EXAMINING THE BARRIERS TO SUSTAINABLE INTER-CITY TRANSPORT IN IRELAND

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Abstract
Over the past decade the Irish government has invested intensively in a large national motorway network. One of the side effects of this investment has been that now inter-city travel is now considerably cheaper and quicker by car over any other mode. The main objective of this research is to identify and examine the barriers to sustainable inter-city transport in Ireland. The majority of sustainable transport research takes place in an urban context with very little research has focused on understanding the factors to encourage alternative modes on inter-city trips. A stated preference study was conducted to determine what are the factors that impact upon individuals’ mode choice when conducting an inter-city trip. The results of this paper demonstrate that there are several factors that impact upon individuals’ mode choice decisions when undertaking an inter-city trip. The main factor that was found to impact upon mode choice was the requirement to have a car in the destination city.

INTRODUCTION AND BACKGROUND
The growth in the Irish economy during the Celtic tiger is intrinsically linked with increased levels of private transportation. The number of registered private cars has almost doubled over the period between 1996 and 2008, an increase from 1,057,000 to 1,924,000 (Central Statistics Office (2009)). This level of growth is unsustainable in respect to greenhouse gas emissions and energy consumption. Transport has been the area of greatest growth, where CO₂ emissions in 2007 were 182% higher than those in 1990. Energy use in Transport accounted for 36% of energy related CO₂ emissions in 2007 (Sustainable Energy Ireland, 2008). During this growth period the Irish government constructed a large motorway network, which connects the Capital City (Dublin) to each of the four peripheral cities in the Republic of Ireland (ROI) (see Figure 1). Many argue that this motorway network has made sustainable modes of transport uncompetitive and has resulted in the majority of inter-city travel being conducted by car.

The ROI has five cities. Table 1 details the population and the distances between these cities. Dublin is the largest population centre in Ireland with a population in 2011 of approx. 1.27million (Central Statistics Office, 2011). Figure 1 shows a map of Ireland including the five cities. The cost of travel is generally recognised as one of the most important factors that impact upon travel choice. Tables 2-4 detail the costs and travel time between the five cities in Ireland, by car, rail and bus. All of the trips reported are one-way and the cost is in Euro and the travel time is in hours. The results show that for each of the trips reported that car travel times are the shortest. The comparison of cost shows that in a number of cases that the bus is the cheapest option.
### TABLE 1 Irish Cities

<table>
<thead>
<tr>
<th>City</th>
<th>Population - 2011</th>
<th>Distance from Dublin in KM</th>
<th>Distance from Dublin in miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dublin</td>
<td>1,270,603</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Cork</td>
<td>518,128</td>
<td>253</td>
<td>157</td>
</tr>
<tr>
<td>Galway</td>
<td>250,541</td>
<td>208</td>
<td>129</td>
</tr>
<tr>
<td>Limerick</td>
<td>191,306</td>
<td>195</td>
<td>121</td>
</tr>
<tr>
<td>Waterford</td>
<td>113,707</td>
<td>164</td>
<td>102</td>
</tr>
</tbody>
</table>

**FIGURE 1 Map of Ireland**
TABLE 2 Inter-city car travel times and costs

<table>
<thead>
<tr>
<th>Cost</th>
<th>Dublin</th>
<th>Cork</th>
<th>Galway</th>
<th>Limerick</th>
<th>Waterford</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel time</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dublin</td>
<td>€42.50</td>
<td>€41.84</td>
<td>€30.19</td>
<td>€25.54</td>
<td></td>
</tr>
<tr>
<td>Cork</td>
<td>2.75hrs</td>
<td>3hrs</td>
<td>1.5hrs</td>
<td>2.1hrs</td>
<td>19.81</td>
</tr>
<tr>
<td>Galway</td>
<td>2.5hrs</td>
<td>3hrs</td>
<td>1.5hrs</td>
<td>2.1hrs</td>
<td></td>
</tr>
<tr>
<td>Limerick</td>
<td>2.5hrs</td>
<td>3hrs</td>
<td>1.5hrs</td>
<td>2.1hrs</td>
<td></td>
</tr>
<tr>
<td>Waterford</td>
<td>2.1hrs</td>
<td>1.8hrs</td>
<td>3.5hrs</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TABLE 3 Inter-city bus/coach travel times and costs

<table>
<thead>
<tr>
<th>Cost</th>
<th>Dublin</th>
<th>Cork</th>
<th>Galway</th>
<th>Limerick</th>
<th>Waterford</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel time</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dublin</td>
<td>€19.80</td>
<td>€17.10</td>
<td>€19.80</td>
<td>€16.20</td>
<td></td>
</tr>
<tr>
<td>Cork</td>
<td>4.5hrs</td>
<td>4hrs</td>
<td>1.75hrs</td>
<td>2.25hrs</td>
<td></td>
</tr>
<tr>
<td>Galway</td>
<td>3.7hrs</td>
<td>4hrs</td>
<td>1.75hrs</td>
<td>2.25hrs</td>
<td></td>
</tr>
<tr>
<td>Limerick</td>
<td>3.7hrs</td>
<td>4hrs</td>
<td>1.75hrs</td>
<td>2.25hrs</td>
<td></td>
</tr>
<tr>
<td>Waterford</td>
<td>3.25hrs</td>
<td>3hrs</td>
<td>5.8hrs</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TABLE 4 Inter-city rail travel times and costs

<table>
<thead>
<tr>
<th>Cost</th>
<th>Dublin</th>
<th>Cork</th>
<th>Galway</th>
<th>Limerick</th>
<th>Waterford</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel time</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dublin</td>
<td>€66.00</td>
<td>€48.00</td>
<td>€50.00</td>
<td>€34.50</td>
<td></td>
</tr>
<tr>
<td>Cork</td>
<td>2.8hrs</td>
<td>3hrs</td>
<td>1.45hrs</td>
<td>2hrs</td>
<td></td>
</tr>
<tr>
<td>Galway</td>
<td>2.6hrs</td>
<td>3hrs</td>
<td>1.45hrs</td>
<td>2hrs</td>
<td></td>
</tr>
<tr>
<td>Limerick</td>
<td>2.25hrs</td>
<td>3hrs</td>
<td>1.45hrs</td>
<td>2hrs</td>
<td></td>
</tr>
<tr>
<td>Waterford</td>
<td>2.1hrs</td>
<td>3hrs</td>
<td>4.1hrs</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

METHODOLOGY

In stated preference studies individuals are asked to choose between a number of different alternatives which vary by their attribute level. In this study respondents were presented with 3 different modal choices, driving, taking a bus or a train, for an inter-city trip between two cities that are 200KM apart. The distance of 200KM was chosen to represent a typical Irish inter-city trip with particular emphasis on trips to Dublin. The attribute for each of the three modes choices differs in terms of travel time, cost and regularity. The attribute levels are based on present and possible values occurring to the service providers.

Table 5 details the attributes and attribute levels used in the stated preference survey. The cost attributes where presented in Euro and the values were taken from market prices at the time of the survey (July 2010). The travel times were estimated upon current travel times by each of the modes. The final attribute regularity (frequency of service) was presented in the number of public transport services per hour.

TABLE 5 Attributes and attribute levels

<table>
<thead>
<tr>
<th></th>
<th>Train</th>
<th>Bus</th>
<th>Car</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost</td>
<td>€60</td>
<td>€15</td>
<td>€23</td>
</tr>
<tr>
<td></td>
<td>€30</td>
<td>€10</td>
<td>€20</td>
</tr>
<tr>
<td></td>
<td>€10</td>
<td>€5</td>
<td>€18</td>
</tr>
<tr>
<td>Travel time</td>
<td>2h 50min</td>
<td>4h 30m</td>
<td>2h 45m</td>
</tr>
<tr>
<td></td>
<td>2h 25min</td>
<td>3h 30m</td>
<td>2h 10m</td>
</tr>
<tr>
<td></td>
<td>2hr</td>
<td>2h 45m</td>
<td>1h 45m</td>
</tr>
<tr>
<td>Regularity</td>
<td>2 services per hour</td>
<td>2 services per hour</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>1 service per hour</td>
<td>1 service per hour</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>0.5 services per hour</td>
<td>0.5 services per hour</td>
<td>-</td>
</tr>
</tbody>
</table>

The survey was conducted on-line over a two-week period in July 2010. Human resource departments of large organisations were contacted and asked to circulate the survey on the company’s general distribution e-mail list. A total number of 191 responses were received from 12 different organisations.
Discrete choice modelling is based on the assumption that each individual chooses the option that will maximise his or her own utility; therefore we can use the random utility theory, which will be explained, in this sub-section. In this theory it is assumed that each individual will obtain a benefit from each alternative option but will endeavour to use the option that they will derive the highest utility (as seen in equation 1). The individual will only choose option $i$ if it’s utility is greater than all others $j$.

$$U_{ni} > U_{nj} \quad \text{Equation 1}$$

The utility factor is based on two different components, $V_i$ which is measurable or deterministic and is based on the alternatives in the choice set, and a random component $\epsilon_i$, which cannot be measured. In the case of this study the deterministic factor $V_i$ depends on travel time, cost and regularity while the random factor reflects an individual's more abstract perceptions of each mode of transport, such as maintaining personal space or ease of transporting luggage. As the random component cannot be measured, it is assumed to be set to a probability distribution defined by the model used to analyse the data. As the random component cannot be modelled, the probability that individual $n$ will choose alternative $i$ can be expressed as in the Equation 2:

$$P_i = \Pr(\epsilon_{ni} > \epsilon_{nj}) \quad \text{Equation 2}$$

Therefore, the probability that the respondent will choose alternative $i$ is the probability that the utility of that alternative is greater than any of the other alternatives in the choice set. The multinomial logit model is arguably the most widely used discrete choice models and is referred to as the ‘workhorse’ of choice models (Hensher et al, 2005).

RESULTS

An important aspect of this study is to identify the current travel patterns of the respondents and to attempt to understand the guiding factors that moulded these patterns. The survey required respondents to quantify the average number of trips they would take per year by each mode of transport on their most regularly travelled inter-city route. These trips were subcategorised by purpose of trip, whether the trip was for business or leisure. In total there was 2,170 trips investigated in the study. Leisure trips are by far the most popular reason for inter-city travel with a 77.7% share of the trips in this study. The number of possible motivations for an inter-city leisure trip is considerably larger than the number of incentives behind a leisure trip. Business trips share of 22% is significant.

The breakdown of modal choice within each trip purpose category is interesting. Rail travel holds a large share (41%) of inter-city business trips yet a much smaller share (12%) of leisure trips. The opposite is true for bus travel. Bus has a large share of leisure trips relative to business trips, which are 20% and 4% respectively. Overall the private car is the favourite method of inter-city transport with a share of 57%. Rail and bus travel are similar with a share of 18.5% and 16.5% respectively.

<table>
<thead>
<tr>
<th>TABLE 6 Details of trips taken</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purpose</td>
</tr>
<tr>
<td>Leisure</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Business</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Total</td>
</tr>
</tbody>
</table>

Table 7 details the descriptive statistics of the sample collected. The results for the gender mix show a good mix between male and females. The age categories of the respondents’ shows that 37% of respondents were aged between 25-34 and 27% were aged 34-44.
Income is the final variable presented in Table 7. The results show that 55% of the sample earn between €30,000 and €50,000.

**TABLE 7 Details of the sample**

<table>
<thead>
<tr>
<th>Gender</th>
<th>No. Of respondents</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>94</td>
<td>49</td>
</tr>
<tr>
<td>Female</td>
<td>97</td>
<td>51</td>
</tr>
<tr>
<td>Total</td>
<td>191</td>
<td>100</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age</th>
<th>No. Of respondents</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 24</td>
<td>32</td>
<td>17</td>
</tr>
<tr>
<td>25-34</td>
<td>71</td>
<td>37</td>
</tr>
<tr>
<td>35-44</td>
<td>52</td>
<td>27</td>
</tr>
<tr>
<td>45-54</td>
<td>24</td>
<td>13</td>
</tr>
<tr>
<td>55-64</td>
<td>12</td>
<td>6</td>
</tr>
<tr>
<td>65+</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Total</td>
<td>191</td>
<td>100</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Income</th>
<th>No. Of respondents</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under €30,000</td>
<td>43</td>
<td>23</td>
</tr>
<tr>
<td>€30,001 - €50,000</td>
<td>105</td>
<td>55</td>
</tr>
<tr>
<td>€50,001 - €70,000</td>
<td>30</td>
<td>15</td>
</tr>
<tr>
<td>€70,001 - €90,000</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>€90,001 - €110,000</td>
<td>1</td>
<td>-</td>
</tr>
<tr>
<td>Over €110,000</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>Skipped question</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td>191</td>
<td>100</td>
</tr>
</tbody>
</table>

To help understand the barriers to public transport, the survey asked respondents to rate the extent of which a list of factors affects their inter-city modal choice decision process. The respondent could choose between ‘no concern’, ‘slight concern’, ‘concern’ and ‘major concern’. The percentage of individuals that selected each option is summarised in Table 8.

Reliability was the factor that received the highest percentage of ‘major concern’ votes (52.4%). The ability to get from door-to-door as easily as possible and the amount of time spent travelling were also predominately ‘major concerns’, with 48.2% and 49.7% respectively. The environment (7.9%) and familiarity (10.5%) were factors that are rarely seen as major concerns when planning an inter-city trip.

22.5% of the respondents do not consider the environment when choosing a mode of transport. This is closely followed by ability to mix travel and work/leisure times (20.9%) as the least concerning factor.

To get a clearer picture of the relative importance of each factor a simple scoring system is utilised. Responses are awarded a score ranging from -2 for no concern to +2 for a major concern. The cumulative score indicates the relative importance of each factor. Factors with high scores are more important in the population’s modal choice process. The ability to get from door to door with ease, time spent travelling and the ease of getting around the destination city are found to be the most important factors. The environment, mixing travel time with work or leisure and available information are found to enter the cognitive process the least.
STATED PREFERENCE RESULTS
The base models comprise of variables presented in the stated choice experiments, namely, travel time, cost and regularity of service. Analysis of the survey results provides coefficients for each of the variables for each of the three modes of transport. These coefficients describe how a change in that particular variable will change the likelihood of an individual choosing that method of transport. The coefficients can be combined into utility equations, which will describe the benefit gained from a good or service.

The results of the MNL model are presented in Table 9. The findings show that almost all the coefficients are significant at the 99% confidence level, with the only admission is the cost variable for the car which has a $t$-ratio of 1.9 indicating that it is only significant to the 90% confidence level. The model produced a good fit with the $\rho^2(0)$ equal to 0.334 and the $\rho^2(c)$ value is equal to 0.198.

The results demonstrate that the utility of bus travel will increase the most from a reduction in travel times (-0.021) followed by car (-0.017) and train (-0.010). Travel times are a considerable barrier to bus travel but are not a substantial barrier to rail travel. The coefficient of bus cost is most cost sensitive (-0.103) followed by train (-0.061), while driving had the lowest cost disutility of -0.037 which shows that the cost of car travel did not deter people from choosing it in comparison with its alternatives. The importance of service regularity was found to be more significant in the case of rail travel with a coefficient estimated at -0.005 when compared with bus travel (-0.003). For both train and bus transport, a reduction in travel times is more important to travellers than a decrease in time between services. This is especially the case for bus travel as the coefficient for time is considerably larger than the coefficient for regularity, -0.021 and -0.003 respectively.
CONCLUSIONS
The main objective of this research was to examine the barriers to sustainable inter-city transport. Factors that affect the modal choice process were identified during a literature review. The magnitude of these barriers have been examined using a stated choice approach, utilising discrete models to measure the magnitudes, the results of which are presented in this paper. This study recognises that travel time is an important consideration. It was found to be a central concern for those that are more likely to drive. The attitude that was found to best explain car use is that the car will get to the final destination faster than public transport. Travel time is an especially major barrier to bus travel.

The cost of transport has been found not to be a significant barrier to public transport as shown in the MNL models. Driving had the lowest cost disutility, which shows that the cost of car travel did not deter people from choosing it in comparison with its alternatives. If the cost of transport is important to an individual then they are more likely to choose bus travel.

The MNL models showed that rail transport is a more attractive alternative to bus travel. As part of the stated preference study, the attitudes of the individuals that are more likely to choose the car as their method of transport were assessed. It was found that the three attitudes that most associated with car drivers are based around these factors. They believe that their cars will get them to their final destination faster than public transport, public transport stations are difficult to access, and that bringing luggage on public transport is difficult. These are weaknesses in the public transport services that must be addressed.

This research has established that the most important mile travelled during an inter-city trip is the final mile. The final mile is a term used to describe the final leg of the journey from the transportation hub of the destination city to the trip end. The attractiveness of an inter-city public transport route is intrinsically linked with ease of access of the stations at both of the end points. The results of the stated preference study demonstrate that mobility of an individual in the destination city is an especially important consideration amongst those that are more likely to choose car transport. Car users believe that public transportation hubs are inaccessible and that it is easier to circulate through Dublin city by private car than public transport.

This research may represent the first step in moving towards a more sustainable system of transport. The recent developments on the inter-city transport network have revolved around the expansion of motorways. This survey has demonstrated that the main considerations of inter-city modal choice include travel time, reliability, ease of door-to-door transport, and timetable control. The new motorways will increase the utility derived by car users and therefore the number of car trips per year will rise. These changes were necessary but occurred without similar improvements in the public transport network.

This research has added to the arguments for improving urban transit systems. Inter-city transport is intrinsically linked with the accessibility of the cities at both end of the trip. The attractiveness of sustainable inter-city transport is proportionally linked to the ease of public transport within the destination city. Efforts must be made not only to improve urban transit, but to make it more attractive to those that may be unfamiliar with it.
REFERENCES


