being alone

Original responses included under code heading

- afraid of been lonely
- afraid of going into Transition year and missing my friends
- becoming poor + an outcast
- been alone
- been on my own
- being alone
- being alone all the time
- being alone and having no-one to talk to
- being alone in life
- being alone in the future
- being alone in the world
- being alone in unknown places
- being hated
- being left on my own
- being lonely
- being on my own
- being unpopular
- desertion
- don't have friends
- ending up alone
- ending up alone + old
- everybody hating me
- everyone hating me
- family splitting up in years to come like dying or just moving away
- feeling alone
- feeling alone/being alone
- growing old alone
- have not friends
- haveing no family
- having no friends
- having no friends because of my parents
- having no friends ie. not being socially accepted
- having no friends or family
- I am afraid of never falling in love
- if i have no family
- left alone
- living alone all my life
- living on my own
- loneliness
- lonliness
- my family dying and leaving me all alone
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(isolation/being alone)</td>
<td>• my friends turning on me</td>
</tr>
<tr>
<td></td>
<td>• my parents will die/leave me</td>
</tr>
<tr>
<td></td>
<td>• never getting married + dying alone</td>
</tr>
<tr>
<td></td>
<td>• never having a girlfriend</td>
</tr>
<tr>
<td></td>
<td>• never meeting the right man</td>
</tr>
<tr>
<td></td>
<td>• no family</td>
</tr>
<tr>
<td></td>
<td>• no friends</td>
</tr>
<tr>
<td></td>
<td>• no one like me</td>
</tr>
<tr>
<td></td>
<td>• not being accepted</td>
</tr>
<tr>
<td></td>
<td>• not being liked by new people</td>
</tr>
<tr>
<td></td>
<td>• not being loved</td>
</tr>
<tr>
<td></td>
<td>• not finding a girlfriend</td>
</tr>
<tr>
<td></td>
<td>• not finding my true love</td>
</tr>
<tr>
<td></td>
<td>• not having a boyfriend (not being liked by boys)</td>
</tr>
<tr>
<td></td>
<td>• not having any friend</td>
</tr>
<tr>
<td></td>
<td>• not having any friends</td>
</tr>
<tr>
<td></td>
<td>• not having anyone to talk to</td>
</tr>
<tr>
<td></td>
<td>• not having friends</td>
</tr>
<tr>
<td></td>
<td>• not having someone to love me in the future</td>
</tr>
<tr>
<td></td>
<td>• not meeting the right fella</td>
</tr>
<tr>
<td></td>
<td>• not seeing my friends when I go to college</td>
</tr>
<tr>
<td></td>
<td>• ostracism</td>
</tr>
<tr>
<td></td>
<td>• parents going away/friends</td>
</tr>
<tr>
<td></td>
<td>• people not accepting me</td>
</tr>
<tr>
<td></td>
<td>• people not liking me</td>
</tr>
<tr>
<td></td>
<td>• people who dislike me</td>
</tr>
<tr>
<td></td>
<td>• people will hate me</td>
</tr>
<tr>
<td></td>
<td>• rejection</td>
</tr>
<tr>
<td></td>
<td>• state in my own</td>
</tr>
<tr>
<td></td>
<td>• the thoughts of being lonely</td>
</tr>
<tr>
<td></td>
<td>• to be alone</td>
</tr>
<tr>
<td></td>
<td>• to be rejected</td>
</tr>
<tr>
<td></td>
<td>• to feel like no-one cares</td>
</tr>
<tr>
<td>life</td>
<td>• life</td>
</tr>
<tr>
<td></td>
<td>• life in general</td>
</tr>
</tbody>
</table>

<p>| losing friends/boy/girlfriend | • afraid of losing all of my friends                                                                         |
|                               | • lose friends                                                                                                |
|                               | • loseing friends                                                                                             |
|                               | • loosing freinds                                                                                            |
|                               | • loosing friends                                                                                            |
|                               | • loosing girlfriends                                                                                        |</p>
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (losing friends/ boy/girlfriend) | • loosing my friends  
• losing a friend or relative  
• losing a good friendship  
• losing all my friends  
• losing friends  
• losing my best friend  
• losing my friends  
• losing my friends that I care about  
• losing very close friend  
• lost of friends  
• my boyfriend breaking it off with me |
| losing possessions           | • Dreamcast and personal objects smashed  
• drum kit + sterio taken away |
| nightmares/dreams            | • black cows with metal heads recurring nightmare  
• Im not on drugs  
• dreams |
| no education                 | • not getting an education  
• not having an education |
| no freedom                   | • being helpless  
• being in my house for the rest of my life  
• living with my parent until my 30  
• no being able to do everything I want to do  
• no freedom  
• not being able to go places  
• not being allowed move home  
• not being in control of my life  
• people controlling my life  
• someone controlling my life |
| no fun/enjoyment             | • being unable to dance or play guitar  
• no disco’s  
• no girls  
• not being able to play football  
• not having fun |
| no money/poverty             | • bankrupt  
• been poor when I get older  
• being bankrupt  
• being poor |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(no money/poverty)</td>
<td>• have no money</td>
</tr>
<tr>
<td></td>
<td>• haveing no money</td>
</tr>
<tr>
<td></td>
<td>• having a poverty stricken futcher</td>
</tr>
<tr>
<td></td>
<td>• having no money</td>
</tr>
<tr>
<td></td>
<td>• having no money when I am older</td>
</tr>
<tr>
<td></td>
<td>• losing all my money</td>
</tr>
<tr>
<td></td>
<td>• no form of income</td>
</tr>
<tr>
<td></td>
<td>• no money</td>
</tr>
<tr>
<td></td>
<td>• not having enough money</td>
</tr>
<tr>
<td></td>
<td>• poverty</td>
</tr>
<tr>
<td></td>
<td>• to have no money</td>
</tr>
<tr>
<td>no privacy</td>
<td>• communal showers</td>
</tr>
<tr>
<td></td>
<td>• invasion of personal privacy</td>
</tr>
<tr>
<td></td>
<td>• my parents knowing absolutely everything about me</td>
</tr>
<tr>
<td></td>
<td>• no privacy</td>
</tr>
<tr>
<td>not being fulfilled</td>
<td>• being unfulfilled</td>
</tr>
<tr>
<td></td>
<td>• not doing anything exciting in my life</td>
</tr>
<tr>
<td></td>
<td>• not fulfilling my life</td>
</tr>
<tr>
<td></td>
<td>• wasting my life</td>
</tr>
<tr>
<td>not getting married/having children</td>
<td>• not able to bring a family up in the future</td>
</tr>
<tr>
<td></td>
<td>• not been able to have kids when older</td>
</tr>
<tr>
<td></td>
<td>• not getting married</td>
</tr>
<tr>
<td></td>
<td>• not having a family when I’m older</td>
</tr>
<tr>
<td></td>
<td>• not marrying</td>
</tr>
<tr>
<td>old age/people</td>
<td>• getting old</td>
</tr>
<tr>
<td></td>
<td>• getting old and people around me growing very old</td>
</tr>
<tr>
<td></td>
<td>• going old</td>
</tr>
<tr>
<td></td>
<td>• growing old</td>
</tr>
<tr>
<td></td>
<td>• growing old and wrinkly</td>
</tr>
<tr>
<td></td>
<td>• my hair going grey</td>
</tr>
<tr>
<td></td>
<td>• old age</td>
</tr>
<tr>
<td></td>
<td>• old age!</td>
</tr>
<tr>
<td></td>
<td>• old people</td>
</tr>
<tr>
<td></td>
<td>• to be old</td>
</tr>
<tr>
<td>other people/types of people</td>
<td>• alcoholics</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>--------------</td>
<td>-----------------------------------------------</td>
</tr>
</tbody>
</table>
| (other people/ types of people) | • bisexuals  
• black people  
• drugies and whinos  
• freaks  
• garda  
• gay boys  
• gay men  
• gay people  
• gay person  
• gays  
• girls  
• homosexuals  
• Japenise  
• mad people  
• mean people  
• Muslims/Prodies  
• nackers  
• nackers that ask for something  
• other people  
• paedophiles and homosexuals  
• people?  
• [people from estate in town where survey took place]  
• people on drugs  
• people who act funny  
• quere people  
• scumbags  
• some boys  
• some people  
• strangers  
• transexuals  
• ugly women  
• woman  
• women |

| pain/pain-related | • being torchered  
• dentist  
• getting any major operations  
• getting hurt ie - mentally, physically, emotionally  
• getting my appendix out  
• getting my tonsils out  
• hospitals  
• hospitals/needles |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(pain/pain-related)</td>
<td>• hurt</td>
</tr>
<tr>
<td></td>
<td>• hurting myself</td>
</tr>
<tr>
<td></td>
<td>• hypodermic needles</td>
</tr>
<tr>
<td></td>
<td>• injections</td>
</tr>
<tr>
<td></td>
<td>• knives</td>
</tr>
<tr>
<td></td>
<td>• knives</td>
</tr>
<tr>
<td></td>
<td>• needles</td>
</tr>
<tr>
<td></td>
<td>• needles and injections</td>
</tr>
<tr>
<td></td>
<td>• needles</td>
</tr>
<tr>
<td></td>
<td>• operations</td>
</tr>
<tr>
<td></td>
<td>• pain</td>
</tr>
<tr>
<td></td>
<td>• people messing with knife’s</td>
</tr>
<tr>
<td></td>
<td>• sharp knives</td>
</tr>
<tr>
<td></td>
<td>• sharp objects</td>
</tr>
<tr>
<td></td>
<td>• stiches</td>
</tr>
<tr>
<td></td>
<td>• suffering</td>
</tr>
<tr>
<td></td>
<td>• thorns</td>
</tr>
<tr>
<td></td>
<td>• to get whipped by a red hot belt</td>
</tr>
<tr>
<td>place/area</td>
<td>• going down town</td>
</tr>
<tr>
<td></td>
<td>• Thailand</td>
</tr>
<tr>
<td></td>
<td>• [two estates in town where survey took place]</td>
</tr>
<tr>
<td>pregnancy/becoming a</td>
<td>• becoming a father</td>
</tr>
<tr>
<td>parent</td>
<td>• becoming pregnant</td>
</tr>
<tr>
<td></td>
<td>• getting pregnant</td>
</tr>
<tr>
<td></td>
<td>• getting pregnant before I’m settled down</td>
</tr>
<tr>
<td></td>
<td>• having a child</td>
</tr>
<tr>
<td></td>
<td>• having children (birth)</td>
</tr>
<tr>
<td></td>
<td>• pregnancy at a young age (for me)</td>
</tr>
<tr>
<td></td>
<td>• pregnancy</td>
</tr>
<tr>
<td></td>
<td>• teenage pregnancy</td>
</tr>
<tr>
<td>pressure</td>
<td>• being under a lot of pressure</td>
</tr>
<tr>
<td></td>
<td>• peer pressure</td>
</tr>
<tr>
<td></td>
<td>• per pressure</td>
</tr>
<tr>
<td>school/teacher(s)</td>
<td>• getting back to Moscow school</td>
</tr>
<tr>
<td></td>
<td>• Miss [surname]</td>
</tr>
<tr>
<td></td>
<td>• Principal</td>
</tr>
<tr>
<td></td>
<td>• school</td>
</tr>
<tr>
<td></td>
<td>• teachers</td>
</tr>
<tr>
<td></td>
<td>• to see the principal</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>------------------------------</td>
<td>----------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| self/image/reputation-related| • becoming gay  
• being an gambler  
• being laughed at  
• being mocked  
• being obesse  
• being pitied  
• being taken advantage of  
• being ugly  
• being used  
• developing a bad reputation  
• going anorexic  
• myself (really)  
• not being important  
• not being listened to  
• not being respected for who I am  
• not knowing what to do in important situations  
• people lying to me  
• standing up in crowds to speak  
• the things I say  
• what I'll be like when I'm older  
• what people think of me |
| sex-related                  | • anal sex  
• chicks with a penis  
• hairy nipples  
• having my manhood cut off  
• losing my balls + penis  
• used condoms |
| spiders                      | • arachnids  
• big hairy spiders  
• big spiders  
• speiders  
• spiders  
• spiders gettin' in my body  
• spiders/rats  
• spiders + rats  
• spiders (very big ones) |
| traffic-related              | • busy roads  
• I don't like cars  
• motorbikes  
• roads |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (traffic-related) | • sitting with a slow driver  
                     | • too much speed  
                     | • travelling at high speeds |
| unhappiness        | • being unhappy  
                     | • dissapointment  
                     | • having a job I hate  
                     | • hearing very bad news  
                     | • not being happy with my life (in the future)  
                     | • not having a good life  
                     | • not having a good life when I'm older  
                     | • not having a happy life  
                     | • unhappiness  
                     | • un-happiness |
| violence           | • dont like fighting  
                     | • fighting  
                     | • fights  
                     | • guns  
                     | • guns (if ever held up)  
                     | • I am not afraid of fighting but I hate it  
                     | • violence |
| war               | • a world war  
                     | • biochemical warfare  
                     | • entering a war  
                     | • nuclear war  
                     | • third world war  
                     | • war |
| water/water-related| • being out at sea  
                       | • big rivers that you could drown in  
                       | • boats  
                       | • boats/ships  
                       | • closed canoes  
                       | • sailing  
                       | • sea  
                       | • sea (deep)  
                       | • ships  
                       | • travelling on a boat  
                       | • water  
                       | • water (drowning) |
Code heading

other
(responses which each appear once only, and do not fit under any headings listed above)

Original responses included under code heading

- bones
- comedy films
- dirty nappies
- giant doormats
- God
- hair
- Hitler
- hoovers
- I afraid I never going to fear
- Liverpool FC getting relegated
- money
- Mother Theresa
- my hair falling out [written by a girl]
- never meeting my birth parents
- no clothes
- noisy places
- nuclear explosions
- people who do good things but don’t get thanked for it
- pictures of 3rd world countries
- Renault Clio
- space
- tandem bicycle
- the 3rd secret of Fatima
- toilet seats
- wet gravel
APPENDIX 19

ADOLESCENT QUESTIONNAIRE
QUESTION 9 - DATA REDUCTION CODE

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>abuse</td>
<td>• getting abused sexually</td>
</tr>
<tr>
<td></td>
<td>• sexually abused</td>
</tr>
<tr>
<td>accident/injury</td>
<td>• a bad accident</td>
</tr>
<tr>
<td></td>
<td>• a car hit the back of my bike</td>
</tr>
<tr>
<td></td>
<td>• a nail stuck in my stomach</td>
</tr>
<tr>
<td></td>
<td>• being in 7 car crashes in the last 2 years</td>
</tr>
<tr>
<td></td>
<td>• being seriously injured in a fall</td>
</tr>
<tr>
<td></td>
<td>• braking my leg and not walk for 2 month</td>
</tr>
<tr>
<td></td>
<td>• breaking leg</td>
</tr>
<tr>
<td></td>
<td>• breaking my arm</td>
</tr>
<tr>
<td></td>
<td>• breaking my elbow playing football</td>
</tr>
<tr>
<td></td>
<td>• breaking my leg, twice</td>
</tr>
<tr>
<td></td>
<td>• broke a leg</td>
</tr>
<tr>
<td></td>
<td>• broke both my ankles at the same time</td>
</tr>
<tr>
<td></td>
<td>• broke collarbone</td>
</tr>
<tr>
<td></td>
<td>• broke my arm</td>
</tr>
<tr>
<td></td>
<td>• broke my collarbone</td>
</tr>
<tr>
<td></td>
<td>• broke my leg</td>
</tr>
<tr>
<td></td>
<td>• broke my leg and four toes</td>
</tr>
<tr>
<td></td>
<td>• broke wrist</td>
</tr>
<tr>
<td></td>
<td>• burning my feet on radiator</td>
</tr>
<tr>
<td></td>
<td>• busting up my shoulder in a car crash</td>
</tr>
<tr>
<td></td>
<td>• car crash</td>
</tr>
<tr>
<td></td>
<td>• car crash/seeing my friend nearly die</td>
</tr>
<tr>
<td></td>
<td>• coming off my bike breaking my arm, nose,</td>
</tr>
<tr>
<td></td>
<td>noking out four teeth and having a big scar</td>
</tr>
<tr>
<td></td>
<td>across my head</td>
</tr>
<tr>
<td></td>
<td>• crash</td>
</tr>
<tr>
<td></td>
<td>• crashed a motorbike</td>
</tr>
<tr>
<td></td>
<td>• crashed by brothers car</td>
</tr>
<tr>
<td></td>
<td>• damaging my knee</td>
</tr>
<tr>
<td></td>
<td>• falling off a house/being hit with a brick by</td>
</tr>
<tr>
<td></td>
<td>my cousins and ending up in hospital</td>
</tr>
<tr>
<td></td>
<td>• fell hit my head couldn’t see for a while</td>
</tr>
<tr>
<td></td>
<td>• fell of a coal truck</td>
</tr>
<tr>
<td></td>
<td>• fell off a bike and sprained my ankle</td>
</tr>
<tr>
<td></td>
<td>• fell on to a train track</td>
</tr>
</tbody>
</table>
Code heading
(accident/injury)

Original responses included under code heading

• fell out of a car going at 60 mph
• finger caught in chain
• getting hole in chin and then getting needle in ass and stitches
• getting knocked down at the age of eleven
• getting stung by a bee
• got a dart stuck in my head
• got caught to a train + wasn't found until 2 hours I was dragged
• got hit by a rally car
• got knocked down
• got my finger caught in the door when I was 9
• having a car crash
• hit my head and woke up in hospital
• I almost broke my back, and split my head open
• I broke my arm
• I broke my arm and got chicken pox on my holiday to England
• I broke 2 bones in my leg - getting arrested
• I caught my finger in a door
• I crack my front tooth
• I cracked my head of a pain of glass
• I cracked my skull
• I cut my thumb on class and had to get stitches
• I fell
• I got glass through my eye
• I got hit by a car
• I got knock down by a car
• I got knocked down
• I was in a car crash
• I was in a fight and my front tooth was nocked back
• I was knocked down when I was 7
• in a crash
• knocked down by a car
• knocking my teeth up to my gums when I fell when I was 4
• shot in the leg
• sliced my finger open
• slit my leg in half
• split my head
• split my head open
• was in a bad car crash
• when I broke my collar bone
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>attack/beating up</td>
<td>• be bet up 3 year ago</td>
</tr>
<tr>
<td></td>
<td>• been attacked</td>
</tr>
<tr>
<td></td>
<td>• being attacked by 3 men at the [name of estate] entrance to [name of estate] when I was 15</td>
</tr>
<tr>
<td></td>
<td>• getting beaten up + getting a needle in my back (lumberpuncter)</td>
</tr>
<tr>
<td></td>
<td>• got stabbed</td>
</tr>
<tr>
<td></td>
<td>• I got a beating at a nightclub</td>
</tr>
<tr>
<td></td>
<td>• some scumbag started hitting me</td>
</tr>
<tr>
<td>bad alcohol/drug experience</td>
<td>• bad drug experience</td>
</tr>
<tr>
<td></td>
<td>• stomach pumped - nearly died by drinking</td>
</tr>
<tr>
<td></td>
<td>alcohol (vodka) + had a reaction to local</td>
</tr>
<tr>
<td></td>
<td>anasthetic - also nearly died</td>
</tr>
<tr>
<td>being bullied</td>
<td>• being bullied</td>
</tr>
<tr>
<td></td>
<td>• being bullied for a year</td>
</tr>
<tr>
<td></td>
<td>• being bullied in primary school</td>
</tr>
<tr>
<td></td>
<td>• being bullyed in primary school</td>
</tr>
<tr>
<td></td>
<td>• bullied in primary school</td>
</tr>
<tr>
<td></td>
<td>• bullied by teacher, missed school for 1 year as I was afraid to go back</td>
</tr>
<tr>
<td></td>
<td>• bullied in youth</td>
</tr>
<tr>
<td></td>
<td>• bullies</td>
</tr>
<tr>
<td></td>
<td>• bully</td>
</tr>
<tr>
<td></td>
<td>• bullied</td>
</tr>
<tr>
<td></td>
<td>• I was bullied in my previous school</td>
</tr>
<tr>
<td>death of family member(s)</td>
<td>• a death in my family</td>
</tr>
<tr>
<td></td>
<td>• aunty died</td>
</tr>
<tr>
<td></td>
<td>• brother dying</td>
</tr>
<tr>
<td></td>
<td>• close relatives dying, two within space of three months when I was young</td>
</tr>
<tr>
<td></td>
<td>• death in the family</td>
</tr>
<tr>
<td></td>
<td>• death of family + friends</td>
</tr>
<tr>
<td></td>
<td>• death of grandad</td>
</tr>
<tr>
<td></td>
<td>• death of grandmother</td>
</tr>
<tr>
<td></td>
<td>• death of my brother</td>
</tr>
<tr>
<td></td>
<td>• family members (plural) + friends dying</td>
</tr>
<tr>
<td></td>
<td>• father dying</td>
</tr>
<tr>
<td></td>
<td>• gradad dying</td>
</tr>
<tr>
<td></td>
<td>• grandad died</td>
</tr>
<tr>
<td></td>
<td>• grandad died</td>
</tr>
</tbody>
</table>
Code heading
(death of family member(s))

Original responses included under code heading

- Granny died
- knowing my uncle was dying
- loosing a relative close to me
- losing a grandparent while abroad
- losing my Dad, he died
- losing my father
- losing my grandfather
- losing my grandfather and my best friend
- losing someone close
- lost a family member
- lost my grandad
- mother died
- my aunt passed away
- my auntie died
- my brother dieing
- my brother dying
- my brothers and sisters dying
- my Dad dying
- my father died
- my father dying
- my granda died before I really got to know him
- my grandad died
- my grandad dying
- my Grandfathers funeral
- my grandmother died
- my grandmothers dying + the death of my friends father
- my granmother died
- my granny died
- my granny died 3 weeks ago
- my granny dying
- my great auntie and papa (grandfather) died
- my nan and grandad died
- my nanny dieing
- my sister died
- my sister dying but other than that I've been lucky so far
- my uncle died
- my uncle dying
- relations dieing
- the death of my grandfather
- to lose someone I love
Code heading

(death of family member(s))

Original responses included under code heading

- when my family members died, and getting hit by a car
- when my grandad died
- when my grandfather died
- when my grandmother died
- when my grandmother died it was the first time I experienced something like that
- when my granny died

death of friend(s)

- a close friend's father dying
- a friend's father died
- close friend dying
- my boyfriend died!
- my brother in-laws farther dying a few months before his wedding
- my friend died (over-dose)
- my friend dieing
- my friend drowned
- my friend + uncle died in the same year
- my friends mother died
- my 2 best friends dieing
- neighour died
- when my friend's father died I was devasted

embarrassing situation

- being embarrassed in front of my friends
- Getting in a “state” New Years eve. I will always regret it. “But its better to regret the things you did than the things you didn’t do” Ally Mc Beal.
- getting my eyebrows shaved off
- got slapped by a girl after asking her to show me her tits P.S. I was drunk
- my hair went wrong when I bleached it. pure yellow with orangy bits
- pissing my pants in public
- the microphone switching off when I was reading at a novena
- There is not one incident I can place that I haven't made an arse of myself. Sometimes its bad, sometimes its funny.

failure

- failing my Irish mock exam with 36%
- getting rejected from a job I applied for in a place I wanted to work for
Code heading

family illness/accident
Original responses included under code heading
- being told that my 5 year old cousin has a brain tumour
- brother got leukaemia
- family illness - when we thought our mother was going to die, on a day out in Dublin
- I accidentally broke my brothers arm
- my Dad went to hospital with cancer
- my Dads car crash
- my father having diabeties and so many people dying in my family + friends
- my father nearly died
- my grandad + uncle nearly dieing
- my little brother nearly died at 10 months old and again at 6 or 7
- my Mam has cancer + I have a high risk of getting it to
- my mother having a nerves breakdown
- my mother thought she had breast cancer
- my mothers heart stopping my father being in an accident
- nearly losing my brother
- when my dad got very ill/close friend dying
- when my father was involed in a car accident
- when my Mum had a brain tumor + I thought she would die
- when my sister got sick

family problems
- family problem when a was younger
- fighting with people ie: family members + friends
- having a mother that doesn't give a shit about me!
- having not known my father
- my Dad living
- relations alcohol + drug abuse
- when my mother + father fight
- when things were bad at home - alcoholic Dad
- witnessing my parents have a huge fight and when my dad didn't speak to me for over a week 'cos l snook out

friend's illness/problem
- finding out my best childhood friend is on drugs
- my friend and I were drinking + she had too much and had to go to hospital
Code heading
(friend’s illness/problem) Original responses included under code heading

- my friend had a meningitis scare and I thought I was going to lose her

frightening experience/ nearly dying

- a man tried to kidnap me - it happened to me 3 times
- almost dieing
- attacked by wasp nest
- climbing a tower
- fighting primary all the kids were on his side
- got stuck in a lift for hours + it was packed and I panicked because I'm clustic
- got threatened by a man with a gun
- held hostage in campus during the war
- I almost went blind
- I covered myself in paint from head to toe
- I got rapped in plastic and couldn't get out
- I got trapped in muck for 8 hrs and I couldn't get out
- I nearly got knocked down
- I nearly drowned
- I neverly got knocked down
- I was attacked by a dog
- I was in my room a I saw a big spider
- I was thrown in the swimming pool at school
- my lung collapsed (my near death experience)
- nearly being knifed as a child
- nearly drown
- nearly drowning at 6 yrs
- nearly drowning on holidays
- nearly drowning in a canoeing accident
- nearly getting knocked down by a car
- One Halloween night a strange man was chasing after myself and my friends. Also losing my two best friends whom I've known all my life.
- Was persecuted for several weeks by a group of lads after beating up one of them. Lived in Fear as they would wait for me after school. Fear does strange things to a man!
- when I fell into the river
- when I nearly choked on a sweet
- when I was younger I nearly drowned
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| getting into trouble/    | • accused by a “guidance counsellor” of bullying someone  
| punishment                | • arrested  
|                           | • beeing caught drunk  
|                           | • being chased by the cops  
|                           | • brought home by police  
|                           | • caught joyriding in a car  
|                           | • getting drunk and getting caught  
|                           | • getting in trouble with the guards  
|                           | • getting suspended and my bike taken of me  
|                           | • got caught robbing a house  
|                           | • staying out all night after the pub + then getting in trouble off my Mam + Dad  
|                           | • when I got into trouble with the Police  
|                           | • when I thought my Mam found out that I drink  
| getting lost              | • getting lost  
|                           | • getting lost in a shopping centre in England when I was small  
|                           | • getting lost in an airport at 9 years old  
|                           | • getting lost in Spain  
|                           | • got lost  
|                           | • I nearly got lost  
|                           | • when I got lost in Navan when I was small  
|                           | • when I was about 3 I got lost in Dunne’s  
| illness/hospitalisation   | • appendicitis  
|                           | • at 4 weeks, I had meningitis and was 60 minutes from death  
|                           | • being sick and having to stay in hospital for a while  
|                           | • developed lump on knee  
|                           | • finding out I had assma  
|                           | • getting an illness called aplastic anemia  
|                           | • getting needle put into my vein  
|                           | • going to the hospital to get stitches when I was young  
|                           | • having cancer  
|                           | • having two operations on my leg  
|                           | • I got diagnosed with I.B.S.  
|                           | • I had to have an operation on my arm  
|                           | • in hospital with meningitas  
|                           | • suffering with an eating disorder  |
(illness/hospitalisation)

- taking fits
- when I got stitches in my foot
- when I went into hospital

(losing friend(s)/friendship problems)

- being dumped by a girl I liked
- breaking up with my boyfriend
- dumped by girlfriend
- fell out with friends
- keeping too many secrets (should have told closest friends)
- losing a friend
- I kissed my friends boyfriend and I felt really guilty and couldn’t talk to her or him for ages
- I told a secret on my friend and she wasn’t my friend any more
- I was with this fella for 3 months and I brok it off with him not noing I was still in love with him. And now I conted get him back
- messing up + being rejected by a friend of mine
- my friend won’t ammit what she has said about me
- the thought of losing close friend, waiting for results of H.I.V. test
- when my girlfriend + I broke up

(moving home)

- moving out of Dublin
- moving to another country

(parental separation/divorce)

- father leaving the house
- father moving to Italy
- Mam + Dad split up
- mother + father seperating
- mother and fathers marraige seperation
- Mum + dad seperating
- my farther moved out
- my father left my mother
- my parents getting a divorce
- my parents split up
- my parents splitting up
- parents spliting up
- parents splitting up
- when my mam + dad separated
Code heading

(parental separation/divorce)

Original responses included under code heading

- when my parents split up for a while and my baby cousin Jack died

self-esteem/image-related

- having to wear glasses
- I believed bad things that people told me about myself
- I made a mistake I shouldn’t have made
- not doing enough exercise
- not given money to a poor person on the street
- people giving out to me at PE when its not my fault
- realising I’m not who I want to be. For the past 7-8 years, my life has been bad. My school life suffered + personal life suffered. I had severe mental stress. My faith, love was gone. Everything I was good at, my skills, failed. I hurt everyone, including myself. But now I found myself. I found my faith and now my life’s back on line. I now have humour, dignity, pride, courage, skills, intellect and priorities. I am going to be someone!
- when I got slagged over not having my hair cut

sport-related

- losing a gaelic final
- losing football finals/relations dieing
- the Cilles beating the Pats last Saturday
- when I left soccer because I was not getting on

other
(responses which each appear once only, and do not fit under any headings listed above)

- be unemployed a left alone
- birth
- coming to school after a great weekend
- coming to this school
- falling in love
- finding out about Santa
- get pregnant at this age
- living in a refuge
- nearly getting a girl pregnant
- things going in slow motion in my head
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(other)</td>
<td>• when i lost £50</td>
</tr>
<tr>
<td></td>
<td>• when I was five I dropped my ice cream in a shopping centre</td>
</tr>
<tr>
<td>none/don’t know</td>
<td>• don’t know</td>
</tr>
<tr>
<td></td>
<td>• I can’t think</td>
</tr>
<tr>
<td></td>
<td>• I don’t know</td>
</tr>
<tr>
<td></td>
<td>• I dont relly rember anything</td>
</tr>
<tr>
<td></td>
<td>• not sure!</td>
</tr>
<tr>
<td></td>
<td>• Not sure. Can’t think of anything.</td>
</tr>
<tr>
<td></td>
<td>• nothing</td>
</tr>
<tr>
<td></td>
<td>• nothing bad has really happened</td>
</tr>
<tr>
<td></td>
<td>• nothing has happened yet</td>
</tr>
<tr>
<td></td>
<td>• nothing really</td>
</tr>
<tr>
<td></td>
<td>• nothing realy</td>
</tr>
<tr>
<td></td>
<td>• nothing terrible has ever happened me</td>
</tr>
<tr>
<td></td>
<td>• nothing that bad ever happened</td>
</tr>
</tbody>
</table>
APPENDIX 20

ADOLESCENT QUESTIONNAIRE

RESPONSES TO QUESTION 23
(“Write down what you think of when you think of death.”)

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>12</td>
<td>m</td>
<td>airplane crash</td>
</tr>
<tr>
<td></td>
<td></td>
<td>getting shot</td>
</tr>
<tr>
<td></td>
<td></td>
<td>getting stabbed</td>
</tr>
<tr>
<td>12</td>
<td>m</td>
<td>I think that you die and become reborn again and sometimes I think that you could disappear and never come into the world again.</td>
</tr>
<tr>
<td>12</td>
<td>m</td>
<td>Sometimes that I will dead or that my family is death</td>
</tr>
<tr>
<td>12</td>
<td>m</td>
<td>I wonder what death is like: is it a constant sleep or do you go to heaven or are you reincarnated</td>
</tr>
<tr>
<td>12</td>
<td>f</td>
<td>I get kind of scared. I know what death is and all, but it is hard to imagine it happening to yourself.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>An aeroplane crash</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A truck colliding with a car</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A sinking ship</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Someone shooting themself in the head</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think of the grim reaper and Satan, God angels + sometimes heaven</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Sadness for the believed</td>
</tr>
<tr>
<td></td>
<td></td>
<td>About how I’ll cope</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think of when your dead thats it your gone you cant think see hear nothing just gone forever</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Its like being asleep but theres no dreams.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>My funeral and what music I will play at it and I think I’ll have a green headstone</td>
</tr>
<tr>
<td></td>
<td></td>
<td>The music will be (Stayin Alive)</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I don’t think about it</td>
</tr>
</tbody>
</table>
Age  m/f  Response

13  m  Being put under ground  Being Buried  I do not like small spaces were do your soul go down or up do you go on a journey in afterlife

13  m  NO

13  m  I dont think of death much

13  m  Being shot in the back + going to heaven.

13  m  If my family died

13  m  Black - pitch black/Hell/Blood Funreal/Crying/Sympthay

13  m  When people go to heaven and are buried in a graveyard.

Response to Q. 34 ("What really upsets you or scares you?") - Seeing someone dying

13  m  I will never be alive again and it would be like i did nothing all my life

13  m  That you will never be able to do anything good again like get guitars, bitches, drink and drugs and their might not be any good stuff like heavan

13  m  Dead decaying corpses dressed in mouldy old funeral suits with earwigs crawling through their eyes and maggots inside your head eating your brain.

13  m  I think what if there was a fire and my sister and parents were killed what would I do

13  m  Will I die today, tomorrow next week things like that

13  m  I think death is a good thing because the person is going somewhere better than the world we live in.

13  m  I think there is nothing worse than death and that you may or may not go to heaven.

13  m  There will be nothing to do.
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>13</td>
<td>m</td>
<td>[respondent ticked “never” for Q. 22]</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think of what it would be like lying in a grave.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think that I would be in a place full of people and girls and then I would take a potion and I would be reborn again and I would forget everything of my past life.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I usually think of death when I am on the motorway with a lot of cars around because see a lot of car related death on TV.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Stop!!! Thats all I think of, maybe there isn’t a God, Will I go to hell, heaven, what I want done with my body eg. cremated . . .</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Dying</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>When I think of my death I can’t (but trying to) understand how could I not exist in this world, I mean I can’t imagine how can I not exist at all. I mean I have to be somewhere.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think it is stupid and that you should live your life to the best that you can while you can</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>[respondent ticked “never” for Q. 22]</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Dying.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>A life is lost and I would think of that person a lot.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>When I think of death I think of dying peacefully and having a nice funeral.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think that it arrives gradually for a natural death which I don’t like because elderly people know there going to die soon</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I think of horrible deaths. Deaths which would shock you, and in this life, if you are good you shall go to heaven and if bad you shall go to hell.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I just remember its not going to happen soon. hopefully.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Lonliness, sorrow and not understanding.</td>
</tr>
<tr>
<td>Age</td>
<td>Gender</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>--------</td>
<td>----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Every one dies at some stage so I do not really mind if I die.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I believe that when you die there has to be something else. After I mean. But when I think of death I see black, darkness and sadness.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Coffin, grave, how others would react to my death.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Dying</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I try not to, but I just think how I don’t want to die without accomplishing anything in my life.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>My family dying</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>Never seeing someone again, waste of a life (waste of talents, hobbies etc.) heaven/reincarnation</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>I think death is sad.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>not been able to breathe, sad and alone.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>I always wanted to kill myself but when I got with my boyfriend I forgot all about it.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>When I am really tick I’d say I with I was dead and I think of people I know dead.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>I think of dieing in a fire were Im completely hot and then I start burning then I blow up.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>today cause last year my nephew dies and I drop out of school cause of that.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>I do not like it because it is not a nice think to think about</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>I think of never being able 2 cope if a member of my family died or if they could cope if I died.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>Somebody close dying. I scares me Sometimes a remember my Aunt’s death and cry. I won’t like talking about death.</td>
</tr>
</tbody>
</table>
Age  m/f  Response

13  f  I sometimes feel scared but I know that there is life after death.

13  f  Murder
       Accident
       Funneral
       Sorrow.

13  f  I feel sad and don't want to die.

13  f  Sadness and drowning.

13  f  My Granda
       Where will I go to heaven or hell
       When will I Die
       Will people miss me when I go

13  f  I always think of heaven and hell and wonder which one I'll go to.

13  f  Maybe there's no life [after?] death but I believe in God so I believes there's "heaven".

13  f  I think it's when someone goes from this world to another while leaving friends and family

13  f  I think what it would be like and if it will hurt a lot and what will happen after I die

13  f  I think about close people I know who have died. I wonder if there is heaven or if it is the end.

13  f  I think of a loved one dieing
       at the pain and heartbreak I would go through.

13  f  I think sometimes of pain + suffering but I try to think positive but death does not appeal to me that way. I am very frightened of death.

13  f  I'm afraid I'd have a painful death. Like cancer or in an accident. When I die I want to die in my sleep. Then after that I'll be in heaven.

14  m  Dieing in car crash.
Age  m/f  Response
14  m  I don't think of death.
14  m  I think of people dieing.
14  m  I think of the grim Reaper.
14  m  When you die you move on to another life.
14  m  It is going to happen to everyone so do not worry about it.
14  m  My Grandmother.
14  m  What happens when you die.
14  m  What happens when you die, what it feels like.
14  m  I get scared.
14  m  i dont really know much about it.
14  m  Missing your family + friends and not knowing what would happen to you.
14  m  I believe when we die we go to heaven and we live there forever.
14  m  grandfathers
14  m  Like you die at a young age I think you can't come back to all your friends and family and I don't want to die.
14  m  I think that death is inevitable but I fear it never the less.
14  m  [left blank]
14  m  Being buried in a coffin.
14  m  Who will die first. I dont want to go through something like that.
14  m  I think dark and cold and then you go to heaven to beatiful women
14  m  I don't want death to come as it scares the shit out of me and I really don't like
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 m</td>
<td></td>
<td>I think of a painful way.</td>
</tr>
</tbody>
</table>
| 14 m | | What the world will be like  
What will happen  
Will I still be able to think  
What will happen with the people I know |
| 14 m | | Nothing to be afraid of once your dead you feel no pain |
| 14 m | | I think of heaven and hurt if it was someone close to you. |
| 14 m | | I think of a person being buried in a graveyard. The people pouring [ ... ] + soil over you. But do you believe in life after Death. Only the people who have died know. |
| 14 m | | The grim reaper, Satan.  
Hell  
Heaven  
God |
<p>| 14 m | | I think of my cousin you got killed because a wall fell on top of him and I think of my friend who hung himself. |
| 14 m | | I think we go to heaven and becomes Spirit and our ancestor or If you bad you just in the box and you're never even thought off. |
| 14 m | | Dying horrible Deaths, or someone close to me Dying (like my mother) |
| 14 m | | Do not go to heaven. It will happen to all of us at some stage in life. It can be the most thing you are afraid of or it can be a good time if you believe in heaven. |
| 14 m | | [respondent ticked “never” for Q. 22] |
| 14 m | | when you dye |
| 14 m | | I think when its going to be me or a family member that very old or sick. |
| 14 m | | I wonder is there a God, will our souls rise to heaven. (heal.) |
| 14 m | | I think of death as a bad but good think its bad because you lose your life good because you go to a better place |</p>
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>14</td>
<td>m</td>
<td>When you die it is the end of Everything</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>My mam dying</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>That is it when you die, you will never ever come back.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>What will happen to me and what the meaning of me living is.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>losing my family and friends and everything I have and making people very unhappy</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>A funneral, a hospital, heaven, hell.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>No seeing, hearing, speaking no able to move. Believe in heaven/Hell</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>Everyone has to face it, it will happen. I like to think I've gotten over fear of it.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>I think of pain and how would I die.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>Going to heaven after you die.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>Not being alive - not breathing or conscious.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>losing family/friends</td>
</tr>
<tr>
<td></td>
<td></td>
<td>not being able to do things I want to do</td>
</tr>
<tr>
<td></td>
<td></td>
<td>being alone</td>
</tr>
<tr>
<td></td>
<td></td>
<td>no one caring if I died</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>my dad and all my other relations that are dead and why it happens to such young people</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>I think of a life after death, but that kind of scares me because life after death is eternity + that scares me.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>I think of sadness if it was someone I knew. I think of inner peace if it were me, but I wouldn't want to leave my friends + family.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>Being in heaven with my friends and family.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>how other people would feel if you tried to kill yourself.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
</tbody>
</table>
| 14  | f   | I don’t think of death.  
But I hope when you die your there with all your family.  
In heaven. |
| 14  | f   | My mother  
My grandad.  
Car accients. (etc.)  
hospitals. |
| 14  | f   | It’s for old people not babies and children and there should be  
more done to stop babies + children from dying. |
| 14  | f   | I think of someone dieing like my dad in an accient. |
| 14  | f   | I am afraid that I will never get to live my life I never get married  
or have chirdren. |
| 14  | f   | My Auntie that died a coupl of years ago. |
| 14  | f   | I do try not to think of Death Because everytime I think of death I  
get shivers up my back. |
| 14  | f   | I think it's freaky and wierd and is pointless. |
| 14  | f   | Tragic accidents.  
Peaceful old woman calling you. |
| 14  | f   | When I get in trouble with my parents and my sister calls me  
names and wishes I was dead I think of death like that |
| 14  | f   | I think of been in a box in the ground and waking up and u  
can’t get out |
| 14  | f   | U go into a different world as a spirit & u see other people  
belonging to u! |
| 14  | f   | When I think of death I think about suicidal and people being  
killed. |
| 14  | f   | I think death is a very scary thing because we all have to die at  
some stage in our lives |
| 14  | f   | Of being seperated from my family and friend. I feel sad. I  
don’t want to be rotting 6 feet under. |
Age  m/f  Response

14  f  I don't exactly think of it. I think of my grandparents and Aunts and Uncles which have died.

14  f  Sometimes I'm Afraid of death and that I don't want to die but othertimes I want 2 Die

14  f  I think you just die, just keep on dreaming. You see nothing, just freedom from this world.

14  f  Death is going to happen eventually, its the only thing you can be sure of so why be afraid?

14  f  Everyones life has to end sometime its not as if its a surprise no-one told you about Im ok with it as long as I get a fair chance at life first

14  f  I don't believe in Jesus and the church, but I think that when some-one died his or her spirit still is here.

14  f  What will happen to me when I will die? How are going to fell the people I love? Will anybody miss me?

14  f  [respondent ticked “never” for Q. 22]

14  f  I think of people close to me that have died or what would happen + how I would feel if a friend died. I also think I would like to go to heaven + hope there is a god.

14  f  I just sometimes think how awful it would be for someone in my family die or what it is like to die.

14  f  I am scared of it and I think of all the ways that I might die. I have horrible thoughts and I don't like to think about it.

14  f  I'll be alone, I don't know what will happen to me. I might not be with my family. I'll miss my old life.

15  m  people getting shot all around me and people being hanged

15  m  Wher are we relly going to

15  m  Killing my self and what way I'd do it because life is Shit
Age  m/f  Response

15  m  [respondent ticked “never” for Q. 22]

15  m  I just thing about the way everyone has to die sometimes + it’s scary

15  m  Coming back to life when buried.

15  m  [respondent ticked “never” for Q. 22]

15  m  When I think of death I feel sad
I image a dark room and no way out and to be left there alone forever

15  m  Your heart shuts down, blood stops moving round your body. Your put in a box, buried + don’t go to any kind of after life.

15  m  I think of what Death is like. What life is really like. What would others do without me

15  m  I think it must be the most horrible thing to happen to somebody, particularly if you are young.

15  m  Dying. The end of every. I wonder what its like. The worst way to dye being traped in a room filling with water. The best way being shot in the brain/heart.

15  m  I don’t really think of it too much as it is hard to imagine what it would be like.

15  m  Killing myself and before I do so killing all the people who I am expected to be as good as and who I am supposed to look up to.

15  m  no return/loss
sadness
lonely
rebirth

15  m  going to a better place + being with the people I love

15  m  loseing somebody you know

15  m  I would feel like crying if i saw a person dead
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>m</td>
<td>I don’t know what to think he make me curious because I don’t know what it is Iam not too afraid of dying but Iam afraid of my family or friends dying.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I think about robbing a car but at the same time I’m scared I crash and die or kill someone else.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>When you die, it is like when you go asleep your in a dream world. People who believe in any type of God will meet them, it’s all in the mind.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>[left blank]</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I think of fear graves sorrow and wonder.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Heavan, meeting relatives who died before me. Happiness. I also fear this might not happen.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>wath will it be like when am gone and is there a such thing as heven.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I think that when i am out in the van i will die in a crash.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>[respondent ticked “never” for Q. 22]</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>tears sadness regret</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I think of a funeral and what I would like at it.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I think death is bad and I fear it. I don’t like to think about it because I don’t want to die.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I think it would be relaxing but I wouldn’t want to die because I’d lose my friends and family.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Family members dieing.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Feeling light as a feather.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>going to a place with millions of gorgeous women free beer, smokes a place like Hawai.</td>
</tr>
</tbody>
</table>
Age  m/f  Response

15 m  I just think that I was too young to die and never done things that I wanted to.

15 m  What would I do if someone I knew died and what is there after death?

15 m  Losing someone close or dieing slowly + painfully

15 m  I think that it is worse for the people who are left behind eg. friends family

15 m  a coffen pale skin

Losing someone close or dieing slowly + painfully

15 m  I think that it is worse for the people who are left behind eg. friends family

15 f  a coffen pale skin

Life after death.

15 f  I dont mind the thought of me dying but If any of my family or friends died I'd go mad.

15 f  Not sure.

15 f  usually a close friend or a close family member dying or being killed.

15 f  I think of what it would be like to never come back, to see if the world has changed at all.

15 f  Blackness, I think is it going to be the same as when your sleep you don't know what's going on. I'm very afraid of Death. But I also think there's another life.

15 f  I think when I die there is going to be an angle there as soon as I close my eyes and he/she will bring me to heaven.

15 f  that things would change and that I wouldn't be their having fun with my friends/family but I'd be watchen over them.

15 f  When I think of death I think of being alone and nobody there with you.

I also think of being put in a whole 6 feet underground and been eating by worms

15 f  Sudden, without getting a chance to tell all my loved ones just how much they mean to me.
<table>
<thead>
<tr>
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<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td>f</td>
<td>When my Mam or Dad gives out I feel so bad and I would love to kill myself.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I think of a coffin and scary things but then I think of a better place. Its all happy and nice and you meet all your dead relations and friends.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I am afraid and scared of death + what it might be like.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I fear death because you'd be alone + in darkness.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I think it’s when you just fall into a deep sleep. All of your problems are over. You won’t feel any stress or strain, you’d just feel at peace.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>life is over and you’ve had your chance</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>When I think of death I think of hurt and loneliness.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I think of seeing my own funeral + no one is there + everyone forgets you in awhile. I often dream of this + it scares me.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>death is being buried and going to heaven (but I don’t total understand!)</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I am afraid of Death</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>don’t know really - a lot of things - Heaven? people being left behind, sadness, afraid.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>How I’d die - young/old painful/painless - whether I’d be buried or cremated and if anyone would miss me + if there is a heaven!</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I just think that it would be wierd and make up different things that happen to you when you die.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I know that we all have to die sometime but I don’t want the people I love to die before me.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I feel sad and then wonder is there point of life at all</td>
</tr>
</tbody>
</table>
Age  m/f  Response

15  f  I think it's scary and it upsets me a lot if someone close to me dies. I think about what it would be like if my parents or sister died and how I would cope.

15  f  When people who are close to you die you feel sad and upset. But thinking about meeting them in an afterlife makes it somewhat better.

15  f  going nowhere, darkness, endless, lonliness.

15  f  I'm not afraid of dieing more of dieing painfully, I'm afraid more of pain or paralysation.

15  f  pain, suffering, loss, darkness.

15  f  How I'm going to die or people close to me who died

15  f  going to somewhere were at last I could be a happy free soul.

15  f  [left blank]

15  f  [respondent ticked “never” for Q. 22]

15  f  I find it very creepy, and scary, I can not touch dead bodys, even thinking of it I cry.

15  f  about when my father nearly died in a crash and about how he is going to drink himself to death. About how I will cope with that.

15  f  People (family) Being hurt and Destrot.

15  f  THE END of someone.

15  f  Sadness, gone, out of here.

16  m  I would to know what happens to you when you die like does your spirit go anywhere like to heaven or even hell

16  m  I think of what would I do without the person I was thinking was dying

16  m  P.S. (I am not evil)

16  m  graves, grief, sadness, funerals, buried alive.
<table>
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<tr>
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<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>m</td>
<td>where I'll go. is there an afterlife? what's it like?</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>I am not afraid of it. Everyone dies, I don't want to die and I won't wait for death, I will live my life to the fullest but it will be my time sometime.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>I think of dying or the people who I love around me dying and then I would be alone in the world.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>Leaving loved ones behind. Not getting to say goodbye. I also see it as a new beginning which takes away the eeriness.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>Not really that much. I think everybody thinks about it, but not everybody takes it seriously - (suicide). I think of grief and anger and memories.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>It think is there a heaven and were we would go and wants the meaning of life and I am scared of death</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>Who made us. Why we die. Will this world continue for others. Maybe life isn't real or maybe this is heaven. Is there life after death.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Response to Q. 34 (&quot;What really upsets you or scares you?&quot;) - dying alone.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>[respondent ticked “never” for Q. 22]</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>When I think of death of wonder what it is like. I wonder do people know how much they are being missed. I can't image being dead leaving all my family and friends.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>I think of suicide. I think of my mother finding my body and crying. I think about my family breaking up because of this.</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>When I think of death it doesn't bother me I see it as a step in life. I'm not a large fan of Christianity but I do believe in GOD</td>
</tr>
<tr>
<td>16</td>
<td>m</td>
<td>Sometimes i think of the death of my parent and what it would be like if they did die. I think of how sad and lonely i would become.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
<tr>
<td>16 m</td>
<td></td>
<td>I think sometimes about dying very badly especially drowning because I can’t swim and I hate water.</td>
</tr>
<tr>
<td>16 m</td>
<td>[respondent ticked &quot;never&quot; for Q. 22]</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>I think of getting shot in a drug raid.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>My life one minute and being around people the next minute I'm alone underground. I'm not scared of being alone just of death.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>Death will come to us so there is no point thinking about it not every body knows how they will Die but you can have a say about how you go out.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>[left blank]</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>dust lying there for ever and not seeing anyone ever again for ever.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>What it would be like to die.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>I think of what would happen to me during and after death.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>Not being afraid. Sometimes silence and darkness.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>Is it the end or is there really a life after death.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>Nothingness, Grim Reaper, Horsemen, coming back (!), Peoples reactions to my death</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>Dying</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>That after I die where will I end up, what comes after death?</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>I don't know where I'm going to go or what's going to happen, I think of rotting in the ground, but I hope to go to heaven.</td>
<td></td>
</tr>
<tr>
<td>16 m</td>
<td>Feel scared by the thought of it.</td>
<td></td>
</tr>
<tr>
<td>16 f</td>
<td>heaven.</td>
<td></td>
</tr>
<tr>
<td>16 f</td>
<td>I will not think of nothing because I will be death.</td>
<td></td>
</tr>
</tbody>
</table>
Age  m/f  Response
16  f  I don't like death and sometimes think of what it's going to be like when I lose my parents.
16  f  something that you will never know about until you have gone yourself
16  f  someone dying and everyone crying
16  f  sadness, grievance, afraid, angles, graveyards, clouds
16  f  I don't really know. It's hard to explain. It's like I think a big hole is going to swallow me up!
16  f  When I think of death I think of when I'm dead. Everyone is just going to forget about me and get on with life. That's what most people do.
16  f  [respondent ticked "never" for Q. 22]
16  f  I don't know and that is why I just think as if you're gone and that is the end of you
16  f  How would everyone react. What would it be like.
16  f  People not missing me, everything shuts down and you have no after life - It's all black!! life being over
16  f  How hard it would be for me to cope if my mother, father, brothers or my granny who I'm very close to died.
16  f  sad, afterlife, scary.
16  f  A Horrible place, questions go threw my head like what is going to happen? where do you go? + why?
16  f  If there's another Life. What would it be like. How would I die and who would I miss the most.
16  f  Well it's hard to say. All I know it's frightening and I don't really like to think about it. But I think to myself I'm not the only one. Basically I'm scared of being in a coffin 6 ft under. That frightens me.
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>f</td>
<td>Sometimes I think of life after death and it being everlasting. It just goes on and on and on and that freaks me. Where does it stop? I'd be too tired for that.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>I think that death is something we will all go through in the end. Death of a friend/family can be very sad but everyone has to die.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Buried in a coffin and waking up.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Afraid and scared of dying and been buried, underground.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Put in a box all alone and left their to rot and everyone forgets about you.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>There is no heaven, people arent alive anymore (they are just dead).</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Where will I go because so many different religions who is to say who is right!</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>People reappearing to you. Seeing god at the gates of heaven knowing that if you ever do anything wrong you could go to hell.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>cause I lost my uncle I think of the sadness, the anger, coping with the pain.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>I'm not afraid of dieing because I know it has to happen sometime but I'm afraid of not dieing naturally. I think about how horrible life would be without someone I love not around anymore.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>I used to be afraid and I always thought of hell but now its just something thats going to happen regardless. I don't fear it but I'm not looking forward to it.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Going under the ground or seeing my face in the coffin but In my mind I'm still alive but everyone else thinks I'm dead. also it scares me! the thought of losing friends or family.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>coffins, people crying, heaven, God, graveyard.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>The end is the beginning of the end.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Black, lose close firends, not fair, sad</td>
</tr>
</tbody>
</table>
When you die, you die there is nothing you can do about it.

family members dying

Feeling of mortality and inevitability. Helplessness.
Feeling of loss and sadness.

What it would be like if certain people were to die eg. family/friends.

A state of mind, a glow

living your life till you reach a ripe old age like 80 or else dieing
with honour and achievement

This year one of my friends mothers died. When I think of it I
think of what it would be like if my mother died. Grandfather
died also: Don't really mind as his life was over, he had lived a
full life.

its just a part of life and its something that will happen to us all
so “eat drink and be merry for tomorrow we die”

I think of what will happen when I die/what it would be like/I
think of not ever dieing but I know its going to happen.

Never to be seen of again.

you'll be happy no matter where you are or where you go.

Coffin, clouds, angels, hell, Bob Marley, Graveyard,
Hillsborough.

black, Coffins, hospitals, Murder.

When I think of death I think of my family and friends that have
passed on

What will be said about me at my funeral, who would be their.
What would I be wearing, what I would like to wear, who would
speak about me.
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>17</td>
<td>m</td>
<td>I think of things I could do to myself.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>When I think of death it is not always about me its my grandparents and people i know.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Family and Friends who are already dead</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>My grandad who died want I was 6 year old. I love him.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>How I am going to die</td>
</tr>
<tr>
<td></td>
<td></td>
<td>What will happened when I die</td>
</tr>
<tr>
<td></td>
<td></td>
<td>How will people feel</td>
</tr>
<tr>
<td></td>
<td></td>
<td>How my funeral will be.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>All the poeple who dead for there country in war and my Granma and Granda</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Maggots eating your brain</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>I think about what it's like when you die and What the effect would be on family and friends. I also think about if I am afraid of Dieing or Not.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Everyone is afraid of dieing</td>
</tr>
<tr>
<td></td>
<td></td>
<td>I really do not have any strong points on the subject</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>What would people say or do when I die about me.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>That I might die young. I think about the death of my Grandad. I think about my parents dieing.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>WHAT HAPPENS WHEN U DIE; LIKE U CANT BELIEVE IN ANYTHING EXCEPT THAT U DECAY; ITS CONFUSING!</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Nothingness.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Cancer which killed my Grandmother and two of my Parents Friends and my best friends Uncle.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>I usually think of other people dying. Mostly people close to me and try to understand how I would feel and react.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>I die in all these painfull ways</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>I am not afraid to Die nobody knows anything</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>I think of death.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Not religious, therefore I don’t fear anything after death. I'm not scared of dying, but wouldn’t like leaving people behind</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>DEAD PEOPLE</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>[respondent ticked “never” for Q. 22]</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I think if god love us He wouldn't take away the people we love. But I think it is OK and I am never going to be afraid of it.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>The end of something and the beginning of something else. Its the inevitable so why worry.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>That something where put on earth only for one thing, too make more of that kind.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>trying to come to terms of that particular loved</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>When someone dies there finished liveing on Earth</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I wonder if there is a heaven. And if I go there would it be paradise + would I find all the people I love. Going into a box into the ground.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>not seeing family/friends again.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>When I think of death I think of happier things I'm not afraid of dying because I feel that there will be a more peaceful and better place to go.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Dont think about it.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>1) Where Im going to go when I die</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2) Is there really a hevean + God.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Leaving the world, my friends + family behind I'm afraid of what is out there. What will happen to me. - I'm lonely. I wonder who will be at my funeral.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
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<tr>
<td>-----</td>
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</tr>
<tr>
<td>17</td>
<td>f</td>
<td>being put in the ground. waking up when you are in the coffin. being throne in the river Falling in the Boyne.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Old age, wrinkled, married to an old wrinkled man, plenty of children + grandchildren. and achieved all I wanted to achieve. seen the world and experiencned things.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>A long tunnel with light at the end of it. Loneliness aswell.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>How going to die. If a loved one died how would I feel afraid</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I dont like to think of death as I dont believe In the 'afterlife,' as I am a very deep thinker. Often when I think of death I get very depressed.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Missing the people who I love that have gone.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Leaving the people that I love. Also wishing nobody close dies. I'd like to die before everyone else in my family.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>being alone without my family. (and sometimes I dream how many people would come to my funeral!! I'm not a psycho!!!)</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I think of dying painfully and taken down underground and having little things nibble at me. Also seeing my parents and friends upset over my death and not being able to see them ever again.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I think of the pain and how I hope I die in my sleep. I want to die after my Mam + sister</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Your dead + gone for ever + thats it.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I think all the problems I had will be all over if I die.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I think of going to a better place then Earth. I believe in Heaven.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>black, dark, lonely cold scared.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
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<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Where friends and family are concerned, I think of how sad I would be, how much I'd miss them + what I'd do without them. I know there's a special place for me.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I sometimes think what if I died at a young age. That scares me. But most of all I have a fear of someone close to me or that I love might die on me.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Sometimes its a thoughts of freedom + release, other times its thought of fear + pain</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>When Im on my own like in my house when no one is there.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I'm not afraid of death. I would hate to live forever, so to me death doesn't bother me. Its a part of life.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I don't understand it. I wonder what it is like and if you see loved ones that have died afterwards. I wonder if we are reincarnated.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Lying under the ground in a box with the maggots eating you + wondering what happens to them. Is there a heaven?</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Where you go to? Is there a heaven or do you come back as something or someone else all over again? Lying in the ground being eaten by maggets.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I think that I'm dead and I'm in a coffin being put into a grave.</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>sometimes I think of what my owne funneral would be like. The ondly scary part of death would be loosing a dear companion family friend etc. I believe in God so I am not afraid of dying. I wouldn't like to have family in despair.</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>The people that have died that I now</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>Not much!</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>I am afraid of dying. Causing grief a suffering to friends + family having seen the death of my grandfather</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>What it would be like if someone I knew died.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
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<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>I just think it is the end of life. I just hope I live long enough first. If I realise all my goals I would die happy. I think of death when I have time on my own.</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>[left blank]</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>Not sure. Somewhere bright and boring.</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>When I think of death, I think of what way death will take me - in an accident or in my sleep, at what age it will take me and where will I go from there.</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>I think that you go somewhere else to another world maybe</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>I wonder what the afterlife will be like and wonder why everyone fears it so much as we never truely die</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>When you die thats it. There is no Life after death. Your spiritual energy returns to the earth.</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>Not a lot about the actual event, more about what (if anything) happens afterwards - theological debate.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>When I think of death it is very frightening. I feel as if someone belonging to me is going to die or even me or even if sombody close to me has died.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>When I think of a death I say to myself is it really going to happen or I say no it is only me thinking.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>how am I going to die</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>I think that I will go to heaven and that their is an after life and I will meet all the people I knew who died before me.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>All the people in my family that have died and what it would be like to die.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Feeling of being alone not knowing what is going to happen to you or where you end up. Never being able to see family or friends again. Fear of the unknown.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>people wearing black stuff coffins no heartbeat</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>I think of dying.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>I think of lying alone in a coffin - as if it is a nightmare but I can't wake up. I'd like to think that there is life after death but I just don't know.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>What I will feel when my grand-parents, parents, brother or friends die. I know I won't be able to handle it.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>I think about what happens after you die, how you exist no more or can you see + feel everything around. I think of lying in the coffin + nothing.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>afraid + scared of leaving people behind</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Someone having a fight and leaving the house really upset and crashing or someone never coming home and then you get a phone call.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Death is enevitable it's going to happen. It's horrible when someone you love dies. But I believe in Angels and they look after you.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>I think its sad you have died + can't enjoy life no-more. + I wonder is there a heaven.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>What is after death, where are deceased family members and friends.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>I think of how I would react to someone in my family or my boyfriend died. I usually wonder wether I would cry or not and how I would cope</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Think of what it would be like if any of my family or friends died, of how sad I would be and how hard it would be to continue with my life.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>OF MY PARENTS FUNERALS AND HOW I WILL HAVE TO TRY AND COPE WITHOUT THEM.</td>
</tr>
</tbody>
</table>
Age  m/f  Response
18  f  I imagine the death of a close relative and wonder how things would change. If this should happen, there would be a degree of responsibility, and I wonder about the guilt which would be felt by myself or others in my family.
18  f  [left blank - page skipped]
19  m  • How the family feels.
     • How do I feel.
     • Would I touch a dead person.
     • I would like to carry the coffin.
19  m  That however you lived your life good, bad or both you'll end up with a certain afterlife because of that
19  f  As an easy way to get out
[ ]  m  Blood, and guts
[ ]  m  The death of a close friend and how it would effect me
APPENDIX 21

ADOLESCENT QUESTIONNAIRE
QUESTION 32 - DATA REDUCTION CODE

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>boy/girlfriend</td>
<td>• boyfriend</td>
</tr>
<tr>
<td></td>
<td>• girlfriend</td>
</tr>
<tr>
<td></td>
<td>• girlfriend - I can’t pinpoint it</td>
</tr>
<tr>
<td></td>
<td>• Mark</td>
</tr>
<tr>
<td></td>
<td>• my boyfriend</td>
</tr>
<tr>
<td></td>
<td>• my boyfriend + my bestfriend Nicola</td>
</tr>
<tr>
<td></td>
<td>• my girlfriend</td>
</tr>
<tr>
<td></td>
<td>• my partner</td>
</tr>
<tr>
<td>career/future</td>
<td>• being a professional soccer player</td>
</tr>
<tr>
<td></td>
<td>• my career, future life</td>
</tr>
<tr>
<td>cars</td>
<td>• cars</td>
</tr>
<tr>
<td></td>
<td>• fast cars</td>
</tr>
<tr>
<td>clothes</td>
<td>• clothes</td>
</tr>
<tr>
<td>computer(s)/computer</td>
<td>• my computer</td>
</tr>
<tr>
<td>games</td>
<td>• my playstation</td>
</tr>
<tr>
<td>family member(s)</td>
<td>• my father</td>
</tr>
<tr>
<td></td>
<td>• my grandmother</td>
</tr>
<tr>
<td></td>
<td>• my nanny</td>
</tr>
<tr>
<td></td>
<td>• my relations</td>
</tr>
<tr>
<td>food</td>
<td>• food</td>
</tr>
<tr>
<td></td>
<td>• food + sex</td>
</tr>
<tr>
<td>freedom/responsibility</td>
<td>• a little bit of freedom</td>
</tr>
<tr>
<td></td>
<td>• being able to travel, my independance</td>
</tr>
<tr>
<td></td>
<td>• freedom</td>
</tr>
<tr>
<td></td>
<td>• having my own freedom - leaving on my own</td>
</tr>
<tr>
<td></td>
<td>• independence</td>
</tr>
<tr>
<td></td>
<td>• music, freedom, independence, courage</td>
</tr>
</tbody>
</table>
Code heading

Original responses included under code heading

(freedom/responsibility)
- my choices towards things I do
- my freedom

friends/best friend
- my best friend
- people whom I like

happiness
- happiness
- happiness being liked
- long-term happiness (wife, kids etc.)
- my happiness

happiness/well-being of others
- every one around me being happy
- my friends safety and girlfriend
- the happiness + health of my friends and that I do everything I can to help people around me
- the health of people close to me
- yes, helping charities and fundraising. I think that is important.

health
- my health

job/work
- getting work
- job
- my job
- my job as it keeps me occupied and out of trouble
- yes, work

life
- life
- my life

love
- a relationship with someone
- being loved
- feeling loved
- finding a girlfriend
- getting a partner
- having someone to love
- love - life - boyfriend
- love life
- my love life would be no. 1
- relationships
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>marriage/children</td>
<td>• having a family of my own</td>
</tr>
<tr>
<td>material possession(s)</td>
<td>• my memorie box</td>
</tr>
<tr>
<td></td>
<td>• my watch</td>
</tr>
<tr>
<td>music/music-related</td>
<td>• dancing</td>
</tr>
<tr>
<td></td>
<td>• music</td>
</tr>
<tr>
<td></td>
<td>• music and books</td>
</tr>
<tr>
<td></td>
<td>• music - I love my radio!!</td>
</tr>
<tr>
<td></td>
<td>• my music</td>
</tr>
<tr>
<td></td>
<td>• yes, its other peoples music because their songs can put life into perspective</td>
</tr>
<tr>
<td>opposite sex</td>
<td>• boys</td>
</tr>
<tr>
<td></td>
<td>• female company</td>
</tr>
<tr>
<td></td>
<td>• girls</td>
</tr>
<tr>
<td></td>
<td>• girls of course</td>
</tr>
<tr>
<td></td>
<td>• my bitches + drink + boobs</td>
</tr>
<tr>
<td></td>
<td>• opposite sex</td>
</tr>
<tr>
<td></td>
<td>• women</td>
</tr>
<tr>
<td>pet/animal(s)</td>
<td>• animals, I like my dog and I like workin around them</td>
</tr>
<tr>
<td></td>
<td>• my animal eg. dog + my pony</td>
</tr>
<tr>
<td></td>
<td>• my animals</td>
</tr>
<tr>
<td></td>
<td>• my cat because I love my cat</td>
</tr>
<tr>
<td></td>
<td>• my dog</td>
</tr>
<tr>
<td></td>
<td>• my dog and birds</td>
</tr>
<tr>
<td></td>
<td>• my dogs</td>
</tr>
<tr>
<td></td>
<td>• my pet cat</td>
</tr>
<tr>
<td></td>
<td>• my pets</td>
</tr>
<tr>
<td></td>
<td>• pets</td>
</tr>
<tr>
<td>relaxation</td>
<td>• having time to relax on your own - no pressure</td>
</tr>
<tr>
<td></td>
<td>• relaxing time - just taking a time-out</td>
</tr>
<tr>
<td>self/image/reputation</td>
<td>• always doing the right and respecting my parents more</td>
</tr>
<tr>
<td></td>
<td>• being a nice person</td>
</tr>
<tr>
<td></td>
<td>• being able to love myself and love others</td>
</tr>
<tr>
<td></td>
<td>• being competitive</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>----------------------</td>
<td>---------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>(self/image/reputation)</td>
<td>• being happy with myself&lt;br&gt;• being popular&lt;br&gt;• being popular and fitting in&lt;br&gt;• having peoples respect&lt;br&gt;• having respect for everybody and the world&lt;br&gt;• how I am&lt;br&gt;• it is my spirit&lt;br&gt;• keeping my hair&lt;br&gt;• living up to my expectations ie. honour, dignity, pride&lt;br&gt;• my appeareance&lt;br&gt;• my confidence&lt;br&gt;• my good looks&lt;br&gt;• my personal beleifs and T.V.&lt;br&gt;• my pride&lt;br&gt;• my weight&lt;br&gt;• that I will get on with people&lt;br&gt;• to respect others + to help those with problems - to be the best I can.&lt;br&gt;• trying to be myself</td>
</tr>
<tr>
<td>sex-related</td>
<td>• my genitiles (balls + penis)&lt;br&gt;• sex&lt;br&gt;• shagging women/licking their pussies</td>
</tr>
<tr>
<td>sport</td>
<td>• football&lt;br&gt;• soccer</td>
</tr>
<tr>
<td>other</td>
<td>• having my own helicopter&lt;br&gt;• homless people + drugies&lt;br&gt;• if there is any 2nd life what you would be&lt;br&gt;• Jon Bon Jovi&lt;br&gt;• my father leaving my life&lt;br&gt;• nature&lt;br&gt;• no, but in most cases the above all need money to be done&lt;br&gt;• not turning to drugs&lt;br&gt;• oxygen&lt;br&gt;• world peace, the environment, animals&lt;br&gt;• yes, will I be forgotten after I die</td>
</tr>
</tbody>
</table>
APPENDIX 22

ADOLESCENT QUESTIONNAIRE
QUESTION 34 - DATA REDUCTION CODE

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| accident/injury      | • being in an accident and being left paralised  
                      | • breaking my spine                             |
| animals              | • a tiger or lion trying to eat me              
<pre><code>                  | • dogs + spider                                 |
                  | • falling into a pit of snakes                  |
                  | • snakes etc. scare me                          |
                  | • some animals                                  |
</code></pre>
<p>| bullying             | • being bullied                                |
| • being bullied into unwanted things            |
| • having people bully you                       |
| • the thought of being bullied again            |
| crime/being attacked | • being beaten up                               |
| • being raped                                  |
| • being robbed                                 |
| • being sexually abbused or held hostage or     |
|   something like that                           |
| • getting raped                                |
| • getting shot                                 |
| • rape                                         |
| • the thought of being raped                    |
| • thought of being kidnapped                    |
| death/type of death  | • being burned alive                            |
| • dying a horrible painful death                |
| • dying alone                                   |
| • dying painfully                               |
| • getting murdered and left to die with no help |
| • murder                                       |
| • the thought of dying                          |
| • when I am going to die                        |
| death of family      | • the thought of my parents dieing              |
| member(s)                                       |</p>
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>death of pet</td>
<td>• the thought of my dog dying</td>
</tr>
</tbody>
</table>
| death-related/afterlife/supernatural | • if there is no life after death  
• seeing someone dying  
• spirits and the dark  
• the supernatural  
• the thought of everyone forgetting you when you die  
• the unknown and how dangerous hell and evil is  
• upsetting someone and then them dying the next day  
• will I go to were my brother is  
• will no one rember me when I die |
| drugs                                | • drug overdose  
• the thought of young people takeing drugs                                                                   |
| failure                              | • being a failure  
• failing exams  
• failue in my family  
• failure  
• feeling I'm not good enough for family, school  
• letting my family down  
• not being successful  
• not doing well after I leave school  
• not doing well in school  
• not getting a good job for life  
• not getting into college  
• the Leaving Cert.  
• the thought of not succeeding  
• turning out a failure |
| family problems/parents separating   | • always fighting with parents  
• being pulled between mam + dad  
• broken-up families  
• my birth father returning (I never met him)  
• my father not leaving us alone  
• my parents splitting up upsets me a great deal  
• not knowing where my Dad is |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(family problems/parents separating)</td>
<td>• the “war” in my family</td>
</tr>
<tr>
<td>flying</td>
<td>• goin in a airplan + it crashes</td>
</tr>
<tr>
<td>food types</td>
<td>• small dinners</td>
</tr>
<tr>
<td>future/career issues</td>
<td>• career</td>
</tr>
<tr>
<td></td>
<td>• not having enough choices after leaving school</td>
</tr>
<tr>
<td></td>
<td>• not knowing what will happen to me</td>
</tr>
<tr>
<td>getting into trouble/punishment</td>
<td>• being grounded for a very long time</td>
</tr>
<tr>
<td>harm to family/friends</td>
<td>• every one around me being sad</td>
</tr>
<tr>
<td>heights</td>
<td>• heights</td>
</tr>
<tr>
<td></td>
<td>• heights scare me</td>
</tr>
<tr>
<td>homelessness/losing house</td>
<td>• loosing my home</td>
</tr>
<tr>
<td></td>
<td>• house being burned</td>
</tr>
<tr>
<td>illness/disability</td>
<td>• being blind, disease’s</td>
</tr>
<tr>
<td></td>
<td>• Being deformed or crippled. Having some disease.</td>
</tr>
<tr>
<td></td>
<td>• being paralayised</td>
</tr>
<tr>
<td></td>
<td>• being paralised</td>
</tr>
<tr>
<td></td>
<td>• being seriously ill</td>
</tr>
<tr>
<td></td>
<td>• being sick</td>
</tr>
<tr>
<td></td>
<td>• being terminaly ill</td>
</tr>
<tr>
<td></td>
<td>• being very sick</td>
</tr>
<tr>
<td></td>
<td>• being very sick in hospital</td>
</tr>
<tr>
<td></td>
<td>• Getting cancer many of my family members got it</td>
</tr>
<tr>
<td></td>
<td>• and lived a slow, painful life. I don’t want it.</td>
</tr>
<tr>
<td></td>
<td>• loosing a limb</td>
</tr>
<tr>
<td></td>
<td>• loosing my legs/or my voice or sight</td>
</tr>
<tr>
<td></td>
<td>• losing the ability to play my guitar + dance</td>
</tr>
<tr>
<td></td>
<td>• maybe having a disease I would have to live with</td>
</tr>
<tr>
<td></td>
<td>• me getting a terrible disease</td>
</tr>
<tr>
<td></td>
<td>• Not being a healthy person. I think I have meningitis.</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
<tr>
<td>(illness/disability)</td>
<td>- serious illness</td>
</tr>
<tr>
<td></td>
<td>- to become paralised</td>
</tr>
<tr>
<td></td>
<td>- un healthy</td>
</tr>
<tr>
<td>imprisonment</td>
<td>- false imprisonment</td>
</tr>
<tr>
<td>insects</td>
<td>- insects</td>
</tr>
<tr>
<td>isolation/being alone</td>
<td>- being alone - with no friends</td>
</tr>
<tr>
<td></td>
<td>- being on my own</td>
</tr>
<tr>
<td></td>
<td>- being separated from friends after school</td>
</tr>
<tr>
<td></td>
<td>- falling out with my friends</td>
</tr>
<tr>
<td></td>
<td>- feeling rejected</td>
</tr>
<tr>
<td></td>
<td>- fighting with my friends</td>
</tr>
<tr>
<td></td>
<td>- fighting with people</td>
</tr>
<tr>
<td></td>
<td>- having no family to enjoy with</td>
</tr>
<tr>
<td></td>
<td>- having no friends</td>
</tr>
<tr>
<td></td>
<td>- life without love/someone to love</td>
</tr>
<tr>
<td></td>
<td>- my friends turning on me</td>
</tr>
<tr>
<td></td>
<td>- never finding a partner in life</td>
</tr>
<tr>
<td></td>
<td>- never finding true love</td>
</tr>
<tr>
<td></td>
<td>- nobody liking you anymore</td>
</tr>
<tr>
<td></td>
<td>- [not] finding a girlfriend</td>
</tr>
<tr>
<td></td>
<td>- not finding someone (boy)</td>
</tr>
<tr>
<td></td>
<td>- not having friends</td>
</tr>
<tr>
<td></td>
<td>- not having friends and fitting in</td>
</tr>
<tr>
<td></td>
<td>- the thought of not being loved scares me</td>
</tr>
<tr>
<td></td>
<td>- waking up and having all my friends forget me</td>
</tr>
<tr>
<td>life</td>
<td>- life</td>
</tr>
<tr>
<td>meaninglessness</td>
<td>- finding out that my life means nothing</td>
</tr>
<tr>
<td>no freedom</td>
<td>- loosing my freedom and rites</td>
</tr>
<tr>
<td></td>
<td>- no freedom</td>
</tr>
<tr>
<td>no money/poverty</td>
<td>- crap job, no money</td>
</tr>
<tr>
<td></td>
<td>- having no money</td>
</tr>
<tr>
<td>not being fulfilled</td>
<td>- not taking opportunities when they arise + not living life to its full</td>
</tr>
</tbody>
</table>
Code heading | Original responses included under code heading
--- | ---
old age/people | • growing old and sick  
• growing old - I work in a nursing home and looking at the old people frightens me, I never want to grow old
other people/types of people | • gay men  
• ahhhhhh  
• look his willy's bent  
• refugees
pain/pain-related | • hypodermic needles (nervous breakdown!)
pregnancy | • when a young teenager becomes pregnant by mistake + the father has pressured you into having sex
pressure | • per pressure, doing something really stupid and regretting it
school | • school and exams
self/image/reputation-related | • being imberased  
• being gay  
• if my sexuality is found out  
• never getting thanked for something good  
• not being listened to  
• when somebody puts me down
sex-related | • gays + losing my sex organs  
• getting my balls + penis cut off, gays
spiders | • spiders
unhappiness | • having a bad time in my your life  
• no happiness
violence | • being in fights
water | • water
other | • everything in the world
Code heading  | Original responses included under code heading
---|---
(other)  | • guidance counselor  
 | • if becoming a pioneer was compulsory  
 | • Pokemon  
 | • the Wall St. crash
APPENDIX 23

ADOLESCENT QUESTIONNAIRE

RESPONSES TO QUESTION 36

("If you answered 'yes' to Question 35 ['Have you ever gone to see your school guidance counsellor because of a personal problem you had?'], please say what the problem was.")

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>13</td>
<td>m</td>
<td>no not a chance</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Teachers</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bullied</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Physical problem</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>One of my teachers was picking on me.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I was messing and interrupting classe’s all the time.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>The problem was the behavior of my stepfather and the conditions of living with him.</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Feeling bad about myself and thinking the everyone hated and was against me</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>You know as your the counsellor</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>I had a feud with an ex-friend.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>I will getting bulled by a 2th year and I was scared because she was a 2th year.</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>Depresin and not seeing my Dad</td>
</tr>
<tr>
<td>13</td>
<td>f</td>
<td>My life at the moment with my father because my parents have split up + my father will allow me to talk to or to go out with my friend which live in the town near me + he doeson’t even no any of them</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>I felt as though nobody liked me in my class and were always calling me names.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>I had problems studying.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>When my father left my mother</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>It was about My father and smoking and taking Drugs.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>Problems with my family</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>She talk to me about not ever seeing my dad ever</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>The teachers told me to go.</td>
</tr>
<tr>
<td>14</td>
<td>m</td>
<td>About my friends and my boyfriend.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>My friend ran-away + I didn't know what to do so I went to him for help.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>Being in fights + going with my friend to make them feel more comfortable.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>because I was frident with someone.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>I have been to the guidance counsellor because I was being bullied</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>When my Mam got cancer and all my family were tested for it and I was told I had a high risk of getting cancer.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>Yes! In first year, P.E. teacher calling me sexist words + names. But, they didn't do anything about it.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>I thought that I was worse that every body. I felt really uncomfortable with my self.</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>My best friend started doing hash + we started fighting + now we dont speak at all really any more.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>It was about my temper and attitude and learning how to control it.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Been Bullied.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>I got in a fight in school got sent to him + was made talk to him for 25/30 minutes about nothing.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Bullying</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>My girlfriend + I had just broken up + I was not in the best shape.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Teacher picking on me and my friend.</td>
</tr>
<tr>
<td>15</td>
<td>m</td>
<td>My friend + I were having problems, she was in trouble + we wanted to sort her out.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>My Mother + Father wern't giving me enough freedom. My Brother is 1 1/2 year older than me + he does what he likes but I can't. I got really upset with that.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I was having difficult concentration in school and at home because my Dad was sent to jail for helping me after I got my beating off the bouncers in the nite-club.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>My maths teacher was pissing me off.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>family + school</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>I suffered from depression and took an over-dose in order to kill myself.</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>1 girl was been bullied + I went to my guidance counsellor for advice.</td>
</tr>
</tbody>
</table>
| 15  | f   | • my mam dying of cancer  
• having a nervous break-down  
• having no-one to really talk to like a sister. |
| 15  | f   | I ran away from home because my Dad was being too strict. |
Age  m/f  Response
15  f  [answered “no” to Question 35 but comment relevant] But I did go to the school principal as I was having trouble fitting in my first year at secondary school.
15  f  family problems
15  f  a friend of mine was being bullied and I could do nothing about it. I went to the guidance counsellor - but nothing happened to the bully.
15  f  The people in my class were not being very nice to me.
15  f  To rat on a 6th year who was tryin’ to bully me cause I was only in 1st year, it didn’t stop her but it helped and soon I was the one bullying her so maybe it did help.
15  f  My mother kicked my father out because he became violent outside the house. He is an alcoholic and he is drinking himself to death and the thought of losing him and feeling as if I have to pick side between my mother and my father
15  f  I don’t want 2 talk about it.
15  f  The girls in my class weren’t getting on so we went to the guidance counsellor.
16  m  I was nearly raped by a man.
16  m  Obviously, my father (long story).
16  m  I had a friend who lost her mother and she did not want to be without her mother. She was very tired and willing to end her life. She did not want to be on earth without her mother.
16  m  I was being bullied in first year.
16  m  Difficulties with some female students.
16  f  To see which course would be the best to take in 5th year because I wasn’t sure.
<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>f</td>
<td>an incident that happened to me a long time ago and I keep getting flashes of it again because I was raped. I would like this not to be shown around.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>I don’t want to tell you.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Subject choices.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>When I wanted to do German and the teacher told me I was not able to do it because I am no good at it.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>In 1st yr having no friends.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>Being bullied at school and having no friends.</td>
</tr>
<tr>
<td>16</td>
<td>f</td>
<td>I was being bullied because I didn’t fit in. I’m fat and people see that as different so I got teased and bullied. I now have more confidence and friends but this problem still occurs no matter where I go.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>[answered “no” to Question 35, but said he went to his year-head] Worried I got my girlfriend pregnant.</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>family problems</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Peer Pressure</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>problems after brother’s death</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Years ago, because of a fight between myself and a class-mate; nothing major!</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Bullying</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Counsellor thought I was being bullied. She was wrong. That’s the only time. Usually I get on with people.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I was getting bullied in school by people who were older than me.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I went with my best friend when her best friend died who was also a close friend of mine too.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Privite.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Exam worries and feeling pressured</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Break up of friends (life long) feeling alone. sneered Exam pressure.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Drifting apart from my family because of abuse (abuser was outside my family). I felt like I had no-one to turn to. I didn't think anyone would believe me, it was terrifying.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Being bullied/being harassed by another male student.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Being blamed for bullying someone and doing things that she done herself.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>I went to talk about my father. I was asked to go.</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>no comment</td>
</tr>
<tr>
<td>18</td>
<td>m</td>
<td>health problem</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>for being bullied in 3rd year.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>dreadful B.O.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>It was a genital fungal disorder which is currently being treated.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>family + feeling to lonely</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Guidance councellor about my eating disorder and rape.</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Problems at home, not getting on with father + fact of his re-marriage + other things</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>problems at home with my parents (mainly Dad) My mother came as well.</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Response</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>----------</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>problems with my family - an alcoholic parent and problems with my sexuality</td>
</tr>
</tbody>
</table>

[ ] m  The guidance was talking to me about what I do in my spare time.
## APPENDIX 24

### ADOLESCENT QUESTIONNAIRE

**QUESTION 39 - DATA REDUCTION CODE**

Responses are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| approachable/easy to talk to | • approachable  
• easy to talk to  
• easy-going  
• friendly in life  
• gets on well with people - good relationship with students  
• has a good personality  
• helping your problem come out  
• if anyone visits the school be nice to them  
• if they are a teacher you have to find a good nice teacher to  
• make people comfortable  
• someone you can get on with who is being theirself  
• the guidance should be able to make you feel comfortable  
• to be able to relate to a person  
• to be her/him self  
• to encourage you to be open + talk to her/him  
• to explain in a easy way  
• to make you feel comfortable + good about yourself  
• warm |
| available/has time for you    | • always available for people with problems  
• time for everyone  
• to be always there  
• to have time for you |
| caring/supportive            | • a good freind  
• always there for you  
• be a friend not patrinising  
• can get more involved in some case's  
• go above their call of duty to help you  
• helps you trough your problem |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(caring/supportive)</td>
<td>• let you know you're always welcome</td>
</tr>
<tr>
<td></td>
<td>• making the person feel like you're more than just a teacher/counsellor but a friend</td>
</tr>
<tr>
<td></td>
<td>• supportive</td>
</tr>
<tr>
<td></td>
<td>• supportive of your choices</td>
</tr>
<tr>
<td></td>
<td>• they need to care a lot</td>
</tr>
<tr>
<td></td>
<td>• to be there for you</td>
</tr>
<tr>
<td></td>
<td>• to be there for you as a friend</td>
</tr>
<tr>
<td></td>
<td>• to try and do something about it and to ask you if they you if u want them to tell someone your problem 4 you</td>
</tr>
<tr>
<td></td>
<td>• tries to help you</td>
</tr>
<tr>
<td>confidential</td>
<td>• he'll keep it a secret</td>
</tr>
<tr>
<td></td>
<td>• they don't even tell other teachers</td>
</tr>
<tr>
<td></td>
<td>• trust</td>
</tr>
<tr>
<td>directive</td>
<td>• is also able to talk and convince you what is right</td>
</tr>
<tr>
<td></td>
<td>• tells me what to do</td>
</tr>
<tr>
<td>even temperament</td>
<td>• doesn't let personal life/mood cloud their judgement</td>
</tr>
<tr>
<td></td>
<td>• not having a split personality/mood swings</td>
</tr>
<tr>
<td></td>
<td>• they should be able to control their temper</td>
</tr>
<tr>
<td>experienced in life</td>
<td>• educated fully in life - there's no point in someone preaching to you if they have not gone through it</td>
</tr>
<tr>
<td></td>
<td>• experience in the situation</td>
</tr>
<tr>
<td>gentle</td>
<td>• gentle</td>
</tr>
<tr>
<td>good listener</td>
<td>• a good listener</td>
</tr>
<tr>
<td></td>
<td>• if there's a problem (if the person has a problem) - that she/he listens to both sides of the story</td>
</tr>
<tr>
<td></td>
<td>• must be willing to listen</td>
</tr>
<tr>
<td></td>
<td>• talks about the situation</td>
</tr>
<tr>
<td></td>
<td>• to listen, be friendly and be confidential</td>
</tr>
<tr>
<td>honest/truthful</td>
<td>• don't pretend to know what they're talking about when they don't</td>
</tr>
<tr>
<td></td>
<td>• truthfull/honest</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>---------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| knows you                     | • knowing the person  
                               | • nos you as a person                                                                                      |
| non-judgemental               | • doesn't judge  
                               | • doesn't judge people                                                                                     |
|                               | • don't judge you  
                               | • non judgemental                                                                                           |
|                               | • non-judgemental                                                                                               |
|                               | • not to come across as someone who looks down on those with problems                                            |
|                               | • not to judge a person by their first impressions                                                               |
|                               | • open minded about peoples problems                                                                             |
|                               | • thing no less of the person because of problem                                                                      |
|                               | • thinks no less of the person because of the problem                                                             |
| not nosey/interfering         | • not to be too nosey when it comes to people’s problems                                                              |
|                               | • to know there job and not interfere in peoples lives too much                                                  |
| patient                       | • good patience  
                               | • patient                                                                                                  |
|                               | • yes, patience                                                                                                  |
| physical attributes           | • a good smile  
<pre><code>                           | • be a man                                                                                                  |
</code></pre>
<p>|                               | • good dress sense                                                                                               |
|                               | • good looking woman                                                                                            |
|                               | • goodlooking                                                                                                   |
|                               | • not old - between 20-30                                                                                        |
|                               | • soft hands                                                                                                    |
|                               | • they should have brown hair                                                                                    |
|                               | • to be fit                                                                                                     |
| realistic/down-to-earth       | • down to earth                                                                                                 |
|                               | • down to earth person                                                                                           |
|                               | • to be realistic                                                                                               |
| reassuring                    | • comforting                                                                                                   |
|                               | • he/she should be reassuring                                                                                    |</p>
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| respects you         | • not patronising  
                      • not to treat you like you are nothing/small - not to look down on you  
                      • respect + respect for a person’s problems + confidentiality  
                      • to have respect for the student                                         |
| solves problems      | • always have answers  
                      • being able to help  
                      • can help you sort it out  
                      • do something about your problem  
                      • doing something about problems  
                      • makes an attempt to ressolve your problems  
                      • ready to act against the problem  
                      • self motivated and will try to solve the problem if they can  
                      • to help in any way  
                      • to sort the problems or it just leaves them confused  
                      • will also seek outside help (confidentially)                                      |
| straight (not gay)   | • being straight  
                      • not being gay                                                        |
| understanding/       | • being able to see where the person with the problem is coming from  
                      • empathy and not being judgemental  
                      • knowing what you mean  
                      • not to laugh at you  
                      • someone who can put themselves in your shoes  
                      • sympathetic  
                      • to try and put themselves in your shoes  
                      • understanding  
                      • understanding                                                  |
| sympathetic           | **wise**  
                      • to be able to spot people with real problems and people who think or want problems  
                      • wise                                                                 |
other
(responses which each appear once only, and do not fit under any headings listed above)

- different approach to parents
- has to be liberal/open minded (ie a hippie)
- humourous
- nosey
- not a pervert
- she talks to you about everything - I think because I have never when to one before
- tells you about the jobs in the world when you leave school
- up to date with teenage issues
- you don't know the person (if you know them it would be alot harder to talk to them)
### Appendix 25

**Adolescent Questionnaire**

**Question 40 - Data Reduction Code**

(Responses are reproduced with their original spelling.)

<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>car</strong></td>
<td>• a really nice car</td>
</tr>
<tr>
<td></td>
<td>• car</td>
</tr>
<tr>
<td></td>
<td>• get a car</td>
</tr>
<tr>
<td></td>
<td>• good car</td>
</tr>
<tr>
<td></td>
<td>• have a car</td>
</tr>
<tr>
<td></td>
<td>• have a good car</td>
</tr>
<tr>
<td></td>
<td>• have a nice car</td>
</tr>
<tr>
<td></td>
<td>• have a nice car or motorbike</td>
</tr>
<tr>
<td></td>
<td>• having a nice car</td>
</tr>
<tr>
<td></td>
<td>• I hope to have a good car</td>
</tr>
<tr>
<td></td>
<td>• lots of cars</td>
</tr>
<tr>
<td></td>
<td>• nice car</td>
</tr>
<tr>
<td></td>
<td>• own a Subaru Imprenza</td>
</tr>
<tr>
<td></td>
<td>• to get a sports car</td>
</tr>
<tr>
<td></td>
<td>• to had a car</td>
</tr>
<tr>
<td></td>
<td>• to have a car</td>
</tr>
<tr>
<td></td>
<td>• to have a nice car</td>
</tr>
<tr>
<td></td>
<td>• to have a nice car + house + woman</td>
</tr>
<tr>
<td><strong>career choice</strong></td>
<td>• a dream I have is to become professional in a sport</td>
</tr>
<tr>
<td></td>
<td>• accountancy</td>
</tr>
<tr>
<td></td>
<td>• accountant (job)</td>
</tr>
<tr>
<td></td>
<td>• accounting</td>
</tr>
<tr>
<td></td>
<td>• actress</td>
</tr>
<tr>
<td></td>
<td>• an actress</td>
</tr>
<tr>
<td></td>
<td>• archutec</td>
</tr>
<tr>
<td></td>
<td>• basketball player</td>
</tr>
<tr>
<td></td>
<td>• be a carpenter</td>
</tr>
<tr>
<td></td>
<td>• be a fireman</td>
</tr>
<tr>
<td></td>
<td>• be a hair dresser</td>
</tr>
<tr>
<td></td>
<td>• be a pilot</td>
</tr>
<tr>
<td></td>
<td>• be a professional soccer player in the English Premier League</td>
</tr>
<tr>
<td></td>
<td>• be a proffesional rally driver</td>
</tr>
<tr>
<td></td>
<td>• be a successful bussinesswoman of the future</td>
</tr>
</tbody>
</table>
Code heading
(career choice)

Original responses included under code heading

- be a system analyst
- be a teacher
- be an actress
- be an actriz
- be successful as a doctor
- beautician
- beauty [first of a list of five career choices]
- become a chef
- become a computer programmer
- become a F1 driver or test cars
- become a famous singer
- become a footballer
- become a good footballer
- become a lawyer or good job
- become a mechanic
- become a nurse
- become a nurse (or carer)
- become a Pilot
- become a Police officer
- become a Pro. Rugby Player
- become a Pro. Soccer Player
- become a rugby player
- become a singer
- become a social worker/nurse
- become a teacher
- become a vet
- become a vet nurse
- become an accountant
- becoming a pe teacher
- becoming a professional footballer
- becoming an archeologist
- become an hairdresser + beautician
- being a childminder
- being a dance instructor
- being a nurse
- being a P.E. teacher
- being a professional footballer
- being a singer
- being an actress
- being an architect
- business
Code heading (career choice)

Original responses included under code heading

- business woman
- career in art
- caterer
- computer career
- computer engineer
- computer programmer
- cooking
- counsellor
- dentist
- doctor
- dream of acting or singing
- fire man (occupation)
- football player
- footballer
- footballer (dream)
- Formula 1 driver
- get a good job in the electronics field
- getting the career I want
- go into hotel + catering management
- go on to be a fitness instructor
- good career
- hair dressing
- hairdresser
- have a good career
- having a good career
- hopefully to own my own restaurant
- I dream of being a singer
- I want to be an actress
- I want to become a singer
- I want to write a book
- I would like to be a social worker
- I would love to be a primary school teacher
- join army
- join the R.A.F.
- lab technician
- lawyer
- manager of a company
- maybe have a singing career
- my own business
- my own businesses
- nurse
Code heading: Original responses included under code heading

(career choice)

- own a big company
- play professional soccer
- playing any sport professionally
- playing professional football
- playstation game's tester
- professional footballer
- professional rugby player
- racing driver
- rally driver
- rock star
- scinetist
- set up a business (labour eg building, plumbing, electricity)
- singer
- teacher
- tame tigers + lions
- to also have a small career in music
- to be a baker
- to be a carpenter
- to be a chef
- to be a chef or nurse
- to be a childminder
- to be a computer programer
- to be a dancer
- to be a DJ, producer in music
- to be a Formula 1 driver
- to be a golfer
- to be a good fisherman
- to be a hairdresser
- to be a head chef
- to be a holiday rep for a summer
- to be a journalist for a magazine
- to be a lawyer
- to be a model
- to be a pilot
- to be a primary school teacher
- to be a professional footballer
- to be a rally driver
- to be a secretary for law
- to be a showjumper
- to be a very good chef
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
<tbody>
<tr>
<td>(career choice)</td>
<td>• to be an accountant</td>
</tr>
<tr>
<td></td>
<td>• to be an accountant or air-hostess</td>
</tr>
<tr>
<td></td>
<td>• to be an actor</td>
</tr>
<tr>
<td></td>
<td>• to be an actress</td>
</tr>
<tr>
<td></td>
<td>• to be an air hostess</td>
</tr>
<tr>
<td></td>
<td>• to be an architect/civil engineer</td>
</tr>
<tr>
<td></td>
<td>• to be an author</td>
</tr>
<tr>
<td></td>
<td>• to be an international rock star</td>
</tr>
<tr>
<td></td>
<td>• to be successful in business</td>
</tr>
<tr>
<td></td>
<td>• to become a barrister</td>
</tr>
<tr>
<td></td>
<td>• to become a doctor</td>
</tr>
<tr>
<td></td>
<td>• to become a famous zoologist</td>
</tr>
<tr>
<td></td>
<td>• to become a footballer</td>
</tr>
<tr>
<td></td>
<td>• to become a good businessman</td>
</tr>
<tr>
<td></td>
<td>• to become a good mechanic</td>
</tr>
<tr>
<td></td>
<td>• to become a hairdresser</td>
</tr>
<tr>
<td></td>
<td>• to become a manager of a company ambition</td>
</tr>
<tr>
<td></td>
<td>• to become a P.E. teacher or accountant</td>
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<td>• to become a primary or PE teacher</td>
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<td>• to become a primary school teacher</td>
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<td>• to become a pro showjumper</td>
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<td>• to become a professional singer</td>
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<td>• to become a singer with my 2 friends</td>
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<td></td>
<td>• to become a successful doctor</td>
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<td>• to become a successful musician</td>
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<td>• to become a teacher of dance</td>
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<td>• to become a vet</td>
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<td>• to be in the army</td>
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<td></td>
<td>• to design computer games</td>
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<td>• to discover new species of animal</td>
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<td></td>
<td>• to get a good career + education i.e. physiotherapist</td>
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<td></td>
<td>• to get my career</td>
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<tr>
<td></td>
<td>• to have a good career</td>
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<tr>
<td></td>
<td>• to have a great career</td>
</tr>
<tr>
<td></td>
<td>• to have my own soliciting firm</td>
</tr>
<tr>
<td></td>
<td>• to have the career I want</td>
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<td></td>
<td>• to open a riding-centre</td>
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<td></td>
<td>• to own a big holiday camp</td>
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<td>• to own a hotel</td>
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<td>• to own a place for horses + have dogs</td>
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<tr>
<td></td>
<td>• to own my own animation company</td>
</tr>
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<td>Code heading</td>
<td>Original responses included under code heading</td>
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<td>------------------------------------------------</td>
</tr>
</tbody>
</table>
| (career choice) | • to own my own business  
• to own my own company  
• to play professional football  
• to play professional football  
• to run a successful business  
• to set up a good career for myself  
• to train be be a gard for two years  
• to work as a mechanic  
• to work for Ferrari  
• to work in either journalism, psychology or hotel management  
• to work with young people  
• to write a book  
• want to be a primary school teacher for special needs children  
• work for Boeing + Lockheed  
• work with animals  
• work with hands  
• write a book |
| children/family | • a family  
• a family man  
• a happy family  
• a husband + family I love  
• a kid one boy  
• a loving family  
• a mother some day  
• children  
• eventually have a nice house and family + car  
• fall in love - start my own family  
• family  
• family (wife, child)  
• family and husband  
• family life  
• family  
• get married + have a family  
• get married and have children  
• get married and have siblings  
• get married/have family  
• getting married and having healthy kids  
• good family |
(children/family)

- happy family
- have a beautiful family
- have a boy + girl
- have a child
- have a child when I am the right age
- have a family
- have a family of my own
- have a famly
- have a famly
- have a good family
- have a great family
- have a nice family and house
- have a nice family of my own
- have a small family
- have a wife and not too many children 1 or 2
- have children
- have healthy children
- have kids
- have nice children
- having a child
- having a family
- having a family (kids, husband etc.)
- having a family of my own
- having a good family
- having a nice family
- having children
- having kids
- healthy family
- hope to have lots of kids
- I hope I have a family on my own some day
- I hope to have kids
- I want a family with kids
- kid's
- kids
- make a family
- marry + have kids
- maybe a few children
- maybe have a family
- maybe have kids
- my future kids health
- my kids (in future)
Code heading Original responses included under code heading

(children/family)
- nice family
- nice husband + family
- settle down get married at around 26 + have 1 child maybe 2
- 3 kids
- to get married + have a family
- to get married and have children
- to get married + have children
- to get married and have kids
- to have a family
- to have a family
- to have a family + children
- to have a family and friends
- to have a good family
- to have a happy family
- to have a house family and lots of dogs
- to have a nice family
- to have a wife and kids
- to have children
- to have good family
- to have kids
- to have my own children that love me
- to have my own family
- to have 1 child when I am about 27
- to have 2 children
- to have two children
- to have two kids
- to marry and have a family
- to marry and have children
- to one day have a family
- to raise a family
- to settle + have a family
- to settle down marry + have kids
- 2-3 children
- wife + children
- wife family

education/college
- aeronautical engineering Limerick University
- complete college and get a good degree
- computer skills
- finish school
Code heading: (education/college)

Original responses included under code heading:

- get a degree in photography
- get a good education
- get good education
- get through school + get an education
- getting a good education
- go to collage
- go to colledge
- go to college
- go to college in Temple Mor
- go to 3rd level education
- going to college, get a degree
- good education
- have a good education
- having a good education
- I hope to get a degree in what I want to do
- I want to do well in my Leaving + go to college
- I want to go to college
- qualify from college
- study architecture
- study sport in university
- then go to college
- to a good schooling
- to complete college
- to complete my education
- to do well at school/college
- to get a good education
- to get a perfect education
- to get good education
- to get into a good college
- to get through University
- to go and study computers
- to go to art collage
- to go to college
- to go to college after school
- to go to college and get my degree in art
- to go to college/university
- to go to colledge
- to go to medical school
- to have a good education
- to have had a good education
- to pass my leaving + go on to college
Code heading

enjoy life

Original responses included under code heading

- be able to drink
- be able to go out
- do things that I always wanted to do
- drink
- drink and fags
- drugs
- easy life
- enjoy life
- enjoy life to the full
- enjoy life to the max.
- enjoy life with friends + family
- enjoy my life
- enjoy myself
- enjoyment
- fun
- go on a holiday for a month
- go out and enjoy myself
- go out every week with friends
- going out with friend
- have an exciting lifestyle
- have fun
- have fun in life
- have fun with life
- having a good enjoying life
- having a good social life
- having a good time
- having a pleasant lifetime
- having fun
- not too overworked
- party alot
- that I will enjoy myself
- to always enjoy myself
- to enjoy life
- to enjoy life to it's fullest
- to enjoy life to the full
- to enjoy life until the end
- to enjoy my life
- to enjoy my life with my boyfriend + friends + family
- to enjoy myself
- to go on lots of holidays
- to go out more
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
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</thead>
</table>
| (enjoy life)      | • to have a comfortable life  
                   | • to have a life  
                   | • to have fun  
                   | • to have fun out of all my life  
                   | • to have good craic in life!  
                   | • to have plenty of fun  
                   | • travel, clubbing and enjoy myself                                                                 |
| examination success | • do well in my education  
                     | • do well in my Junior Cert  
                     | • do well in my Leaving Cert  
                     | • do well in school  
                     | • do well in the leav. cert  
                     | • doing well at school  
                     | • doing well in my exams  
                     | • get a good leaving cert  
                     | • get a good leaving cert result  
                     | • get good exam results  
                     | • get good results in my exams  
                     | • get good results in my leaving  
                     | • get high mark in my exams.  
                     | • get the best Junior cert. results in Ireland  
                     | • getting good results  
                     | • good marks in Junior/Leaving Cert  
                     | • good results  
                     | • have a good Junior Cert/Leaving Cert  
                     | • hopes of passing exams  
                     | • I want to do very well in my exams  
                     | • pass all music exams  
                     | • pass Junior cert  
                     | • pass Leaving cert  
                     | • pass my leaving cert  
                     | • successful exam results  
                     | • to be good at school  
                     | • to be succesful in school  
                     | • to do my leavin cert  
                     | • to do well in my exams  
                     | • to do well in my Junior and Leaving Cert  
                     | • to do well in my Junior + Leaving Cert  
                     | • to do well in my Leaving Cert.  
<pre><code>                 | • to do well in school |
</code></pre>
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
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<tbody>
<tr>
<td>(examination success)</td>
<td>• to do well in the leaving cert</td>
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<td></td>
<td>• to get good points in leaving cert</td>
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<tr>
<td>fame</td>
<td>• being famous</td>
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<td></td>
<td>• famous</td>
</tr>
<tr>
<td></td>
<td>• getting famous with dance or singing</td>
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<td>• stardom</td>
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<td>• to be famous</td>
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<td></td>
<td>• to become famous in a band</td>
</tr>
<tr>
<td>family closeness</td>
<td>• always have family &amp; friends</td>
</tr>
<tr>
<td></td>
<td>• for my parents to love me always</td>
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<tr>
<td></td>
<td>• having my family</td>
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<td></td>
<td>• having my mam + dad still alive</td>
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<td></td>
<td>• I want to bring my parents when I'm 19 to live in America with me</td>
</tr>
<tr>
<td></td>
<td>• keep in touch with my family</td>
</tr>
<tr>
<td></td>
<td>• make sure I have plenty of family around me</td>
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<tr>
<td></td>
<td>• my family still alive + a close relationship</td>
</tr>
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<td></td>
<td>• my family still being around</td>
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<td></td>
<td>• my family to be still alive to see my children</td>
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<td></td>
<td>• my parents to visit</td>
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<td></td>
<td>• never to lose touch with family or freinds</td>
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<td></td>
<td>• stay in touch with family + friends</td>
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<td></td>
<td>• stay in touch with my brothers</td>
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<td></td>
<td>• staying in touch with all my family</td>
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<td></td>
<td>• staying in touch with my family</td>
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<td></td>
<td>• still have my family</td>
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<td></td>
<td>• to be close to family and friends</td>
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<td></td>
<td>• to garther our family together again</td>
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<td></td>
<td>• to have my family around</td>
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<td></td>
<td>• to have my family around me</td>
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<td></td>
<td>• to have my family with me for most of my life</td>
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<td></td>
<td>• to keep in contact with family</td>
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<td></td>
<td>• to keep my family</td>
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<td></td>
<td>• to live with my mam</td>
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<td>• to remain close to my family + friends</td>
</tr>
<tr>
<td></td>
<td>• to remain close to my parents and brother and stay close to my friends</td>
</tr>
<tr>
<td></td>
<td>• to stay close with my family</td>
</tr>
<tr>
<td></td>
<td>• to stay in contact with family + friends</td>
</tr>
</tbody>
</table>
(family closeness) 
• to still have my family

freedom/independence 
• do what ever I want
• independent
• live with my mates in a flat
• move out and get my own place/independance
• not to be too dependent on my husband
• settling down on my own/away from home
• to always be my own person
• to be able 2 do what I want when I want
• to be independent 
• to be in control of my life
• to be independent
• to do what I want to do
• to get away from home
• to have car, house, independent
• to have freedom
• to look after my self
• to look after myself

friends 
• always keep my friends
• be near friends + family
• don’t forget about my friends + family
• friend I can trust and rely on
• friends
• get on well with people
• good friends
• have a good chain of friends
• have friends
• have loads of friends
• have lots of friends
• have lots of friends and have a good time
• having good friends
• having lots of friends
• having my friends
• having my friends and family
• hopefully stay with all my friends I grow up with
• I hope I’ll always keep in touch with my friends
• I hope to have plenty of friends to talk to
• keep good friends + get a nice husband
• keep in contact with all my closest friends
• keep in touch with friends
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<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
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<tbody>
<tr>
<td>(friends)</td>
<td>• keep in touch with my friends</td>
</tr>
<tr>
<td></td>
<td>• keeping in touch with friends</td>
</tr>
<tr>
<td></td>
<td>• lots of friends</td>
</tr>
<tr>
<td></td>
<td>• make lots of new friends (keeping my old friends)</td>
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<td></td>
<td>• make new friends</td>
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<tr>
<td></td>
<td>• make new friends - girls/boys</td>
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<td></td>
<td>• make sure I have plenty of friends around me</td>
</tr>
<tr>
<td></td>
<td>• meeting new friend</td>
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<tr>
<td></td>
<td>• some friends</td>
</tr>
<tr>
<td></td>
<td>• sorting things out with my female friend</td>
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<td></td>
<td>• stay in touch with friends</td>
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<td></td>
<td>• still have friends + my own family when older</td>
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<td></td>
<td>• still have time for friends etc.</td>
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<td></td>
<td>• to be able to die with friends family</td>
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<td></td>
<td>• to have a friendly social life</td>
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<td></td>
<td>• to have friends</td>
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<td></td>
<td>• to have friends and family by me</td>
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<td></td>
<td>• to have lots of friends</td>
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<tr>
<td></td>
<td>• to have lots of friends around me when I am older</td>
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<td></td>
<td>• to have many friends</td>
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<td></td>
<td>• to have my friends + family forever</td>
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<td>• to have some good friends</td>
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<td>• to keep at least one friend from primary or secondary school one in particular</td>
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<td>• to keep in contact with friends</td>
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<td></td>
<td>• to keep in contact with friends</td>
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<td>• to keep my close friends</td>
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<td>• to keep my friends</td>
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<td></td>
<td>• to make lots of new friends</td>
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<td></td>
<td>• to never lose my best friend Nicola</td>
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<td></td>
<td>• to remain close with my friends</td>
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<td></td>
<td>• to stay close to my friends</td>
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<td></td>
<td>• to stay friends with my current friends</td>
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<td>fulfilment</td>
<td>• be able to do something in my life</td>
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<td></td>
<td>• do well in college/fullfill my dreams</td>
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<tr>
<td></td>
<td>• fulfill my dreams</td>
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<td></td>
<td>• get the best out of life</td>
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<td></td>
<td>• have a good sensible life</td>
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<td></td>
<td>• I hope for a good life</td>
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<td></td>
<td>• live a good life</td>
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</tbody>
</table>
Code heading Original responses included under code heading

(fulfilment) • live life to the full  
• live my life  
• living life to it fullist  
• living to my potential  
• main hopes are to live a good life  
• to die being abble to say “I lived my life”  
• to die happy and fulfilld all my dreams  
• to do everything before I die  
• to expeirence life  
• to get the best out of life  
• to have a good life  
• to have no regrets  
• to live life to the full  
• to live my dreams  
• to reach my goals + dreams

good job • a good job  
• a job I like  
• a well paid job  
• after college I want to get a good job  
• enjoy my job  
• ensure a good job and future  
• exelent job  
• find a perfect job/career  
• get a good job  
• get a good job after  
• get a good job that I enjoy  
• get a good well paid job  
• get a nice job  
• get a suitable job  
• get job  
• getting a good job  
• getting a good job  
• getting a well paid job  
• getting good job  
• getting the job I want  
• good job  
• have a good job  
• have a job  
• have a job I love doing  
• have an excellent job
<table>
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<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
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<tbody>
<tr>
<td>(good job)</td>
<td>• have good job</td>
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<td></td>
<td>• having a good job</td>
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<td></td>
<td>• having good job</td>
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<td>• I would like a good job</td>
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<td></td>
<td>• job</td>
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<td>• job security in something I enjoy</td>
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<tr>
<td></td>
<td>• just getting a good job</td>
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<td></td>
<td>• maybe staying in my job at the moment</td>
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<td></td>
<td>• my own job</td>
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<td></td>
<td>• to be happy at my job</td>
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<tr>
<td></td>
<td>• to do well in collage + get a good job</td>
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<tr>
<td></td>
<td>• to get a good job</td>
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<td></td>
<td>• to get a job I enjoy</td>
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<tr>
<td></td>
<td>• to have a good job</td>
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<tr>
<td></td>
<td>• to have a good job that I enjoy</td>
</tr>
<tr>
<td></td>
<td>• to have a good job that I like</td>
</tr>
<tr>
<td></td>
<td>• to have a good successful job</td>
</tr>
<tr>
<td></td>
<td>• to have a job I enjoy</td>
</tr>
<tr>
<td></td>
<td>• to have a job I like and enjoy</td>
</tr>
<tr>
<td></td>
<td>• to hopefully enjoy what I end up doing for a living</td>
</tr>
<tr>
<td></td>
<td>• to like the job I get</td>
</tr>
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<td></td>
<td>• to work for a good company in the future</td>
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<td></td>
<td>• to work for a reliable company</td>
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<td></td>
<td>• work</td>
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<tr>
<td>good parent</td>
<td>• be a good father</td>
</tr>
<tr>
<td></td>
<td>• giving them [my children] all they need</td>
</tr>
<tr>
<td></td>
<td>• I hope to be a good parent</td>
</tr>
<tr>
<td></td>
<td>• keep my kids off drugs and out of trouble</td>
</tr>
<tr>
<td></td>
<td>• look after my kids properly</td>
</tr>
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<td></td>
<td>• teach my kids what right and wrong</td>
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<td></td>
<td>• to be able to live like a good mother and my kids who can come to me for help and not a guidance counsellor</td>
</tr>
<tr>
<td></td>
<td>• to become a good father</td>
</tr>
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<td></td>
<td>• to give my kids all the opportunities i can</td>
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<tr>
<td></td>
<td>• to keep my children safe</td>
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<tr>
<td>happiness</td>
<td>• be happy</td>
</tr>
<tr>
<td></td>
<td>• be happy?</td>
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<tr>
<td></td>
<td>• be happy always</td>
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<td>--------------------------------------------------</td>
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<tr>
<td>(happiness)</td>
<td>• be happy what I'm at</td>
</tr>
<tr>
<td></td>
<td>• be happy with a job</td>
</tr>
<tr>
<td></td>
<td>• be happy with my life</td>
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<td></td>
<td>• being happy</td>
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<tr>
<td></td>
<td>• being happy in life</td>
</tr>
<tr>
<td></td>
<td>• being happy + making money</td>
</tr>
<tr>
<td></td>
<td>• being the happiest man on the world + important</td>
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<td></td>
<td>• die happy</td>
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<td>• happiness</td>
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<td>• happy</td>
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<td>• happy life</td>
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<td>• have a happy life</td>
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<tr>
<td></td>
<td>• live happily</td>
</tr>
<tr>
<td></td>
<td>• obtaining true happiness</td>
</tr>
<tr>
<td></td>
<td>• stay happy</td>
</tr>
<tr>
<td></td>
<td>• to B happy</td>
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<tr>
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<td>• to be happy</td>
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<tr>
<td></td>
<td>• to be happy and content in my twenties</td>
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<td>• to be happy and have friends</td>
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<tr>
<td></td>
<td>• to be happy and healthy</td>
</tr>
<tr>
<td></td>
<td>• to be happy + healthy</td>
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<tr>
<td></td>
<td>• to be happy in general life with what ever circumstance I get</td>
</tr>
<tr>
<td></td>
<td>• to be happy in life</td>
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<tr>
<td></td>
<td>• to be happy in what im doing</td>
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<tr>
<td></td>
<td>• to be happy with being me</td>
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<tr>
<td></td>
<td>• to be happy with my life</td>
</tr>
<tr>
<td></td>
<td>• to be happy with myself</td>
</tr>
<tr>
<td></td>
<td>• to be reasonably content</td>
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<td></td>
<td>• to die happy</td>
</tr>
<tr>
<td></td>
<td>• to find true happiness</td>
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<tr>
<td></td>
<td>• to live a happy life</td>
</tr>
<tr>
<td></td>
<td>• to live happily</td>
</tr>
<tr>
<td>happiness/well-being of others</td>
<td>• all family + friends stay healthy</td>
</tr>
<tr>
<td></td>
<td>• all my family + friends be healthy</td>
</tr>
<tr>
<td></td>
<td>• for a my family/friends be healthy</td>
</tr>
<tr>
<td></td>
<td>• for all my family to die happy</td>
</tr>
<tr>
<td></td>
<td>• for my brothers to be happy</td>
</tr>
<tr>
<td></td>
<td>• for my family to be OK</td>
</tr>
<tr>
<td>Code heading</td>
<td>Original responses included under code heading</td>
</tr>
<tr>
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<td>-----------------------------------------------</td>
</tr>
</tbody>
</table>
| (happiness/well-being of others) | • for my mam to have a good life  
• I hope everyone can be treated equally someday  
• I hope I don't lose any friends or family  
• make everyone happy  
• making others happier  
• my family to stay well  
• my parents stay healthy  
• seeing my family OK (money etc)  
• the family helpful and healthy  
• to make sure my friends are safe  
• to make sure that my children and family are safe |
| health | • a healthy life  
• an ambition I have is to get better from my illness  
• B healthy  
• be healthy  
• be healthy  
• being fit and healthy  
• being healthy  
• for my health to be good  
• good health  
• have a good health  
• have good health  
• have good health + my family too  
• have my health  
• having go health  
• health  
• healthy  
• keep fit  
• keep healthy  
• keep my health  
• keeping healthy  
• keeping healthy  
• mine + their [family and friends] health  
• my health  
• stay fit  
• stay healthy  
• stay healthy and fit  
• that I'm healthy  
• to be healthy |
<table>
<thead>
<tr>
<th>Code heading</th>
<th>Original responses included under code heading</th>
</tr>
</thead>
</table>
| (health)     | • to be healty  
              | • to become healthy  
              | • to get fit  
              | • to have good health  
              | • to have good health  
              | • to have healthy  
              | • to keep fit and healthy  
              | • to remain in good health  
              | • to stay health  
              | • to stay healthy  
              | • to stay healthy for another few years  
              | • to stay healthy + happy  
              | • to stay healthy + my friends + family to be healthy |
| help others  | • be a good person and help others  
              | • be a help to others  
              | • help my mother through life  
              | • help people less fortunit  
              | • help young children  
              | • look after my parents when they’re older  
              | • mind my Mam and Dad when they are oldder  
              | • pay for all my familys bill  
              | • see more of my Granny  
              | • to always be there for my family  
              | • to be a good friend to all  
              | • to be able to help friend + family with problems  
              | • to be able to help people on the way  
              | • to be nice with everybody  
              | • to care for family and friends  
              | • to give back to my Mam and Dad  
              | • to help people  
              | • to help those in need  
              | • to look after my grandad  
              | • to send money and to help the poor |
| hobby-related | • finding something new I like doing  
                | • to be a cat breeder  
                | • to persue my art |
| house/home   | • a big house + lovely car |
Code heading | Original responses included under code heading
---|---
(house/home) | • a house
• a nice house
• a nice house and car
• big house
• build a house
• get a house
• get a nice house
• good home
• have a home
• have a house
• have a nice house
• have a place of my own
• have house, car, money etc.
• haveing a big house
• having a big hous
• having a nice house
• home
• home of my own
• house
• living in a nice place
• nice home
• nice house
• somewere to live
• to get a house
• to get a nice house
• to had a home
• to have a beautiful home
• to have a good family home
• to have a home
• to have a house
• to have a lovely house
• to have a nice home
• to have a nice house
• to have a nice house when Im older
• to have big house
• to have my own flat
• to have my own house
• to live in a nice house
leave school | • get away from school
• I hope to leave in 3rd year
Code heading

(leave school)

long life/not die young

Original responses included under code heading

- to leave school

- die when I'm old
- grow old/die happy
- life
- live a good and long life
- live a long life
- live a long life and quit fags
- live happily for a long time
- live long
- live 'til 90!
- living a long life
- living for a long time
- living forever
- long life
- not dieing before I am 30
- not dying till im 100
- stay alive for most of my life
- that my family and I have a long healthy life
- to live a long + healthy life
- to have a long life
- to live a long life
- to live for many years
- to live to when I am 150
- to live until I’m about 90 or over

marriage/partner/love

- a beautiful wife lovely kind
- a beautiful wife
- a caring wife
- a good looking wife
- a good relationship, marrage
- a loving husband
- a nice wife
- a very good looking wife or girlfriend
- be married
- beautiful wife
- being married
- being with someone who treats me right + who loves me back for a change
- buy a house and get married
- falling in love
Code heading
(marriage/partner/love)

Original responses included under code heading

- find a lovely man who treats me well
- find love
- find someone to love who will love me too
- find the love of my life
- find the prefect man/house
- finding a good compainion for life/someone suited for me
- finding someone to spend the rest of my life with
- get marraid
- get marriad
- get married
- get married to a nice man
- get married to my boyfriend
- getting a happy marriage
- getting married
- happy marraige
- have a beautiful wife
- have a girlfriend
- have a lovely boyfriend treats me right + has a nice car!
- have a nice woman
- having a husband
- having a wife
- hopefully get married
- I want to marry someone who loves + respects me
- lovable husband (Fitzy)
- love
- loveling husbent
- lovely husband
- marriage
- married
- marry
- marry someone who loves + respects me
- marry someone who respects me
- marry the one I love
- meet a nice girl settle down
- meet my soul-mate
- meeting a nice fella
- meeting a nice friendly handsome fella
- my the right person
- nice husband
Code heading

(marriage/partner/love)

Original responses included under code heading

- nice wife
- settle down
- sexy wife
- that I get married to someone nice
- then maybe get married
- to always feel + be loved
- to be in love
- to be involved with the right partner
- to be married
- to be secure in a relationship before having children
- to become a great husband
- to fall in love
- to find a partner
- to find/have a good man who will treat me well
- to find the perfect fella
- to get married
- to get married to some one I love
- to get off with a girl I like
- to had a wife
- to have a beautiful, slim, slightly tanned brunette as my wife
- to have a caring boyfriend or husband
- to have a good husband
- to have a happy marriage
- to have a husband
- to have a nice boyfriend/husband
- to have a wife
- to have a wife with big boobs
- to have someone to love + to be loved by
- to keep my boyfriend for a long time
- to married someon for love and no money
- to marry
- to marry in early 30's
- to marry the right man
- to meet a nice girl
- to meet someone I'll eventually marry
- to share my life with someone I love
- wife

material possession

- buy Hi-Fi (j2000-3000)
Code heading | Original responses included under code heading
---|---
(material possession) | • have my own plane
| • to own 50 acres of fertile land
meet people | • meet difference types of people
| • to meet interesting people
| • to meet new people
| • working with other people
money | • a good money job
| • a good pay packet
| • able to afford to live life comfortable
| • be financially secure
| • be materially well off
| • be rich
| • be well-off
| • become rich
| • being able to provide for family
| • being financially secure
| • being rich
| • billioner
| • comfortable life
| • earn enough money to support a family
| • enough money
| • enough money for my family
| • have a comfortable life
| • have a lot of money
| • have enough food and a nice house and car
| • have enough money
| • have enough money to do what I want
| • have enough money to support me + my family
| • have load of money
| • have loads of money
| • have lots of money
| • have money
| • have money in my pocket - to provide for family
| • have plenty of money
| • having enough money
| • having enough money to survive
| • having money
| • having money, a home, and a life
| • I want to be rich
Original responses included under code heading

- I would love to be rich
- if possible to be financially secure eg. house
- load of money
- lots of money
- lots of money and a good business
- make loads of money
- make lots + lots of money
- make money
- making allot of money
- making sure that I will be secure in later life
- millioner
- money
- monye
- no bills
- no money problems
- no shortage of money
- not be poor
- not being rich, but comfortable
- plenty of money
- take a year out to save up enough money to get me through college
- to be able to afford luxuries
- to be able to live comfortably
- to be able to support that family
- to be comfortable in money situation
- to be financially secure
- to be financially successful
- to be rich
- to be rich or have sufficient amount of money
- to be wealthy
- to be wealthy enough to support a family
- to become rich + famous
- to become wealthy
- to earn a load of cash
- to have a comfortable financial situation
- to have a lot of money
- to have alot of money
- to have alot of money/for an easy life
- to have enough money
- to have lot of mony
- to have lots of money
Code heading (money)

Original responses included under code heading

- to have lots of mony
- to have money
- to have money - financially secure
- to have the money to support my family
- to make good money
- to make lots of money
- to win alot of money, to give to my family + have loads left for me
- to win the lotto
- trillioner
- wealth
- wealthy
- weathy
- well set up
- win the lotto
- win the Lotto (100 million USA lotto)
- with good money

music-related

- be in succefull music band (just to play in pubs etc.)
- coin loads of dancing trophies
- have a very sucessful Grunge Band
- hopefully my band will be successful
- I’d like to sing
- make it in a Rock Roll band
- maybe I would like to sing for Eurovision
- play guitar
- play music
- playing a musical instrument
- to be able to keep up dance + music
- to become a great Irish Dancer
- to have some type musical qualities
- to play the gutiare
- to persue my music
- to sing a solo in front of people
- upgrade my DJ system and make a tune

never be alone

- never to be alone
- that I will never feel outcast
- to have someone close by in case I need to talk to someone
Code heading | Original responses included under code heading
--- | ---
normal life | - be able to live a normal life
- normal life
- to lead a normal life

no marriage/children | - not getting married
- not having kids

peace | - I hope that in the future there is peace
- I hope we will have peace in our country
- live to see world peace

personal issues | - a good mind
- be kind
- be like my father
- be liked
- be more kind
- become what I want to be
- being a good person
- being important
- being respected
- feel beautiful even when I have wrinkles
- get rid of all problems
- get whatever I want
- getting more respect
- good person
- grow taller
- I want religious life
- keeping my hair
- learn to like myself
- never to be bored
- normal person but respected by many
- not to be a waster
- realise I can't change the past
- respected
- security
- stay the same
- that I can accept and by accepted by different types of people
- that one day I will accomplish all my fears
- to be a proud, honourable + courageous man
- to be a reliable employee
Code heading (personal issues) 

Original responses included under code heading

- to be able to keep having respect
- to be in a better mental state
- to be liked by everybody
- to be more confident - stand up for myself
- to be remembered for something
- to be skinnier than Ally McBeal
- to be somebody not a nobody
- to be what I want to be
- to become more confident
- to change the world
- to do the right things
- to give up drinking
- to have a lot of confidence
- to have respect shown to me bye others
- to improve the world in some way
- to love myself
- to make a difference in the world to go down in history
- to make some changes in the world (good ones)
- to never be corrupt
- to overcome my fears
- to stop smoking in the future
- to understand people
- to work on my personal faults

sex-related

- be a pimp
- having lots of women
- shag alot of woman
- to be a pimp
- to get layed
- to have lots of sex with women with big boobs
- to have the biggest dick in the world

sport-related

- be a galiec footballer in the USA
- be good at football
- be sucessful in sport
- being a good runner (sports person)
- being sucessful at sports
- being world pool champion
- bring my kids to see liverpool play 3 time a year
Original responses included under code heading

- captain [county where survey took place] to the “Liam McCarthy” (all Ireland)
- continue to be successful at sport
- do a parachute jump
- do well at running on the school running team
- football
- good footballer
- GP bike champion
- karate European/World champion
- making it onto the [county where survey took place] team
- motorbike racing
- play football
- play football with my club for as long as I can
- play for [county where survey took place] Utd.
- playing Gaelic at intercounty level
- playing Gaelic for [county where survey took place]
- playing Gaelic for my county
- play in an all-Ireland final
- play pitch + putt
- play with [county where survey took place]’s senior team - football
- playing pool for Ireland
- playing sport
- playing tennis
- selected for the Irish team for International rule
- sports star
- swimming
- take go karting farer and buy a new kart
- take up surfing
- to be a good footballer
- to be successful in sport
- to be the heavyweigth champion of the world WWF
- to become a successful eventer
- to become one of the best trials rider in the world
- to continue playing sports into old age
- to do good in football
- to fulfil sporting dreams
- to get on the [county where survey took place] senior ladies team
Code heading (sport-related)

Original responses included under code heading

- to get soccer trials for Man Und girls team
- to make it on the girls basketball team in America
- to play for [county where survey took place]
- to play for Ipswich in the F.A. cup final
  I have been on trial with Ipswich and I would really like to go over there again
- to play for Ireland
- to play for Manchester United
- to play Gaelic for the next 20 years
- to play in the European Cup Final
- to play in the World Cup Final
- to play on the [county where survey took place] team
- to play sport
- to race motorbikes
- to win a senior county medal
- win an all-Ireland final

success

- a successful career
- be good at what I do
- be successful
- be successful
- be successfull
- be sucessful
- be sucessful
- be sucessful in life
- becoming sucessful
- becoming successful and famous
- being a success
- being successful
- being sucessful
- being very sucessful
- do well
- dream of being successful
- for my life to be successful
- for my parents to be proud of me
- get on in life
- have a good steady job/be successful
- have a successful career
- having a sucessful job (hopefully accounting)
- I hope I do well in life
(success)

- I want my family to be proud of me
- I want to become successful
- I want to make something of myself
- impress my mother
- just to do well in life
- lead successful life
- make my parents proud of me
- successful career
- success
- successful
- successful job
- succesful
- to be successful
- to be succesful
- to be succesful
- to be successful e.g. (rich)
- to be successful in life
- to be succesfull in the job I get
- to be successful
- to be successful at other things if (1) doesn't work out
- to be successful in life
- to be succesfull
- to be succesful
- to be succesful
- to be succesful
- to be very successful
- to be very successful at my job
- to become successfull in life
- to do very well in life
- to do well after school
- to do well for myself
- to do well in life
- to get a job I'm happy and succesful in
- to go far in life
- to have a succesful career
- to have a successful life
- to lead a succesful life
- to make my family proud
- to make my family proud of me
- to make something out of my life
- to succeed
Code heading

(success)

travel/work abroad

Original responses included under code heading

- to work hard to become successful
- winning loads of academy awards

- America
- go abroad
- I want to stay in America
- I want to travel around the world
- I would love to travel
- live in LA
- meet and see different cultures
- move away from Ireland
- move to America
- see the world
- to cook on a cruise ship
- to fish most seas
- to go abroad to work
- to go and live in another country
- to go to America
- to go to another country (e.g. Australia)
- to go to Australia
- to go to Jamaica when 21
- to go to Kenya
- to go to New York
- to go to New Zealand
- to go to Paris
- to live abroad
- to live in America
- to move to a different country
- to settle in America
- to travel
- to travel + explore the world
- to travel all over the world
- to travel around the world
- to travel Australia
- to travel the world
- to travel the world and help people in need
- to travel the world and learn about different cultures
- to travel across the world
- to visit the whole world
- to work abroad and see the world
- to work on a cruise ship
Code heading

(travel/work abroad)

Original responses included under code heading

- tour the world
- travel
- travel around the world
- travel the world
- travel the world a bit
- travel the world with my man
- travell
- travell the world

other
(responses which each appear once only, and do not fit under any headings listed above)

- live in my own country
- marry Mrs. K (room D4)
- meeting Boyzone + Westlife
- proper guidance counselling
- retire from work early
- to be a druglord
- to be a swinger
- to be an assasin
- to destroy England and everything in it
- to drive as soon as I can
- to get married to Britney Spears or Jennifer Lopes
- to go and see my cousin who died (wherever she is)
- to go away from my step father
- to have a better security for animals
- to hit Mister [surname] wit a T square
- to kill a black person
- to meet Elvis
- to move back to Waterford
- to not get pregnent by mistake

don’t know

- I dont know
- I don’t know any; I’ll cross that bridge when I come to it
- I don’t know yet
- Im to young to think about the future
APPENDIX 26

ADOLESCENT QUESTIONNAIRE

COMMENTS ADDED BY RESPONDENTS

Comments are reproduced with their original spelling.

<table>
<thead>
<tr>
<th>Age</th>
<th>m/f</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>13</td>
<td>m</td>
<td>Q. 28 - Responded “not sure” and added in “yes” box: “hopefully there is a God.”</td>
</tr>
<tr>
<td>13</td>
<td>m</td>
<td>Q. 28 - Responded “yes” and added: “Not particularly in the way that the bible has though do believe that there is someone or more than one like him.”</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>Q. 33 - Wrote “not scary” instead of a number opposite each of the items “the thought of dying” and “the thought of being responsible for myself and expected to make all my decisions on my own.”</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>Q. 13 - Responded “yes” and added: “Things would be less complicated then.”</td>
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<td>Q. 16 - Responded “maybe” and added: “Depends on the subject.”</td>
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<td>Q. 18 - Responded “never” and added: “Its stupid.”</td>
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<tr>
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<td>Q. 19 - Responded “never” and added: “people who do you never know or can trust.”</td>
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<tr>
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<td></td>
<td>Q. 21 - Responded “sometimes” and added: “Im quite a complex person.”</td>
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<tr>
<td></td>
<td></td>
<td>Q. 22 - Responded “never” and added: “Its silly you should live life not worry about what will eventually happen anyway.”</td>
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<td></td>
<td></td>
<td>Q. 31 - Ranked “God/my religion” in tenth place and added: “I dont believe in any religion.”</td>
</tr>
<tr>
<td>14</td>
<td>f</td>
<td>Q. 28 - Responded “yes” and added: “(but no the Bible or anything).”</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Comment</td>
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<td>-----</td>
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</tr>
<tr>
<td>15</td>
<td>m</td>
<td>Q. 28 - Responded “yes” and added: “Has it been proven I can’t say I do, I can’t say I don’t. I never seen him before.”</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>Q. 19 - Responded “often” and added: “parents.”</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>Q. 9 - “Getting in a ‘state’ New Years eve. I will always regret it. ‘But it’s better to regret the things you did than the things you didn’t do’ - Ally Mc Beal.”</td>
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<tr>
<td></td>
<td></td>
<td>Q. 25 - “Close Friend. (Hope she’s happy were she is now)”</td>
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<tr>
<td></td>
<td></td>
<td>Q. 28 - Responded “yes” and added: “(I know I should, but I often wonder).”</td>
</tr>
<tr>
<td></td>
<td></td>
<td>[at end] I have answered all question honestly + truthfully</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>Q. 14 - Responded “sometimes” and added: “(but as a joke, then I admit 2 it later).”</td>
</tr>
<tr>
<td>15</td>
<td>f</td>
<td>Q. 28 - Responded “no” and added: “believe in something but not God.”</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Q. 21 - Responded “never” and added: “always someone in same predicament or worse off than you.”</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Q. 26 - Responded “not sure” and added: “If I had lived my life to the fullest I wouldn’t mind so much.”</td>
</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Q. 16 - Responded “maybe” and added: “If I wanted or needed that subject in future life.”</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Q. 17 - Responded “maybe” and added: “Depending on how much I enjoyed playing or doing that talent.”</td>
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<td></td>
<td></td>
<td>Q. 37 - Responded “no” and added: “I keep them to myself. I don’t see the point in telling other people your problems.”</td>
</tr>
<tr>
<td>Age</td>
<td>m/f</td>
<td>Comment</td>
</tr>
<tr>
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</tr>
<tr>
<td>17</td>
<td>m</td>
<td>Q. 14 - Responded “sometimes” and added: “messing.”</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Q. 18 - Responded “often” and added: “to please.”</td>
</tr>
<tr>
<td>17</td>
<td>f</td>
<td>Q. 16 - Responded “maybe” and added: “try to.”</td>
</tr>
<tr>
<td></td>
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<td>Q. 30 - Responded “sometimes” and added: “its confusing.”</td>
</tr>
<tr>
<td>18</td>
<td>f</td>
<td>Q. 11 - Responded “yes” and added: “sometimes.”</td>
</tr>
</tbody>
</table>
SELECTED BIBLIOGRAPHY

BOOKS


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