The principle of effective stress and triaxial compression testing of peat

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Peat deposits comprise the fragmented remains of dead plant vegetation that have accumulated under waterlogged conditions. Effective stress theories developed for mineral soils are routinely applied in practice for peat, although there are fundamental issues regarding the application of conventional soil mechanics to peat, on account of its extremely high water content, fibrous nature, low shear strength and high compressibility, and also the flexible, permeable and compressible nature of the porous organic solids. This paper presents an experimental study intended to contribute to the ongoing and increasing debate about the degree to which conventional soil mechanics approaches can be applied to peat. A programme of isotropic consolidated-drained triaxial compression tests was performed on saturated fibrous peat under the same effective confining pressure, but developed by applying different cell- and back-pressure combinations. Effects of mini-structure and fibre content on mechanical response were considered by testing undisturbed, reconstituted and refined (blended) peat materials. Similar volumetric strain–time and stress–strain–time responses experienced by identically prepared triaxial specimens were persuasive regarding the applicability of the principle of effective stress to peat, although there is no firm conclusion, since significant challenges occurred in performing these tests and in interpreting the data.

Notation

\( B \) Skempton pore-pressure coefficient
\( C_c \) primary compression index
\( C_{c}^* \) primary compression ratio
\( C_{sec} \) secondary compression ratio
\( C_{ss} \) coefficient of secondary compression
\( c^{e} \) effective cohesion
\( D \) diameter
\( E'_{c} \) drained modulus of elasticity
\( e \) void ratio
\( H \) height
\( K_0 \) at-rest earth pressure coefficient
\( s_u \) undrained shear strength
\( t_p \) time period to achieve end of primary consolidation
\( U \) average degree of consolidation
\( u_0 \) specimen back-pressure
\( u_e \) excess pore water pressure
\( w \) water content
\( \varepsilon_a \) axial strain
\( \dot{\varepsilon}_a \) rate of axial strain
\( \varepsilon_v \) volumetric strain
\( \alpha_v \) vertical stress
\( \alpha_{v}^{e} \) effective vertical stress
\( \alpha_s \) confining pressure
\( \alpha_{s}^{e} \) effective confining pressure
\( \sigma_{le} \) applied lateral effective stress at failure
\( \phi' \) effective angle of shearing resistance

1. Introduction

Effective stress defines the distribution of stresses acting between the solid particles and the pore fluid in soils. The principle of effective stress (Terzaghi, 1923) consists of the definition of effective stress (i.e. in the case of full saturation, effective stress equals the total stress minus the pore water pressure) and the fact that it correlates with mechanical behaviour to a sufficiently high degree over the stress range of engineering interest (Lambe and Whitman, 1969), exclusively controlling certain aspects of mineral soil behaviour, notably strength and compressibility. In recent years, peat soil problems, including dyke failures, foundation failures and landslides, have focused greater attention on understanding the mechanical behaviour and properties of peat and other highly organic soils. Peat deposits comprise the fragmented
remains of dead plant vegetation at various stages of decomposition that have accumulated in mire (Hobbs, 1986).

Effective stress theories that have been developed for mineral soils are routinely applied in practice for peat (e.g. Baird and Gaffney, 1994; Cola and Cortellazzo, 2005; Hanranah, 1954; Hebib and Farrell, 2003; Hemond and Goldman, 1985; Yamaguchi et al., 1985), although to the authors’ knowledge the appropriateness of these theories for peat has not been validated experimentally. There are fundamental issues regarding the application of conventional soil mechanics to peat on account of the material’s extremely high water content, fibrous nature, generally partially saturated state due to ongoing biodegradation of the solids, very low shear strength and high compressibility, as well as the flexible, permeable and compressible nature of the porous organic solids themselves. In the case of mineral soils, Monte and Krizek (1976) defined the flow limit (i.e. four to five times the liquid limit value) as the water content at which slurries starts to behave as soil, with the application of the principle of effective stress valid for water contents below this state transition. The water content of peat can range from a few hundred per cent of dry mass to greater than 2000% (Hobbs, 1986). Also, for fine-grained mineral soils, researchers have heuristically modified the principle of effective stress to account for physico-chemical forces at particle-size level (Bennethum et al., 1997). Owing to the extreme porosity and high organic content, these physico-chemical forces should not be ignored when considering the mechanical behaviour of peat. According to Landva and Pheeney (1980), capillary stresses in peat could be of the same order of magnitude as occurs in compression under an applied stress of 7 MPa. Although the rate of decomposition of the solids is extremely slow under waterlogged (anaerobic) conditions in situ, it may increase significantly should environmental factors become more favourable (Pichan and O’Kelly, 2012, 2013). Hence, following from the reasons outlined above, the direct application of conventional soil mechanics theories to peat soils may be questionable. In fact, some researchers have stated their doubt, although to date they have not reported any complete experimental or in situ proof, nor rational theoretical explanations. Bishop and Eldin (1950) have shown that in order for the principle of effective stress to be valid, the solid particles must be assumed incompressible, which is certainly not the case for peat. Hobbs (1986) did not cover shear strength in his treatise on peat, for the reason that conventional effective-stress strength was not only determined by the state of effective stress but was also time dependent, with the void ratio peat continuously decreasing under maintained load.

Furthermore, peat deposits are generally heterogeneous, with large variations occurring over very small distances (Landva, 1980), because plants of different character live in communities, and the rate of decomposition is not uniform, but rather is patchy throughout the peat mass (Hobbs, 1986). This presents a great challenge in studying the geotechnical behaviour of peat, particularly at laboratory-scale level.

In this paper, the validity of applying the principle of effective stress to saturated peat soils was investigated through a programme of one-dimensional compression tests and isotropic consolidated-drained triaxial compression tests on a particular pseudo-fibrous peat. Effects of mini-structure and fibre content on the mechanical response were considered by testing undisturbed, reconstituted and refined (blended) peat materials. The study presupposes that the effective-stress strength parameters ($c'$, $\phi'$) are appropriate for peat, and furthermore, by implication, that these parameters can be obtained from consolidated-drained triaxial tests.

2. Description of peat test material
The test material was pseudo-fibrous peat obtained from Clara bog (County Offaly, Ireland), a raised bog that originated from an early Holocene lake circa 11 500 years ago and which subsequently filled, forming a fen about 8000 years ago (Crushell et al., 2008). Saturated intact blocks of peat were obtained from a waterlogged, recently cut vertical face-bank at a depth of 2.5 m below the ground surface. The peat blocks were excavated using a flat shovel and trimming saw in order to prevent sampling disturbance. The blocks were sealed with preservative film immediately after sampling and kept in sampling boxes during transportation and subsequent storage in the laboratory. The fossilised laminates consisted mainly of Sphagnum mosses, but also some sedge, and were interspersed with plant and shrub (Calluna) remnants, along with a small portion of woody fibres provided by shrub rootlets. Hence the undisturbed peat was heterogeneous, although with a general cross-anisotropic fabric on account of the pattern of accumulation of the different vegetation in situ. The material was classified as SCN–H4–B3–F3(S)–R1(N)–W1(N) on the extended von Post peat classification system (Landva and Pheeney, 1980).

3. Experimental programme
Sets of test-specimens having similar physical properties were prepared from peat cakes that had been formed under one-dimensional compression. These specimen sets were then isotropically consolidated in the triaxial apparatus under different cell pressures, and finally sheared at the same strain rate in drained triaxial compression. The applied back-pressure was such that all of the specimens experienced the same state of effective stress during isotropic consolidation and shearing. Hence the principle of effective stress would imply that the specimen sets should experience the same mechanical response, which includes consolidation–time and stress–strain–time behaviours, given that the specimens had been designed to be physically identical and have the same stress history. The triaxial apparatus was chosen since the applied stress and specimen boundary conditions are well defined, and the repeatability of the test method is good.

The test specimens were sheared at a sufficiently slow rate under drained conditions in order to allow direct measurement of the effective-stress shear response. Shearing of the consolidated specimens at a slow rate in undrained compression would have
resulted in an applied lateral effective stress at failure ($\sigma_{le}$) of essentially zero, irrespective of the value of the applied cell pressure. This occurs since the induced pore water pressure rapidly builds up to approximately equal to the cell pressure for axial strain ($\varepsilon_a$) of greater than 5–10% (Hanrahan, 1954; Marachi et al., 1983), on account of the low Poisson’s ratio of the peat fibres (Farrell, 2012), with maximum strength mobilised for $\varepsilon_a \approx 15–20\%$. Hence, unlike conventional geomaterials, it is not possible to determine values of $c'$ and $\phi'$ for peat from consolidated-undrained triaxial compression testing with pore water pressure measurement, given $\sigma_{le} \approx 0$ kPa is mobilised in peats for different values of applied cell pressure.

3.1 Material treatment and index properties
The sampled peat material was treated in different ways in order to allow consideration of mini-structural and fibre effects. The first specimen set (undisturbed) was carved from the block sample. Material for the second set (reconstituted) was obtained by crumbling the peat, which required the addition of some bog water for thorough remoulding. Water from its natural source was used, since some engineering properties (e.g. value of liquid limit; Hanrahan et al., 1967) are sensitive to the chemistry of the water. Material for the third set (refined peat) was prepared by blending some reconstituted material using an electric, hand-held blender, having removed any large fibres beforehand using tweezers. A relatively homogeneous paste was obtained for testing by gently pressing and rubbing this blended material to pass the 425 μm sieve. The purpose of this preparation method was to remove the coarse fibrous fraction, with $\sim 36\%$ of the original reconstituted material (wet mass basis) removed in obtaining the refined material.

Scanning electron microscope images of the materials are shown in Figure 1. The fibres were observed to remain largely intact for reconstituted material, compared with the short, serrated fibres and cellular/spongy matrix of the relatively homogeneous, refined peat material.

Table 1 lists selected index and physico-chemical properties of the different peat materials. The water content ($w$) was determined by oven-drying representative specimens at 105°C over a period of 48 h. Although some of the constituent solids in peat are susceptible to slight charring/oxidation at this drying temperature (O’Kelly, 2004, 2005a), values of water content determined under these test conditions were sufficiently accurate. This was confirmed from analysis of water content data for test-specimens of the same peat material determined for different combinations of oven-drying duration and set temperatures over the range of 60–110°C. The refined peat had rather unusual behaviour during oven drying, in that this material became extremely brittle and shattered easily. Similar behaviour has been reported for amorphous organic clays derived from the production of potable water at municipal treatment works (O’Kelly, 2008, 2013).

The determination of the Atterberg consistency limits of peat is complicated on account of its high organic and fibre contents. An experimental study into the determination of the liquid limit (LL) of peat using the fall-cone LL apparatus, considering five different techniques for preparing the sample material for testing, was reported by Yang and Dykes (2006). In the present study, the values of LL and plastic limit (PL) were determined using the 80 g, 30° fall-cone LL apparatus and Casagrande thread-rolling method (BS 1377-2: BSI, 1990a). The reconstituted material for the LL test was prepared by the method of preparation described by Skempton and Petley (1970) and Hobbs (1986): first removing any large fibres using tweezers (i.e. test material still included some elements greater than 425 mm in size) and then thoroughly mixing the remaining material using a spatula. The significantly higher LL value measured for reconstituted material using the fall-cone method presumably reflects the effect of these coarser elements, which were absent from refined material (O’Kelly, 2013). Uniform
soil threads of undisturbed and reconstituted materials could not be rolled out to 3 mm in diameter on account of the fibrous nature of these materials, which were therefore categorised as non-plastic. It can also be argued that the LL and PL conditions are defined for fine-grained mineral soils, with specific physical meaning, and that these Atterberg limits should not be applied to peats and other highly organic soils (O’Kelly, 2013). For instance, the bulk refined material could be easily remoulded at water contents significantly below the measured PL value.

The specific gravity of solids was determined using the small pyknometer method. The loss on ignition was determined by igniting dry powdered material in a muffle furnace at 440°C (BS 1377: BSI, 1990a, 1990b). The fibrous material was separated by washing representative specimens on the 150 μm sieve (as specified by ASTM, 2008), and also on the 63 μm sieve in order to assess the effect of the blending action. The fibre content (FC) was determined by expressing the oven-dried mass of material retained on the sieves as a percentage of the specimen dry mass at 105°C. The in situ peat was classified as Hemic (33% < FC < 67%) according to ASTM (2007). The undisturbed undrained shear strength (\(\varepsilon_u\)) of the in situ deposit was assessed by performing quick-undrained triaxial compression tests on 38 mm diameter test specimens that had been carved from the consolidated peat cake. A peak undrained shear strength of 24 kPa was mobilised at \(\varepsilon_u = 16\%\) under the cell pressure of 45 kPa and strain rate of 120%/h applied in these unconsolidated-undrained triaxial compression tests, with the shear plane inclined at an angle of \(-42^\circ\) to the horizontal direction.

As noted earlier, the sampled peat consisted mainly of Sphagnum mosses, which comprise a distinctive cellular/spongy fraction of mainly leaves, and a fibrous fraction of leaf stalks, stems and rootlets. A water content distribution test, performed after manually separating the fibrous and cellular/spongy fractions of a reconstituted peat sample, indicated \(w \approx 940\%\) and \(1130\%\) for the respective fractions, compared with the material’s bulk water content of 1026%. This broadly agrees with Landva and Pheeney (1980), who reported \(w = 900–1100\%\) for Sphagnum leaves, compared with an average value of 670% for stems. The refined peat material had higher bulk water content, since it contained a greater cellular/spongy fraction.

### Table 1. Selected properties of peat materials

<table>
<thead>
<tr>
<th>Property</th>
<th>Undisturbed (U) and reconstituted (R)</th>
<th>Refined</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water content: %</td>
<td>590 (U), 1026 (R)</td>
<td>1065</td>
</tr>
<tr>
<td>Liquid limit: %</td>
<td>1135 (R)</td>
<td>757</td>
</tr>
<tr>
<td>Plastic limit: %</td>
<td>Non-plastic</td>
<td>446</td>
</tr>
<tr>
<td>Plasticity index</td>
<td>–</td>
<td>311</td>
</tr>
<tr>
<td>Specific gravity of solids</td>
<td>1.42</td>
<td>1.42</td>
</tr>
<tr>
<td>Loss on ignition: %</td>
<td>98.6</td>
<td>98.5</td>
</tr>
<tr>
<td>Fibre content: % retained on 63 μm sieve</td>
<td>74.2</td>
<td>27.1</td>
</tr>
<tr>
<td>Fibre content: % retained on 150 μm sieve</td>
<td>63.5</td>
<td>16.7</td>
</tr>
<tr>
<td>pH</td>
<td>3.8</td>
<td>3.7</td>
</tr>
</tbody>
</table>

3.2 One-dimensional compression tests

Consolidated cakes of reconstituted and refined peat materials were formed from which sets of physically identical specimens were prepared for isotropically consolidated-drained triaxial compression testing. Slurry specimens, 152 mm in diameter \((D)\) by initially \(\approx 180\) mm in height \((H)\), were prepared in a consolidometer \((O’Kelly, 2009)\) by placing successive layers, \(\approx 20\) mm deep, that were individually lightly tamped and vacuumed to remove air voids. The vacuum was applied after fitting the lid of a vacuum desiccator above the rim of the consolidometer cell, which formed a temporary airtight seal. The peat cakes were formed by consolidating the slurry specimens one-dimensionally under applied vertical stresses \((\varepsilon_u)\) of 6, 12 and 24 kPa, which were maintained for periods of 15, 16 and 43 days respectively, with vertical two-way drainage of the specimens to atmosphere. The initial specimen height was determined such that \(76\) mm long triaxial specimens could be carved vertically from the consolidated peat cakes.

3.3 Consolidated-drained triaxial compression tests

The isotropic consolidation and effective-stress strength properties were measured using a type of triaxial apparatus that included two pressure-volume controllers (GDS Instruments Ltd) that provided automatic control of the applied cell- and backpressures to an accuracy of 1 kPa, along with measurement of the specimen volume change response to an accuracy of 0.03 ml.

Sets of three reconstituted and refined triaxial specimens \((D = 38\) mm by \(H = 76\) mm) were carved from the consolidated peat cakes. A set of three undisturbed triaxial specimens were also carved from the intact peat block. The undisturbed peat had
an initial value of void ratio \( (e) \) of 8.4 and apparent pre-consolidation pressure of \(-15 \text{kPa} \), which was determined from an oedometer \( e-\log \sigma^e \) plot using the curve-fitting technique reported by Casagrande (1936).

The three triaxial specimens in each set were tested in series under the same effective confining pressure \( (\sigma^c) \) of 30 kPa, achieved by applying cell pressures \( (\sigma_t) \) of 45, 245 and 1045 kPa in combination with back-pressures \( (u_b) \) of 15, 215 and 1015 kPa respectively. Hence the overall testing duration for a given material type (including the consolidometer test with three load stages, followed by preparation and isotropically consolidated-drained triaxial compression testing of three specimens in series) was approximately 120 days. All of the triaxial tests, as well as the different stages of these tests, were of the same duration for consistency. The small stress increase that occurred between the final one-dimensional compression stage under \( \sigma_t = 24 \text{kPa} \) in the consolidometer and isotropic triaxial consolidation under \( \sigma^c = 30 \text{kPa} \) was designed to produce a modest volumetric strain \( e_v \) (i.e. test specimens would remain almost right cylinders, with \( H:D \) ratio of approximately 2:1), from which an appropriate strain rate in triaxial compression could be determined by standard curve-fitting of the measured \( e_v \) against elapsed time response (BS 1377-2; BSI, 1990c). The range of cell pressures adopted (which covered approximately three orders of magnitude) was limited at the upper end by the rated pressure capacity of the Perspex cell, and at the lower end by the control and measurement accuracy of the cell- and back-pressures. Specimen saturation was confirmed by measuring a pore pressure coefficient \( B \) value of at least 0.98.

Filter-paper side drains were not fitted around the triaxial specimens, since relatively large corrections would then need to have been applied to the measured deviatoric stress, assuming the test specimens would respond by general barrelling under compression. Instead, all specimens were consolidated under the all-around confining pressure, with two-way vertical drainage, via porous stones, against the applied back-pressure. The consolidation stage lasted for a period of 3 days, during which the specimens’ excess pore water pressure \( (u_e) \) response was periodically measured by temporarily closing the specimen drainage lines for a period of \(-30 \text{min} \) (O’Kelly, 2005b), after which time the \( u_e \) readings appeared to have started to equilibrate. Hence the average degree of consolidation \( (U) \) for the saturated specimens was determined by

\[
U = \frac{\sigma^c - u_e}{\sigma^c}
\]

The rate of axial strain \( (\varepsilon_a) \) of 0.085%/h applied during the compression stage was based on the time period \( t_p \) required to achieve ‘end of primary’ during the preceding triaxial consolidation stage. ‘End of primary’ refers to the soil state corresponding to practically complete dissipation of the excess pore water pressures. Values of the time period \( t_p \) for the different specimens were determined from curve-fitting analyses of both the measured average degree of consolidation and volumetric strain responses against elapsed time. For the purpose of the calculations, failure of the specimens during the compression stage was assumed to occur for \( \varepsilon_a = 20\% \), which is often adopted as a limiting-strain condition in testing peats and other highly organic soils. The associated axial deformation of the specimens also approximately corresponded with the range of the instrumentation fitted on the triaxial cell. Standard factors were applied to the experimentally derived \( t_p \) values (in accordance with BS 1377-8; BSI, 1990c) to account for the particular specimen drainage conditions employed. The deduced rate of axial strain of 0.085%/h in drained triaxial compression (i.e. stage duration of 10 days) would, in theory, allow substantive dissipation of excess pore water pressures to occur at \( \varepsilon_a \).

4. Experimental results and analyses

4.1 One-dimensional compression

Figures 2 and 3 show semi-log plots of cumulative strain against elapsed time and void ratio against effective vertical stress for the reconstituted and refined slurry cakes (with initial void ratios of 15.20 and 15.45 respectively) under one-dimensional compression.

As expected, compressive strains of the slurry cakes experienced by the end of the load stage under \( \sigma_t = 24 \text{kPa} \) were very large. The importance of structure was evident (see Figure 2), with the response clearly related to the performance of fibres, demonstrated by final \( \varepsilon_a \) values of 24\% and 46\% achieved for reconstituted and refined slurries respectively. Structural effects were significantly less for the refined material, since its constituent fibres had been serrated by the blending action, whereas the fibres had remained largely intact and randomly oriented for reconstituted material. The refined material also had a greater cellular/spongy fraction. The linear \( e-\log \sigma^c \) response measured for the refined slurry (Figure 3) indicates that this material behaved akin to fresh normally consolidated sediments, with \( C_C = 6.5 \) and \( C_C^v = 0.40 \): where \( C_C \) and \( C_C^v \) are the primary compression index and compression ratio respectively. The response of reconstituted material was clearly different, presumably on account of mini-structural effects related to the arrangement of the coarse fibres.

Secondary compression settlement was clearly distinguishable towards the end of the load stage at \( \sigma_t = 24 \text{kPa} \), which had been maintained for an extended period of 43 days. Values of the coefficient of secondary compression (i.e. change in void ratio over one decade of time during the secondary compression phase) of \( C_a = 0.45 \) and \( 0.39 \), and also of the secondary compression ratio \( C_{sec} = 0.024 \) and \( 0.027 \) (i.e. change in specimen height per unit height over one decade of time), were determined for reconstituted and refined materials respectively. Applying the \( C_a/C_C \) concept gave experimental values of 0.06 and 0.07,
consistent with the range of 0.06 ± 0.01 reported for fibrous peats by Mesri and Ajlouni (2007).

4.2 Consolidated-drained triaxial compression

The values of water content and void ratio for undisturbed, reconstituted and refined specimens tested in isotropically consolidated-drained triaxial compression are listed in Table 2.

As expected, the greatest variability occurred for the undisturbed specimens, on account of the heterogeneity of the natural peat. Some small Calluna remnants that provided preferential flow channels were observed during the preparation of these undisturbed specimens, particularly for $c_3 = 45$ kPa (Table 2), which may explain its higher initial void ratio value compared with the other two undisturbed triaxial test specimens.

Undisturbed specimens were observed to have a general cross-anisotropic fabric; reconstituted specimens a general anisotropic fabric (i.e. the orientation of coarser fibres was not horizontal dominant), and refined specimens a general isotropic fabric. The average degree of specimen consolidation achieved against elapsed time during the triaxial consolidation stage is shown in Figure 4. Between approximately 800 and 1400 min were required for substantive dissipation (> 85%) of the excess pore water pressure. This is consistent with Yamaguchi et al. (1985), who reported periods of between 700 and 1000 min for dissipation of excess pore water pressure in undisturbed fibrous peat specimens ($D = 50$ mm by $H = 125$ mm) under isotropic consolidation for $c_3 = 70–100$ kPa and with side drains provided.

The volumetric strain ($e_v$) response during the triaxial consolida-

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Table 2. Water content and void ratio of triaxial specimens

<table>
<thead>
<tr>
<th>Material type</th>
<th>Undisturbed</th>
<th>Reconstituted</th>
<th>Refined</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cell pressure: kPa</td>
<td>45 245 1045</td>
<td>45 245 1045</td>
<td>45 245 1045</td>
</tr>
<tr>
<td>Initial water content: %</td>
<td>623 560 584</td>
<td>757 755 767</td>
<td>523 530 502</td>
</tr>
<tr>
<td>Initial void ratio</td>
<td>9 1 8.1</td>
<td>10.7 10.7 10.9</td>
<td>7.4 7.5 7.1</td>
</tr>
<tr>
<td>Void ratio at end of consolidation stage</td>
<td>7.8 7.7 7.9</td>
<td>9.5 9.2 9.6</td>
<td>6.4 6.2 6.7</td>
</tr>
<tr>
<td>Water content at end of compression stage: %</td>
<td>471 463 455</td>
<td>543 553 556</td>
<td>378 386 393</td>
</tr>
<tr>
<td>Void ratio at end of compression stage</td>
<td>6.7 6.6 6.5</td>
<td>7.7 7.9 7.9</td>
<td>5.4 5.5 5.6</td>
</tr>
</tbody>
</table>
tion stage is plotted against square root of elapsed time and logarithm of elapsed time in Figures 5 and 6 respectively. The $\varepsilon_v$ response measured during the compression stage is also shown in Figure 6. Note that, for the consolidation stage, $\varepsilon_v$ values were calculated on the basis of the initial specimen volume, whereas for the compression stage, $\varepsilon_v$ values were calculated on the basis of specimen volume achieved at the end of the consolidation stage, in accordance with BS 1377-8 (BSI, 1990c). A slightly slower $\varepsilon_a = 0.054%/h$ was used in compression the refined peat specimen under $\sigma_3 = 45$ kPa, compared with $\varepsilon_a = 0.085%/h$ used for all of the other triaxial specimens. Hence the rate of volumetric strain during compression of the refined 45 kPa specimen was marginally lower than that measured for the refined 245 kPa and 1045 kPa specimens (Figure 6c).

The isotropic consolidation response was strongly related to the structure of the peat materials (Figures 4–6). Undisturbed specimens consolidated significantly more quickly than reconstituted specimens, presumably on account of the intact mini-structure of the former. Reconstituted specimens consolidated more quickly than refined specimens, presumably on account of the larger/longer flow channels provided by intact coarse fibres present in the former. However, at any given elapsed time, the maximum difference in volumetric strain recorded among specimens of a given material set under the same value of effective stress was remarkably small, which is consistent with the principle of effective stress.

The deviatoric stress–strain responses of the peat materials are shown in Figure 7, with some diurnal cycling in the data caused by minor temperature changes in the laboratory that occurred over the course of the 10-day compression tests. Membrane corrections (BS 1377-8: BSI, 1990c) were not applied to the measured deviatoric stress values, since the specimens did not undergo barrel-type failure typical of plastic soils but instead, after contracting radially during the triaxial consolidation stage, essentially underwent one-dimensional compression during the compression shearing stage.

For a given peat material, the deviatoric stress–strain responses for the set of three specimens tested under $\sigma_3 = 30$ kPa were similar, irrespective of the cell- and back-pressure combinations applied, which again is consistent with the principle of effective stress. The tests were terminated at $\varepsilon_a = 20\%$, although the mobilised deviatoric stress continued to increase approximately linearly with axial strain. This eventuality was expected for undisturbed and reconstituted materials, since it is generally not possible to bring a fibrous peat specimen to failure in drained triaxial compression tests on account of continual compression of the fibres themselves (Farrell, 2012) and ongoing volumetric compression, even for $\varepsilon_a = 50\%$ (McGeever, 1987). However, the response of the refined peat was somewhat unexpected, given that all of the constituent fibres were short in length, passing the 425 $\mu$m sieve.

The drained modulus of elasticity ($E'$) ranged from approximately 110 to 160 kN/m$^2$ under $\sigma_3 = 30$ kPa. The undisturbed, reconstituted (see Figure 8) and refined specimens generally responded by bulging slightly during compression, although essentially underwent $K_0$ compression, with no evidence of a shear plane developing.

5. Discussion: effective stress testing in drained triaxial compression

The conventional conception is that the undisturbed and reconstituted materials should mobilise higher shear resistance compared with the refined material, on account of fibre reinforcement. However, the response of the refined material (FC = 16.7%, compared with 63.5% for undisturbed and reconstituted materials) in drained triaxial compression was unexpected, with similar deviatoric stress values mobilised at a given strain level by undisturbed, reconstituted and refined materials for
A Mohr circle of stress analysis, taking \( \varepsilon_s = 20\% \) as an arbitrary failure condition, produced effective angles of shearing resistance (\( \phi' \)) values of 30.2 ± 1.5°, 28.9 ± 1.1° and 30.3 ± 1.0° for undisturbed, reconstituted and refined materials respectively. An effective cohesion (\( c' \)) value of zero was assumed for the purpose of these calculations, which is a reasonable approximation, at least for reconstituted and refined peats, with all three materials compressed sheared in a normally consolidated state. Marachi et al. (1983) and Farrell and Hebib

Figure 5. Volumetric strain against square root of elapsed time response under isotropic consolidation: (a) undisturbed; (b) reconstituted; (c) refined

Figure 6. Volumetric strain against elapsed time responses for triaxial consolidation and compression stages: (a) undisturbed; (b) reconstituted; (c) refined
(1998) have also reported $c' = 0$ from consolidated-drained triaxial compression testing of fibrous peat.

Higher values of $\phi'$ would be deduced for higher strain levels, and vice versa, although no experimental data were recorded to confirm whether or not the shear responses of the different peat materials remain similar for $\varepsilon_a \gg 20\%$. However, the deduced $\phi'$ values in the present study are in line with $\phi' = 34\degree$ reported by Hollingshead and Raymond (1972) for undisturbed fine-fibrous to amorphous peat specimens tested in drained triaxial compression under $\sigma_3' = 1.8–8.5$ kPa. Like the present study, these tests were arbitrarily terminated at $\varepsilon_a = 24\%$, since up to this level the stress–strain curves were also practically linear

$\left( E' = 50–200 \text{ kN/m}^2 \right)$, with none of the specimens mobilising peak deviatoric stress. Furthermore, the undisturbed specimen under $\sigma_3 = 45$ kPa and reconstituted specimen under $\sigma_3 = 245$ kPa (see Figure 8) in the present study did not appear to receive any significant strength enhancement from the Calluna remnants, whose presence was particularly noticeable during the preparation of these specimens.

Given the above observations, the authors concur with Landva et al. (1986) that standard consolidated-drained triaxial compression testing is not of particular value in determining the effective-stress strength properties of peat soils. As regards relating shear strength to effective stress, observations reported in the paper together with Figure 8 indicate that shearing in the normal sense was not taking place for $\varepsilon_a < 20\%$, so perhaps it is not surprising that the principle of effective stress could not be examined further or confirmed. There may be scope for using relatively taller triaxial test-specimens (i.e. $H:D = 2:1$), which, along with necessary modifications to the triaxial apparatus and instrumentation, would allow for the application of $\varepsilon_a = 20\%$, while still maintaining a reasonable specimen aspect ratio for the possibility of shear failure to occur. This may merit further experimental investigation.

Other laboratory strength-testing methods, including in direct shear, direct simple shear and ring shear apparatus, have been used to determine pertinent undrained and effective-stress strength properties of peat. Direct shear testing was not recommended by Landva et al. (1986), owing to the uncertain stress distribution and mode of specimen deformation. However, it is considered that direct simple shear and ring shear testing give the intrinsic $\phi'$ of the constituents, and that higher $\phi'$ values recorded in triaxial compression and extension tests on vertically carved samples include effects of the fibre structure (Farrell, 2012; Farrell and Hebib, 1998; Landva and La Rochelle, 1983). Hence, in practice, direct simple shear and ring shear testing produce lower values of $\phi'$ for conservative estimates.

6. Conclusion

The study emphasises that peat is a difficult and unconventional geomaterial, which presents significant challenges for geotechni-
cal laboratory testing, and in the interpretation of the experimental data. Another challenge arose in the extreme variability of the peat, which was found to occur under controlled sample-preparation conditions, even for blended peat material. The importance of structure was evident, with the volumetric strain response under both one-dimensional compression and isotropic consolidation clearly related to the performance of fibres. From the point of view of the main aim of the paper, to examine whether the principle of effective stress may be applied to peat soils, there is no firm conclusion, but high $B$ values measured and volumetric strain observations support it. Saturated pseudo-fibrous peat specimens under $\sigma_3^i = 30 \text{kPa}$ (mobilised in isotropically consolidated-drained triaxial compression tests by applying different cell- and back-pressure combinations) were found to produce similar shear resistance and volume change responses, in agreement with the principle of effective stress. However, this study did not get to grips with effective stress per se, which would necessitate further investigations of the full stress–strain–time/stress/strain rate behaviour, noting the effects of soil structure and the compressible fibres. It is also accepted that in situ effective stresses in peat deposits are generally considerably lower than $\sigma_3^i = 30 \text{kPa}$, and hence the authors recommend that similar studies be repeated for lower $\sigma_3^i$ values, although this would require more accurate control and measurement of pressure/volume change in the triaxial apparatus.

It was found that consolidated-drained triaxial compression testing of the peat was not of particular value in terms of determining its effective-stress strength properties, since the deviatoric stress continued to increase approximately linearly with axial strain, without reaching a peak value. Hence the calculated stress continued to increase approximately linearly with axial strain, without reaching a peak value. Hence the calculated stress–strain–time/stress/strain rate behaviour, noting the effects of soil structure and the compressible fibres. It is also accepted that in situ effective stresses in peat deposits are generally considerably lower than $\sigma_3^i = 30 \text{kPa}$, and hence the authors recommend that similar studies be repeated for lower $\sigma_3^i$ values, although this would require more accurate control and measurement of pressure/volume change in the triaxial apparatus.

Acknowledgements

The authors acknowledge the following contributions of Trinity College Dublin (TCD) personnel to the reported work: Martin Carney and Eoin Dunne in assisting with the geotechnical laboratory tests; Patrick Veale with peat sampling; and Derek Simpson in obtaining the SEM images. The first author gratefully acknowledges a Postgraduate Research Award received from TCD.

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