

Pancreatic anastomosis after pancreatoduodenectomy: A position statement by the International Study Group of Pancreatic Surgery (ISGPS)

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Background. Clinically relevant postoperative pancreatic fistula (grades B and C of the ISGPS definition) remains the most troublesome complication after pancreatoduodenectomy. The approach to management of the pancreatic remnant via some form of pancreatico-enteric anastomosis determines the incidence and severity of clinically relevant postoperative pancreatic fistula. Despite numerous trials comparing diverse pancreatico-enteric anastomosis techniques and other adjunctive strategies (pancreatic duct stenting, somatostatin analogues, etc), currently, there is no clear consensus regarding the ideal method of pancreatico-enteric anastomosis.

Methods. An international panel of pancreatic surgeons working in well-known, high-volume centers reviewed the best contemporary literature concerning pancreatico-enteric anastomosis and worked to develop a position statement on pancreatic anastomosis after pancreatoduodenectomy.

Results. There is inherent risk assumed by creating a pancreatico-enteric anastomosis based on factors related to the gland (eg, parenchymal texture, disease pathology). None of the technical variations of pancreaticojejunal or pancreaticogastric anastomosis, such as duct-mucosa, invagination method, and binding technique, have been found to be consistently superior to another. Randomized trials and meta-analyses comparing pancreaticogastrostomy versus pancreaticojejunostomy yield conflicting results and are inherently prone to bias due to marked heterogeneity in the studies. The benefit of stenting the pancreatico-enteric anastomosis to decrease clinically relevant postoperative pancreatic fistula is not supported by high-level evidence. While controversial, somatostatin analogues appear to decrease perioperative complications but not mortality, although consistent data across the more than 20 studies addressing this topic are lacking. The Fistula Risk Score is useful for predicting postoperative pancreatic fistula as well as for comparing outcomes of pancreatico-enteric anastomosis across studies.

Conclusion. Currently, no specific technique can eliminate development of clinically relevant postoperative pancreatic fistula. While consistent practice of any standardized technique may decrease the rate of clinically relevant postoperative pancreatic fistula, experienced surgeons can have lower postoperative pancreatic fistula rates performing a variety of techniques depending on the clinical situation. There is no clear evidence on the benefit of internal or external stenting after pancreatico-enteric anastomosis. The use of somatostatin analogues may be important in decreasing morbidity after

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pancreatoduodenectomy, but it remains controversial. Future studies should focus on novel approaches to decrease the rate of clinically relevant postoperative pancreatic fistula with appropriate risk adjustment. (Surgery 2016;■:■-■.)

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PANCREATODUODENECTOMY (PD) remains the gold standard for management of patients with pancreatic head and periampullary neoplasms and also in managing some benign diseases. The procedure is now safe when performed in most high-volume institutions and has an operative mortality of less than 3%–5%.¹ Despite the low mortality, overall morbidity remains high principally due to the development of a clinically relevant, postoperative pancreatic fistula (CR-POPF) in about 11% of patients.^{2,3}

The potential consequences of CR-POPF are intra-abdominal collections, delayed gastric emptying (DGE), reoperation, post-pancreatectomy hemorrhage (PPH), increased hospital stay, readmission, and increased mortality risk. The well known risk factors for CR-POPF include a soft pancreas, a small main pancreatic duct, its posterior location, underlying disease pathology that does not dilate the main pancreatic duct (eg, bile duct cancer), decreased regional blood supply, and surgeon experience.⁴

The approach to management of the pancreatic remnant and creation of some form of pancreaticoenteric anastomosis (PA) remain key factors in determining the chance of developing a CR-POPF. In an effort to develop evidence-based concepts, several trials have been conducted to study the efficacy of anastomotic techniques (invagination versus duct-to-mucosa), site of the enteric connection (pancreaticojejunostomy [PJ] versus pancreaticogastrostomy [PG]), use of pancreatic duct

stenting, fibrin glue, etc, as well as manipulation using various somatostatin analogues.

Despite these efforts, the data are neither consistent nor convincing to the unbiased, critical reader, and there is no clear consensus on how to approach a PA that would best suit a specific situation to decrease the rate of CR-POPF and its potential sequelae. The purpose of this study was to critically evaluate the evidences and form a consensus for constructing the optimum PA in various clinical situations.

METHODS

In order to formulate a position statement on the optimum method of PA that should be performed after PD, an extensive search strategy was adapted to identify relevant studies and meta-analyses in PubMed and Cochrane databases (Fig). Only articles relevant to PA with English-language abstracts and those published from January 1995 until December 2015 were included. Medical subject headings and keywords included pancreatoduodenectomy, pancreaticoduodenectomy, pancreaticojejunostomy, pancreaticogastrostomy, pancreatic fistula, pancreatic stenting, somatostatin, octreotide, and fistula risk. Note that every attempt was made to define the rate of pancreatic fistula by the International Study Group of Pancreatic Fistula (ISGPF) definition of a CR-POPF according to the 2016 update of the original 2005 ISGPF definition.⁵

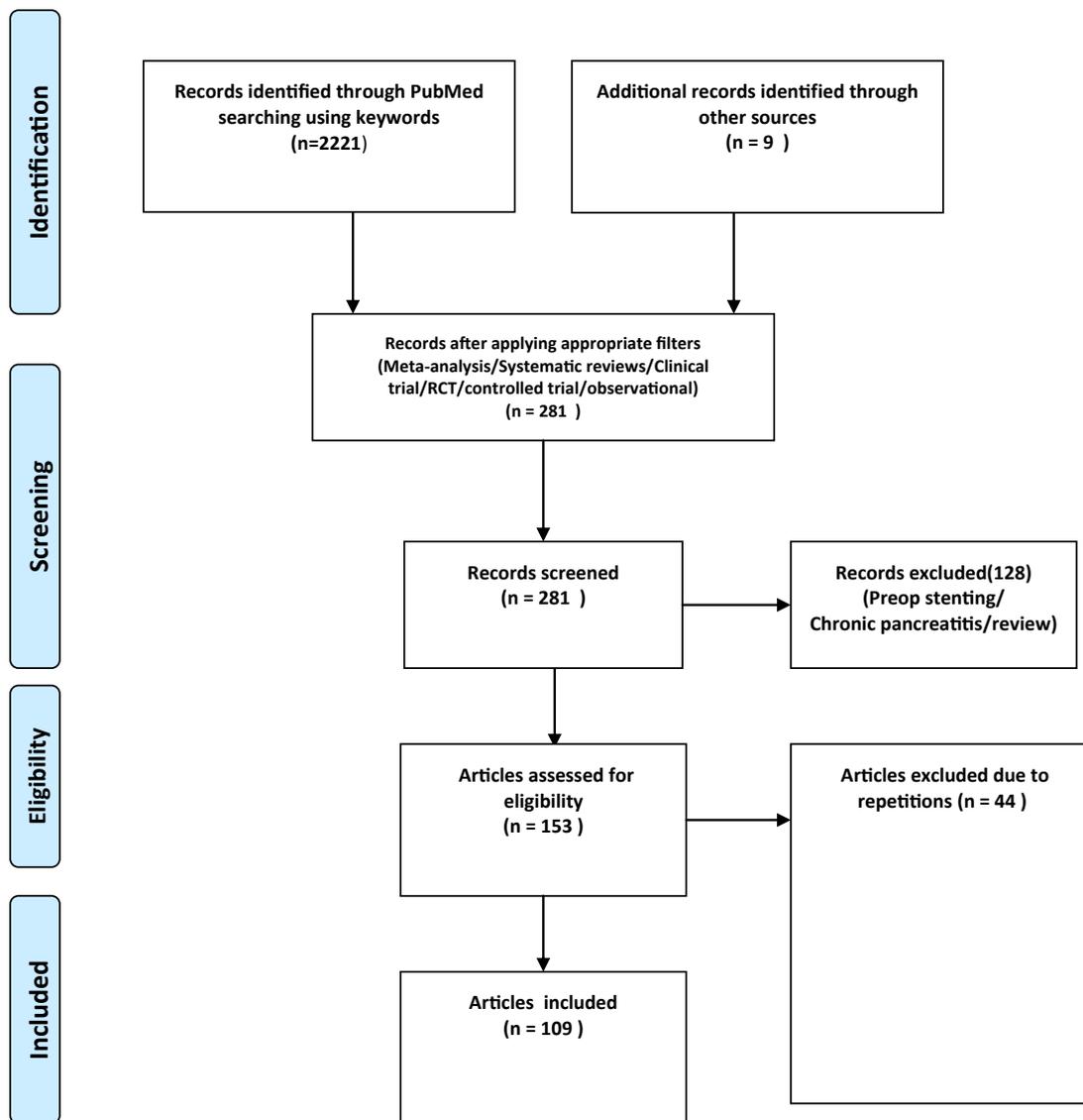


Fig. Search strategy for Identifying relevant studies. Keywords: pancreaticogastrostomy, pancreaticojejunostomy, pancreaticoduodenectomy, pancreatic fistula, stenting, somatostatin, Octreotide, isolated loop reconstruction, prophylactic drainage, tissue sealant, fistula risk score with Boolean operators.

Terms were combined with Boolean operators. The levels of evidence were rated in descending order; the studies reviewed included systematic reviews and meta-analyses of randomized controlled trials (RCTs) comparing anastomotic techniques for PA, role of stenting, and somatostatin analogues; prospective RCTs comparing anastomotic techniques, stenting versus no stenting, and role of somatostatin analogues; role of prophylactic drains; and lastly, large observational series on anastomotic techniques categorized according to the evidence level of individual studies as per the recommendations of the Centre for

Evidence-based Medicine, Oxford, United Kingdom (<http://www.cebm.net/>).

The search was performed up until December 2015; however, articles published in 2016 were also included by the authors if they were deemed to be relevant to the subject. Title and abstract and subsequently full-text articles of all potentially relevant studies were screened by 3 independent reviewers (S.V.S., M.G.S., and M.S.). The concept of the review and summary of the extracted data were sent to all ISGPS participants. Comments and suggestions were reviewed and multiple drafts were circulated thrice to every member of the group

prior to the European Pancreas Club Meeting in Liverpool in July 2016. Here the group met twice to discuss all issues at length and only then a consensus was reached.

The scope for bias was thus potentially eliminated, since there was active contribution and participation by each of the ISGPS authors during the circulation of the manuscript, and their opinions were in an open forum in electronic communication for others to concur or contradict. The scope for the cognitive bias of framing effects has been limited, since the data were presented as it is without any positive or negative framing for the ISGPS authors to review and opine.

The consensus on the strategy for managing various clinical scenarios during the construction of a PA was derived by the opinion of all ISGPS members by responding to a questionnaire comprising multiple-choice answers, and the rating was based on the strength of concurrence upon responses from members. The position statement was finally formulated by the ISGPS during the European Pancreatic Club meeting using the guidelines of the Grading of Recommendations Assessment, Development, and Evaluation.⁶ The final draft was then read and approved by all the authors prior to submission.

RESULTS

Technique. *Pancreaticojejunostomy (PJ).* The various techniques of pancreaticojejunal anastomosis include end-to-side invagination, duct-to-mucosa, and the “binding technique” using a single- or double-layer technique.^{7,8} Many non-randomized studies have suggested that a duct-to-mucosa anastomosis is associated with a lower POPF rate compared to an invagination anastomosis; most of these studies, however, are observational with fistula rates up to 20%,⁹ and the definition of a POPF was not consistent.

A duct-to-mucosa anastomosis can be difficult technically when dealing with a soft, friable, and fatty pancreas with a small duct. Hence, techniques of an invaginating PA have been recommended when dealing with a soft pancreas.¹⁰ In an RCT involving 197 patients by Berger et al,⁷ the rate of CR-POPF was 17% in the duct-to-mucosa group vs 7% in the invagination group. The potential criticisms of this study were that the techniques for invagination were not standardized, and unknown surgeon factors, such as intersurgeon variability, varying skillsets, and pancreatic surgery experience, could have

confounded the outcomes. Bassi et al¹¹ reported a pancreatic fistula rate of 13% using the duct-to-mucosa technique vs 15% using a single-layer (capsule to serosa), end-to-side PJ in an RCT involving 144 patients; however, surprisingly, this group did not use the definition of a pancreatic fistula as according to the ISGPF.

In another RCT involving 132 patients randomized to invagination versus duct-to-mucosa, the CR-POPF rate was less in the duct-to-mucosa group (3% vs 18%, $P = .004$).¹² In another RCT, a binding PJ showed an almost unbelievable decreased pancreatic fistula rate (0% vs 7.2%; note, however, that the ISGPF definition of a POPF and the grading were not used), as well as a decreased duration of hospital stay when compared with a conventional PJ technique.⁸ Further trials, however, could not validate the benefit of this binding technique over other techniques.^{13,14} In a retrospective study involving 182 patients, blumgart anastomosis (transpancreatic U-suture technique) was compared with the duct-mucosa technique, and POPF rates (13% vs 4%, $P = .032$) were found to be lower in the blumgart anastomosis.¹⁵ However, further randomized studies are being undertaken.

Optimizing the blood supply to the remnant pancreas has been shown to be associated with a low POPF rate using a cutback technique with again a very low fistula rate of 1.6% (the definition of a fistula did not follow the ISGPF definition)¹⁶; however, this was an observational cohort study of 123 patients, and further corroborative studies with a higher level of evidence are lacking.

Although high-level evidence on the selection of suture material for the anastomosis is currently lacking, one retrospective study found that the rates of POPF were less with polyester, a synthetic, nonabsorbable material compared to polydioxanone (PDS), a synthetic, absorbable material¹⁷ (12% vs 32%, $P = .01$) when applied to the outer layers of PJ anastomoses. This effect was thought to be related to slower, progressive resorption of sutures leading to minor, less severe pancreatic leaks, as attested by the fewer grade C POPFs in the polyester group.

On evaluation of the exocrine insufficiency after a pylorus-preserving PD (PPPD) depending on the type of reconstruction, Jang et al,¹⁸ comparing PJ versus PG, reported that 95% of patients developed pancreatic exocrine insufficiency even after PJ at 22 months.

To summarize, current evidence does not support any specific technique for a PJ predominantly due to lack of standardization, inadequate

experimental designs, and various other confounding factors that can affect outcomes substantially. In current practice, both duct-to-mucosa and invagination techniques of PJ are practiced widely by high-volume surgeons across the world with consistently good results in experienced hands. In a retrospective study, a standardized technique of PJ resulted in a rate of POPF (not the ISGPF definition) of 3.2%, and it was suggested that a standardized technique and consistent practice of a single technique could potentially contribute to a lesser rate of complications.¹⁹

Pancreaticogastrostomy (PG). PG was suggested as a potential alternative to PJ with various techniques described in the literature.^{20,21} Several theories, never proven in well-designed trials for some of the favorable outcomes after PG, include the lack of activation of pancreatic enzymes in the acidic gastric luminal environment, favorable topographic anatomy due to the immediate anatomic proximity of the 2 organs and, therefore, less tension on the anastomosis, and the highly vascular stomach promoting healing. Fernandez-Cruz et al²² described a PG with a gastric partitioning technique, where a sleeve of gastric segment with preservation of the gastroepiploic arcade was prepared with a stapler, and an end-to-side, duct-to-mucosa PG was constructed.

In the recent RECOPANC trial (see details of relevant trials comparing PJ and PG in the section below) that compared PG versus PJ, the authors speculated that although the incidence of CR-POPF was not different after a PG, it may be technically easier for novice surgeons to construct a secure, invaginated PG especially with a soft pancreas.²³ In a retrospective series from Germany involving 944 patients undergoing PD, 8.4% developed PPH, and successful endoscopic management was more feasible after a PG compared to PJ (31% vs 9%, $P = .026$), although the overall outcomes of PPH were not significantly different between the groups.²⁴

In a review of observational cohort studies involving PG reconstruction, the POPF rate was 2.8% (but the definition of a pancreatic leak was vague at best and did not follow the ISGPF definition), and the mortality in this group was 1.6%.²⁵ Similar to PJ, the lack of clear, convincing, level 1 evidence favoring PG is due largely to the absence of standardization of the technique across various studies. In addition, adequate risk-adjustment approaches have not yet been employed in these comparisons.

In addition to immediate morbidity, long-term consequences of the anastomotic construction have

been considered. Exocrine insufficiency after PG was studied using ¹³C-labeled, mixed triglyceride breath tests in a cohort of 61 patients; 62% were diagnosed with pancreatic insufficiency. The independent predictive factors for exocrine insufficiency included preoperative impaired endocrine function, hard pancreatic texture, and main pancreatic duct dilatation caused by PG stricture.^{26,27}

Randomized trials of PG versus PJ. There are 9 RCTs that have addressed this issue with varying conclusions. Yeo et al,²⁸ in 1995, found similar POPF rates in both groups, and the data did not suggest that one technique was superior over the other. Another study by Bassi et al²⁹ was unable to find any statistically significant difference in POPF rates, but the primary end point was a decrease in postoperative abdominal complications with patients in the PG group showing significantly fewer multiple operative complications (PG 25% vs PJ 68%, $P = .002$).

A randomized study from France was criticized for the high overall mortality (11%),³⁰ while a Spanish trial was the first to report significantly lower incidence of CR-POPF with a PG (4% in PG and 18% in PJ, $P < .01$)²²; of note, however, they used a gastric partition technique with preservation of the gastro-epiploic arcade which is technically complex and not always possible oncologically.

A German trial did not find any statistically significant difference in the incidence of CR-POPF³¹ (10% in PG vs 12% in PJ). A Belgian study used a stratified design based on the pancreatic ductal diameter (≤ 3 mm vs > 3 mm) and showed a significantly lower rate of CR-POPF in the PG group (odds ratio [OR] 2.86, 95% confidence interval [CI] 1.38–6.17; $P = .002$). In patients with duct diameter of less than or equal to 3 mm, the CR-POPF rate was 24.5% in the PJ group vs 10.2% in the PG group; however, this apparent improvement did not translate into a statistically significant decrease in morbidity for unclear reasons.³²

In another Spanish trial randomizing 123 patients, Figueras et al³³ reported a significantly lower incidence of CR-POPF in the PG group when compared to PJ group (11% vs 33%, $P = .006$).³³ In the German RECOPANC multicenter trial involving 320 patients, there was no significant difference found in the incidence of CR-POPF between the PG and PJ arms (20% vs 22%, $P = .6$).²³ In another RCT involving 90 patients randomized to an isolated Roux limb PJ versus PG, there was no statistically significant difference found in the incidence of CR-POPF (8% vs 15%, $P = .30$).³⁴

These RCTs have shown varied conclusions with respect to incidence of CR-POPF; however, the overall morbidity essentially remained equivalent across the majority of studies. Furthermore, none of the RCTs addressed the issue of a particular technique of anastomosis for the prevention of the more sinister POPF grade C.

Meta-analyses for PG versus PJ. There are 17 meta-analyses that have been published on this topic with varied conclusions. The major problem has been the clinical heterogeneity in the individual randomized trials that have been analyzed. The earlier meta-analyses included a number of observational series as well as studies with varied techniques, all adding to this heterogeneity.^{35,36} The characteristics of selected meta-analyses (2006–2015)^{35–40} are highlighted in [Table I](#).

In a recent meta-analysis by Menahem et al⁴⁰ comparing PG versus PJ after PD, 7 RCTs involving a total of 1,121 patients were analyzed; the incidence of POPF was significantly less in patients undergoing PG than in those having PJ (11.2% vs 18.7%; OR = 0.53; 95% CI 0.38–0.75; $P = .0003$); however, the standard definition of POPF as set by the ISGPF was adopted in only 4 RCTs which made the combined analysis of RCTs using the nonstandard definitions problematic and introduced more potential heterogeneity.

The other factors that potentially may affect POPF, such as pancreatic duct stenting, octreotide, and extent of resection, were not distributed homogeneously among the RCTs. The differences in outcomes due to these unevenly distributed key factors have not been accounted for in the final analysis. There was no statistically significant difference found in the surrogate outcomes of pancreatic fistula, such as delayed gastric emptying, overall morbidity, and mortality among the 2 groups. Currently, no meta-analyses have included the large RECOPANC trial. Thus, there are major drawbacks in these meta-analyses that need to be addressed before firm conclusions can be drawn.

Adjunctive measures. *Role of stenting.* The role of stenting across the PA has been investigated as much for its potential to decrease the rate of POPF as to mitigate the severity of the POPF. The rationale is to divert pancreatic secretions away from the anastomosis as well as allegedly to guide more precise placement of sutures for duct-to-mucosa anastomosis.⁴¹

In an RCT involving 120 patients, the patients who had external stenting had a significantly lower rate of POPF (not defined by the ISGPF definition but by a definition of clinical leakage by symptoms

and need for drainage of a fluid collection) when compared to the nonstented group (3% vs 15%, $P = .027$), but despite this finding, there were no statistically significant differences found in overall morbidity or hospital mortality.⁴²

In another French RCT involving 158 patients with high-risk prognostic factors for CR-POPF, including soft pancreatic texture and a main pancreatic duct size <3 mm, external stenting was found to decrease CR-POPF and overall morbidity. The CR-POPF rate was 25% in the stented group vs 36% in the no-stent group.⁴³ In another RCT from Japan involving 93 patients, among the patients with nondilated ducts, CR-POPFs were shown to occur significantly less often with external stenting versus no stenting (10% vs 40%; $P = .03$), while in those patients with a dilated duct, there were no statistically significant differences found (4% vs 8%).⁴⁴

In another RCT involving 238 patients, internal stenting did not decrease the incidence of a pancreatic leak (non-ISGPF definition); however, this study was criticized for nonstandardization of the technique of PJ and PG in both groups and the inability to determine the rate of CR-POPFs in the database.⁴⁵ A recent RCT involving 328 patients powered for equivalence between internal and external stenting showed that CR-POPF rates were 18.9% and 24.4%, respectively, with a conclusion tending to favor internal stenting but with wide confidence limits; the study, however, failed to stratify by fistula risk.⁴⁶

In a recent (2016) Cochrane systematic review,⁴⁷ the role of stents in decreasing CR-POPF after PD was uncertain due to the low quality of the evidence (relative risk 0.67, 95% CI 0.39 to 1.14; 605 participants; 4 studies). The effect of external stents on the risk of CR-POPF, reoperation, DGE, and intra-abdominal collections when compared with internal stents was uncertain due to low-quality evidence, and further RCTs were deemed necessary. To summarize, the benefit of stenting the PA is not supported by high quality evidence.

Role of somatostatin analogues. There have been numerous studies exploiting the strategy of decreasing pancreatic secretions and thereby possibly the risk of pancreatic fistula by using somatostatin analogues, such as octreotide, pasireotide, etc. RCTs have shown conflicting results with regard to the value of perioperative somatostatin analogues. Benefits have been shown in European trials, but contradictory results have been reported in the early American trials. In an early European, randomized, multicenter trial involving 246 patients, perioperative use of octreotide was shown

Table I. Characteristics of selected meta-analyses comparing PG vs PJ (2006–2015)

#	Author and year	Number of RCTs included	Number of observational studies included	Extent of heterogeneity I^2 statistic	Conclusion of meta-analysis
1.	McKay 2006 ³⁵	1 RCT	10 OCS	NA	PG better than PJ
2.	Wente, 2007 ³⁶	3 RCTs	13 OCS	35.6%	OCS->PG superior over PJ; RCTS->PG and PJ have equal results.
3.	Clerveus M 2014 ³⁷	7 RCTs	—	NA	PG cannot be considered superior to PJ due to heterogeneity of trials and absence of difference in morbidity, reoperation rates, and mortality
4.	Hallet J 2015 ³⁸	4 RCTs	—	0%	PG decreases POPF rate
5.	WeiTaoQue MM 2015 ³⁹	8 RCTs	—	51.9%	PG preferred over PJ
6.	Benjamin Menahem 2015 ⁴⁰	7 RCTs	—	17%	PG-> lower POPF rates and biliary fistula rates

to decrease postoperative complications, especially in high-risk patients with malignancy (38% in octreotide vs 65% in placebo).⁴⁸

In another RCT involving 218 patients, prophylactic octreotide was shown to decrease the incidence of POPF rates (9% in octreotide vs 19.6% in placebo; note, the definition of POPF was not according to the ISGPF).⁴⁹ In contrast, in another RCT from the United States involving 211 patients undergoing PD randomized to octreotide or placebo, the study was stopped because intermediate analysis revealed that there would be no significant difference found if it were continued.⁵⁰

In yet another prospective trial from Barcelona involving 62 patients undergoing PD who were randomized to octreotide versus placebo, there was no statistically significant difference found in the overall morbidity.⁵¹ Another potent somatostatin analogue, vapreotide, also failed to show any benefit in an RCT involving 275 patients.⁵² These inconsistent results found in the early trials were criticized mainly due to the lack of a standard definition of POPF when these were conducted.

A recent, single-institution RCT involving 300 patients comparing prophylactic pasireotide to placebo showed a significant benefit by decreasing CR-POPF rates (7.9% vs 16.9%; $P < .02$) and morbidity (11.2% vs 25%).⁵³ The cost-benefit ratio of pasireotide has been a potential area of concern, and currently, other studies are ongoing. Also, pasireotide has not been approved for POPF prophylaxis in many countries.

In an earlier meta-analysis involving 1,918 patients, somatostatin analogues were not found to

decrease mortality but were associated with decreased overall morbidity and pancreas-specific complications. (OR 0.56 [0.39 to 0.81]; $P = .002$).⁵⁴ The Cochrane review involving 21 trials concluded that perioperative somatostatin analogues may decrease perioperative complications but not mortality,⁵⁵ but further, well-designed studies based on risk adjustment are warranted for appropriate patient selection.

Role of dual limb with isolated PJ. Isolation of the PJ from biliary drainage has been studied as a means to decrease POPF rates. The technique is based on the rationale that diversion of biliary secretions from the PA (site of pancreatic secretions into the lumen) may avoid activation of pancreatic proenzymes and, thereby, protect healing at the site of PJ. A single RCT involving 90 patients assessed this technique, and the isolated PJ was not associated with a decreased CR-POPF rate.³⁴ A recent meta-analysis also was unable to demonstrate any statistically significant difference between a single Roux limb and a double Roux limb.⁵⁶ Of note, this meta-analysis used several different definitions of POPF which made any sound comparison difficult.

Role of prophylactic drainage. The benefit of prophylactic drainage after PD has remained highly controversial with some retrospective evidence showing no benefit,⁵⁷ although drains often aid in the detection of complications after pancreatic resections.⁵⁸ In an early randomized trial involving 179 patients, the presence of prophylactic drain failed to reduce the complications after pancreatic resection⁵⁹; however in a recent, multicenter RCT involving 137

patients randomized to no drain versus drain, PD without drainage was associated with greater morbidity; the study was terminated early in view of an unacceptable increase in mortality from 3% to 12%, thereby concluding that elimination of drainage in PD increased the severity of complications.⁶⁰

The concept of selective drainage in high-risk cases has been brought forward by many experts, and the controversy was reappraised.^{61,62} In an RCT assessing early drain removal in patients at low risk of CR-POPF, 114 patients were randomized to early (postoperative day [POD] 3) versus late (POD5 or beyond) and concluded that prolonged retention of a drain was associated with an increase in complications, hospital stay, and cost.⁶³ In a post hoc reappraisal of the same trial with risk stratification, moderate/high-risk patients with POD1 drain amylase <5,000 U/L had lesser rates of CR-POPF with early drain removal on POD3 (4.2% vs 38.5%, $P = .003$).⁶⁴

This protocol of selective drain placement and early removal was studied in a prospective study involving 260 patients by the same authors in the United States and Italy and found that overall CR-POPF rates were less after implementation of this protocol (11.2% vs 20.6%, $P = .001$).⁶⁵ A recent RCT from Germany compared rates of reintervention in 438 patients randomized to drainage versus no drainage; the overall reintervention rates were not found to differ significantly between the groups (drain 21.3% vs no-drain 16.6%; $P = .0004$), and there were no differences in morbidity and mortality; the rate of CR-POPF, however, was found to be significantly less in the no-drain group (drain 11.9% vs no-drain 5.7%; $P = .030$).⁶⁶ In light of the current evidence, we believe that prophylactic drainage can be avoided confidently in negligible/low-risk patients and early drain removal on POD3 can be practiced in moderate/high-risk patients when the drain fluid amylase activity on POD1 is less than 5,000 U/L.

Role of tissue sealants and patches. The role of tissue fibrin sealants has been explored as a strategy to decrease CR-POPF, either by topical application or by duct occlusion. In an RCT involving 125 patients randomized to topical application of fibrin glue versus no glue in the control arm, there was no difference in the rate of a pancreatic fistula (26% in the fibrin glue arm vs 30% in the control arm; pancreatic fistula was defined by the authors' definition) and no significant difference in morbidity and duration of hospital stay.⁶⁷

In another RCT assessing temporary fibrin glue occlusion of the main pancreatic duct, 80 patients underwent PD with duct occlusion with no

statistically significant difference in the rate of complications.⁶⁸ In a retrospective study analyzing the use of round ligament as a tissue patch over the PA, 57 PDs were performed with a pancreatic leak rate (local definition of leak, not the ISGPF definition) of 9%; however, further studies are lacking.⁶⁹ Currently, there is no high-level evidence in favor of use of fibrin, other substances (such as neoprene or Tissucol), or tissue patches in the prevention of POPF after PD.

Fistula risk score. In a prospectively validated trial, recognized risk factors for CR-POPF, such as a small duct, soft pancreatic parenchyma, high-risk pathology, and excessive blood loss, were evaluated during PD, and a Fistula Risk Score (FRS) was developed.⁷⁰ Clinical and economic outcomes were evaluated across 4 ranges of scores (negligible risk—0 points; low risk—1 to 2 points; intermediate risk—3 to 6 points; and high risk—7 to 10 points); the FRS correlated strongly with development of a CR-POPF ($P < .001$). Clinical outcomes, including complications, duration of stay, and readmission rates, also increased with increasing FRS.

The FRS was validated in other multi-institutional studies as well as in other settings (such as laparoscopic PD and cases without drain placement).^{71,72} The FRS has also been used to assess various strategies to decrease CR-POPF in a risk-adjusted fashion,^{41,73} in assessing surgeon performance vis-à-vis CR-POPF outcomes, in augmenting risk prediction for PD, and in predicting cost of care.^{3,74} Thus, the FRS has been validated as a strong tool with widespread applicability in clinical practice to predict the chance of a CR-POPF and also as a tool to compare outcomes across various studies. The FRS can be a reliable method to stratify patients in future studies.

Quality of life issues. The quality of life (QOL) after PD with respect to the type of reconstruction is another arena for potential research. In the RECO-PANC trial, QOL scores were assessed using the EORTC QLQ-C30 and PAN26 questionnaires at 6- and 12-months postoperatively; the domains of emotional and social functioning fared better in the PG compared to PJ group ($P = .039$), and financial problems occurred less often in the PG group ($P = .04$); however, there were no data on comparison of preoperative scores between the 2 groups.²³ The other retrospective study comparing PG and PJ found no statistically significant difference in QOL aspects, but the study was criticized for unbalanced groups.⁷⁵

DISCUSSION

In this era of evidence-based medicine, pancreatic surgeons over the past 2 decades have rightly

embarked on the mission of identifying the ideal method of pancreatico-enteric reconstruction after PD. Despite multiple randomized studies and meta-analyses, there is no clear evidence or universally accepted guidelines for how to construct the optimal PA after PD. During the past 2 decades, although the operative mortality has decreased dramatically, the overall morbidity remains high (about 50%), and the serious morbidity from the PA has remained relatively unchanged.

It is also interesting to note that experienced, high-volume pancreatic surgeons and institutions, after their initial publications, have refrained from publishing further on this subject. It seems plausible that these surgeons and their teams matured over time to realize that after the initial refinements ensured improved acceptable outcomes, further refinements were difficult if not impossible, and any further work in that direction was deemed essentially ineffective.

The recent additional data have not aided the surgeon today because of the complex interplay of various factors and variables. Many studies have focused on one variable in isolation for what is essentially a complex situation. The multiple studies described above have failed to provide definitive, consistent, and convincing level 1 evidence that any one technique of PA is better than the others, either during the traditional open PD or more recently with the laparoscopic PD. The same holds true for control of the stump of the pancreatic remnant after a distal pancreatectomy.⁷⁶

Considerable heterogeneity exists in the practice of PD across the world as shown by a recent survey involving 897 surgeons who perform PD.⁷⁷ The findings reveal that the practices are quite diverse and varied, and this only reflects that no best practice truly exists currently. The survey has also shown considerable regional variations with respect to the use of a stent, somatostatin analogues, drainage practices, and other putative adjunctive strategies designed to minimize the risk of a CR-POPF. With respect to reconstruction, PJ remains the most common form of reconstruction as practiced by 88.7% of surgeons who participated in the survey.

A consistent practice of a single technique for the PA may lead to a lesser rate of complications and, therefore, might be preferable. Although this may sound more philosophical and less evidence-based, there is plenty of indirect evidence in the literature,^{8,13} where the excellent results of a particular group with a particular technique are often not replicated by other groups, and one probable explanation could be that the comfort level and

experience of the surgeon performing a new technique trumps any new and different techniques.

Practicing and mastering a repetitive, standardized technique can be a potential solution to evade the problem of CR-POPF, especially by surgeons early in their career. In contrast, experienced surgeons in high-volume centers can be expected to utilize different techniques of PA depending on the local characteristics of the operation, anatomy, and consistency of the pancreatic parenchyma in selected situations.

With the rapid advent of minimally invasive technology, laparoscopic and robot-assisted approaches have been explored regarding their possible influence on CR-POPF rates.⁷⁸ Reconstruction with the assistance of a surgical microscope has also been shown to decrease pancreatic fistula rates (using a non-ISGPF definition) in one surgeon's experience.⁷⁹ The precise, fine movement in multiple axes as offered by the robotic technology along with its magnified 3-dimensional visual has also been claimed to decrease the incidence of POPFs (using many different definitions of POPF) after pancreatic reconstruction using the robot.^{80,81} Currently, there is no robust evidence proving any advantages for these procedures with regard to CR-POPF rates, and the prospects of a randomized trial happening soon also appears doubtful given the extremely large cohorts necessary to prove superiority.

The debate concerning the ideal or the "best" form of PA remains unanswered despite the past 2 decades of RCTs and multiple meta-analyses. The best current technique for pancreato-enteric reconstruction may very well depend more on surgeon experience and comfort using the classic teachings of Halsted (meticulous technique, good blood supply, a tension-free anastomosis) and varying the technique depending on local characteristics of the pancreas and the risk factors in the individual patient.

Our review of PJ versus PG, invaginating versus duct-to-mucosa, stents versus no stents, use or not of somatostatin analogues, and various anatomic constructs of the draining intestinal limbs has not really shown any to be consistently or convincingly better than the other. Perhaps the question "Do we need more studies?"⁸² should be asked not concerning the currently described techniques, but rather aimed at radically new and novel approaches or paradigms (as yet undescribed) that lead to better tissue healing of the intestine or stomach to the pancreatic remnant.

Currently, it appears that further randomized studies and meta-analyses using currently described

techniques of PA are unlikely to reach a definitive conclusion unless novel approaches or specific intraoperative scenarios are incorporated in high-quality RCTs after eliminating bias and heterogeneity. Until a truly radically new paradigm becomes available, certain recommendations can be made based on evidence accumulated so far (Table II).

POSITION STATEMENT

In conclusion, the position statement of the ISGPS on pancreatic anastomosis after PD is as follows (based on Table III):

- (1) Neither the use of pancreaticogastrostomy nor pancreaticojejunostomy has been shown to result in any substantial difference in the incidence of CR-POPF rates after a pancreatico-enteric anastomosis.
- (2) A consistent practice of a standardized technique may be a potential strategy to decrease the rate of CR-POPFs for surgeons early in their career, but experienced surgeons at high-volume centers can have lower POPF rates performing a variety of techniques in diverse situations (Table II).
- (3) Internal and external stenting cannot be routinely recommended, but external stenting can be considered in high-risk glands.
- (4) Certain somatostatin analogues appear to decrease the perioperative complications after PD in selected, high-risk situations but not mortality. To this extent, their routine use may be relevant only in high-risk patients.
- (5) Prophylactic abdominal drainage can be avoided in patients with negligible/low risk for POPF. In patients with moderate/high risk, early drain removal on POD3 is recommended if drain fluid amylase activity on POD1 is <5,000 U/L.
- (6) The use of specific suture materials, tissue sealants, and biologic patches cannot be recommended pending higher-level studies.
- (7) The Fistula Risk Score is a predictive tool for clinically relevant POPF, and its incorporation into routine clinical practice may help in managing patients selectively for use of somatostatin analogues and peripancreatic drainage.
- (8) Future studies should be very high-quality, multi-center RCTs evaluating specific intraoperative scenarios after eliminating bias and heterogeneity.

Table II. Suggested recommendations in diverse intraoperative situations

No	Scenario	Recommended strategy	ISGPS concurrence
1	Preferred method of PA following PD (PPPD/cW)	PJ with duct-mucosa advised as anastomotic technique	Moderate
2	Preferred method of PA in the presence of high risk features for POPF – soft gland, small duct (<3 mm), fatty pancreas and posteriorly located duct etc.	PJ with duct-mucosa advised as anastomotic technique	Moderate
3	Does vascular resection in PD change the strategy of PA?	May not change the strategy	Strong
4	a. Preferred suture material for constructing duct-mucosa PA b. Preferred suture material for pancreatic parenchymal sutures (taken either in dunking or duct to mucosa PA)	Synthetic absorbable (PDS 5,0) Synthetic absorbable (PDS 4,0)	Moderate Moderate
5	Preferential practice of anastomotic stenting	Stent (external/internal) based on high risk features for POPF	Weak
6	Preferential practice of using somatostatin analogues	Routine use may be relevant following PD for high risk glands	Moderate
7	Role of isolated Roux-en Y PJ following PD to decrease CR-POPF	Not indicated as a strategy	Strong
8	Preferential practice over prophylactic drainage	Routine prophylactic drainage but early removal on POD3 if drain amylase is low	Moderate
9	Tissue sealant/biologic tissue patch usage to reduce CR-POPF	Not indicated as a strategy	Strong
10	Following a leak from a PA, when a patient is being re-explored for POPF grade C, role of pancreatic re-anastomosis.	Not advisable as a strategy	Strong

ISGPS concurrence rating: Strong (>70%)/Moderate(35%–70%)/Weak(<35%).

cW, Classical Whipple resection; PPPD, pylorus-preserving pancreatoduodenectomy.

Table III. Levels of evidence and ISGPS recommendation

Variables	Literature review summary data	Level of evidence (1 to 5) and evidence-based recommendation (A to D)	ISGPS recommendation (Strong, Moderate, Weak)	Justification
PG vs PJ	PG apparently seems advantageous over PJ although varied heterogeneity seen in existing RCTs	Level 1B Grade B	Moderate	High level of heterogeneity observed in evidence.
Invagination technique	Safe technique and can be preferred in soft glands with narrow duct	Level 1B Grade B	Moderate	Adequate evidence observed.
Duct to mucosa technique	Safe and common technique of PJ	Level 1B Grade A	Strong	Adequate evidence observed.
Binding PJ	Safe but not associated with lower frequency of CR-POPF, morbidity, and mortality.	Level 1B Grade B	Weak	Consistent evidence is lacking.
Dual loop with isolated PJ	Dual loop with isolated PJ is not superior to single loop	Level 1A Grade A	Strong	Consistent evidence observed.
Gastric partition technique	New technique of PG but oncologically not always feasible	Level 1B Grade B	Weak	Adequate evidence is currently lacking.
PA stenting	Benefit of stenting PA is not well supported by evidence. No advantage of external over internal stenting	Level 1A Grade B	Moderate	Moderate level evidence observed.
Somatostatin analogues	Somatostatin analogues may reduce perioperative complications but not mortality.	Level 1B Grade B	Moderate	Adequate evidence observed.
Fistula Risk Score	Risk scores correlate with CR-POPF incidence	Level 2A Grade B	Moderate	Adequate evidence observed
Prophylactic drainage	To avoid in negligible/low-risk patients and early drain removal in moderate/high risk if POD1 drain amylase is low	Level 2B Grade B	Moderate	Adequate evidence observed
Quality of life	Global QOL is identical in both PG and PJ reconstruction	Level 1B Grade A	Weak	Lack of adequate evidence
Tissue sealant	No advantage of tissue sealants	Level 1B Grade A	Strong	Adequate evidence observed
Tissue patches	No advantage of tissue patches	Level 2B Grade B	Moderate	Lack of adequate evidence
Duct occlusion	No advantage of duct occlusion	Level 1B Grade A	Strong	Adequate evidence observed

Oxford Centre for Evidence-Based Medicine, Levels of Evidence: *Level 1A*, systematic review with homogeneity of RCTs; *Level 1B*, individual RCT with narrow confidence interval; *Level 2A*, systematic review with homogeneity of cohort studies; *Level 2B*, individual cohort study; *Level 3A*, systematic review with homogeneity of case-control studies; *Level 3B*, individual case-control study; *Level 4*, case series. Grades of Recommendation: *Grade A*, consistent level 1 studies; *Grade B*, consistent level 2 or 3 studies or extrapolations from level 1 studies; *Grade C*, level 4 studies or extrapolations from level 2 or 3 studies; *Grade D*, level 5 evidence or troublingly inconsistent or inconclusive studies of any.

Furthermore, studies should be encouraged for the development and study of truly novel and new paradigms of promoting healing of PA.

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