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2 **Lower filamentation rates of *Candida dubliniensis* contribute to its lower**  
3 **virulence in comparison with *Candida albicans***

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1 **Abstract**

2 *Candida albicans* and *Candida dubliniensis* are very closely related yeast species.  
3 In this study, we have conducted a thorough comparison of the ability of the two species  
4 to produce hyphae and their virulence in two infection models. Under all induction  
5 conditions tested *C. albicans* consistently produced hyphae more efficiently than *C.*  
6 *dubliniensis*. In the oral reconstituted human epithelial model, *C. dubliniensis* isolates  
7 grew exclusively in the yeast form, while the *C. albicans* strains produced abundant  
8 hyphae that invaded and caused significant damage to the epithelial tissue. In the oral-  
9 intragastric infant mouse infection model, *C. dubliniensis* strains were more rapidly  
10 cleared from the gastrointestinal tract than *C. albicans*. Immunosuppression of *Candida*-  
11 infected mice caused dissemination to internal organs by both species, but *C. albicans*  
12 was found to be far more effective at dissemination than *C. dubliniensis*. These data  
13 suggest that a major reason for the comparatively low virulence of *C. dubliniensis* is its  
14 lower capacity to produce hyphae.

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17 **Keywords:** *Candida albicans*, *Candida dubliniensis*, hyphae, morphogenesis, infection  
18 models, virulence

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1 **1. Introduction.**

2 *Candida albicans* is routinely reported as the most common cause of superficial  
3 and systemic candidiasis, indicating that it is the most pathogenic *Candida* species  
4 (Edmond et al, 1999; Eggimann and Pittet, 2001; Garber, 2001; Asmundsdottir et al.,  
5 2002; Ellis, 2002, Kibbler et al, 2003). *Candida dubliniensis*, which was first identified  
6 as a separate species in 1995, is the most closely related species to *C. albicans* (Sullivan  
7 et al, 1995). Due to this close phylogenetic relatedness the two species are phenotypically  
8 very similar and exhibit a similar range of putative virulence factors (Gilfillan et al, 1998;  
9 Hannula et al., 2000; Vilela et al., 2002). In particular, *C. dubliniensis* has the capacity to  
10 produce hyphae, pseudohyphae and chlamydospores, and thus like *C. albicans*, this  
11 species is polymorphic in nature (Gilfillan et al., 1998). Interestingly, despite the fact  
12 that the two species are so genotypically and phenotypically similar, one clear difference  
13 between them is their capacity to cause disease. *C. dubliniensis* is only rarely identified as  
14 a cause of systemic infection (Kibbler et al., 2003; Sullivan et al., 2004), suggesting that  
15 *C. dubliniensis* may be less virulent than *C. albicans*.

16 In a previously published comparison of the phylogeny and virulence factors  
17 expressed by *C. albicans* and *C. dubliniensis*, Gilfillan et al (1998) investigated the  
18 ability of the two species to produce hyphae, a trait widely regarded as one of the most  
19 important virulence factors of *C. albicans* (Gilfillan et al., 1998). This study, which was  
20 limited to two strains of each species and to a limited range of experimental conditions  
21 conducive to the induction of hyphae by *C. albicans*, revealed that while *C. dubliniensis*  
22 has the capacity to produce true hyphae, it appears that the hyphae are produced at a  
23 slower rate (Gilfillan et al., 1998). Since this original study a far greater range of *C.*

1 *dublinsiensis* isolates from various clinical sources have been identified. Population  
2 analysis using DNA fingerprinting has also revealed that *C. dublinsiensis* is comprised of  
3 four distinct genotypes (Gee et al., 2002). Due to the importance of hyphae in candidal  
4 virulence, in the current study we have compared the dynamics and the levels of hypha-  
5 induction in a comprehensive range of *C. dublinsiensis* isolates (representative of the four  
6 known genotypes and from a wide range of anatomic sites) with the production of hyphae  
7 by *C. albicans* under a broad range of in vitro hypha-induction conditions and in two  
8 infection models.

9         The most commonly used infection model to investigate candidal virulence is the  
10 murine model for systemic infection, in which the inoculum is administered directly into  
11 the mouse's blood stream by injection into the tail vein (Ghannoum et al, 1995; Lo et al.,  
12 1997; Navarro-Garcia et al., 2001; Brand et al, 2004; MacCallum and Odds, 2005). Two  
13 studies have already investigated the comparative virulence of *C. albicans* and *C.*  
14 *dublinsiensis* using this model (Gilfillan et al, 1998; Vilela et al., 2002). The data obtained  
15 in both of these studies indicate that *C. albicans* is significantly more pathogenic than *C.*  
16 *dublinsiensis*, reflecting the higher incidence of *C. albicans* in human systemic disease.  
17 However, this infection model bypasses the normal barrier to infection provided by  
18 human gastrointestinal epithelial tissue. The gastrointestinal tract in up to 80% of humans  
19 is colonized by *Candida* species and these organisms may act as a reservoir for systemic  
20 infection, especially in patients with neutropenia. Microorganisms colonizing the gut can  
21 traverse the gut wall and enter the blood stream, leading to dissemination of the yeasts  
22 throughout the body (Odds, 1988; Bognoux et al., 2006). For this reason we have  
23 compared the gastrointestinal colonization and dissemination of the two species in the

1 oral-intragastric infant mouse infection model (Cole et al., 1990; 1993;1996). The  
2 advantages associated with this model include the ability to precisely control inoculum  
3 size and the maintenance of the natural host barriers to infection, such as the gut wall and  
4 gastric and intestinal secretions. In this study we have compared the ability of *C. albicans*  
5 and *C. dubliniensis* in single and in mixed species inocula to colonize the mouse  
6 gastrointestinal tract and to disseminate to internal organs following  
7 immunocompromization. In order to enhance our ability to accurately enumerate the  
8 proportions of each species present at specific time points in mixed inoculum  
9 experiments representative strains of each species were tagged with a molecular cassette  
10 containing genes encoding mycophenolic acid resistance (MPA<sup>R</sup>) and green fluorescent  
11 protein (GFP).

12 In order to further investigate the comparative ability of *C. albicans* and *C.*  
13 *dubliniensis* isolates to colonize and infect invade human epithelial tissues we  
14 investigated the effects of each species on oral epithelial tissues using the ex vivo  
15 Reconstituted Human Epithelial model (RHE). This model entails the use of  
16 commercially available tissue samples obtained by culturing the TR146 human  
17 keratinocyte cell line (derived from a buccal mucosal squamous cell carcinoma) on an  
18 inert supporting membrane (Rupniak et al., 1985). These tissues, which superficially  
19 resemble human oral epithelium, have proved useful in investigating the virulence of *C.*  
20 *albicans*, due to their standardization and high potential throughput and the potential for  
21 direct microscopic observation of the interaction between the candidal and host cells  
22 (Korting et al., 1998; Schaller et al., 1998a,b; Korting et al., 1999; Korting et al., 2003,  
23 Schaller et al., 2004; Zhao et al., 2004; Jayatilake et al., 2005, Zhao et al., 2005).

1

## 2 **2. Materials and Methods**

### 3 *2.1. Candida clinical isolates, strains and derivatives*

4 All *Candida* clinical isolates, strains and derivatives were routinely cultured on  
5 Potato Dextrose Agar (PDA) medium (Oxoid, Basingstoke, Hampshire, UK) pH 5.6, at  
6 37°C for 18 h (Table 1). For routine liquid culture, isolates were grown in Yeast-Extract-  
7 Peptone-Dextrose (YPD) broth (10 g yeast extract (Oxoid), 20 g peptone (Difco, Becton  
8 Dickinson, Franklin Lakes, NJ, USA), 20 g glucose per liter, pH 5.5) at 37°C in a  
9 Gallenkamp (Model G25) orbital incubator (New Brunswick Scientific Company  
10 Incorporated, Edison, New Jersey, USA) at 200 rpm.

11

### 12 *2.2. Chemicals, enzymes and radioisotopes*

13 All chemicals used were of analytical-grade or molecular biology-grade and were  
14 purchased from the Sigma-Aldrich Chemical Co. (Tallaght, Dublin, Ireland) or from  
15 Roche Diagnostics Ltd. (Lewes, East Sussex, UK). Restriction enzymes were purchased  
16 from the Promega Corporation (Madison, Wisconsin, USA) and from New England  
17 Biolabs (Beverly, Massachusetts, USA) and used according to the manufacturer's  
18 instructions. [ $\alpha$ -<sup>32</sup>P]dATP (6,000 Ci/mmol; 222 TBq/mmol) was purchased from  
19 Amersham International Plc. (Little Chalfont, Buckinghamshire, UK).

20

### 21 *2.3. Induction of germ tubes and hyphae*

22 Production of hyphae by *Candida* isolates was induced by inoculation of cells grown  
23 for 18 h at 37°C in YPD into media that promote the yeast-hypha transition. The media used

1 included Medium-199, with and without 10% (v/v) newborn calf serum (v/v), RPMI-1640  
2 medium, with and without 10% (v/v) newborn calf serum, YNB medium, with and without  
3 10% (v/v) newborn calf serum, water with 10% (v/v) newborn calf serum, Lee's medium with  
4 pH/temperature shift (Buffo et al., 1984) and N-acetylglucosamine-yeast-nitrogen base-  
5 proline medium (NYP) medium (Schaude et al., 1990). Cells were inoculated to a cell density  
6 of  $2 \times 10^6$  cfu/ml in 20 ml of each medium and incubated at 37°C. In the case of NYP  
7 medium the cells were incubated in the presence of 5% (v/v) CO<sub>2</sub>. The percentage of cells  
8 that produced germ tubes or hyphae was determined by counting one hundred cells every hour  
9 from t=0 h to t=6 h and then again at t=24 h by microscopic examination using a Nikon  
10 Eclipse 600 microscope (Nikon Europe B.V., Badhoevedorp, Holland). All experiments were  
11 performed in triplicate.

12

#### 13 *2.4. Cloning of HWPI*

14 PCR amplimers of *CdHWPI* and *CaHWPI* were cloned into pBluescript II KS (-)  
15 by standard procedures and were sequenced and subsequently used as probes for Northern  
16 blot analysis.

17

#### 18 *2.5. DNA isolation and Southern hybridization analysis*

19 Total genomic DNA of *C. dubliniensis* and *C. albicans* isolates and derivatives  
20 was prepared from cells grown for 18 h in YPD broth culture, as described by Gallagher  
21 et al., 1992. Southern hybridization was carried out at high stringency using DNA probes  
22 labeled with [ $\alpha$ -<sup>32</sup>P]dATP by random primer labeling using the Prime-A-Gene kit  
23 (Promega) (Gallagher et al., 1992).

1

## 2 2.6. RNA extraction and Northern hybridization analysis

3 *Candida* cells were grown overnight in 50 ml YPD medium and washed three  
4 times in ultra pure water and then inoculated at a concentration of  $2 \times 10^6$  cells/ml into  
5 200 ml of hyphal inducing media and harvested at  $t = 0,1,2,3,4,5$  and 6 h. Cells were  
6 harvested by vacuum filtration with Supor®-450 membrane filters with a pore size of  
7  $0.45 \mu\text{m}$  (Pall Gelman laboratory, Ann Arbor, MI, USA). The cells were scraped from the  
8 filter using a scalpel and placed in a 1.5 ml screw capped tube with 1 ml of TRIreagent  
9 and 0.1 g of acid washed glass beads. Extractions were carried out by the glass bead  
10 disruption method described by Hube et al., 1994. RNA electrophoresis and Northern  
11 hybridization with [ $\alpha$ - $^{32}\text{P}$ ]dATP labelled probes was carried out as described by Moran et  
12 al., 1998.

13

## 14 2.7. Construction and chromosomal integration of a GFP/MPA<sup>R</sup> expression cassette into 15 the RP10 locus in *C. albicans* and *C. dubliniensis*

16 Firstly, a 2.9 kb *Xba*I fragment from the MPA-flipper cassette (Wirsching et al.,  
17 2000; Staib et al., 2001), containing the entire mycophenolic acid resistance gene (*IMH3*)  
18 and its promoter was used to replace the *URA3* gene in the integrating plasmid CIp10  
19 (Murad et al., 2000) to generate CdIp1. This plasmid encodes the *C. albicans* RP10 gene  
20 and allows direct integration into the RP10 locus in both *C. albicans* and *C. dubliniensis*.  
21 In order to construct a GFP expression cassette for each species, the yeast optimized GFP  
22 gene was PCR amplified from plasmid pYGFP3 (Cormack et al., 1997) with the primer  
23 pair GFPF/GFPR (Table 2) and cloned between the *Sal*I and *Hind*III recognition



1 sequences of CdIp1. In order to obtain constitutive expression of the *GFP* gene, the  
2 *CaACT1* promoter region (positions -1019 to -7) was amplified from *C. albicans* SC5314  
3 by PCR with primers ACTPF/ACTPR (Table 2) and inserted upstream of the *GFP* gene  
4 between the *XhoI/SalI* recognition sites. The *CaACT1* terminator region (positions +1789  
5 to + 2182 with respect to the *CaACT1* start codon) was amplified from SC5314 by PCR  
6 with primers ACTTF/ACTTR (Table 2), and cloned in the *EcoRI* site to create plasmid  
7 pCC1.

8 Transformation of *C. albicans* and *C. dubliniensis* with pCC1 linearized with *StuI*  
9 (within the *RP10* region) was performed by electroporation (Kohler et al., 1997). The  
10 *CaRP10* locus was found to be sufficiently homologous to the *C. dubliniensis* homolog to  
11 allow integration of the cassette into the *C. dubliniensis* genome as well as that of *C.*  
12 *albicans*. Integrative transformation into the *RP10* locus in each species was confirmed  
13 by PCR and Southern hybridization. Amplification reactions were carried out using  
14 standard conditions and *Taq* DNA polymerase (Promega). The primers used were MPA1  
15 (which anneals within the cassette) and TEM1 (which anneals downstream of the *RP10*  
16 gene in the *C. albicans* and *C. dubliniensis* genomes (Table 2)). Integration of the  
17 cassette into the *RP10* locus was identified by the presence of a 1.5 kb PCR product (data  
18 not shown). Correct integration of the cassette was further verified by Southern  
19 hybridization analysis of *HindIII*-digested genomic DNA using the *RP10* gene as a probe  
20 (data not shown). *C. albicans* and *C. dubliniensis* derivatives tagged with this cassette  
21 are denoted by the abbreviation (M/G) after the strain name.

22 To confirm that the molecular tagging of strains with the MPA<sup>R</sup>/GFP cassette  
23 (M/G) had no effect on growth, the growth rate of parent strains and their tagged

1 derivatives (e.g. SC5314 vs SC5314 (M/G) and CD36 vs CD36 M/G) was compared. No  
2 significant difference was observed in the growth of any of the untagged vs tagged pairs  
3 investigated (data not shown), indicating that insertion of the cassette into the genome of  
4 either species had no detectable effect on growth rate.

5 Fluorescence of GFP was visualized using a Nikon Eclipse 600 microscope fitted  
6 with a super high power mercury lamp (Nikon) and the GFP-specific filter set (Endow  
7 GFP Bandpass Emission (FGP®-BP) filter combination).

8

### 9 *2.8. Reconstituted Human Epithelium (RHE)*

10 Reconstituted human oral epithelial tissues were supplied by Skinethic Laboratory  
11 (Nice, France) and used as described previously (Schaller et al., 1998a,b, 1999).  
12 Triplicate infection experiments were performed for each strain and each time point.  
13 Reconstituted epithelium samples (0.5 cm<sup>2</sup>) were inoculated with 2 x 10<sup>6</sup> yeast cells in 50  
14 µl of PBS and controls were inoculated with 50 µl of PBS. Inoculated cultures were  
15 incubated at 37°C with 5% (v/v) CO<sub>2</sub> at 100% humidity for 12, 24, 36, 48, 60 and 72 h.

16 The release of lactate dehydrogenase (LDH) from epithelial cells into the  
17 surrounding medium was measured to quantify the extent of epithelial cell damage. The  
18 CytoTox 96® non-radioactive cytotoxicity assay (Promega) was used to measure the  
19 amount of LDH in each sample. The reaction was assayed at 480 nm using a Genios plate  
20 reader (Tecan UK Ltd., Reading, UK). One unit of LDH activity is equivalent to 1 mmol  
21 of formazan formed min/l.

22 Prior to sectioning and staining for light microscopy, RHE tissues were fixed in  
23 4% (v/v) paraformaldehyde in PBS (pH 7.4), dehydrated in ethanol and embedded in

1 paraffin wax. Sections were stained with Periodic Acid Schiff (PAS) reagent for  
2 visualization of fungal elements (Luna, 1968). Tissues were examined using a Nikon  
3 Eclipse 600 microscope.

4

### 5 *2.9. The oral intragastric infant mouse infection model*

6 Crl:CFW(SW)BR mice obtained from Charles River Laboratories (Wilmington,  
7 MA, USA), were used to establish a breeding colony and the offspring of these animals  
8 were used in all experiments. Infant mice (6-9 days old) derived from these animals were  
9 isolated from their mothers 3-4 h before inoculation and held at room temperature to  
10 enable clearance of the mothers milk from the infant stomach. Animal husbandry and  
11 research were conducted in accordance with approved institutional protocols.

12 Inocula containing  $2.0 \times 10^8$  yeast were prepared in nonpyrogenic saline  
13 (Travenol; Travenol laboratories Inc., Deerfield, ILL. USA) and delivered by the oral-  
14 intragastric route with a 24-gauge feeding needle attached to a 1.0 ml syringe (Popper and  
15 sons, Rhode Island, USA). In co-infection experiments  $1.0 \times 10^8$  cfu of each species was  
16 used in the inocula. After day 10 post infection mice infected by oral intra-gastric  
17 inoculation were examined for the presence of *Candida* in their faecal pellets, which were  
18 homogenized in 1.0 ml of chilled, sterile saline and plated on SDA containing 50  $\mu$ g/ml  
19 chloramphenicol (Sigma-Aldrich). Mice used in the colonization experiments were not  
20 immunocompromised in any way and were simply inoculated and then sacrificed every  
21 two days over a period of 10 days.

22 To investigate dissemination of the yeasts, on day 11, animals with *Candida*-  
23 positive fecal pellets were immunocompromised with an intraperitoneal injection of

1 cyclophosphamide (Mead Johnson, BMS Co.; New Jersey, USA) 0.2 mg/ml plus 1.25  
2 mg/ml cortisone acetate (Westward Pharmaceutical Corporation, New Jersey USA),  
3 followed by a second administration of cyclophosphamide (0.1 mg/ml) and cortisone  
4 acetate (1.25 mg/ml) on day 14 post-challenge. Immunocompromised animals were  
5 sacrificed at 20-24 days post challenge by asphyxiation with CO<sub>2</sub>. Mice were sacrificed  
6 earlier if they were unresponsive. Mice were immediately dissected to remove the entire  
7 gastrointestinal tract and along with the liver and kidneys were prepared for  
8 homogenization and plating, or for histological studies.

9         The stomach, intestine, liver and kidney were examined for the presence of  
10 abscesses and homogenized, the enumeration of cfu of *Candida* was determined by  
11 dilution plating on YNB agar (Sigma-Aldrich) containing chloramphenicol (50 µg/ml).  
12 When differentiation was necessary between tagged and untagged strains the level of  
13 each species was determined by replica plating on YNB agar containing chloramphenicol  
14 (50 µg/ml) and MPA (0.01 mg/ml).

15         Selected organs were chemically fixed for 12 h at 4°C in 3% (v/v)  
16 glutaraldehyde and 2% (v/v) paraformaldehyde, each prepared separately in cacodylate  
17 buffer (0.1 M, pH 7.4) and mixed just before use. The tissues were rinsed in buffer, post  
18 fixed in 2% osmium tetroxide (2 h) prepared in the same buffer, dehydrated and  
19 embedded in Spurr's low viscosity resin as described previously (Seshan and Cole, 1994).  
20 Thick sections (approximately 1 µm) were stained with azure 11-methylene blue for light  
21 microscopy as reported in Cole et al., 1989. Smears of organs were also examined in the  
22 absence of any fixative. Organs for histological examination were examined with a Zeiss  
23 Photomicroscope II. Fluorescence of GFP was detected using a FITC filter.

1

2 *2.10. Statistical analysis.*

3         The data from the animal models were compared using the nonparametric Mann-  
4 Whitney U test. All other statistical analysis was carried out using the two sample *t*-test  
5 assuming unequal variances. *P* values of <0.05 were considered significant. Statistical  
6 comparisons were performed using SPSS version 9.0 software package for Windows.

7

## 1 **3. Results**

2

### 3 *3.1. Induction of hyphae*

4         The results of a previous study based on two strains of *C. dubliniensis* and a  
5 limited range of induction conditions, had suggested that *C. albicans* and *C. dubliniensis*  
6 may differ in their capacity to produce hyphae (Gilfillan et al., 1998). To investigate this  
7 more comprehensively, in the present study we included a greater number of *C.*  
8 *dubliniensis* isolates (i.e. 11) representative of all four *C. dubliniensis* genotypes  
9 recovered from a wide range of anatomic sites from patients from around the world. In  
10 addition we compared the induction of hyphae by each strain under a wider range of  
11 conditions that are known to induce the production of hyphae in *C. albicans*. In all of the  
12 nine experimental conditions examined hyphal production was less efficient in *C.*  
13 *dubliniensis* than in *C. albicans* and for some strains of *C. dubliniensis* no significant  
14 hyphal production (<10%) was detected at all (see Table 3). Representative graphs  
15 showing the dynamics of hyphal induction by each species when incubated under four  
16 induction conditions are shown in Fig. 1. By far the most effective means of inducing  
17 hyphae in *C. dubliniensis* was incubation in water and 10% (v/v) serum. Under these  
18 conditions 8/11 (73%) *C. dubliniensis* strains tested produced significant amounts of  
19 hyphae (i.e. 50% or more of cells were in the hyphal phase). In all of the media tested, the  
20 efficiency of induction of hyphae by *C. dubliniensis* varied from strain to strain. Under  
21 many of the conditions tested some strains failed to produce hyphae at all, while one  
22 strain, P7718, showed relatively high levels of induction under all conditions, although  
23 the levels produced were always less than those produced by *C. albicans*. Northern

1 hybridization analysis using the hypha-specific *HWPI* gene as a probe confirmed that the  
2 hyphae produced by *C. dubliniensis* expressed a gene which has previously been  
3 associated with true hyphal formation in *C. albicans*, in addition the level of expression  
4 of this gene in *C. dubliniensis* correlated precisely with the levels of hyphae observed at  
5 each timepoint (data not shown).

6

### 7 *3.2. Reconstituted Human Epithelial infection model*

8 Reconstituted human epithelial (RHE) cells have been used widely as a model of  
9 oropharyngeal candidiasis (Korting et al., 1998; Schaller et al., 1998a,b; Korting et al.,  
10 1999; Schaller et al., 1999; Korting et al., 2003; Zhao et al., 2004; Jayatilake et al., 2005;  
11 Zhao et al., 2005). In order to compare the ability of *C. albicans* and *C. dubliniensis* to  
12 colonize and infect these tissues, RHE samples were inoculated with *C. albicans* strains  
13 SC5314 and 132A and *C. dubliniensis* strains CD36, CD519 and P7718. *Candida*  
14 *dubliniensis* strains P7718 and CD519 were chosen because they belong to genotypes 3  
15 and 4 and are distantly related to the genotype 1 reference strain CD36.

16 In RHE samples infected with *C. albicans*, extensive growth (of both yeasts and  
17 hyphae) was evident by 12 h post-inoculation. Between 12 and 24 h post-infection, the  
18 RHE showed signs of tissue damage, characterized by vacuolization and detachment of  
19 the keratinocytes in all cell layers. Invasion of deeper parts of the epithelium by *C.*  
20 *albicans* was observed after 24 h, whereby hyphal cells had penetrated through the  
21 epithelium and made contact with the inert supporting membrane. These results are in  
22 agreement with the findings reported by Schaller et al., 1998a. At 48 h post-inoculation,  
23 for RHE colonized by *C. albicans* SC5314, very few epithelial cells were left attached to

1 the membrane (Fig. 2, panel A). Similar results were also found for *C. albicans* 132A,  
2 although more yeast cells were observed than with SC5314 (data not shown). In contrast,  
3 inoculation of RHE tissues with *C. dubliniensis* CD36 resulted in major differences in  
4 candidal morphology and tissue damage. At all time points examined *C. dubliniensis* was  
5 found to grow exclusively as yeasts (data for 48 h are shown in Fig. 2, panel B), although  
6 a very small number of hyphae or pseudohyphae were present in a small minority of  
7 sections examined. By 12 h, RHE that had been inoculated with *C. dubliniensis* showed  
8 no oedema and very few yeast cells attached directly to the epithelium. After 24 h slight  
9 tissue damage was evident as some epithelial cells in the top layer appeared to be  
10 detached, however the lack of hyphal invasion by *C. dubliniensis* meant that the integrity  
11 of the tissue appeared to be largely in tact. However, by 36 h obvious holes were visible  
12 within the epithelial layers. At 48 a layer of epithelial cells was still visible over the  
13 supporting membrane, in contrast to *C. albicans*-infected tissue at these time points  
14 which showed little or no epithelial cells still visible attached to the membrane (Fig. 2).  
15 Another difference between the two species was the comparatively poor adhesion of the  
16 *C. dubliniensis* cells to the RHE. At each timepoint the *C. dubliniensis* yeast cells were  
17 easily dislodged from the tissue surface by shaking or during the fixation/staining  
18 process. Similar results were also found for the two other strains of *C. dubliniensis* tested  
19 (CD519 and P7718; data not shown).

20 An estimation of the degree of damage caused by each of the *Candida* strains was  
21 also assessed by measuring the levels of the enzyme lactate dehydrogenase (LDH)  
22 released by the RHE into the culture medium at 12, 24, 36 and 48 (Fig. 3). Up to and  
23 including the 36 h timepoint the level of LDH released from the tissue infected with



1 tissue invasive *C. albicans* hyphae was significantly higher than that observed with the  
2 apparently non-invasive *C. dubliniensis* yeast cells ( $P < 0.05$ ). However, by 48 h the  
3 differences between the two species were not significant ( $P > 0.05$ ).

4

### 5 3.3. Colonization of the stomach and intestine in the oral-intragastric infant mouse 6 infection model

7 *Candida* species are commonly found as commensals in the gastrointestinal tracts  
8 of normal healthy individuals and it has been proposed that these organisms may serve as  
9 a reservoir for systemic infection when the immune system and/or gut wall are  
10 compromised (Cole et al., 1989). To compare the ability of *C. albicans* and *C.*  
11 *dubliniensis* to colonize and infect gastrointestinal tissue we compared the growth of each  
12 species using wild type strains and strains tagged with the (M/G) cassette in the infant  
13 mouse oral-intragastric infection model (Cole et al., 1989;1990;1993;1995).

14 When mice were inoculated with either *C. albicans* or *C. dubliniensis* alone there  
15 was no significant difference between the levels of *C. albicans* and *C. dubliniensis*  
16 recovered from the stomach at days 2 to 6. However at day 8 and day 10 there was no *C.*  
17 *dubliniensis* detectable, whereas the numbers of *C. albicans* remained high (Table 4).  
18 Data from colony counts obtained from the intestine show that the levels of *C.*  
19 *dubliniensis* present at days 2-8 were lower than *C. albicans* and decreased during the  
20 time course of the experiment until practically no counts were observed at day 10 (Table  
21 4). Faecal pellet counts were not obtained from any of these mice as pellets were not  
22 produced by the mice prior to day 10 as they were still being fed by their mothers.

1            Since *C. albicans* and *C. dubliniensis* are often found in mixed culture in the oral  
2 cavity (Sullivan and Coleman, 1998) we investigated the dynamics of co-infection by  
3 performing experiments using mixed inocula (containing  $1 \times 10^8$  cfu of each species) in  
4 competition experiments in which one or other species was tagged with the GFP/MPA<sup>R</sup>  
5 expression cassette. As shown in Table 5, when inoculated together the levels of *C.*  
6 *albicans* SC5314 and *C. dubliniensis* CD36(M/G) in the stomach were similar at day 2,  
7 but from day 4 onwards *C. albicans* was consistently present in higher numbers than *C.*  
8 *dubliniensis*, with no *C. dubliniensis* detectable at days 8 and 10. Comparable numbers of  
9 *C. albicans* and *C. dubliniensis* were found in the intestine at days 2 to 6, however, by  
10 day 8 the proportion of *C. dubliniensis* had fallen dramatically, while by day 10 only *C.*  
11 *albicans* was detectable. Similar data were obtained when mice were infected with CD36  
12 and SC5314(M/G) (data not shown).

13

#### 14 3.4. Dissemination of *C. albicans* and *C. dubliniensis* from the gastrointestinal tract

15            Dissemination of *C. albicans* from the stomach to other organs such as the liver,  
16 kidney and brain has been examined previously (Cole et al., 1989;1990), but  
17 corresponding data on *C. dubliniensis* are lacking. In order to examine the dissemination  
18 of *C. dubliniensis*, alone and in co-inoculation with *C. albicans* (using tagged strains),  
19 infant mice were inoculated with *Candida* as in the colonization experiments described  
20 above and levels of *Candida* in fecal pellets were monitored to confirm the presence of  
21 *Candida* in the GIT at the time of immunocompromization. Following  
22 immunocompromization at days 11 and 14, mice were sacrificed at day 20 and the cfu of  
23 each species enumerated in the stomach and liver. All 5 mice infected with *C. albicans*

1 SC5314 (100%), showed colonization/infection of the stomach, whereas only 2/5 (40%)  
2 *C. dubliniensis* CD36-infected mice showed colonization/infection. Dissemination to the  
3 liver was evident in 5/5 (100%) mice infected with *C. albicans* and 2/5 (40%) mice  
4 infected with *C. dubliniensis*. When the stomach and liver were infected with *C.*  
5 *dubliniensis* colony counts were comparable with those of *C. albicans*-infected tissues.  
6 Similar data were obtained when mice were infected with the GFP/MPA<sup>R</sup>-tagged  
7 derivatives of SC5314 and CD36 (data not shown)..

8         When *C. albicans* SC5314 and *C. dubliniensis* CD36 (M/G) were co-inoculated  
9 into 10 mice, at the time of sacrifice *C. albicans* was detected in the stomach of all 10  
10 mice while *C. dubliniensis* was only detected in the stomach of 2/10 (20%) mice. The  
11 mean levels of *C. albicans* and *C. dubliniensis* in the stomach were  $1.7 \times 10^6$  and  $2.4 \times$   
12  $10^2$  cfu/ml, respectively ( $P < 0.001$ ). *Candida albicans* was also found in the liver of 7/10  
13 (70%) of the mice infected with a mean value of  $1.9 \times 10^3$  cfu/ml, however, *C.*  
14 *dubliniensis* was only found in the liver of a single (10%) mouse and with a mean value  
15 of  $1.5 \times 10$  cfu/ml. The difference between the levels of *Candida* found in the livers of  
16 the two species was found to be significant ( $P = 0.042$ ).

17         Histological analysis of stomach tissues obtained 20 days post-inoculation  
18 revealed that penetration of the stomach by *C. albicans* strain SC5314 had occurred with  
19 both yeast and hyphal elements evident in the stomach submucosa and in the gastric  
20 lumen (data not shown). Histological analysis of stomachs removed from mice infected  
21 with *C. dubliniensis* and prepared for light microscopy showed no detectable  
22 colonization. However, smears of stomachs from mice that were known to be infected  
23 with *C. dubliniensis* derivative CD36 (M/G) and *C. albicans* derivative SC5314 (M/G)

1 examined using FITC filters to detect GFP expression showed the presence of *C.*  
2 *dublinsiensis* cells in the yeast phase only, while *C. albicans* cells were predominantly in  
3 the hyphal phase (Fig. 4). When additional infected organs were examined by light  
4 microscopy the livers obtained from mice infected with both species contained both  
5 hyphal and yeast cells (Fig. 5, panels A and B). However, sections of a kidney abscess in  
6 a mouse infected with *C. dublinsiensis* CD36 demonstrated the presence of mainly yeast  
7 cells (Fig. 5, panel C) while a combination of yeast and hyphal cells were found in the  
8 kidney of a mouse which had been infected with *C. albicans* strain SC5314 (Fig. 5, panel  
9 D).

10

#### 1 **4. Discussion**

2           Despite the close phylogenetic relationship and the sharing of many phenotypic  
3 traits of *C. albicans* and *C. dubliniensis*, there is a major dichotomy in the virulence of  
4 the two species as evidenced by epidemiological and limited infection model data. In this  
5 study, using comparisons with a wide range of *C. dubliniensis* isolates, we have shown  
6 that *C. albicans* forms hyphae more rapidly in vitro than *C. dubliniensis*. In addition, *C.*  
7 *albicans* causes greater damage to reconstituted human oral epithelial tissues, and shows  
8 more extensive colonization and more efficient dissemination to internal organs in the  
9 oral-intragastric infant mouse model. In both experimental models of infection  
10 production of hyphae by *C. dubliniensis* was rarely, if ever, observed, while *C. albicans*  
11 produced high levels of hyphae under all conditions examined. These data suggest that  
12 the increased capacity of *C. albicans* to colonize and penetrate gastrointestinal epithelium  
13 is strongly associated with its ability to efficiently produce hyphae, and that this very  
14 likely contributes to the higher prevalence of *C. albicans* in comparison with *C.*  
15 *dubliniensis* in the gastrointestinal tract and in the far higher incidence of *C. albicans* in  
16 cases of systemic candidiasis.

17           Previous observations based on a small number of *C. albicans* and *C. dubliniensis*  
18 isolates and a limited set of hypha-induction conditions suggested that hyphal production  
19 is less efficient in *C. dubliniensis* compared to *C. albicans* (Gilfillan et al., 1998). In the  
20 present study, we have used a larger number of *C. dubliniensis* and *C. albicans* isolates to  
21 investigate production of hyphae under a wide range of conditions commonly used to  
22 induce hyphae in *C. albicans*. The only medium that consistently induced hyphae in *C.*  
23 *dubliniensis* was water with 10% (v/v) serum in which 73% (8/11) of strains tested were

1     $\geq 50\%$  in the hyphal phase of growth following 6 h incubation. However, in this and in  
2    the other liquid induction media examined the rate of induction of hyphae was  
3    significantly lower in *C. dubliniensis* (Fig. 1). Confirmation of these data was obtained by  
4    investigating the expression of the *HWPI* gene, a gene that is known to be expressed only  
5    in hyphae in *C. albicans* and for which a divergent homolog has recently been identified  
6    in *C. dubliniensis* (Moran et al., 2004). The levels of *HWPI* expression in each species  
7    was directly associated with the proportion of germinated cells, indicating that expression  
8    of this gene is tightly associated with hyphal formation in *C. dubliniensis*, despite the  
9    major sequence divergence between *CaHWPI* and *CdHWPI*. In addition, the expression  
10   of *HWPI* by *C. dubliniensis* hyphae confirms that when *C. dubliniensis* does manage to  
11   produce hyphae they can express genes specifically associated with true hypha formation  
12   in *C. albicans*. In contrast to our data Vilela et al. have reported that when cultured in  
13   RPMI 1640 containing 50% fetal bovine serum the rate of germ tube formation was  
14   higher in *C. dubliniensis* than in *C. albicans* (Vilela et al., 2002). It is not clear what the  
15   reasons are for this divergence in results are, but both studies used different strains and  
16   the induction conditions used in the two studies were different (e.g. 50% versus 10%  
17   serum).

18        Our data indicate that *C. dubliniensis* is far less capable than *C. albicans* of  
19   producing hyphae under a wide range of hyphal inducing conditions. This suggests that  
20   there are likely to be differences in the signaling and regulatory pathways governing the  
21   induction of hyphae in the two species when grown on specific media (e.g. in the  
22   presence of CO<sub>2</sub> and different sources of nutrients). It has already been shown by Staib  
23   and Morschhäuser that differential regulation of the Nrg1 repressor is responsible for the

1 different growth morphology of each species when grown on Staib agar, a medium on  
2 which *C. albicans* grows exclusively as yeasts while *C. dubliniensis* growth is  
3 characterized by the production of pseudohyphae and chlamydoconidia (Staib and  
4 Morrschäuser, 2005). In addition, the repertoire of hypha-specific genes encoded in the  
5 genomes of both species is significantly different, with the absence of genes such as  
6 *SAP5*, *SAP6* and *HYR1* and the divergence of genes such as *HWPI* in the *C. dubliniensis*  
7 genome (Moran et al., 2004). Given the reduced efficiency of hyphal induction and the  
8 apparent loss of important hypha-specific genes in *C. dubliniensis* it is possible that this  
9 species may grow preferentially in the yeast phase in its natural environment.

10       When we compared the growth of *C. albicans* and *C. dubliniensis* in the RHE  
11 infection model, the latter grew exclusively in the yeast form, forming a non-invasive  
12 layer along the surface of the epithelial tissue that appeared to be poorly adherent as it  
13 was easily dislodged from the RHE surface. This was in strong contrast to *C. albicans*,  
14 the cells of which were attached to the epithelium and produced abundant hyphae early  
15 during the infection and which penetrated and invaded deep into the tissue. These  
16 findings clearly indicate that there are major differences in the regulation of hyphal  
17 formation and tissue adherence between the two species. The lack of efficient  
18 colonization by *C. dubliniensis* reflects the observations made by Dietrich *et al.*  
19 investigating *C. albicans*  $\Delta\text{efg1}/\Delta\text{efg1}$  mutants. In this mutant *C. albicans* strain the  
20 inability to form hyphae correlated with the inability to adhere to or penetrate a  
21 reconstituted epithelium model of infection (Dietrich et al., 2002).

22       Lactate dehydrogenase (LDH) activity (a marker of mammalian cell injury) in the  
23 RHE culture medium, was examined every 12 h as a crude method of determining the

1 effects of each species on the integrity of the RHE tissue. It was found that within 12-36  
2 h, *C. albicans* caused significantly greater RHE tissue damage than *C. dubliniensis*,  
3 correlating with the high levels of filamentation tissue invasion and greater tissue damage  
4 evident microscopically with this species. During the same time period limited LDH  
5 activity was detected in the culture medium of *C. dubliniensis*-infected tissue, however,  
6 from 36 h on increased tissue damage was evident and LDH levels increased  
7 dramatically. Since no invasion of the tissue by *C. dubliniensis* was evident it is likely  
8 that the tissue damage observed at 48 h was due to the production of secreted factors,  
9 such as secreted aspartyl proteinases or lipases, produced by *C. dubliniensis* yeast cells.,  
10 suggesting that even in the absence of hyphae, when cell burdens are high, this species  
11 can cause significant tissue damage.

12 Previous studies have compared the virulence of *C. albicans* and *C. dubliniensis*  
13 using the murine systemic infection model and have shown that animals infected with *C.*  
14 *dubliniensis* survive longer than those infected with *C. albicans* (Gilfillan et al., 1998;  
15 Vilella et al., 2002). In this study we used the oral intragastric infant mouse infection  
16 model to investigate if the low incidence of *C. dubliniensis* systemic infection may due to  
17 a reduced capacity of this species to colonize and disseminate from the gastrointestinal  
18 tract. Infant mice were inoculated with the two species alone and in co-culture and the  
19 cfu/ml determined in both the stomach and the intestine. When mice were infected with  
20 either *C. albicans* or *C. dubliniensis* the levels of each species were relatively similar up  
21 until and including day 6. However, at days 8 and 10 no *C. dubliniensis* were detectable  
22 while the levels of *C. albicans* remained relatively high. Similarly, when the two species  
23 were used in mixed inocula (when either species was tagged with the molecular (M/G)



1 cassette), levels of *C. albicans* remained high throughout the experiment, while the *C.*  
2 *dublinsiensis* had disappeared almost entirely from the stomach and intestine by day 8,  
3 suggesting that *C. dublinsiensis* is cleared from the mouse gastrointestinal tract far more  
4 quickly than *C. albicans*. These data and the apparent low adhesion of *C. dublinsiensis* to  
5 oral RHE suggests that the gastrointestinal tract may not be the ideal environmental niche  
6 for this species and that additional anatomic sites should be investigated for the its  
7 presence.

8         The ability of *C. albicans* to disseminate from the gastrointestinal tract to other  
9 organs such as the liver, kidney and brain has been examined in *C. albicans* in previous  
10 studies using the oral intragastric infant mouse infection model (Cole et al., 1989; 1990).  
11 We therefore decided to compare the ability of *C. dublinsiensis* and *C. albicans* to  
12 disseminate from the gastrointestinal tract to other organs following colonization of the  
13 infant mouse and subsequent treatment with immunosuppressant drugs to render the mice  
14 immunocompromised. The results from these experiments suggest that *C. dublinsiensis*  
15 whether inoculated alone or in conjunction with *C. albicans* has a significantly lower  
16 capacity to colonize and establish itself in the gastrointestinal tract than *C. albicans* and  
17 that it is far less efficient at dissemination to other body organs. Upon histological  
18 analysis it was found that in the stomach, liver and kidney, *C. albicans* was present in  
19 both the yeast and hyphal phase. In contrast, in the small number of animals in which *C.*  
20 *dublinsiensis* was detected in tissue this species was only present in the yeast phase in the  
21 stomach and kidney, although hyphal cells were observed in the liver. These data are in  
22 agreement with those of Vilela *et al.* who observed in a systemic mouse infection model  
23 that the fungal cells in *C. dublinsiensis*-infected kidneys were predominantly in the yeast

1 phase, while in the same model *C. albicans* strains produced high levels of hyphae and  
2 pseudohyphae (Vilela et al., 2002).

3         While the reasons for the lower virulence of *C. dubliniensis* are likely to be  
4 multifactorial, our data suggest that the low prevalence of *C. dubliniensis* in systemic  
5 candidiasis is due at least partly to the lower capacity of *C. dubliniensis* to adhere to and  
6 invade oral and gastrointestinal epithelia and that this is associated with its limited  
7 capacity to produce hyphae in vivo. Low levels of germination are likely to result in a  
8 reduced ability to establish a secure level of colonization and subsequent infection in the  
9 GIT. Adhesion of yeast cells to epithelia may be insufficient to ward off the effects of  
10 fluids such as saliva and gastric acid washing the cells away. In contrast, the ability of *C.*  
11 *albicans* to produce hyphae results in these cells becoming embedded in the tissue and  
12 therefore less prone to being dislodged and eliminated. Similarly, the ability to form  
13 hyphae very likely facilitates the transmigration of *C. albicans* across the intestinal wall,  
14 especially if the wall is compromised by the use of immunosuppressant drugs.  
15 Interestingly even in co-infection experiments invasion of the gut wall by *C. albicans*  
16 does not appear to promote increased infection by *C. dubliniensis*. However, even if *C.*  
17 *dubliniensis* cells do find themselves in the blood stream their reduced capacity to  
18 produce hyphae may also result in faster clearance by professional phagocytes. This is  
19 supported by a study showing that the non-filamentous *C. albicans*  $\Delta efg1/\Delta cph1$  double  
20 mutant is avirulent in a mouse model and is killed more effectively by macrophages (Lo  
21 et al., 1997). The molecular basis of the differences in the regulation of dimorphism in *C.*  
22 *albicans* and *C. dubliniensis* have yet to be elucidated, however, it is hoped that further  
23 investigation of this will enhance our understanding of candidal virulence.

1

2

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### Figure legends

Fig. 1. Graphs showing the mean percentage of hyphal cells produced by 4 strains of *C. albicans* (□, continuous line) and 11 strains of *C. dubliniensis* (◇, dotted line) during a 6 h incubation period in hypha-inducing media; (A) Medium-199, (B) NYP medium incubated with 5% (v/v) CO<sub>2</sub>, (C) Water with 10% (v/v) newborn calf serum and (D) Lee's medium with a pH and temperature shift. The strains examined are listed in Table 1.

Fig. 2. Light micrographs of RHE infected with *C. albicans* SC5314 (panel A) and *C. dubliniensis* CD36 (panel B) following 48 h incubation. Histological sections were stained with Periodic-Acid Schiff reagent. Scale bars are shown.

Fig. 3. Graph showing levels of LDH (U/l) released from RHE tissue infected with *C. albicans* strains 132A and SC5314 and *C. dubliniensis* strains CD36, CD519 and P7718 over 48 h.

Fig. 4. Fluorescent micrographs of cells from stomach smears of a mouse infected with (A) *C. dubliniensis* derivative CD36 (M/G) which shows the presence of only yeast cells and (B) *C. albicans* derivative SC5314 (M/G) which shows only hyphal cells.

1 Fig. 5. Light micrographs of PAS stained *Candida* abscesses in body organs of infected,  
2 immunocompromised mice 20 days post challenge. Thin sections through abscesses in  
3 the liver (A) for *C. dubliniensis* strains CD36 and (B) for *C. albicans* strain SC5314. Thin  
4 sections through abscesses in the kidney for (C) *C. dubliniensis* strain CD36 and (D) *C.*  
5 *albicans* strain SC5314. The scale bar of 50  $\mu\text{m}$  is representative of light micrographs A,  
6 C and D and the scale bar of 30  $\mu\text{m}$  is representative of light micrograph B.

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